# Petra Oblak (Coach), Best CoachTV

# Coaching Agreement

This agreement is made on this date:	2021 <b>between;</b>
<b>Petra Oblak</b> (the 'coach') of Best Coach TV, 5 London W4 5XS	66 Chiswick Media Park, Building 10, 2 <sup>nd</sup> floor,
And	
(the 'coachee') of	(address)
If coaching is authorised and paid for by the (coachee above);	Company for the benefit of the employee
And (if N/A please state)	
Company Name:	
Registered address:	
Coaching Authorised by:	

## **Coaching Services**

Coaching does **NOT** give advice, it's **NOT** therapy or counselling. Coaching will not address single or specific physical or mental condition. It will not help you to come to terms with a mental condition. Unless specifically agreed in advance, it will not include mentoring.

Coaching may address specific personal projects, business successes, or general conditions and challenges in the coachee's life or profession.

Coaching is a non-therapeutic intervention intended for coachee's who wish to enhance their performance or improve their work or personal situation.

Coaching services include value clarification, brainstorming, identifying plans of action, examining options, asking clarifying and empowering questions.

#### The coaching relationship

The purpose of the coaching relationship is to support the coachee to achieve their goals. The coach and coachee will first come to an agreement about the nature of coaching. Coachee will let the Coach know if he/she has any specific areas that he/she would like to work on.

Either the coachee or the coach is able to exit the coaching relationship without giving any reason, subject to appropriate notice being given.

It is Coachee's responsibility to attend coaching sessions as agreed and to select a topic for discussion.

It is Coach's responsibility to set and pursue meaningful goals, to manage the coaching process (including timekeeping), to undertake regular professional coaching supervision, to maintain confidentiality (subject to certain exemptions) and to maintain non-judgmental and supportive.

## **Fees and Sessions**

The coachee and coach will meet for \_\_\_\_\_ number of sessions, each lasting for no longer than one hour. The first introduction session with coachee is free of charge and will last between 15 to 30 min.

Sessions are charged at £250 per hour and are payable in advance. Payment can be made via the website <a href="www.bestcoach.tv">www.bestcoach.tv</a>. When booking block of 6 sessions in advance, coachee will receive 1 session free of charge, for clarification the 7<sup>th</sup> session is FOC.

The coachee and the coach agree to provide one another with a 3 days cancellation notice for the session. Coaching sessions can be rescheduled by either the coachee or the coach with 3 days notice. If not cancelled within agreed notice period, the session will be charged in full.

#### Information about the coach

Professional background (career history) is available on the website <u>www.bestcoach.tv</u> Relevant qualification is available on request.

This coaching contract is signed by both the coach and coachee, and in the event that the employer (the Company) enters into the agreement to provide coaching for its employee, it is also signed by Employer's Authorised Person (HR Director, CEO, Dept Manager)

This agreement should be referenced to, at th	e start of each coaching conversation
Coach Name: <b>Petra Oblak</b>	
Signature: Date of s	signing:
Client Name:	
Signature:	
Date of signing:	
If applicable:	
Company Name:	-
Authorised Person:	_
Signature:	-
Date of signing:	