



# LOOK TO THE MOUNT

Fall 2023



*Fall Leaves ... Fall is such a beautiful time of year ... With the leaves changing colors, almost daily, it makes me reflect on the various changes in our lives. I see changes in my own life, and certainly many changes in the lives of our residents. Let us always be open to the new people and experiences that will come our way and enrich our lives!*

*Sr. Nancy McLennon*



## Inside this issue

Season's Message .....	1
Administrator News.....	2
Staff & Resident Update .....	2
Day Training News.....	3
Cottage News.....	4/5
Special/Olympics.....	6
Nursing/Music .....	7
New House Mothers .....	8/9
Sr. Madonna—30 Years!.....	10
Summer Fun.....	11
MSJA News.....	12-14
Donation Page.....	15

## ADMINISTRATOR'S MESSAGE...

I am Sr. Nancy McLennon, DSMP. I have known many of you for more years than I would like to admit. Others are new to me and I am looking forward to getting to know you. I have taken over for Sr. Rhonda since the end of the summer as Administrator of Mount St. Joseph. I have been living and working at the Mount for the past three years, but in a very different capacity. It is my great pleasure to be able to serve you and our wonderful residents, many whom I have known and loved for many years. I look forward to meeting as many persons affiliated with the Mount as I can.

I am here to serve; do not hesitate to call on me. Together we can do great things!!!

We are in the month of October, and of course for our residents that means that Halloween is just around the corner. But before Halloween, we will celebrate the Feast of St. Louis Guanella. Without St. Louis Guanella, we would not even be here. St. Louis is the Founder of our Religious community—the Daughters of St. Mary of Providence. His love for our Special ladies and his endeavors to get them the care, respect and love which they deserve was one of his life's greatest accomplishments. His feast day is October 24th. We will celebrate with a Eucharistic Celebration at 10:00am after which our residents will enjoy a special "Italian" lunch in his honor—Spaghetti and meatballs and of course ice cream—because it is a feast day.

It has been 108 years since Fr. Guanella went to heaven. We continue his work here with the conviction that God is our Provident Father, we are His children and members of the "household of God." We invite all to help us keep his spirit alive.

### Staff & Residents

#### Praying for our newest Angels:

Sheila O. - (rooting for the Chicago Cubs from heaven!)

Kathleen O. (was called "sunshine" on earth; now bringing joy in heaven!)

#### Welcome new Resident

Jean B.—Welcome to St. Clare's Cottage!!!)

#### New Employees:

Jennifer Alonso—Hab Aide

Anne Anderson—Nurse

Laura Arreola—Housekeeping

Regija Bisofa—Hab Aide

Pam Flanigan—Hab Aide

Carrie Kosiak—Hab Aide

Jennifer Lopez—Receptionist

Andrew Miller—Nurse

Joann Skof—CDS Trainer

**Welcome to our New Staff!!!!**

## DAY TRAINING NEWS

The CDS Program has had a fun summer with concerts, programming outside in the gazebo and taking the ladies out into the community.

The Guanella/Marcellina and Saint Clare chime choir group gave a concert for their peers, and the St. Joseph chime choir group gave a concert at Queen of Peace. The ladies planted flowers/herbs from seeds, and they all grew so well we decided to have our own Farmer's Market with those items, as well as many crafts that the ladies (and some staff) made. Thanks to all the staff that came o the Farmer's Market and supported our program.

The ladies enjoyed taking the money! We are hoping to coordinate an Open House/Christmas Bazaar with the home visit weekend for Christmas this year. Families will be able to visit their loved one's classroom, meet the CDS Staff and tour other classrooms. More information on that will be distributed through an email blast the closer we get to Christmas.

**We are still looking for more staff to join our CDS team, so if you know of anyone who may be interested, please have them reach out to me at: [wwagner@msjlakezurich.org](mailto:wwagner@msjlakezurich.org), or call me at 847-438-5050 ext. 145. Thanks again for all your support and we hope to meet a lot of you in December!!!**

Wendy Wagner, CDS Program Administrator/Director/QIDP

## Day Training Wish List

We want to thank all of you that have donated items to our program!

**THANKS!**

### More Happenings in CDS ...

Some of the summer themes were "At the Beach" and "4th of July". The following is a sampling of some of the "At the Beach" activities: Beach word recognition, beach word search, matching beach words to beach pictures, beach ball toss, beach bingo, beach I Spy, following directions at the beach, beach chair exercises, sorting seashells by size, tracing beach objects, beach memory game, What Do We Take to the Beach?, finding shells in the sand. Some of the arts and crafts projects were the following: beach coloring sheets, ocean animals from coffee filters, pipe cleaner starfish, beach picture frame, turtle craft, butterfly magnets, sand bucket craft, decorating a swim suit and plate star fish.

### Music Therapy in CDS...

CDS Program clients continue to be scheduled for music therapy on a regular basis during workshop hours. Summer music therapy activities focused on "At the Beach" and "4th of July," including: Patriotic songs with flags, sand/shell games with ocean drum, fishing game with fish tambourines, music of Hawaii with shakers, rainbow hoops, ocean chant, blue scarf canopy with ocean sounds. St. Joseph hand bell group gave a concert at Queen of Peace this month and the Guanella/Marcellina chime choir group gave a concert for their peers this month as well.

## Sacred Heart Cottage

Sacred Heart has been enjoying some of the nice weather with bon fires and golf cart rides. We still have some fun we need to get in now that our bus is fixed.

The ladies are lucky that they have Beth McQuaid, the music therapist who comes to cottage every Wednesday for a sing along. Each lady gets to participate in playing a variety of musical instruments.

Also a few of the ladies have been making trips to Fish Lake with Sr. Madonna.

Thank you to the guardians who have been coming in on the weekends and visiting with the ladies.

### Michelle Curelo, QIDP



## Marcellina Cottage

This group had had a slow and steady summer with some exciting changes this past month. First and foremost, the ladies and staff in Marcellina Hall are **beyond** thrilled to welcome their new Housemother, Sister Veronica! In other news, some of the women have returned to their community day program at Little City-Countryside and are enjoying seeing familiar friends and staff members. Since their Q returned from maternity leave, The Book Club has also started back up again. The group chose to read *The Wizard of Oz* and kicked off their club season by making their own bookmarks. They will be heading out to Barnes & Noble next to grab a drink and dive into the wonderful world of Oz. Volunteering at Feed My Starving Children will also start back up again in September where the ladies will give back and help label and fill meal bags.

### Genevieve P. Knudson (McNally) QIDP/Residential Case Manager



## St. Joseph Cottage

The ladies of St. Joseph cottage would like to welcome their new Housemother, Sr. Kathy Stark who has had everyone outside and walking. The ladies went on numerous outings this summer which include two trips to the movies, a trip to the Libertyville Farmers Market (they made fruit smoothies the next day with their purchases), the Lake County Sheriffs Police Department to deliver a goody basket to the officers, and stores Target and 5 Below. The ladies enjoyed several concerts in the gym, baked Fourth of July cupcakes and watched fireworks from their porch. The ladies participated in a birthday cookout. Nora K. won a Gold Medal at the State Special Olympics Tournament and many of the ladies went to Fish Lake with Sr. Madonna.

Linda Egli, QIDP

## Guanella Cottage

The Ladies of Guanella had a change in Housemother last month and welcomed Sr. Theresa. We will miss Sr. Rhonda and wish her well in her next assignment. Several of the Ladies have been able to return to Little City's Countryside Day Pro-program and are enjoying a return to life before Covid. We spent the summer taking walks, golf cart rides and holding special baking sessions on Sunday with a Guardian Volunteer. We are looking forward to our Oktoberfest celebration on October 1st and are planning to cook out and drink beer (non-alcoholic).

Jennifer Snow, QIDP



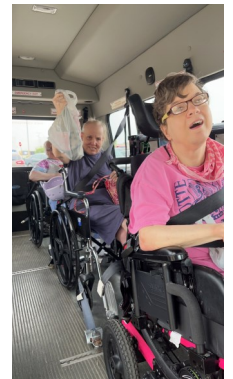
## St. Clare Cottage

Saint Clare ladies had a good summer enjoying some outings, walks, and golf cart rides while the weather is still nice. We are welcoming a new resident joining us in September and the ladies have been getting to know her more and more and are giving her a warm welcome. She is a familiar face to many residents who attended Countryside with her.

In September we celebrated our oldest resident's 98th birthday! She chose an outing to Target to buy some birthday goodies and a treat on our way back to the Mount.

We also started our Book Club back up with our first meeting. The ladies choose what book we will start with and we made personalized bookmarks that we can use throughout the session. All cottages will have a chance to participate with rotating groups as we get through more books. Susie attended Walkon Horse Therapy and had the time of her life! You can see it in her smile.

We are excited for the upcoming fall weather after all the heat this year!



Kamila Stoch & Katie Rossetti, QIDPs



We had our State Summer Games in June for the Ladies who won Gold Medals in previous Bocce Ball and Track events earlier in the year, and qualified for State. There were four Ladies who competed at State and each of them won medals! We had one bronze medal, two silver medals and one gold medal. We are very proud of the Ladies who competed in state and to achieve a medal competing with everyone in the state is a HUGE accomplishment. Thank you to Rita Lavelle and the Mount St. Joseph Association, who made our stay more pleasant by getting us hotel rooms to stay in for the weekend. (Mark your calendars for next year's state games and join us—June 7—9, 2024)



In August we attended the Regional Bowling Special Olympics competition and there were many medals won that day as well. There were two gold medalists who will advance to the Sectionals Bowling Competition in October that will be held in Rockford, Illinois.

**Kamila Stoch, Recreation Dept.**

**Track & Field:**

Mark your calendars for next year's Summer State Games to be held June 7-9, 2024!



**Bowling:** In August we attended the Regional Bowling competition and there were many medals won that day. There were two gold medalists who will advance to the Sectionals competition in October that will be held in Rockford, IL Over the past weekend we attended the Bowling Sectionals competition and our two ladies competing did very well! There was a lot of good competition and both ladies ended up winning 6th place. Good job to everyone who competed in bowling this year.



**Bocce:**

The Bocce competition was also held at the beginning of October. We had great weather for the day and the ladies brought their best game to the competition. The ladies competed very well that day, earning three bronze medals, two silver medals, and one gold medal that qualifies to advance for the next Summer State Games. The next Special Olympic event will be Track and Field held on April 13—14, 2024—MARK YOUR CALENDARS!



Thank you to all the guardians and family for your continued support with Special Olympics and helping make this possible for the Ladies!!!!

### Health & Wellness tips for the Fall Season

Staying healthy through the Autumn season takes a nice combination of wholesome habits. Be sure to add the following tips to your daily routine:

- **Get enough vitamin D.** As the days become shorter, natural light can lead to a lack of vitamin D. Try to get outside in the sunlight for 15 minutes per day to get your fill.
- **Take a brisk walk.** If you tend to be really active in summer months, the cooler fall temps might keep you indoors more. Schedule a quick walk at lunchtime to get fresh air and a bit of exercise.
- **Stay hydrated.** Believe it or not, feeling chilly can dehydrate you much like sweating on a hot day can, as your body works hard to stay warm. Track your water intake to be sure you get enough water.
- **Check your calorie intake.** As we naturally stay indoors more, it's easy to become less active. When we are less active, we need fewer calories. Comfort food is synonymous with cooler temps, yet these dishes can often pack in more calories. Evaluate your input and your output to stay on top of your weight and maintain healthy balance.
- **Be vigilant about handwashing.** This isn't just a fall tip but one that you need to practice all year round.
- **Schedule any check-ups that you may have missed over the summer.** Staying on top of your wellness visits, as well as any vaccines you might need, is key to staying healthy.

***Fall weather doesn't need to mean you have to accept getting sick. While you might get a cold or a bug, keeping your immune system strong can help you fight it off and make sure your symptoms are minor.***

Source: <https://blog.mercy.com/autumn-season-healthy-daily-tips/>



### Music at MSJ:



The Guanella & Marcellina Chime Choir played for the May Crowning in Chapel on May 17th. They played "Immaculate Mary" and "Hail Mary, Gentle Woman." Members of the group are: Lisa B., Katie J., Laura H., Becca V., Kathleen O., Sherri T., Jean I., Lizzy W.

St. Joseph Chime Choir gave a patriotic performance at Queen of Peace on July 13th. The Sisters enjoyed the concert! Members of the group are: Kathleen C., Sheryl G., Nora K., Carri W., Angela W., Katelyn E., Karen B., Sara S., Liz C., Mary Agnes K., Becca V.

Guanella/Marcellina Chime Choir had a performance on July 26th at the CDS Center for their peers and staff. Sandy E. joined in as a narrator of the group using a VOCA (Voice Output Communication Aid) to announce each song selection.

St. Clare Chime Choir gave a performance on August 2 in the CDS Center. Performers were: Katie K, Mechele S., Cecelia St. P., Jean F., Sandra M., Kitty J., Beth C., Kathy P.

Each cottage continues to have music after workshop hours on a weekly or monthly basis.

Beth McQuaid, Q—Music Program and CDS



## New House Mothers

### Sr. Veronica Sanchez Galindo—Marcellina Cottage

My name is Sr. Veronica Sanchez Galindo, and I am the new housemother of Marcellina Hall. I was born on February 3, 1989 in Atlaxco, Chichiquila, Puebla, Mexico. My parents are Crispin Sanchez Rosas and Efigenia Galindo Montiel. We were a total of 13 siblings of whom 7 died and 6 are still alive—4 brothers and 2 sisters—I am the second from the last.

My dad died when I was 5 years old, so my mother went to work to pay the family's debts. I began to take care of my siblings and my grandfather in household matters such as cooking and cleaning, etc. until 2010 when I was 21 years old. That is when I decided to enter the convent of the Sister Missionary Adoratrix Eucharistic in Veracruz, Mexico in 2013. I left the convent for family reasons and I dedicated myself to the farmer of corn and beans, etc.

On September 3, 2016 I made another decision—I decided to do another experience with the hijas de Santa Maria de la Providencia in Mexico as a religious: on October as an aspirant, on December 12, 2016 as a postulant, and on February 9, 2020 as a novice. In my formation I dedicated myself to studying and teaching at a child development center, preschool and the center for children with different skills. On March 11, 2020 I flew to the United States to continue my religious formation with the Daughters of St. Mary of Providence. On August 15, 2022, I made my first religious vows of poverty, chastity and obedience.



### Sr. Kathy Stark—St. Joseph Cottage

I am Sr. Kathy Stark, new Housemother of St. Joseph's Cottage since May, 2023. If you've seen a nun biking around the property, that's me. I am from Minnesota, on friendly terms with snow – until about February!

I have about 26 years of experience with children and adults with Special Needs – residential, respite care and catechetical. Most recently, I came from Syracuse, NY where I was involved with Pastoral Care.

I am thrilled to be back at Mt. St. Joseph, where I made my first vows some 35 years ago. If you see me out in the community or here at the Mount, please stop and introduce yourself. I am still in the business of attaching faces to names that I have heard many times.





## New House Mothers

My name is Sr. Theresa Nagel. I have been a professed Daughter of St Mary of Providence since December 8, 2015. I have been at Mount St. Joseph since last September working along with Sr Rhonda in Marcellina, Guanella, as well as St Clare assisting wherever I was needed. I am happy to be the new housemother for Guanella Hall. Here is a little information about myself. I am originally from Fayetteville, Ohio, located about 35 miles east of Cincinnati, OH. I had 6 brothers (3 older and 3 younger) and one younger sister. We lived on a farm with chickens, cows, and other animals. My father loved the outdoors and we always had a garden with vegetables (tomatoes, green beans, cucumbers, onions, peppers, etc). I always knew I wanted to enter religious life from a young age.



My vocation starts with my family, especially my parents and my youngest brother, Chris, who taught me about sacrifice and commitment. There are many events in my life that affected me and my vocation, but the one that impacted my family the most was on Thursday, October 13, 1988. While wearing his Casper costume and riding his bike to our neighbors, Chris was struck by a car. As a result of the accident, Chris was completely paralyzed and on a ventilator. He was five years old when this happened. My parents never complained while providing care for Chris. Chris was always smiling and was my best friend. We did everything together as a family and Chris was always at the center.

After learning his care and spending time at the hospital with children with special needs, I decided to pursue a career in special education. I was also a catechist at my parish for over ten years teaching 3rd grade. I taught for four years (2 at the Middle School, 2 at the Elementary). While chaperoning a retreat with high school students and during adoration I decided to pursue my vocation of consecrated life. I talked to my pastor about this and he gave me information about the Daughters of St Mary of Providence. While reading the information I knew this was where God was calling me.

I came to Chicago along with my father and my brother, Mike in July 2019 to start my formation. I always felt at home with the community and the Sisters. I lived in Chicago for over 2 years learning and growing in my spirituality. I knew that I was not ready to make vows after discerning and meeting with my spiritual director, so I decided to return to Ohio in March 2012. I started working on my relationships and my human formation. On June 9, 2014 Chris passed away unexpectedly, in the hospital having surgery for kidney stones. I called Sr. Beth Ann to tell her and she contacted the sisters. Sr. Rita and Sr. Barbara attended Chris' funeral. Sr. Rita, the Provincial, called me and asked me if I thought about returning to Chicago. I immediately said YES!

Since professing my vows I have served as CNA in Sleepy Eye, MN and Milbank, SD as well as Syracuse, NY working in a parish. I also was a housemother at St Mary's, Chicago twice. I look forward to being a housemother in Guanella Hall. If you have any concerns or questions feel free to contact me at (224)360-2337 or email at [srtnagel@msjlakezurich.org](mailto:srtnagel@msjlakezurich.org)

## Celebrating 30 Years with Mount St. Joseph!

**Sr. Madonna Warzel** is a constant at Mount St. Joseph. She celebrated 30 years at Mount St. Joseph on September 2, 2023. She is currently the House Mother for Sacred Heart Cottage and the Head Coach for Special Olympics. She is the Expert at Fish Lake and has taken many residents on vacation there over the years—she knows the ins and outs of the area and provides an amazing week for anyone who vacations there.

Sr. Madonna cares about all of the residents, not just her own. She knows the ladies so well and works tirelessly to address their needs. She has developed long-term relationships with the families of Mount St. Joseph as well. Sr. Madonna is a great blessing, and we are so grateful for her 30 years (and counting) of service!



## Fun Times in the Summer!

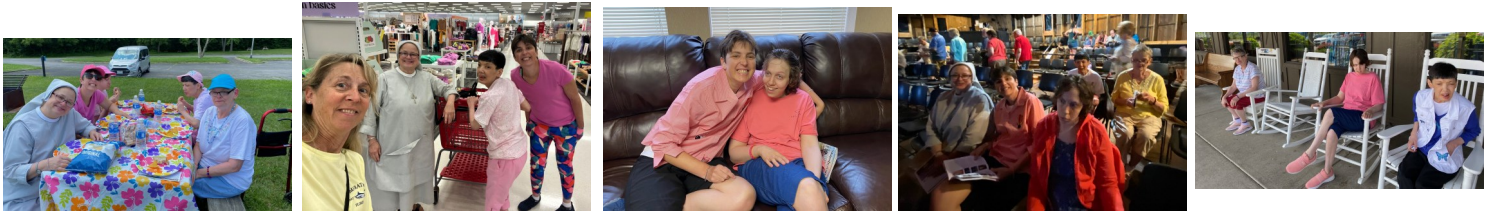


**FISH LAKE FUN!** I was lucky to join a group of Ladies with Sr. Madonna at Fish Lake. It was a wonderful and fun group of ladies including: Katie E., Nora K, Keiko I., and Emily H. We got there on Monday early afternoon—after stopping for breakfast at Cracker Barrel just inside Indiana. We went shopping for food for the week and hung out that afternoon and evening and had a nice dinner in the cottage. On Tuesday, we did some crafts in the morning—painting T-Shirts and making bracelets, and went on a picnic at Potato Creek in the afternoon. After our picnic we headed to South Bend to do some more shopping—one of our favorite pastimes!

Wednesday we traveled to Shipshewana to the Blue Gate Theater and saw the Neil Diamond Tribute performer—he was AMAZING! He included his wife for a duet (she does a Tribute to Karen Carpenter), and his youngest son came out to do an Elvis Tribute Song. Truly a family affair. They are all from Branson and travel as a family to appear at different theaters. We had a wonderful Amish Meal following the performance.

Thursday took us to Nappanee Round Barn Theatre to see the play Oklahoma. The round barn theater was completely filled and the performers did not disappoint! On this day we ate our meal before the performance and had hot dogs that night. Friday is our clean up and pack up day to come home, but we had a full and fun week together. We stopped at Cracker Barrel again on the way home for breakfast and got home in pretty good time. We can't quite avoid all of the construction, but we made it. Another fun Fish Lake Trip!

**Ann Petersen, mom**



**The residents always enjoy concerts and any kind of activity. The ladies enjoyed a String Quartet in the Gym.**



# MOUNT ST. JOSEPH ASSOCIATION EVENTS & ACTIVITIES

## A MESSAGE FROM THE PRESIDENT

*Our Fundraising season started out with a BANG as we were part of the NASCAR Give-a-thon event where we raised over \$4,900 to support our mission and the many plans we have to provide for the residents of Mount St. Joseph. Thanks to all who participated.*

*The 16th Annual Golf Outing, held on Monday August 21st, was a HUGE Success and sold out earlier than last year. The weather was absolutely perfect. Everyone had a great time and the venue and schedule worked great. Joe Joyce, Kevin Joyce and Rita Lavelle did an amazing job organizing this event as usual. We grossed over \$93,000 on the event! Thanks go out to everyone who sponsored and attended this great event.*

*Later this year, our Virtual Autumn Leaves fundraiser will be tied to Giving Tuesday on November 28th.*

*Birthdays are very important to the residents, so we will be helping them to celebrate in a few ways. We will be sending birthday cards to all of the residents from the Board of Directors. We will also be featuring each resident's image and birthday in a special 2024 wall calendar that is available NOW on our website (MTSTJA.com) to be shipped to you, or picked up at Mount St. Joseph. The wall calendar and a pocket calendar will be sold as a package for \$45. There will be a money cash raffle associated with this fundraiser too.*

*We will be celebrating BIG next year as it will be the **Mount St. Joseph Association's 50th Anniversary**. The Mount St. Joseph Association was founded in 1974 by a group of parents with a dream and a mission. The Association has done amazing things in the past 50 years! We plan to highlight and celebrate those accomplishments throughout 2024 as we plan for the future.*

*Sincerely,*

*Rita Lavelle*

*Mount St. Joseph Association President*



## **Funding and Acquisitions:**

CPR Equipment & Batteries

Bloomin' Beauties Beauty Shop

Supporting recruiting through Referral Bonuses

Purchased \$4,000 in Gift Cards for Q's and Staff to take Residents to restaurants, movies and Zoo

Resident Activities & Events support of concerts, parties, and outings

## **Off Campus Outings**

Hotel, and food for Special Olympics Athlete's at State Competition

# MOUNT ST. JOSEPH ASSOCIATION EVENTS & ACTIVITIES

## Events for Residents:

August 15, 2023	Walk On Equine-Assisted Therapy (Off Campus)
August 19, 2023	Wacky Water Days
August 26, 2023	Bloomin' Beauties Salon haircuts
September 12, 2023	Walk On Equine-Assisted Therapy (Off Campus)
September 13, 2023	Mike & Traci Concert
September 20, 2023	M-Hart String Quartet Performance
September 26, 2023	Walk On Equine-Assisted Therapy (Off Campus)
October 10, 2023	Walk On Equine-Assisted Therapy (Off Campus)
October 11, 2023	Elvis Concert
October 17, 2023	Walk On Equine-Assisted Therapy (Off Campus)
October 21, 2023	Wild Daisy Concert
October 28, 2023	Halloween Dance
November 7, 2023	Walk On Equine-Assisted Therapy (Off Campus)
November 14, 2023	Walk On Equine-Assisted Therapy (Off Campus)
December 5, 2023	Walk On Equine-Assisted Therapy (Off Campus)

***Keep an eye out for even more events to be scheduled.***

## Off-Campus Activities

Hotel and food for Special Olympians at the State Special Olympics games in June.

**Lisa Clements** is the Chair responsible for scheduling events, along with her amazing committee. If you have ideas, or want to get involved, you can reach Lisa at: [ljclements169@gmail.com](mailto:ljclements169@gmail.com)

Every activity that is planned relies on the help of our amazing volunteers. **Marion Timmins** is the Chair who coordinates all that we need volunteers for. If you can help, please contact her at: [tm@timmins.us](mailto:tm@timmins.us), or call her at **224-595-3708**.

## Cottage Committees

Volunteers assemble and schedule activities by cottage for the residents. If you are not yet involved in this amazing group, you can contact **Julie Vowinkel** to get more information. They have a room filled with activities that you can do that are fun and easy to use. Julie can be reached at: [jayvee1@hotmail.com](mailto:jayvee1@hotmail.com).

## STAY IN TOUCH— STAY CONNECTED

Website: Mtstja.com Our website is frequently updated, so look here for the latest news and extra photos!

Social Media: Find us on Facebook and Instagram—link appears on our website!



The Association would like to thank all of the volunteers listed for their time and effort. It would be impossible to accomplish all that we do at events, parties and fundraisers without your generous volunteerism!

We celebrated our Volunteers at an Appreciation Luncheon, on September 10th. We could not accomplish all we do without our dedicated Volunteers!

# Resident Activities Sponsored by Mount St. Joseph Association

## August—Wacky Water Day



What a fun day. The weather was perfect and the ladies enjoyed the day outside with some water events on the side.

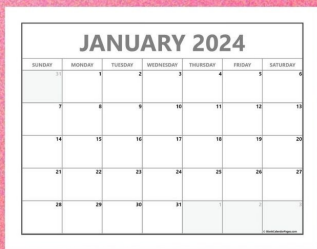
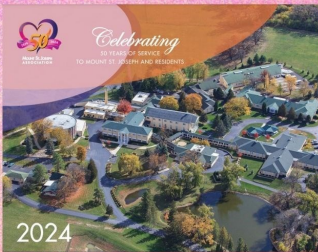
It couldn't have been done without the organizers—Lisa Clements and Marion Timmins and all of our amazing volunteers!

Thanks go out to everyone who helped make this a wonderful day.



# 2024 CALENDAR RAFFLE

## A YEAR FULL OF AMAZING EVENTS AND HAPPY BIRTHDAYS



The 2024 Calendar Raffle is in full swing, and calendars can be purchased on-line at [MTSTJA.com](http://MTSTJA.com), and either shipped to your house or picked up.

What a great Holiday gift for your family and friends.

Each Calendar purchased will get your name in a drawing for \$50 from January through November and \$500 in December.

You'll find all of the Residents' birthdays listed on every month with information on how to send them a birthday card.

Birthdays are so important to our Residents, and receiving a birthday card will make their day.

Go to [MTSTJA.COM](http://MTSTJA.COM) and click on Fundraisers and Calendar Raffle to order yours TODAY!

### COST

1. The Package of two calendars is \$45.00
2. Shipping is available for an additional \$7.00

### WHAT YOU GET

1. 8.5" x 11" Wall Calendar featuring pictures of Residents celebrating a birthday on each month.
2. A Pocket Calendar to keep in your pocket or Purse
3. A Chance to win \$50 in a drawing from January through November
4. A Chance to win \$500 in a drawing in December



VISIT [MTSTJA.COM](http://MTSTJA.COM) TO PURCHASE!

## WE APPRECIATE YOUR KIND SUPPORT!

### We appreciate your kind support...

The majority of Mount St. Joseph residents and day training clients receive funding through state and federal programs. The funds are stretched to cover expenses such as room and board, medication, dental and medical services, and adequate staffing. Therefore, we rely heavily upon our benefactors to help provide extra-curricular activities for the residents, to replace outdated equipment and furniture, and to renovate buildings. St. Louis Guanella always said that God will not be outdone in generosity, and we are convinced that those who assist us in our mission are blessed in countless ways. The individuals we serve have a beautifully simple yet profound faith. One can rest assured that God hears and answers their prayers!

Will you please help us now with whatever financial support you can?

Mount St. Joseph is a registered sec. 501 ©(3) Charitable Organization. As such, your donations are deductible. A copy of our IRS determination letter confirming Mount St. Joseph's standing as a registered IRC sec. 501 ©(3) Charity is available upon request.

You can make a donation by mailing it to us using the form below, or you can visit us on the internet at: [www.mtstjoseph.net](http://www.mtstjoseph.net) to make a donation online with Give Central

### DONATION FORM

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Donation Amount: \_\_\_\_\_\$500      \_\_\_\_\_\$100      \_\_\_\_\_\$50      \_\_\_\_\_\$20

**Thank you for your donation. Please mail your donation to:**

**Mount St. Joseph  
24955 North U.S. Highway 12  
Lake Zurich, IL 60047**

## About The Mount

### Mount St. Joseph

*Mount St. Joseph is a health care facility called home by approximately 90 women with varying degrees of mental and physical disabilities. The facility was established by the Daughters of Saint Mary of Providence in 1935. The Sisters live on campus and collaborate with staff to provide exemplary care to each individual. In the spirit of our Founder, Saint Louis Guanella, we strive to promote the rights and dignity of the residents and assist them in growing to their fullest potential.*



PLEASE  
PLACE  
STAMP  
HERE

Mount St. Joseph  
24955 North U.S. Highway 12  
Lake Zurich, Illinois 60047

Mailing Address Line 1  
Mailing Address Line 2  
Mailing Address Line 3  
Mailing Address Line 4  
Mailing Address Line 5