

2023 - 2024 Fees:

Membership Fee	\$35
Deposit	\$150
Per Day	\$13

Our Program...

ROLL CALL fun starts with pick up by our coaches at River Heights. Walk to Gymmies facility, eat a snack from your lunch bag.

3:50-5 pm Main gym activities- games, parachute, circuits, tramp time, pit, youth sized fitness equipment, indoor sports

5:00-5:30 pm Dismissal will take place outside of the facility (in the warmer months) or in our Roll Call activity room located upstairs. Kids will be dressed, ready to go while participating in games, activities, homework, or time to relax.

Roll Call Phone: 289-698-8262

Call/Text our Roll Call Phone when picking up, absentees, or general questions.

Payment methods accepted are:

Preauthorized Debit and Preauthorized Credit Card.

Roll Call

Afterschool Program 2023-24



Caledonia Gymmies Gymnastics

www.gymmies.com
caledoniagymmies@rogers.com
10 Kinross St E, Caledonia
905-765-1623

"60 minutes of physical activity daily"

Roll Call FAQ's

Who are the coaches? What is the ratio?

Director: Ty Martin & Gymmies team of certified coaches Ratio- 1:10

Can I attend once a week?

YES!, register for days based on your work schedule, all registrations are limited.

Will classes have formal skill instruction?

No, not at Roll Call, but YES if you join one of our regular classes. Roll Call is a moderate/high activity-based after school program

Do I get a refund if my child is absent due to illness or away on vacation?

At Gymmies, we base our costs on the number of children enrolled in our programs. As such, we cannot offer refunds if your child misses days due to an illness, vacation, or other absence or for leaving early.

What if I need additional days? Contact Gymmies / Ty (24 hrs in advance if possible) & inquire. If space is available we will gladly accommodate your request

How do we keep track of fees owed?

Careful attendance/ registration lists will be kept & reviewed monthly

Are you issued tax receipts?

Upon Request

What happens if my child becomes ill?

we will contact parents to make arrangements to have your child picked up. Cell phone numbers are critical to ensure we can always reach you .



Register Online

- ◇ www.gymmies.com
- ◇ Create a profile
- ◇ Register for Roll Program Days of Week (\$35 mem fee)
- ◇ Select days of the week needed
- ◇ Registration is immediate, fees are processed on the 15th of every month
- ◇ \$150 deposit applied May/June 2024



Policies and Guidelines

Program Activities

Roll Cal fun starts with pick up by our coaches at River Heights, walk to Gymmies facility, eat a snack.

3:50-5:00pm Gym activities: games, parachute, circuits, tramp time, pit, fitness equipment, indoor sports. If weather permits, some activities may occur outside. Younger participants will use Gymmies upper gym facility equipped with full equipment & tramp best suited for safe activity for kids 7 years and under.

5:00-5:30 - Pick up / Activity Room: children have choice to sit at tables and play, seat activities, watch media, or help with homework.

Pick Up

If picking up before 5pm, your child will be in the gym.

Main Office or staff can assist in bringing your child to you. DO NOT enter the main gym areas.

Your child will need to be picked up no later than 5:30 p.m.

Please note late pick ups are **NOT** accepted at this time.

Repeated failure to comply with the late pick-up policy could result in additional fees or program termination. If the child has not been picked-up by 5:30pm and the club has not been advised of the parent(s) tardiness, the following procedure will be employed: parent will be phoned at home, at work or on cell phone. In the event that the parent(s) cannot be located, the emergency contacts named on registration form will be phoned to pick up the child.

Releasing Children

Children will be released only to parent(s) or persons designated by the parent/guardian, upon authentication.

Only those listed on the release form may pick up the child.

Emergency contact persons listed on the registration form still require verbal or written parental consent to pick up the child. In special circumstances parent(s) may require a person other than those listed on this form to pick up a child. Authorization must be made verbally or over the phone. All persons whether pre-authorized or special pick-up should be prepared to show picture ID if they are unknown to the staff on duty.

Custody Agreements

Each parent will be granted access to the children except when a copy of a court order indicated limited access is on the child's file. Such information will be included on the child's emergency contact sheet. It is the responsibility of the parent(s) to produce a copy of a court order indicating limited access.

Emergency Policy

Emergency medication needs to be with the child at all times will be easily accessible to all staff. All medication must be accompanied by a medication form that will be signed by the parent/guardian including the following information: Child's name, medication name, dosage, time, date and parent's signature. Staff will note when administered, reported to parent upon pickup

All children requiring emergency medication (ventolin, allergy medication, epi-pens, etc.) will have action plans completed with clear instructions. Anytime required 911 will be called & parent contacted immediately.

Accident / Illness

If your child is injured we will contact you immediately. If the parent/guardian(s) or emergency contacts are not available & your child required immediate medical attention the club will ensure child receives the appropriate care until a parent can be contacted. All minor injuries must be documented and reported to the parent. If the child becomes ill at our program, parents will be contacted for early pickup. If your child will be absent from our program, please notify us as early as possible.

Send Ty an email: at martin_ty@hotmail.com or via phone: 289-339-9166. If your child is not well enough to go to school please keep your child home. Please remember that our program does not refund fees due to illness.

Snacks

Roll Call recognizes the importance of good nutrition & daily physical activity. A healthy snack should be sent each day. Water bottles are also encouraged. Efforts will be made to accommodate special dietary requirements or allergies. Our facility is not peanut free but all families are asked to be peanut sensitive & if possible send non peanut snacks.

Clothing and Supplies

Please wear clothing suitable for gym activity. Students may change if necessary. Bare feet is standard in the gym. Parents must remove shoes when entering the facility for safety (90% are in bare feet). Jeans (pants with buttons) are not allowed to use the trampoline as they can damage the tramp bed. PLEASE PACK A CHANGE OF CLOTHES.

Items from Home

Our programs discourage children from bringing items from home. Gymmies is not responsible for any lost or stolen items.

Parent Concerns

Talk with the Program Manager Ty Martin. Email or Text Ty at 289 339-9166. All concerns are important.

Behavior Policy:

Staff recognizes each child as an individual in regards to age, & stage of development. Staff guides children's behavior by using prevention and intervention strategies. Staff uses their knowledge and skills to ensure that a child's self-esteem is enhanced while following posted gym rules. Ongoing difficulties could result in program suspension or cancellation. All participants must be potty trained.

Participants are reminded of the major rules of the gym:

1. Stop, look, and listen when coach ask for attention
2. Absolutely no hands on any other participants
3. Only positive language spoken to fellow participants

Registration and Withdrawal

All registration forms & fees must be completed, returned before your child's first day of care. We require one month's written notice to completely withdraw from Roll Call. If one (1) month's notice is given your deposit will be credited to the registration fees for the last month your child is registered. If one month is not given you will forfeit your deposit and any child care fees already paid. Please report changes in address, phone numbers, emergency contacts, employers at once.



Our Gym

Online Registration:

Create login. select "Roll Call Days" needed (Mon-Fri)

By selecting any day, you will secure a spot on our attendance. Pick up will be immediate, invoices will be sent at the start of every month.

ALL Online Registrations must READ and ACCEPT:

#1. Membership Policies/Waiver

- Attendance will be tracked daily.

For further details contact Ty at gymmies Main Office.

Selecting Days / Fees

3 options:

- i. Sign up for Mon-Fri every week
- ii. Sign up for certain fixed days the same every week (ie. every Mon or Wed)
- iii. Scheduled days around work if accommodable (can change-- must be submitted the last week of the month) Once picked those days are non refundable (for vacation or illness) **2 weeks notice is required to substitute a change for a picked day (if spots are available).**

Upon Online Registration, you will be charged:

\$30 mem fee (yearly July - June)

\$150 deposit will be put on final months invoice received.

Deposit is NOT refundable and CANNOT be applied to any program other than Roll Call.

Monthly fees will be paid by Pre-authorized Visa or Mastercard or preauthorized debit. Pre-authorized payment forms will be provided with the annual registration form. Monthly invoices will be provided as well as an annual total School Pickup.

Invoices will be provided at the start of the month and processed on the 15th of the month.

Attending a program 3:30-5:30?

We will get you there!

Other Gymmie classes including formal instructional classes in gymnastics & trampoline will be offered. These classes usually start at 3:30 or 5:30pm. They are registered separately & will be listed in Gymmies Annual Brochure. The cost will be listed & paid separately per session. Roll Call coaches will make sure students go from Roll Call to their Gymmies class on time.