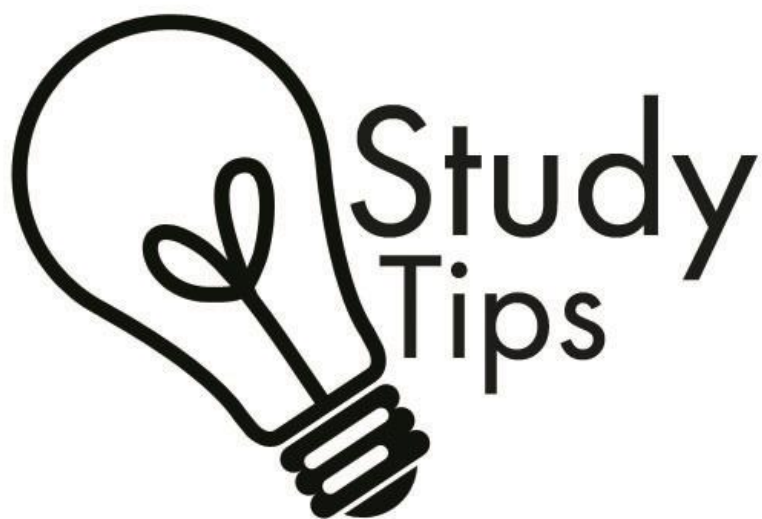


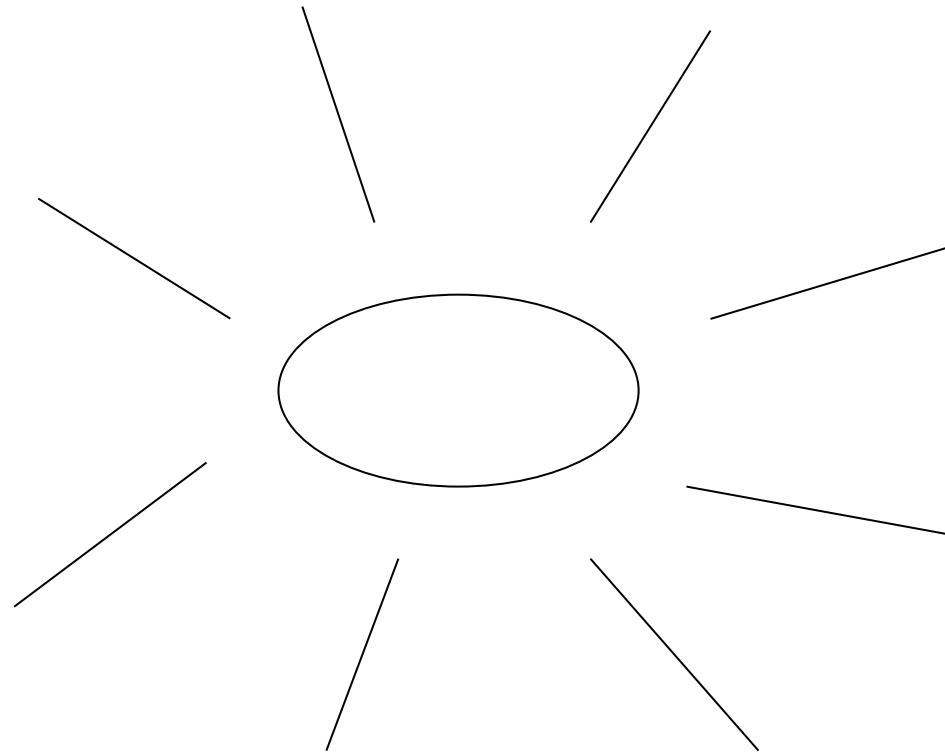
# App-NI

Children's Charity



## Study tips

- ✧ Spider diagrams – put no more than 8 pieces of information in context and associate with links on enclosed sheet (a bit like a timeline then add to spider diagram).
- ✧ Remember brain gym – bottle of water
- ✧ Play music in the background
- ✧ Use timetables and remember to limit your study to half hour chunks with breaks in between. One hour's good study with breaks will be more beneficial than 4 hours overload.
- ✧ One very effective tip for helping to process information is to record this onto a Dictaphone or cassette and play back while you are doing something else.
- ✧ Show off your knowledge and what you have learned by discussing it with your mum or dad; this helps to augment the information.
- ✧ To improve memory skills, it helps to create meaningful links and associations between bits of information by doing the following:
  - Take the information to be memorised and find ways to associate them (similar sound, look, and so on).
  - Link a series of events, terms, or facts together through a silly story. The key is utilising a sequence of funny, outlandish mental images.
  - Pair unfamiliar, new terminology with similar sounding, familiar words.
  - Draw and visualise ridiculous pictures associated with the information that you have to memorise.
  - Along with vivid imagery, memory is facilitated by exaggeration, emotion, action, colour and absurdity.
  - Create acrostics or whole sentences to aid memory, such as “Every Good Boy Does Fine” in order to remember the sequence of lines in the treble clef (EGBDF)
  - Use melody and rhythm to help memorise a series or sequence. There are raps, rhymes and songs that help in learning multiplication tables and other information.
  - Attach information to a familiar melody as this will facilitate memorisation and make it more fun.
  - Use rhymes to remember rules (“I” before “e” except after “c”).



## Points 1-8 for Spider Diagram

Topic	Theorist/Research	Link
1.		
2.		
3.		
4.		
5.		
6.		
7.		