

|       | Monday                                | Tuesday  | Wednesday                        | Thursday   | Friday | Saturday                            | Sunday |                             |                              |                                |                              |
|-------|---------------------------------------|--|----------------------------------|--|--------|-------------------------------------|--------|-----------------------------|------------------------------|--------------------------------|------------------------------|
| 10:00 | Kundalini Yoga<br>10am to 11am        | Card Readings<br>via Zoom<br><small>Other times available –<br/>please call to arrange</small> | Kundalini Yoga<br>10am to 11am   | Card Readings via<br>Zoom<br><small>Other times available – please<br/>call to arrange</small> | Closed | Kundalini Yoga<br>9:30am to 10:30am | Closed |                             |                              |                                |                              |
| 11:00 |                                       |  |                                  |  |        | Treatments<br>11:30pm to 4:00pm     |        | Treatments<br>2:30pm to 5pm | Treatments<br>11am to 4:00pm | Treatments<br>2:30am to 4:30pm | Treatments<br>11:00am to 3pm |
| 12:00 | Kundalini Yoga<br>5:30pm to<br>6:30pm | Kundalini Yoga<br>5:30 to 6:30pm   | Kundalini Yoga<br>5:30 to 6:30pm | Closed   |        |                                     |        |                             |                              |                                |                              |
| 13:00 |                                       |  |                                  |  |        |                                     |        |                             |                              |                                |                              |
| 14:00 | Closed                                | Closed   | Closed                           | Closed   |        |                                     |        |                             |                              |                                |                              |
| 15:00 |                                       |  |                                  |  |        |                                     |        |                             |                              |                                |                              |
| 16:00 | Closed                                | Closed   | Closed                           | Closed   |        |                                     |        |                             |                              |                                |                              |
| 17:00 |                                       |  |                                  |  |        |                                     |        |                             |                              |                                |                              |
| 18:00 | Closed                                | Closed   | Closed                           | Closed   |        |                                     |        |                             |                              |                                |                              |
| 19:00 |                                       |  |                                  |  |        |                                     |        |                             |                              |                                |                              |
| 20:00 | Closed                                | Closed   | Closed                           | Closed   |        |                                     |        |                             |                              |                                |                              |