



Carolyn's Bread Emporium

Freshly Milled Breads & Organic Treats

Menu

BREADS BY THE LOAF

ALL BREADS & TORTILLAS ARE STONE MILLED



Spelt (18), Spelt Sourdough (20) 18

Spelt is an ancient whole grain that can be a nutritious addition to your diet. This nutrient-rich whole grain is high in protein and has a nutty flavor

Kamut 18

Kamut is an ancient wheat that lends a buttery, nutty flavor, and high nutritional value and a soft texture to bread

Einkorn 18

Einkorn is an ancient grain over 3000 years old. So it's non-hybridized and Non-GMO

Sourdough Boule (20), Sourdough 18

Batard (22), Sourdough Sandwich (18)

Sourdough is good for the gut, blood sugar, good source of fiber, easy to digest, good source of protein, and supports a healthy immune system

Ezekiel Bread 18

Ezekiel bread is a nutritious bread made of whole grains and legumes

Oat Bread 18

Made with a combination of hard white wheat and oat groats, topped with freshly flaked oats, offers a hearty and nutritious option for bread lovers. The addition of oat groats adds texture and flavor, while the freshly flaked oats on top provide a delightful crunch. This bread has a rich, nutty taste and a soft, chewy texture, making it perfect for sandwiches or enjoying on its own.

Kamut Tortillas (1 Dozen) 15

Kamut is an ancient grain and nutritional powerhouse. Its buttery and nutty taste is great for tortillas

Garlic Knots 18

A scrumptious snack made by tying bread rolls into knots and then baking them. Once baked, they are brushed with a mixture of garlic, grass-fed butter, oregano, and basil, giving them an amazing flavor and aroma. You can enjoy them as an appetizer or as a side dish by dipping them in marinara sauce. Alternatively, you can savor them on their own.

Dinner Rolls 24

Freshly milled dinner rolls are a wonderful addition to any meal, offering a soft and fluffy texture with a hint of nuttiness from the freshly milled flour. Enjoying them warm from the oven with a pat of grass-fed butter is pure comfort food bliss.

TREATS BY THE DOZEN

MADE WITH STONE MILLED FLOUR



Plain Cinnamon Rolls 30

Artisan cinnamon rolls made with freshly milled flour, organic filling and organic glaze. Perfect for breakfast, brunch, or a cozy snack, plain cinnamon rolls are a timeless favorite beloved by many for their comforting flavor and texture.

Cinnamon Rolls with Raisins & Nuts (optional) 36

Cinnamon rolls with raisins and nuts are a delightful twist on the classic plain cinnamon treat, adding extra flavor and texture. The sweetness of the raisins complements the warm spice of the cinnamon, while the nuts add a satisfying crunch. It's a perfect combination if you enjoy a bit of variety in your cinnamon rolls.

Brown Butter Sourdough Pecan 24

Chocolate Chip Cookies

Scrumptious cookies made with brown butter, sourdough, pecans and chocolate chips.

Dried Cranberry & Walnut 24

Einkorn Oatmeal Cookies

Delicious cookies made with Einkorn freshly milled flour and freshly flaked oatmeal. Loaded with dried cranberries and walnuts.

Pistachio Banana Bread (loaf) 30

Combining pistachios and bananas in a bread made from freshly milled flour is a delectable match! Kamut's unique gluten structure, which differs from wheat, can make it a suitable option for those with wheat sensitivity. A delightful and nutritious treat.

ORGANIC PRODUCTS



Apple Cranberry Granola 20

Enjoy as a snack, or with yogurt, with plant-based milk (cereal), add to your smoothie

Organic Flaked Oatmeal (from organic oat groats) 15

'Flaked from organic oat groats, you will never buy from the grocery store again!

Organic Stone-Milled Grits 15

Freshly stone-milled grits from organic dent corn. Stone-milling grits preserves the natural flavor and nutrients of the corn, resulting in grits with a rich, robust taste and a hearty texture, which provides a more authentic and satisfying experience. Your palate will be happy!