

## New York State Outdoor Track & Field Records

Last Update: 8/6/23

100 m	Edino Steele	Pacific (Brooklyn)	10.40 (+2.0 w)	Russell Blunt East Coast Invitational - 7/25/2004
200 m	Jermaine Stafford	Ben Franklin	20.70 (-3.5 w)	USATF Junior Olympics - 6/23/1993
400 m	Elizie Coleman	Newburgh Free Academy	45.93	Golden West Invitational - 6/12/2004
800 m	Jeff Van Wie	Suffern	1:48.56	Golden West Invitational - 6/11/1983
One Mile/1600m	Matt Centrowitz Sr	Power Memorial HS	4:02.7 / 4:01.3	AAU Junior Nationals - 6/23/1973
3200 m	Mike Brannigan	Northport	8:42.92	48th Glenn D Loucks Games - 5/8/2015
3000 m SC	Jim Shields	Chaminade	8:52.6	AAU Junior National Championships - 6/9/1976
5000m	Josh McDougl	Home Schooled	14:07.55	IAAF World Junior Championships - 7/18/04
110 m HH	Joe Galeano	Centereach	13.46	NYS Outdoor Championships - 6/6/1986
400 m IH	Rai Benjamin	Mount Vernon	49.97	New Balance Outdoor Nationals - 6/21/2015
Shot Put	Walter Henning	St. Anthony's HS	68' 11.75"	St. Anthony's Invitational - 5/5/2007
Discus	Andy Bloom	Niskayuna	202' 9"	NYS Section 2 Qualifier Meet - 5/31/1991
Hammer	Rudy Winkler	Averill Park	260' 5"	US Army Series West Point- 7/2/2013
Javelin (New)	Glenn Hayward	Millbrook	207' 10"	Empire State Games 8/1/1987
Javelin (Old)	Andy Silberstein	North Rockland	225' 9"	USA/Canada Junior Championships- 7/20/1985
Long Jump	Rayvon Grey	Beacon	25' 4.75"	2016 NYS Outdoor Championships - 6/10/2016
Triple Jump	Sanya Owolabi	Sleepy Hollow	53' 4.5"	USA vs USSR Dual Meet - 7/4/1978
High Jump	Dan Olson	Albany Academy	7' 3"	NYS Sectional 2 Championships - 5/24/2001
Pole Vault	Louis Martinez	Wallkill	17' 1"	Flying Circus Pole Vault Summer Festival - 7/9/21
Pentathlon	Pat Buckeit	Hamburg	3848 pts	NYS Outdoor Championships -6/3/1995
Decathlon	Neil Howard	Taconic Hills	7153 pts	Nike Outdoor Nationals - 6/15/2023
4 x 100 m	Ben Franklin Thomas Evans, Garfield Ellenwood, Antwoine Anderson, Jermaine Stafford		40.73	Penn Relay Carnival - 4/24/1993
4 x 200 m	White Plains Dave Jackson, Larry James, Carl Reid, Otis Hill		1:25.14 #	CHSAA Coaches Relays St John's U - 6/7/1966
4 x 400 m	Huntington Kyree Johnson, Lawrence Leake, Shane McQuire, Infinite Tucker		3:10.93	New Balance Outdoor Nationals - 6/19/2016
4 x 800 m	Northport Thomas Fodor, Dan O'Connor, Elijah Claiborne, Isaiah Claiborne		7:31.62	New Balance Outdoor Nationals- 6/16/2018
4 x Mile	Northport Mike Branigan, Tim McGowan, Jack McGowan, Justin Leopold		17:06.92	Brooks PR Invitational - 6/21/2014
800m SMR	Bay Shore Mike Taylor, Jemel Wilson, Chris Turner, Keith Hinnant		1:29.94	Adidas Outdoor Nationals - 6/19/2003
1000m SMR	Newburgh Free Academy John Fermpong, Jean Origene, Matthew Worrell, James Onwuka		1:54.75	NSAF - Nike Outdoor Nationals - 6/30/2021
1600m Medley	Monroe Woodbury Justin McCollin, Branden Arrington, Kareem Ebron, Ryan Brennan		3:23.12	New Balance Outdoor Nationals - 6/18/2010
4000m DMR	Warwick Valley Daniel Paez, Daniel Ramirez, Pierre Armand, Tim Luthin		9:59.03	New Balance Outdoor Nationals - 6/19/2010

# Converted from yards/hand time

4x220yd 1:25.4 converts to 1:24.9

Add 0.24 for FAT timing Record = 1:25.14

Thank you for all the work in the past from Larry Byrne. Also, Tully Runners and MileSplit for keeping his work updated.