

## EVERYDAY SPECIALS

#1 Large Cheese Pizza and 24 Wings **\$35**

#2 Two Large Cheese Pizzas **\$22**

#3 Party Tray Cheese Pizza (24 slices) and 36 Wings **\$58**

#4 Two Orders of Chicken or Sausage Riggies, Two Chef Salads, and Bread **\$35**

#5 Two Orders of Chicken Parmesan, Two Chef Salads and Bread **\$35**

#6 18" Cheese Pizza & 24 Wings **\$40**  
Each additional traditional topping 3.00

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### Old Fashioned Rustic Pizza

OUR PIZZA IS "THE MANGIA'S WAY!" OUR PIZZAS ARE WELL DONE. We cook our pizzas in a high temp brick oven. The occasional charred and dark spots on the crust are intentional, producing natural caramelization for the best flavor. We recommend you go for the char, but if you prefer a lighter crust, just let us know!

#### New York Thin18" Cheese Pizza \$18

Each additional traditional topping 3.00  
Each additional gourmet topping 3.50

#### Party Tray 17" x 25" Cheese Pizza \$22

Each additional traditional topping 4.00  
Each additional gourmet topping 4.50

#### Large 14" Rustic Cheese Pizza \$14

Red Sauce or Roasted Garlic (Gluten Free add \$3)  
Each additional traditional topping 2.00  
Each additional gourmet topping 2.65

**Traditional Toppings:** Pepperoni, mushrooms, onions, peppers, spinach, chopped cherry peppers, roasted peppers, tomatoes, black olives, broccoli, garlic, ricotta cheese, eggplant and cherry peppers

**Gourmet Toppings:** Prosciutto, capicola, salami, bacon, chicken, roasted garlic cloves, homemade meats: sausage or meatballs

#### Rustic Specialty Pizzas

**Margherita** ..... 20.00  
Garlic sauce with our blend of diced tomatoes, fresh basil and extra virgin olive oil, mozzarella and buffalo mozzarella

**Chicken Riggies Pizza** ..... 20.00  
Spicy chicken riggies sauce, peppers, onions, fresh basil, shredded chicken, rigatoni pasta and mozzarella

**Nana Style Spinach Pie** ..... 20.00  
Thin layer of garlic sauce and seasoned ricotta, loaded with spinach, topped with mozzarella and roasted garlic cloves

**Utica Greens Pizza With Hot Capicola Ham** ..... 20.00  
Garlic sauce, sautéed escarole and hot capicola topped with mozzarella and Romano cheese

**Mangia Meats** ..... 21.00  
Homemade sausage, meatballs, soppressata, hot capicola, (all made in our meat department) and mozzarella

**Keto Pizza Bowl** ..... 16.00  
Mozzarella, pepperoni, sausage, peppers, onions and mushrooms. A supreme, minus the dough!

**Supreme** ..... 20.00  
Load it up! Sausage, pepperoni, mushrooms, onions, peppers and mozzarella

**Chicken Wing** ..... 20.00  
A layer of chicken wing sauce, shredded chicken, topped with mozzarella crumbly blue

**Chicken Bacon Ranch** ..... 20.00  
A layer of our famous butter garlic sauce, shredded chicken, bacon and mozzarella topped with ranch dressing

**Super Pepperoni** ..... 20.00  
Our traditional crust pizza with extra, extra pepperoni, extra mozzarella and oregano



### Stuffed Bread & Calzones

**Stuffed Bread** ..... 12.00  
Folded pizza dough filled with mozzarella, marinara sauce and one traditional topping. Each additional traditional topping 2.00 ea. Each additional gourmet topping 2.65 ea.

**Calzones** ..... 12.00  
Made with ricotta and mozzarella. Each additional traditional topping 2.00 ea. Each additional gourmet topping 2.65 ea.

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### Specialty Hot Sandwiches \$12

Add French fries \$3.00

**NYS Fair's Biggest Sausage Sandwich:**  
Sweet Italian sausage, sautéed peppers and onions on a hoagie roll

**The Ultimate Cheesesteak**  
Shaved steak, peppers, onions, American cheese and melted mozzarella on a hoagie roll

**Chicken Parmigiana**  
Topped with marinara, melted mozzarella and Parmesan on a toasted roll

**Eggplant Parmigiana**  
Topped with marinara, melted mozzarella and Parmesan on a toasted roll

**Fried Meatball Parmigiana**  
Topped with tomato sauce, melted mozzarella and Parmesan on a hoagie roll

Sardo's  
**Mangia**



**Bene**

Italian Kitchen & Market

Catering pricing is available on our website:  
[www.mangiabenefoods.com](http://www.mangiabenefoods.com)

Our catering slogan is simply stated...  
**"It Always Tastes Better From Scratch"**

Our Catering department offers off-site catering for those special occasions. Let us take the burden off your plate so you can be a guest at your own event. Mangia's can deliver.

Proudly serving



CHEESECAKE  
EST. 2008

**Cheesecake available for \$6 per slice**

The FDA advises consuming raw or undercooked meats, poultry, seafood or eggs increases your risk of foodborne illness.  
Prices subject to change without notice.

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**WEDNESDAY SPECIAL**  
**LARGE CHEESE OR GARLIC PIZZA**  
**\$8.99**  
PICKUP ONLY

Sardo's  
**Mangia**



**Bene**

Italian Kitchen & Catering

**Take-Out & Catering Menu**

7252 STATE FAIR BLVD.  
SYRACUSE · 315-635-6829

call or text for catering 315-545-6264(MANG)  
visit us online [www.mangiabenefoods.com](http://www.mangiabenefoods.com)  
TUESDAY-SATURDAY 11AM-8PM | SUNDAY NOON-8PM



**All menu items are available**

And priced by individual meal, platters, half pan and full pan.  
Half Pan - Serves 10 people • Full Pan - Serves 20 people



**Hot Appetizers**

**Mangia Bene Italian Greens**

Sautéed escarole, hot cherry peppers, prosciutto and garlic topped with bread crumb and grated Romano cheese

Single .....11.00 Half Pan ..... 45.00 Full Pan.....85.00

**Fried Homemade Italian Meatballs**

A trio of meatballs served with a side of marinara and topped with shaved Locafelli cheese

Single .....11.00 Half Pan ..... 45.00 Full Pan.....85.00

**Breaded Chicken Tenders**

Served with honey mustard and BBQ sauce

Single .....11.00 Half Pan ..... 45.00 Full Pan.....85.00

**Fried Mozzarella** ..... 10.00

**French Fries** ..... 7.00

**Onion Rings** ..... 10.00



**Chicken Wings & Boneless Wings**

12 Chicken Wings ..... 15.00

12 Boneless Wings ..... 14.00

**Served with Blue Cheese**

Sauces: Mild, medium, hot, too hot, BBQ, angry BBQ, roasted garlic parm, chicken bacon ranch, sweet chili, ice and fire (horseradish and hot sauce)

Extra Blue Cheese 1.00 • Split Order 1.00

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**Fresh Garden Salads**

*Homemade Dressings: Balsamic vinaigrette, Italian, raspberry vinaigrette, Caesar, poppy seed, ranch, creamy blue cheese  
Crumbly Blue Add 3.00*

**Antipasto**

Served on a bed of mixed greens with Genoa salami, capicola, provolone cheese, black olives, cherry tomatoes, tuna, hard-boiled egg, artichoke hearts and marinated roasted peppers. Served with Italian dressing

Single ..... 16.00 Half Pan ..... 45.00 Full Pan.....85.00

**Marinated Chicken Bruschetta Salad**

Mixed greens topped with grilled chicken, bruschetta and candied walnuts. Served with raspberry vinaigrette dressing

Single ..... 13.00 Half Pan ..... 60.00 Full Pan..... 110.00

**Caprese Salad**

Layered sliced tomato, fresh mozzarella, fresh basil, olive oil and drizzled with a balsamic reduction

Single ..... 11.00

**Caesar Salad**

Crisp Romaine lettuce, grated Romano cheese, croutons, kalamata olives and lemon wedge. Served with Caesar dressing. Add Chicken 4.00

Single ..... 9.00 Half Pan ..... 35.00 Full Pan.....65.00

**Tossed Chef Salad:**

Mixed greens with tomatoes, black olives, cucumbers, roasted peppers, chickpeas and croutons with choice of dressing

Single ..... 9.00 Half Pan ..... 25.00 Full Pan.....65.00

**The Coastal Salad**

Mixed greens, fresh berries, goat cheese and candied pecans. Served with poppy seed dressing

Single ..... 9.00 Half Pan ..... 35.00 Full Pan.....65.00

**Daily Soups**

**Escarole & Beans, Pasta Fagioli**

**& A Soup Of The Day** (Check Out Our Website & Facebook Daily)  
16oz..... 8.00 32oz..... 12.00

CHECK FOR AVAILABILITY

**Syracuse's Favorite Haddock**

*Available Every Day*

**Traditional Fried Sandwich** ..... 13.00  
With tartar sauce

**Traditional Fried Dinner** ..... 15.00  
Served with French fries, tartar sauce, and your choice of coleslaw, tomato cucumber salad or macaroni salad. (Substitute onion rings add 2.00)

**Entrees** Gluten-free available upon request

//////////////////// **Add a side salad & two rolls \$3.50** //////////////////////

Gluten free available upon request

**Roman's Ronis** ..... 15.00  
Rigatoni with butter and parmesan cheese

**Pasta Dinner** ..... 16.00  
Choice of pasta with marinara

**Shrimp Fra Diavolo**  
Sautéed in butter, marinara, garlic, parsley, and a sherry wine reduction. Served over linguine  
Single ..... 20.00 Half Pan ..... 85.00 Full Pan..... 165.00

**Linguine & Clam Sauce**  
Littleneck clams sautéed with fresh garlic, extra virgin olive oil, butter and fresh parsley. Served over linguine  
Single ..... 20.00 Half Pan ..... 85.00 Full Pan..... 165.00

**Tommy's Favorite Linguine & Clam Sauce with Shrimp** ..... 24.00  
Littleneck clams with shrimp sautéed with fresh garlic, extra virgin olive oil, butter and fresh parsley. Served over linguine



**Chicken Parmesan**  
Breaded chicken breast topped with homemade marinara, mozzarella and Pamesan. Served over linguine  
Single ..... 17.00 Half Pan ..... 70.00 Full Pan..... 130.00



**Chicken Cacciatore**  
Sautéed with mushrooms, bell peppers and onions in a madeira marinara sauce. Served over penne  
Single ..... 17.00 Half Pan ..... 70.00 Full Pan..... 130.00

**Chicken Marsala**  
Sautéed with silver dollar mushrooms in marsala wine sauce. Served over linguine  
Single ..... 18.00 Half Pan ..... 70.00 Full Pan..... 130.00

**Chicken Francaise**  
Dipped in a seasoned egg batter and pan seared in a white wine, lemon butter sauce. Served over linguine  
Single ..... 18.00 Half Pan ..... 70.00 Full Pan..... 130.00

**Tortellini Carbonara**  
Cheese stuffed tortellini with sautéed prosciutto in Alfredo sauce  
Single ..... 17.00 Half Pan ..... 55.00 Full Pan..... 100.00

**Tortellini Alfredo**  
Cheese stuffed tortellini tossed in Alfredo sauce  
Single ..... 16.00 Half Pan ..... 55.00 Full Pan..... 100.00

**Stuffed Riggies In Vodka Sauce**  
Cheese filled rigatoni tossed in vodka sauce  
Single ..... 16.00 Half Pan ..... 55.00 Full Pan..... 100.00

**Cavatelli & Broccoli**  
Cavatelli pasta tossed with broccoli, mushrooms, olive oil, garlic, mozzarella and Romano cheese  
Single ..... 18.00 Half Pan ..... 50.00 Full Pan..... 95.00

**Ragu Ala Bolognese**  
Traditional marinara with a twist... penne pasta served with a combination of pork ragu and beef  
Single ..... 17.00 Half Pan ..... 50.00 Full Pan..... 95.00

**Lucky Luciano's Layered Lasagna**  
Homemade meat sauce, baked with ricotta and mozzarella cheese and seasoned ground beef  
Single ..... 17.00 Half Pan ..... 60.00 Full Pan..... 110.00

**Kathy's Legendary Eggplant Parmigiana**  
Sliced eggplant, baked with mozzarella, ricotta and marinara  
Single ..... 17.00 Half Pan ..... 50.00 Full Pan..... 95.00



**Utica's Famous Chicken Riggies "Syracuse Style"**

*Imported rigatoni pasta tossed with chopped cherry peppers with a homemade marinara sauce, madeira wine, heavy cream, fresh basil, scallions and Romano cheese*

**Chicken** Single ....18.00 Half Pan..... 55.00 Full Pan.....110.00  
**Sausage** Single....18.00 Half Pan..... 55.00 Full Pan.....110.00



**Proudly serving Big Mama's Cheesecake Available for \$6 per slice**

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