

AZ FAMILY DENTISTRY

5690 W. Chandler Blvd, Suite #1

Chandler, AZ 85226

(480) 753-1111

PERMANENT RESTORATION SUCH AS A CROWN OR BRIDGE

After the final cementation of your restoration, it may take a few days to get used to the new crown or bridge. Hot and cold sensitivity is possible for a few weeks and occasionally last for several months. As with the temporary, if the bite does not feel correct please call us.

Do not chew on hard or sticky foods on the restoration for 24 hours from the time the restoration was cemented. Proper brushing, flossing and regular 6-month cleanings are required to help you retain your final restoration. The only area that a crowned tooth can decay is at the edge of the gum line. Often, small problems that develop around the restoration can be found at an early stage and corrected easily, but waiting for a longer time may require redoing the entire procedure. You should use a floss threader or small brushes (Proxybrush) to clean under a bridge. We will show you how to use these and give you samples. These can be purchased at most drug stores.

As with your natural teeth and other restorations, Porcelain restorations can crack or break under extreme situations. You should avoid chewing very hard foods (ice, hard candy) and very sticky foods (Jolly ranchers, taffy). If you grind or clench your teeth you should wear a protective bite guard, particularly while sleeping.

You must remember that any tooth that has had a large restoration or crown it may at some point need a root canal. Symptoms may include hot or cold sensitivity, pain with pressure or biting, loose teeth and swelling or a sore on the gum near the tooth. If any of these appear, please call us so we may check the tooth.