

DERMA PEN MICRONEEDLING

POST TREATMENT INSTRUCTIONS What to be expected:

- Day 1: Skin will be flushed after treatment. Pinpoint bleeding may occur. Do not apply makeup for at least 24 hours.
- Day 2: A red hue may persist like a moderate sunburn. Swelling may be more noticable. Minor scratches may be visible. Apply moisturizer as needed.
- Day 3: Skin can be pink or normal color.

Swelling subsides. Skin can feel dry or "tight".

A slight breakout is possible. Light peeling usually occurs in about three days and will be replaced with new skin.

HOME CARE

1. Try to leave the serum on until the next morning. The following day wash your face with gentle cleanser using your fingers only. Do NOT scrub. Cleanse treated areas twice per day.

- 2. Cold compresses may be applied for comfort.
- 3. You can use antihistamines if itchiness is an issue.
- 4. Avoid saunas, steam rooms and hot showers until redness is gone.
- 5. Continue to avoid sun exposure and apply a sunblock with a minimum of
- 30 SPF prior to any exposure for at least 2 weeks after the treatment.
- 6. After 7 days patients can return to regular skin care products.
- 7. Avoid waxing, facials, botox or other skin care treatments for two weeks.
- 8. New cell regeneration requires at least 6-8 glasses of water a day.