



# RENTON REGIONAL FIRE AUTHORITY

WORKING TO MAKE OUR COMMUNITY SAFER, HEALTHIER, AND STRONGER

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14 JUNE 2023

## Letter of Recommendation

To whom it may concern,

I am writing this letter to recommend Dr. Donnie Hutchinson for his outstanding mental wellness presentation on Work-Life Balance. As the Fire Chief of the Renton Regional Fire Authority (RRFA), I have had the pleasure of witnessing Dr. Donnie's expertise and passion firsthand.

Dr. Donnie's dedication to promoting mental wellness is evident in every aspect of his work. His presentation on work-life balance was not only informative but also deeply inspiring. Through his eloquence, vast knowledge, and empathetic approach, he captivated the audience and sparked a genuine interest in the topic.

One of the key strengths of Dr. Donnie's presentation was his ability to simplify complex psychological concepts and make them accessible to diverse audiences. He effortlessly conveyed intricate ideas with clarity, ensuring that everyone could grasp the fundamental principles of mental wellness and its impact on work-life balance. This exceptional skill of his helped break down barriers and create a safe space for open and constructive discussions.

Moreover, Dr. Donnie's presentation style was engaging and interactive, allowing participants to actively participate and contribute to the session. His warm personality and genuine enthusiasm for the subject matter created an atmosphere of trust and comfort, encouraging attendees to share their thoughts and concerns freely. It was evident that he possesses exceptional interpersonal skills, which greatly enhanced the overall experience for everyone involved.

Furthermore, Dr. Donnie's expertise in the field of mental health was evident through his ability to provide practical strategies and resources for maintaining mental well-being. His comprehensive understanding of various psychological approaches and strategies enabled him to offer valuable insights and guidance to the audience. Many participants expressed their gratitude for the actionable advice they received, which they believed would contribute to their personal growth, mental well-being and managing their work-life balance.

In addition to his outstanding presentation skills, Dr. Donnie's professionalism and reliability were exemplary. He understands the culture of the fire service, which allows him to focus his presentation to a specific audience. His passion for firefighter mental wellness was evident in his meticulous attention to detail, ensuring that his presentation was well-structured and engaging. I am confident that his contributions will have a positive impact on the individuals fortunate to benefit from his knowledge and insights.



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Respectfully,

A handwritten signature in black ink, appearing to read "Steve Heitman", followed by a horizontal line.

Steve Heitman, Fire Chief



**Renton Regional Fire Authority** | Administration

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