

CAMBRIDGE LAKES COMMUNITY ASSOCIATION

WINTER NEWSLETTER CAMBRIDGE LAKES

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Community Center Hours
Monday-Friday 5:00am-10:00pm
Saturday-Sunday 7:00am-10:00pm

DEAR CAMBRIDGE LAKES RESIDENTS,

This time of year brings so many changes to us all, whether we like it or not. The air is now cool and crisp, the leaves are falling, the change from daylight saving time to standard time or wintertime, reminds us of the long winter that we will all soon face.

What brings me peace and joy this time of year with Thanksgiving being forefront, is remembering to be thankful and grateful for all our good fortunes. Helping those less fortunate assists me of being thankful.

Be thankful for everything that happens in your life; "it's all an experience." Roy T. Bennet

Speaking of Thanksgiving....

What does Thanksgiving have in common with Halloween? Gobble-ins!

2023 Assessments – With so much going on during the month of December, it is easy to forget tasks or responsibilities that otherwise seem rote. Remember that your monthly assessments are due the 1st of the month, however, a 30-day grace period is provided. An excellent way to alleviate the burden of remembering to write your assessment check each month and also save you and the Association costs incurred by processing check payments, is to sign up for Automated Clearing House payments (ACH). If you choose this method, payments are automatically deducted from your bank account on the 10th of the month. Please see the Front Desk Team with a blank voided check to sign up. For those of you who prefer writing checks, monthly statements beginning January 1, 2023, will reflect monthly assessments of \$83.00. If you set up direct payments from your bank, please be sure to notify them of the change of assessment amounts.

Late fall is also a time to ready our homes for the long, frigid winter ahead, please consider the following:

- Disconnect all hoses from hose bibs to reduce chance of frozen pipe.
- Set thermostat no lower than 55 degrees at all times, even when not at home.
- Arrange for a neighbor/friend to have a key to your unit when you are gone in case of emergency. Notify the community association manager of who to contact in case of emergency and provide emergency contact information.
- Change batteries in all smoke and carbon dioxide detectors. Clean all dryer vents.
- Open the cold and hot water to drip slightly and open cabinet doors under a sink when extremely cold outside to avoid frozen pipes
- Keep the garage door closed except when in use. This helps to keep critters from seeking a warm home in your home and helps prevent frozen pipes.
- Don't set the humidifier too high to avoid moisture freezing on the window panes.
- Be patient with the snowplowing and snow-blowing operations. The primary goal is to keep the community safe and accessible for emergency responders at all times.

Upcoming Holiday Hours – Please make note of the upcoming Community Center closure days:

Thursday, November 24th CLOSED (Thanksgiving)
 Friday, November 25th CLOSED (Day After Thanksgiving)
 Saturday, December 24th CLOSED (Christmas Eve)
 Sunday, December 25th CLOSED (Christmas Day)
 Saturday, December 31st CLOSED (New Year's Eve)
 Sunday, January 1st CLOSED (New Year's Day)



2023 Holiday Garbage Pickup Days– Normal Garbage Pickup Day is on Friday. If a holiday falls on a weekday or a Sunday, and your regularly scheduled pickup is on or after the holiday, your pickup will be delayed by one day. Friday customers will be serviced on Saturday.

NEW YEAR'S DAY–Saturday, January 7, 2023–Pick-up date

MEMORIAL DAY–Saturday, June 3, 2023–Pick-up date

INDEPENDENCE DAY–Saturday, July 8, 2023–Pick-up date

LABOR DAY–Saturday, September 9, 2023–Pick-up date

THANKSGIVING DAY–Saturday, November 25, 2023–Pick up date

CHRISTMAS DAY–Saturday, November 30, 2023–Pick up date

Holiday Decor – For those who decorate for the holidays, please remember the following per the Rules and Regulations, holiday décor is to be installed no more than thirty (30) days prior to and removed no more than thirty (30) days following the holiday. Of course, we do take into consideration the weather conditions and temperatures when it comes to decoration removal.



Snow Removal – Please note the following regarding snow plowing responsibilities throughout Cambridge Lakes:

Area	Who Handles Snow Removal
Main Roads within Cambridge Lakes	Village of Pingree Grove
Single Family, Duplex & Townhome Streets	Village of Pingree Grove
Community Center Parking Lot	Community Association – Rick Stanley & Cheryl M.
Townhome #2	FirstService Residential – Alicia Smith
Townhome #3	Property Specialists – Leslie Beltran
Townhome #11	Foster Premier, Inc. – Janel Santilli
Townhome #14	McGill Management – Nicole Broughton
Townhome #18	Foster Premier, Inc. – Linda Raaum
Condo #19A	Foster Premier, Inc. – Linda Raaum
Townhome #19B	Foster Premier, Inc. – Eugene Polissky
Townhome #20	Foster Premier, Inc. – Eugene Polissky
Townhome #23	Foster Premier, Inc. – Linda Raaum
Townhome #33	Foster Premier, Inc. – Eugene Polissky
Parkside at Cambridge Lakes	Foster Premier, Inc. - Linda Raaum

Christmas Tree Collection – Holiday greenery must have all tinsel, ornaments, lights, and nails removed before being placed out at the curb for pickup. Holiday greenery collection and pickup is FREE OF CHARGE the first three weeks in January. Collection of holiday greenery after the third week of January will be billed as a bulk item pick up on your next invoice.

2023 Redecorating/Refresh of the Community Center has been approved by the Board of Directors. This refresh will take place in 2023. The designers of the project met with some staff in November, walked and completed measurements of the community center. The Designers are in the process of creating a few color scheme options of how they envision the community center to look ideally. These options will be submitted to the Board by the end of 2022. The refresh will include the following:

Flooring Replacements: aerobics room, game room, classroom, viewing room, children's area, gathering lounge, and the carpet tiled areas of the entrance, lobby sitting areas, hallways, and offices.

Furniture Replacements: game room, lobby sitting areas, and viewing room.

Painting: game room, gathering lounge, kitchen, lobby & hallways, offices, children's room, classroom, viewing room, fitness center, locker rooms and aerobics room.

The refresh will be an exciting change for the Community Center, and we look forward to the completed project. Please know we will keep everyone updated as to the closures of portions of the community center to allow this work to be done. It is highly likely that this information will be provided by email blasts. Now would be a great time to sign up for email blast messages if you have not already done so.

Community Association Manager – As many of you know Laurie Wrosch is no longer working for Cambridge Lakes Community Association. We wish Laurie well in her future endeavors! We are in the process of seeking applicants to apply for the Community Association Manager position. In the meantime, Rick Stanley and I are working on your behalf as the licensed Community Association Managers.

New EMAIL Address – to reach the interim managers of Cambridge Lakes Community Association, please begin using the email address:
managementteam@mycambridgelakes.com

Inspirations Dance & Tumbling News –

Inspirations Dance and Tumbling students are training hard every day! We continue to offer all styles of Dance and Tumbling beginning at just 2 years old!



Inspirations Dance and Tumbling is prepared and thrilled to host the Spring 2023 Dance and Tumbling recital again this year! We are headed into our most anticipated session of the year! Registration is open in December through January 24th!

Join us, classes are offered to all ages 2 through teens! Our very own Inspirations Dance Troupe performance team also looks forward to many large-scale arena performance opportunities! Stay tuned for all information regarding ticket purchases for the Windy City Bulls and Kane County Cougars performance dates!

We are so grateful for all of the Pingree Grove community's continued support! Hope to see you in class!



Guest Policy – Pursuant to the rules and regulations owners can bring in guests to use the facility with them. To bring a guest you must be 18 years of age or older.



Any owner bringing in a guest is responsible for the conduct of their guest. Before your guest can access the facility, you and your guest must sign in at the front desk. The staff will hold your proxy card as well as a photo ID of your guest (such as a driver's license). A \$5 fee is due at the time of entry for your guest, and you are allowed a maximum of four (4) guests per day. Upon your departure you will sign out at the front desk and the staff will return your proxy card and your guest's photo ID.

Bike/Walking Path Courtesy –

The bike/walking path is a great way for everyone to get out and about within the community, enjoy the fresh air and observe what nature has to offer here at Cambridge Lakes.



As you use the bike/walking path we ask that everyone be considerate of others using the path with you, especially those of you who are walking your dogs on the path. We have received concerns regarding owners who walk their dogs on the path that are either not sharing the path or not holding their dog's leash tightly as you pass by others. Some people have a fear of dogs due to having been attacked. Having a dog bark and/or lurch towards them can cause panic. Injuries are not unheard of when simple courtesy measures are not followed. We would hate to see any injuries; humans or dogs, so please take caution as you use the path throughout the community.

Advertise With Us In 2023! - If you and your friends are local business owners, you may consider the benefits of advertising in the Cambridge Lakes Community Association's quarterly newsletters. Please note that in addition to US Mail delivery, each newsletter will be uploaded to:

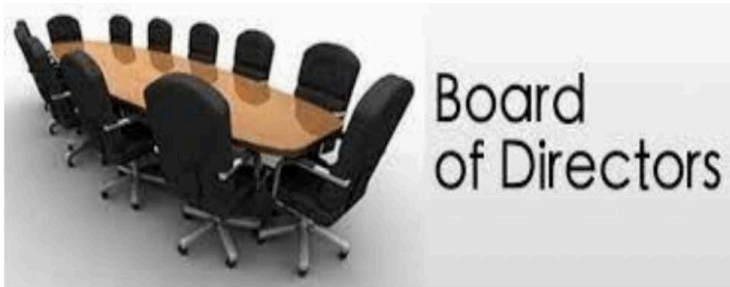
www.MyCambridgeLakes.com.

Please contact Michelle at

michelle.arvanitakis@mycambridgelakes.com.

Call & Notice Meeting Dates - Please be advised the following Board of Director meetings for Cambridge Lakes Community Association have been scheduled as follows on the second Wednesday of each month.

Please note the Annual Meeting and Election will be held at 6:30pm on February 8, 2023. The meetings will take place at the Cambridge Lakes Community Center.



Board of Directors Meetings –

Below please find a list of upcoming Board Meetings.

We hope to see you there!

<u>Day</u>	<u>Date</u>	<u>Meeting Type</u>	<u>Time</u>
Wednesday	December 14	Board Meeting	6:00pm
Wednesday	January 11	Board Meeting	6:00pm
Wednesday	February 8	Board Meeting	5:00pm
Wednesday	February 8	Annual Election	6:30pm
Wednesday	March 8	Board Meeting	6:00pm

Wishing you and your family all the beauty, peace, and joy the holiday season has to offer!

Cheryl Mueller, CMCA, AMS, PCAM

Licensed Community Association Manager

Vice President

Director of Large Scale & Active Adult Communities

Foster/Premier, Inc

Rick Stanley, CMCA

Licensed Community Association Manager

All owners are cordially invited and encouraged to attend. Dates are subject to change with proper notice.

Sincerely,

Cambridge Lakes Community Association.

Please note the Annual Meeting and Election will be held at 6:30pm on February 8, 2023.

Hello Residents!



It has been fulfilling to watch some of the landscape refreshes as we thin out overgrown trees with new trees, grasses, and flowering plants and bushes. We will also be updating the entrances to the different neighborhoods. I have also noticed multiple people bringing a bag along on their walks and picking up litter. Thanks!

An important need we have for our community is updating the Rules and Regulations. A commission has been formed to collect ideas and begin the change process. PLEASE consider joining this group who will make recommendations. Contact Rick at the Community Center if you can help in this critical work. After changes are approved by the board, we will need 67% of our members to agree to the changes so there will be some door-to-door work for many of us. Get out and enjoy some of the fall activities and exercise classes!

Julie Kallenbach

Contact List

Association	Management Company	Contact Person	Email Address	Phone
Cambridge Lakes Community Association	Foster Premier	Rick Stanley	managementteam@mycambridgelakes.com	847-464-1515
Townhome #2	FirstService Residential	Alicia Smith	residentservices.il@fsresidential.com	847-459-0000
Townhome #3	PSI	Leslie Beltran	Lbeltran@psimanagemwnt.net	847-806-6121
Townhome #11	Foster Premier	Janel Santilli	jsantilli@fosterpremier.com	847-459-1222
Townhome #14	Foster Premier	Gene Polissky	epolissky@fosterpremier.com	847-459-1222
Townhome #18	Foster Premier	Linda Raaum	Lraaum@fosterpremier.com	847-484-2123
Condo #19A	Foster Premier	Linda Raaum	Lraaum@fosterpremier.com	847-484-2123
Townhome #19B	Foster Premier	Gene Polissky	epolissky@fosterpremier.com	847-459-1222
Townhome #20	Foster Premier	Gene Polissky	epolissky@fosterpremier.com	847-459-1222
Townhome #23	Foster Premier	Linda Raaum	Lraaum@fosterpremier.com	847-484-2123
Townhome #33	Foster Premier	Gene Polissky	epolissky@fosterpremier.com	847-459-1222
Parkside @ Cambridge Lakes	Foster Premier	Linda Raaum	Lraaum@fosterpremier.com	847-484-2123

Greetings from the Lifestyle Department



Fall has been such a fun time so far and we are heading into the colder weather! We have been having the best time with all of you at both new and returning events. Seeing each one of you here brings big smiles to both the staff and me and you make every event special!

Fall started a full calendar of events with the return of The Little Gym, Sensory Play and Story Time, Halloween themed events, Make and Take events such as Candle Making, Candy Apple Making and our Glow Slime Lab. We had a huge Craft and Vendor Fair, and many enjoyed perusing all the unique gifts and supporting small businesses for their early holiday shopping! December brings our fun holiday events and all the cheer they hold! Holiday Movie Trivia, Winter Build a Friend will be adorable with all the Polar Pal cuteness, Ornament Making returns once again, Gingerbread House Making is new this year and will be such a fun time and we finish 2022 with Milk & Cookies with Santa and Deer Feed making has been added to this wonderful event!

As we ring in the New Year, I look forward to sharing events with all of you! We have our first Adult Night In, full of old school fun and games, Penguins, Suncatchers, Birdhouses, Superheroes and so much more! Check out all the upcoming events in the 2023 Events Section in this Newsletter! As we begin a New Year, take time for yourself, and jump into our amazing Group Fitness Classes and start 2023 with putting your health and wellness at the top of your list! Our incredible instructors are waiting for you, and I would love to see you all here too!

I am thankful for each of you! Having you as part of our community makes Cambridge Lakes a wonderful place to be! I look forward to seeing you here enjoying events, programs, group fitness and the gym.

My office is always an open door for you, and I always enjoy seeing you stop by! For any questions on any events, suggestions, or feedback, you can email me anytime at: michelle.arvanitakis@mycambridgelakes.com

I wish you all a safe and healthy holiday season and cheers to 2023!

Michelle



Fire won't wait. Plan your escape

This year, 2022, marks the 100th anniversary of the National Fire Prevention Association (NFPA) observance of Fire Prevention Week (FPW). Fire Prevention Week focuses on how to stay safe in the event of a fire. The week of October 9th is observed for fire prevention to commemorate the Great Chicago Fire that started on October 8, 1871... hundreds of people died and thousands of people lost their homes.

This year's message, for Fire Prevention Week, is Fire won't wait. Plan your escape. Today, homes burn faster than ever. You maybe have two minutes to safely escape a home fire from the time a smoke alarm sounds. Your family's ability to survive a fire depend on properly installed/maintained smoke alarms and an escape plan.

Smoke Alarms:

Smoke alarms sense smoke before you can. Choose an alarm that is listed with a testing laboratory, meaning it has met certain standards for protection.

- Smoke alarms should be installed in every sleeping room, outside each sleeping area, and on every level of the home, including the basement.
- Test all of your smoke alarms by pushing the test button. If it makes a loud beep, beep, beep sound, you know it's working. If there is no sound or the sound is low, it's time to replace the battery. If the smoke alarm is older than 10 years old, you need to replace the whole unit.
- If your smoke alarm makes a chirp, that means it needs a new battery. Change the battery right away.
- Make sure everyone in the home knows the sound of the alarm and what to do when it sounds.

For the best protection, use combination smoke and carbon monoxide alarms that are interconnected throughout the home. These can be installed by a qualified electrician, so that when one sounds, they all sound. This ensures you can hear the alarm no matter where in your home the alarm originates.

Escape Plan:

In a fire, mere seconds can mean the difference between a safe escape and a tragedy. Fire safety education isn't just for school children. Teenagers, adults, and the elderly are also at risk in fires, make sure they understand how to stay safe in case of a fire.

- Draw a map of your home, marking two ways out of each room, including windows and door.
- Children, older adults, and people with disabilities may need assistance to wake up and get out. Make sure they are part of the plan.
- Make sure all escape routes are clear and that doors and windows open easily.
- Pick an outside meeting place (something permanent like a neighbor's house, a light post, mailbox, or stop sign) that is a safe distance in front of your home where everyone can meet.
- Everyone in the home should know the fire department's emergency number and how to call once they are safely outside.
- Practice! Practice! Practice! Practice day and nighttime home fire drills. Share your home escape plans with overnight guests.

The Fall season has arrived which marks the beginning of holiday festivities. These holiday events can increase the risk of injuries and home fires. Here are a few guidelines for ensuring everyone has a safe and happy holiday season.

Food Preparation:

- Stay in the kitchen when you are cooking on the stove top so you can keep an eye on the food.
- Stay in the home when cooking your turkey, and check on it frequently.
- Keep children away from the stove. The stove will be hot and kids should stay three feet away.
- The steam or splash from vegetables, gravy or coffee could cause serious burns.
- Keep knives out of the reach of children.
- Keep matches and utility lighters out of the reach of children.
- Keep the floor clear so you don't trip over kids, toys, pocketbooks or bag.



Decorating:

- Choose decorations that are flame resistant or flame retardant.
- Keep lit candles away from decorations and other things that can burn.
- Replace any string of lights with worn or broken cords or loose bulb connections. Read manufacturer's instructions for number of light strands to connect.
- Use clips, not nails, to hang lights so the cords do not get damaged.
- Before going out or to bed: blow out lit candles and turn off light strings and decorations
- More than 1/3 of home decoration fires start lit candles.

Christmas Trees:

- Pick fresh tree with green needles that do not fall off when touched
- Cut 2 off the base before placing the tree in stand and at least 3 feet away from all heat sources (fireplaces, radiators, vents, candles, or hot lights).
- Do not block exits.
- Check and add water to tree stand daily.
- Only use appropriate laboratory tested lights. Never use lighted candles on a tree.
- Get rid of tree when it becomes dry, place outside away from home.

Winter Holiday Fire Facts:

- Between 2015-2019, U.S. fire departments responded to an average 160 home fires that started with Christmas trees per year. These fires caused an average of two deaths, 12 injuries, and \$10 million in direct property damage annually.
- Electrical distribution or lighting equipment was involved in almost half of home Christmas tree fires. Nearly one in five Christmas tree fires were started by decorative lights.
- In nearly one-fifth of the Christmas tree fires, some type of heat source, such as a candle or equipment, was too close to the tree.

Please visit the National Fire Prevention Association's web site at <http://nfpa.org> to find more fire prevention information.

If you have questions, you can contact the Pingree Grove and Countryside Fire Protection District by calling non-emergency (847) 741-3151 or email info@pgfpd.com.

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Cambridge Lakes Community Center

Group Fitness Schedule

Sunday	9:00AM - POUND (Amy) 9:30AM - WERQ (Amy) 10:30AM - HIIT 2 Fit (Joe)
Monday	7:00PM - Barre Fitness (Aneta) 8:00PM - HIIT 2 Fit (Joe)
Tuesday	5:00PM - Bootcamp Strength (Aneta) 6:00PM - Yoga/Stretch (Aneta) 8:00PM - Zumba Toning (Edith)
Wednesday	7:00PM - POUND (Amy) 8:00PM - WERQ (Amy)
Thursday	5:00PM - Bootcamp Strength (Aneta) 6:00PM - Yoga/Stretch (Aneta) 7:05PM - Anything Goes! (Christine) 8:00PM - Zumba (Edith)
Friday	8:00AM - Beginners Yoga (Aneta) 9:00AM - Yoga for Weight Loss (Aneta)
Saturday	8:00AM - PBT (Corinne)

All classes are FREE for Residents
\$5.00 for Guests

all equipment is provided

Group Fitness Class Descriptions

Anything Goes!

Anything Goes is just that! In this class anything goes. Torch some calories AND have fun doing it! You won't even know you're working out. Strength, cardio, stretching, maybe some dancing thrown in every once in awhile. You never know what you will get.

Barre Fitness

Hybrid class combining ballet inspired moves with elements of yoga, dance, Pilates, and strength training. A total body workout with movements done as time under tension. Upper body strength training combined with classic moves that target the lower muscle groups and core is what you will find in this class! Low impact, a workout that will give you a solid burn and challenge your balance and flexibility!

Beginners Yoga

Beginners' yoga will introduce you to improving your alignment strength in mind and body. You will learn how to breathe to create heat in your core and calm your mind and body. This class flows in a slower pace allowing students to become familiar with poses, vocabulary become familiar with props and learn anatomical benefits of the poses.

Bootcamp Strength

Strength and HIIT combine to give you the best of both workouts! You will build lean muscle mass, burn calories, and gain power, conditioning, and agility in this class!

HIIT 2 FIT

Full body workout with dumbbells! Jump in for this fun circuit workout full of strength, intervals, HIIT and geared toward every fitness level from beginner to advanced! The fastest way for changing your body by building lean muscle and blasting calories. Come for the workout and leave feeling great and confident!

PBT

a specialized program which focuses on muscle memory, tension/fascia release, body alignment and mental focus. Though it was originally created for dancers, this class is for athletes and people of all stages of fitness and all walks of life. If you are healing from an injury, wanting to improve your technique in your workouts, or need to improve your posture, this relaxing and easy to follow class is for you!

POUND

Channel your inner rock star with this full body cardio jam session inspired by the infectious, energizing, and sweat dripping fun of playing the drums. This exhilarating workout combines cardio, conditioning, and strength training with yoga and Pilates-inspired moves. Designed for all fitness levels, POUND provides the perfect atmosphere for letting loose, getting energized, toning up, and rocking out! We'll provide the riptix...just bring a yoga mat or towel.

Power Yoga for Weight Loss

Yoga for weight loss (power yoga) one class that will teach you low impact workout containing moves breaths, sweat as well as balance, tone muscles and strength.

WERQ

WERQ is the wildly addictive cardio dance workout based on the hottest pop and hip-hop music. This nonstop, high-energy class has repetitive athletic moves and fresh dance steps to give you the best sweat. Our heart pumping WERQouts are designed for everyone. This isn't just about burning calories...it's about showing up and having fun!

Yoga/Stretch

Yoga after Bootcamp will contain of mindful relaxing your body after workout through stretching calm breathing and toning your muscles.

Zumba® / Aqua Zumba®

A total workout, combining all elements of fitness – cardio, muscle conditioning, balance, and flexibility, boosted energy and a serious dose of awesome each time you leave class (Aqua - Takes place in the pool over the summer as weather permits and will move indoors when weather does not!

Zumba® Toning

Circuit training that benefits cardiovascular health as well as muscle conditioning and toning. This weighted workout targets muscle groups in the arms, core, and lower body and increases a sense of rhythm and coordination. You'll have a blast while you build strength and reshape your body!

2023 Events

January - April

Hustle House Basketball

Saturday, January 7th–28th -1st session
Saturday, February 4th–25th -2nd session

9:00 am–10 am for 10 and 11 years
spaces limited to 20

10:00 am–11:00 am for 5–9 years
spaces limited to 26

Basketball skills continues for the season! Kids will learn basic skills including ball handling, footwork and teamwork foundations while having a fun filled time surrounded by positivity!

Registration is required at the front desk
Residents are free, Guests are \$5



Snowman Sun Catchers

Monday, January 16th

**10:30 am–11:30 am &
5:00 pm–6:00 pm**

The days may be cold, but when the sun does shine, these little snow cuties will glisten in your windows! Creativity and imagination run free with this fun painting craft!

Register at the front desk by Monday, January 9th
Residents \$5, Guests \$10



Cotton Ball Penguin Craft

**Monday, January 9th 10:30 am–11:30 am &
5:00 pm–6:00 pm**

Cotton Balls, glue and chilly winter penguin fun with this cute make & take craft time!

Register at the front desk by Monday, January 2nd
Residents \$5, Guests \$10



Birdhouse Make & Take

**Friday, January 27th
6:00 pm–8:30 pm**

No tools needed for this family event! Assemble your birdhouse and paint it however your inner Picasso tell you!

Register at the front desk by Monday, January 9th
Residents \$15, Guests \$20



Paint & Sip

**Friday, January 13th
6:00 pm–9:00 pm**

Start the new year out with fun! Cliff will be here for the best time with friends and creativity! BYOB for 21 + and your own beverage for under 21!

Residents \$35, Guests \$40
Visit the front desk to register by January 9th



Adult Night In

**Saturday, January 28th
6:00 pm–8:30 pm**

Come for the fun for our first Adult Night In event! Come and join us for an evening full of adult old school games, laughs, fun and pizza! Grab your neighbors and enjoy! BYOB event for 21+.

Register at the front desk by January 20th
Residents \$20, Guests \$25



2023 Events

January - April

Winter Coloring Time Monday, January 30th

10:30 am-11:30 am &
5:00 pm-6:00 pm

Fuzzy winter scene coloring pages AND Superhero doorknob hanger coloring! Bring your kiddos and watch them design their own décor!

Call, email or visit the front desk to register by Monday, January 16th

Registration is required, this is not a drop in event
Residents are Free, Guests \$5



Little Gym

Thursday, January 5th,
January 26th, February 16th,
March 9th, April 6th, April 20th

10:00 am-12:00 pm and
6:00 pm-8:00 pm

Little gym play time is back! Bring your little one for all the fun!

Residents are free, Guests \$5



Story Time

Thursday, January 12th, February 2nd,
February 23rd, March 16th, April 6th and April 27th

10:30 am-11:30 am and 5:00 pm-6:00 pm

Stories, themed coloring pages for books that are read and socialization for the little ones!

Residents are free, Guests \$5



Sensory Tables

Thursday, January 19th,
February 9th, February 23rd,
March 2nd, March 23rd and April 13th

10:30 am-11:30 am and
5:00 pm-6:00 pm

Tactile development and exploring is what your little one will discover with sensory play!

Residents are free, Guests \$5

SENSORY center



Groundhog Day Coffee & Donuts Thursday, February 2nd

7:00 am-8:00 am

Did the Groundhog see their shadow or not? No matter the outcome, come and enjoy donuts and coffee on us!

Residents are free, Guests \$5



New Neighbor Meet & Greet Saturday, February 4th

6:00 pm-8:00 pm

If you are new to the community or would like to meet some new neighbors in Cambridge Lakes, this is the perfect time! Snacks provided and this is a BYOB event!

Call, email or visit the front desk to register by Thursday, February 2nd

Residents are free



2023 Events

January - April

Squirrel Treat Making Monday, February 6th

10:30 am–11:30 am & 5:00pm–6:00pm



These cute little furry friends could use some snacks for the weather. Scurry on over and have fun making a fun friendly treat for them!

Visit the front desk to register by Thursday, February 2nd
Residents \$5, Guests \$10

Friendship Bracelets Tuesday, February 7th

6:00 pm–7:00 pm



Back for the second year, come and create your own friendship bracelets. Match your besties, match your family, or just make one unique one for you!

Visit the front desk to register by Wednesday, February 1st.

Residents \$5. Guests \$10

Make Your Own Valentine's Card Friday, February 10th

6:00 pm–7:30 pm



Valentine's is such a sweet time and making your own cards is a cute way to surprise a parent, grandparent, teacher, friend or significant other! Bring your creative heart and choose from a variety of templates to make and take!

Visit the front desk to register by Wednesday, February 1st

Residents \$10, Guests \$15

Dad and Daughter Drive-In Movie Night Saturday, February 11th

6:00 pm–9:00pm



We provide the large boxes, supplies to make your car, snacks and drinks for this movie night featuring The Mitchells vs The Machines! Your daughter(s) can sit in their cars and you both can enjoy the show!

Visit the front desk to register by Saturday, February 4th

Residents \$10 each per Dad and Daughter,
\$5 each additional Daughter, Guests \$15 each per Dad and Daughter, \$10 each additional Daughter

Nicole Schlechter Advocacy Wednesday, February 15th

6:00 pm–7:00 pm



Do you have a kiddo with needs or a grandparent who watches grandkids and feels you would like more information? Have you felt overwhelmed trying to navigate IEP and 504 meetings? There is light at the end of the tunnel and Nicole is that guiding light. Take a breath and come for this informational session.

Residents Free. Guests \$5

Couples and More Paint & Sip Friday, February 17th

6:00 pm–9:00 pm



Come as a couple for this fun filled BYOB time and paint 2 matching canvases or come with friends and paint one canvas each! Both options are available!

Visit the front desk by Wednesday, February 1st

Residents \$35, Guests \$40

2023 Events

January - April

Log Cabin Making

Monday, February 20th

10:30 am–11:30 am & 5:00 pm–6:00 pm



Frosting and Pretzel Rods come together for this little craft of building your own log cabin for Presidents Day! Join us for all the building fun! Visit the front desk to register by Monday, February 6th.

Residents \$5, Guests \$10

Trivia Night

Friday, February 24th

7:00 pm–9:00 pm



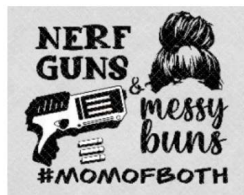
Pivot, Pivot, PIVOT your way on over for a Friends themed Trivia Night! Light appetizers provided & 21 plus BYOB. Visit the front desk to register by Monday, February 13th.

Residents \$15, Guests \$20
Resident Group of 4 \$50
Guest Group of 4 \$60

Mom & Son Nerf Wars

Saturday, February 25th

6:00 pm–9:00pm



Back for round two! Last year was a Nerf Gun blast and this event will be just as much fun! BYOG (bring your own gun that fits the standard blue darts) Goggles are provided, but feel free to bring your own. Food, drinks, and the best memories with your son(s)! Visit the front desk to register by Saturday, February 11!

Residents \$10 each per Mom and Son, \$5 each additional Son, Guests \$15 each per Mom and Son, \$10 each additional Son.

World Compliment Day

Wednesday, March 1st

All Day



Kindness, sprinkle it everywhere! Stop by the front desk to grab a post it and write a compliment for someone! Compliment tags also available to take and give away! Check out all the fun facts on the Lifestyle Events Board about World Compliment Day! This is all about spreading positivity and smiles in our community! We never know what someone else is going through and you can make all the difference today!

Ladies Night In Friday, March 3rd

6:00 pm–9:00 pm



Ladies, this is your evening out! Come in your pjs, grab your drink (BYOB), grab your cutting board/Charcuterie board for this make your own event! All the delicious items are provided, and you can snack while you create your own to take with you! Laughs galore with Q and A games and game cards while you create and enjoy!

Residents \$20, Guests \$25

Chili Cook Off Sunday, March 5th

12:00 pm–2:00 pm



Get ready, make your best recipe, and show off your culinary skills! We will have voting by community members who come to taste test for the best chili around! The winner will receive a prize! Chili Chefs, call, email or visit the front desk to register for a space by Wednesday, March 1st

Residents are Free, Guests \$5

2023 Events

January - April

Lucky Charms Crafts

Monday, March 6th
10:30 am–11:30 am &
5:00 pm–6:00 pm



Leaping into the luckiest time of year, Lucky Charm marshmallows make the most fun rainbows! Call, email or visit the front desk to register by Wednesday, March 1st!

Residents are Free, Guests \$5

Pot O Gold Scavenger Hunt

Saturday, March 11th

11:00 am–12:00 pm



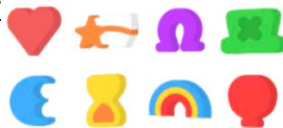
Shamrocks in all the colors of the rainbow are hidden for you to find! Luck is on your side and a pot of gold treasure chest of goodies will be waiting for you at the end! Call, email or visit the front desk to register by Thursday, March 9th!

Residents are free, Guests \$5

Lucky Charms Science Experiment

Monday, March 13th

10:30 am–11:30 am &
5:00 pm–6:00 pm



Cups of Water and Marshmallows= the most fun and delicious experiment! This activity will have little scientists guessing and filling in questions on their science sheet! What color will the water turn? How long will it take for the turn to change color? What combination of charms will turn the water red? What about orange or green? How about blue? Or purple?

Call, email or visit the front desk to register by Friday, March 10th!

Residents are Free, Guests \$5

St Paddy's Day Party

Friday, March 17th

6:00 pm–8:00 pm



Not only is luck in your corner this month, but your taste buds will be feeling the celebrating! Join us for the first St Patrick's Day Party! Your Lifestyle Leprechaun will be serving corned beef and cabbage and have beverages to choose from! You can BYOB if you wish!

Visit the front desk to register by Friday, March 3rd!

Residents \$15, Guests \$20

March Madness Teen Night In

Saturday, March 18th

6:00 pm–9:00 pm



Calling all teens, this is your night! Tons of food, live stream college basketball and a tournament for prizes! Lifestyle is partnering with Pastor RT for an epic night! You want to be here and not miss out! Register at the front desk by Tuesday, March 8th

Residents \$15, Guests \$20

Spring Equinox with Little Critters

Sunday, March 19th

3:00 pm–4:00 pm



Spring is all about little animals and the joy they bring! Little Critters has everything from a bunny to a hedgehog to an amazing bird! If you missed them the first time around, you do not want to miss them again! Spaces limited to 20!

Visit the front desk to register by Sunday, March 12th

Residents \$15, Guests \$20

2023 Events

January - April

Breakfast with the Bunny Sunday, April 2nd



9:00 am–10:30 am

It's that time again! The cutest Easter Bunny around, the yummiest breakfast from Brunch Café, Bobbi Rose, the best photographer and crafts for the kids and the egg hunt is included in the breakfast price!

Visit the front desk to register by Friday, March 24th

Residents \$20, Guests \$25
(Ages 2 and under are free)

Egg Hunt Sunday, April 2nd



10:30 am–11:00 am

Come with your basket for the best egg hunt around! The hunt is broken down by ages and all the kids will have the most fun collecting the eggs! Ages 14 and under! Please empty eggs in your basket and put the halves in the boxes as you leave! Visit the front desk to register by Friday, March 24th

Residents \$8, Guests \$13

Spring Craft & Home Improvement Fair Saturday, April 15th



10:00 am–3:00 pm

Calling all crafters, vendors, and home improvement businesses! We would love to have you here for our second annual fair! Maximum capacity for available booths is 45! Grab your spot early! The fair is always advertised in the Herald, social media and through banners around the community and main entrances!

Email Michelle Arvanitakis, Lifestyle Director @ michelle.arvanitakis@mycambridgelakes.com by Saturday, April 8th. No vendors can be accepted after the 8th.

Residents \$30, Guests \$40

Neighborhood Plant Swap Sunday, April 16th 10:00am- 2:00pm



Green thumbs, this is your time to shine Horticulturists come and enjoy this book exchange style plant swap. Come and meet neighbors and friends, bring a plant, and take a plant. You can sign up for what you will bring and what you are looking for. Call, email or visit the front desk to sign up by Monday, April 10th.

Residents are Free!

Bat Appreciation Day Craft Monday, April 17th



10:30 am–11:30 am and

5:00 pm–6:00pm

Bats are the cutest little nocturnal adorable eyed animals! There are so many species, and they eat fruit, insects, and mosquitoes, which we all know Pingree needs help with! Bats can get a bad rep, but they are truly awesome! Come for the fun of this cute bat craft and a story! Call, email or visit the front desk to register by Monday, April 10th

Residents are Free, Guests \$5

Community Clean Up Weekend for Earth Day! Friday, April 21st–Sunday, April 23rd



7:00 am Friday through 7:00 pm Sunday

We are Cambridge Lakes, the best community there is! Let's unite and make our community beautiful and shine the way we want it to!

Each section needs a captain! Have them come in and pick up bags and gloves! Each section competes on who collects the most garbage and the end of the weekend! Captains, call, email or visit the front desk to sign up your section by Thursday, April 20th!

Please email Michelle, Lifestyle Director, with any questions @michelle.arvaitakis@mycambridgelakes.com.

Batman Party Friday, April 21st



4:30 pm–6:30 pm

With Bat Appreciation Day earlier in the week, what better way to end the week than with all the Batman themed fun! All ages welcome! Visit the front desk to register by Monday, April 3rd

Residents \$10, Guests \$15



Call & Notice Meeting Dates

Please be advised the following Board of Director meetings for Cambridge Lakes Community Association have been scheduled as follows on the second Wednesday of each month at 6:00pm, with the exception of Feb. 8, 2023 due to the annual meeting.

Please note the Annual Meeting and Election will be held at 6:30pm on February 8, 2023.

The meetings will take place at
the Cambridge Lakes Community Center

<u>Day</u>	<u>Date</u>	<u>Meeting Type</u>	<u>Time</u>
Wednesday	December 14	Board Meeting	6:00pm
Wednesday	January 11	Board Meeting	6:00pm
Wednesday	February 8	Board Meeting	5:00pm
Wednesday	February 8	Annual Election	6:30pm
Wednesday	March 8	Board Meeting	6:00pm

All owners are cordially invited and encouraged to attend. Dates are subject to change with proper notice.

Sincerely,
Cambridge Lakes Community Association

Cambridge Lakes Community Association

1125 Wester Blvd.

Pingree Grove, IL 60140

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VILLAGE OF PINGREE GROVE 2023 SCHEDULE VILLAGE BOARD REGULAR MEETINGS

Village Board Meetings are held on the first and third Monday of the month at 7:00pm, in the second-floor board room of the Village Municipal Center, 555 Reinking Rd. Pingree Grove.

January 3, 2023*	January 16, 2023
February 6, 2023	February 21, 2023*
March 6, 2023	March 20, 2023

VILLAGE EVENTS

We are excited to announce that the Canadian Pacific Holiday Train will be arriving in Pingree Grove on Saturday, December 3rd at 8:45 am to start their Holiday Show at 9:00 am. Show will last about 30 minutes before leaving to their next location at 9:45 am.

Christmas Tree Lighting
Saturday, December 3, 2022 from 4 to 6pm
555 Reinking Road

ADVERTISE WITH US IN 2023!

If you and your friends are local business owners, you may consider the benefits of advertising in the Cambridge Lakes Community Association's quarterly newsletters. Please note that in addition to US Mail delivery, each newsletter will be uploaded to www.MyCambridgeLakes.com. Please contact Michelle at michelle.arvanitakis@mycambridgelakes.com or 847-464-1515. She will be glad to discuss the various advertising options.

CAMBRIDGE LAKES COMMUNITY CENTER GENERAL INQUIRIES

Rick Stanley
Cheryl Mueller
847-464-1515
Email: managementteam@mycambridgelakes.com

Natalie Suarez
Executive Assistant
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Michelle Arvanitakis
Lifestyle Director
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Hanna Blank
Administrative Assistant
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