**DIVINE YOUR LIFE COACHING - INTAKE QUESTIONNAIRE**

1. **Full Name:**
2. **What do you like to be called?**
3. **Email:**
4. **Phone**:
5. **Address:**
6. **Marital Status** *(married, divorced, single)***:**
7. **Date of birth:**
8. **Occupation:**
9. **Employer:**
10. **FROM THIS LIST BELOW, SELECT THE AREAS THAT CONCERN YOU (delete the ones that do not apply to you):**

* **Food**
* **Achieving Goals**
* **Career**
* **Childhood Problems**
* **Concentration**
* **Confidence**
* **Eating Problems**
* **Fears**
* **Motivation**
* **Fertility**
* **Relationships**
* **Relaxation**
* **Stress**
* **Self-Esteem**
* **Sleep problems**
* **Sexual problems**
* **Weight Problems**

1. **What specific results would you like to get out of our work together?**

1. **Why is this important to you to get those results? What is it that you want to feel when you reach those results?**
2. **What are the three biggest changes you want to make in your life over the next three years?**
3. **What are the obstacles in your way that prevent you from achieving what you want?**
4. **What are your habits/patterns that you repeat? Positive and Negative.** *i.e.Gym daily (1-2 rest days max), eat poorly when stressed of crunched for time, distractions, electronics & social media, when I've worked a ton I feel like being a homebody vs being out and about with my family, poor preparation for meetings when busy, lack patience with traffic, too critical, etc.*
5. **List five main fears:**  
   **1.**  
   **2.**  
   **3.**  
   **4.**  
   **5.**
6. **Give an impression of your home atmosphere when you were growing up. Include the state of compatibility between parents and between parents and children.**
7. **Were you able to confide in your parents?**
8. **If you have/had a stepparent, what was your age when your parent remarried?**
9. **Give a description of your religious training (if any).**
10. **If you were not brought up by your parents, who brought you up, and between what years?**
11. **If you had to choose ONE, MOST IMPORTANT ISSUE to focus on in your first session, what would it be and why? Describe how it is affecting your life also. (At least 100 words please) *Example: “Anxiety because it keeps me from focusing on my work, making money, keeps me up at night and stop sme from being present with my friends and family, etc.”***
12. **What outcome do you want to experience? (This is what you actually want, not what you don’t want?) Please be specific.**
13. **If you were completely free of this issue, how would your life look. Please describe in positive terms so I can include all of the wonderful detail you include here in your personalised recording so it speaks directly to your subconscious the best possible. *Be specific, the words and phrases you share are essential to the new beliefs you create. How would it impact your work? Your relationships? Your health? Your finances? Be as descriptive as possible.***

1. **What characteristics or qualities would you need to have to create the outcome you want? *(i.e. committed, courageous, self-integral, responsible, powerful, bold, etc.)***
2. **Describe how you would feel if you no longer struggled with this issue, and what you want to feel.**
3. **Describe what you would be doing if you had what you wanted and were no longer struggling with this issue.**
4. **What’s your ultimate desire? *What is your big dream and desire for your life? To feel free and financially secure? To travel the world with your partner? Don’t hold back! (Please be as detailed as possible with your answer.)***