

# FLEXIBLE SIGMOIDOSCOPY INSTRUCTION SHEET

Procedure Date \_\_\_\_\_ Arrival Time at Hospital \_\_\_\_\_

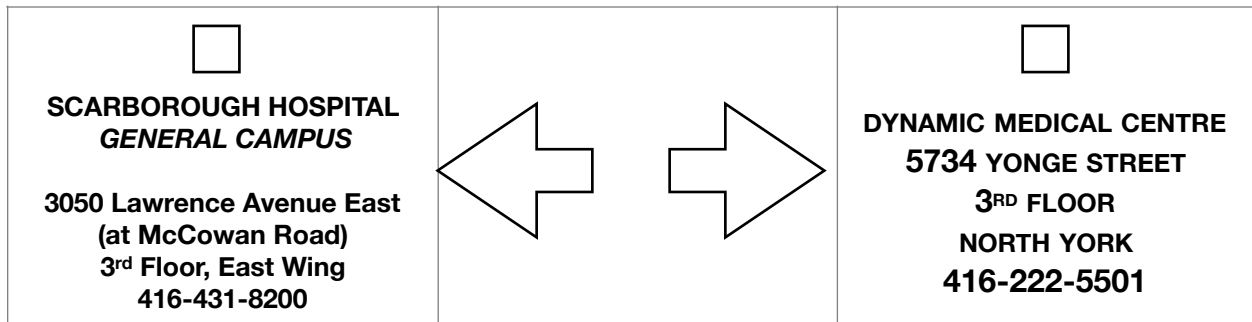
Physician:

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## LOCATION OF PROCEDURE



## INSTRUCTIONS

### Day Prior to Procedure:

- Use a FLEET ENEMA at 8 or 9 pm

### Day of the Procedure:

- No fasting required
- Use a second Fleet enema 1 hour prior to leaving home.



### **FYI:**

You can purchase a FLEET ENEMA at any pharmacy without a prescription. Ask the Pharmacist if you need help. You should make sure you purchase 2 at least 3 days prior to your procedure.



**IMPORTANT: For more info on your  
FLEXIBLE SIGMOIDOSCOPY,  
visit [DrSaul.ca](http://DrSaul.ca) online**