

The Royal Canadian Legion

Kingsway Branch No. 175

14339 – 50th Street NW - Edmonton, AB T5A 0S9

Phone: 780-425-8654

Fax: 780-425-0134

www.kingswaylegion.ca

"The Home of Hospitality"

Mar 2023

BRANCH HOURS

Mon - 5:00 - 11:00 pm

Tue - Wed 11:00 am - 11:00 pm

Thu - Sat 11:00 am - 12:00 pm

Sun - Closed

BRANCH OFFICE

Mon - 5:00 - 11:00 pm

Tue - Wed 11:00 am - 11:00 pm

Thu - Sat 11:00 am - 12:00 pm

Sun - Closed

CANTEEN BAR

Mon - 5:00 - 11:00 pm

Tue - 11:00 am - 11:00 pm

Thu- Sat 11:00 am - 12:00

Sun - 11 am - 2:30 pm

KITCHEN

Mon - 5:00 - 8:00 pm

Tue - Wed 11:00 am - 8:00 pm

Thu - Sat 11:00 am - 9:00 pm

Sun - 11:00 am - 2:30 pm

BRANCH GENERAL MEETING

The last Tuesday of every month except July, August, and December.

PRESIDENTS MESSAGE

Hello Comrades!

It is hard to believe that 1/6 th of the year is gone! Those members of the Branch, who moved forward in the various Command activities, either at the District or Command Level continue to represent our Branch, whether they win or loose. Some even come home with more money, than they spend (50/50 winners)!

It is good to see that the weekend "Juno Lounge" dances are well attend, regardless of the weather, as are the meat draws.

On a sadder note, understanding that this the winter holiday season, the February General Meeting was poorly attended and "No" new financial commitment could be

authorized. This non-attendance of General Meetings could lead to the demise of the Branch, God Forbid! It is your Branch, so let us support it!

Until the next time, stay safe and be healthy. See you at the Branch!

R'm-Jonie

Mac RM Torrie. MMM, CD President

Membership

Fallen Comrades

It is with deep regret that we announce the following members have passed on since we last gathered together.

Name	Age	Date	Service	
Fred Zoe	76 yrs	Jan 28,23	Affiliate	
Marvin Stevenson	92 yrs	Jan 27,23	Ordinary	
John Mroczak	89 yrs	Feb 1,23	Affiliate	



Our Newest Members

If you see our new members in the Legion please take a moment out and welcome them.

Lucie Richard	Gina Fayant	Albert Nieberding
Troy Gregory Boone	Luc Fournier	Gordon C McDonagh
Blair Patrick Phillipson	Amanda Rae Graham	Susan Gail Marie Bingham
Don Switzer	Tanya Kirsten Hemmings	
	David Labonte	Daryl J. Nowaselski
	James Edwards	

Members in Good Standing as of Jan 24, 2023			
Affiliate 342			
Associate	481		
Life Members	27		
Ordinary	504		
Total:	1354		

We are offering a **free first year of membership** to all serving and retired CAF and RCMP members who have not yet joined the Legion.

The **free first year membership** is also open to all parents or guardians, spouses and children age 18+ of serving, retired or passed CAF and RCMP members who have not yet joined the Legion.

Join generations of Veterans, military families and supporters. Become a member today.

1873-2023



150th Anniversary of the RCMP

May 23, 2023, marks the 150th anniversary of the Royal Canadian Mounted Police. <u>Visit the RCMP website</u> for a list of upcoming events in your area as the RCMP marks this milestone.





To meet the QOVC eligibility, Canadian Armed Forces members (veterans and serving members), regular or reserve force, must meet one of the following conditions:

1) Have served in a combat or peacekeeping mission including theatres of war.

Or

2) Have become ill or injured as a result of their service to Canada, at home or abroad.



On January 21,2023,

Ben Murdock received his Quilt of Valor from Diana Cole

Membership



Your 2023 Membership Sticker is now available:

You have three choices to pay:

In person;

By phone;

or on line at: https://portal.legion.ca/renew

Next General Meeting

Tuesday, Mar 28, 2023 at 7:00 pm

The general meeting gives you a chance to let us know how we are doing and what we can do to make it better for you the members. Please attend the General Meetings and help to keep the Legion running.





The Dominion Command Membership Committee is pleased to announce the launch of the Digital Membership Card! A Member can now choose a traditional plastic card <u>or</u> a Digital Card.

The Digital Card meets the needs of Members who prefer the option to store and carry their card on their mobile device. Additionally, the Digital Card offers considerable administration savings for the Legion Get More Details

Kingsway Legion Ladies Auxiliary



A Message from the Ladies Auxiliary

The LA meat draws continue to do well, we've added a bonus draw of a breakfast package (bacon, sausage or ham slices, bread, eggs, butter, juice and jam). Thank you to everyone who come out too support the LA, and also to all the volunteers that make this possible.

We are in full swing with getting ready for the Easter Craft and Bake Sale on April 1,2023.

The Raffle tickets are available at the front desk, Prizes are:

1^{st}	Food Hamper	-\$400.00
2^{nd}	Hand Crafted Wood	en Vehicles -\$175.00
3^{rd}	Necklace/Silk scarf	-\$150.00
4^{th}	Canteen Certificate	-\$50.00

Our second "Fun Bingo" went over very well, everyone who attended had a great time. Our next "Fun Bingo" is on March 11,2023, right after the meat draw. Remember they are free to attend, everyone is welcomes!

Congratulations

to Marie Sharp the winner of \$304.00 from The Rainbow Draw on February 15th, 2023

Saturday Afternoon **Meat Draw** Everybody Welcome

Ticket on sale 1:00pm Draw 1:30pm 12 Draws



Sponsored by : Kingsway Legion Ladies Auxiliary 50 /50 Raffle Ticket on sale following the Meat Draw 10 Tickets for \$5.00

Now at the Branch The Last Wednesday of Every Month



Tickets are 3 for \$5.00 Can only be purchased on the day of the draw.

The winning ticket will be drawn

MEDNESDAY & FRIDAY NIGHT

Ticket on sale 5:30pm Draw 6:00pm 12 Draws Tickets \$1.00 each

Everybody Welcome

50 / 50 Raffle

Ticket on sale following the Meat Draw 10 Tickets for \$5.00



Kingsway Branch 175 14339 50th Street, Edmonton 780.425.8654

Sports Schedule

BRANCH LEAGUES:

NON-BRANCH LEAGUES
ShuffleboardFri 6:00 — 10:00 pm
ShuffleboardThu 7:00 — 10:00 pm
8 Ball PoolThu 7:00 — 10:00 pm
Darts (Over 60)Thur 1:00 — 3:30 pm
EuchreWed 7:00 — 10:00 pm
DartsMon 6:00 — 9:00 pm
CribbageMon 6:00 — 9:00 pm

JN-BRANCH LEAGUES:

Pool (Drop in Tourney) Tue	11:30 am
Darts (Drop in League) Tue	1:00 pm
Pool (Drop in Tourney) Thu	11:30 am

11:30 am Pool (Drop in Tourney) Sat

- All members, whether novice or expert, are invited to participate. •
- All times are approximate and maybe changed to fit the require-• ments of the Branch.

All Sports queries should be directed to the Legion Sports Officer:

Roger Nelson.

SPECIAL INFO

On February 17-18— Six members of the Seniors Shuffleboard League went to Calgary Jublilee Legion #286 to compete in the Command play-offs.

Seniors Ladies: Audrey Ferguson and LeeAnn Leaburn, placed 3rd Carol Gwillam and Maxine Laird, placed 4th

Seniors Mixed: Ron Wills and Carol Wills, placed 8th











Legion Dispatch

Your Legion Calendar: October - November 2022

This calendar lists upcoming commemorative days of relevance to The Royal Canadian Legion that raise awareness of an issue, commemorate a group or event, or celebrate an important topic.

Date	Event
Mar 3	World Hearing Day
Mae 8	Commonwealth Day (RCEL support)
Mar 13	International Women's Day
Mar 15	<u>Last Canadian soldiers return from Afghani-</u> <u>stan (2014)</u>

Date	Event
Apr 1	Royal Canadian Air Force founded (1924)
Apr 3	Battle of Moreuil Wood (1918)
Apr 4	NATO Accord signed (1949)
Apr 9	Battle of Vimy Ridge (1917)
Apr 24 30	National Volunteer Week
Apr 25	<u>Anzac Day</u>



For updates on this event checkout our website:

<u>millercrossingfm</u> or on Facebook <u>facebook.com/millercrossingfarmersmarket</u>

> Over 45-50 Vendors, Lunch Specials at the Legion

Open Sunday 11:00 to 3:00 pm Mar 12, 2023

Command Sports Schedule

2022-2023 Sports Schedule District 2 AB/NWT Command AREA B

Sport	Area – B	District	Command	Dominion
EUCHRE	Fort Sask. # 27	Norwood 178	District # 9	
	Sept. 10, 2022	Nov.13,2022	Jan.20 – 21, 2023	
CRIBBAGE Kingsway #		Fort Sask. # 27	Norwood # 178	Men of Vision
LEGION	Sept. 17, 2022	Nov.19, 2022	Jan.27 – 28, 2023	Cochrane, AB. TBC
DARTS	Strathcona # 150	Fort Sask. # 27	District # 6	Br.# 265
LEGION Sept. 24, 2022		Nov. 20, 2022	Feb. 3 - 4, 2023	Aldergrove, BC TBC
SHUFFLEBOARD	Norwood # 178	Kingsway # 175	District # 1	
MEN'S & LADIES	Oct 1, 2022	Nov. 26, 2022	Mar.17 – 18, 2023	
SHUFFLEBOARD	Norwood # 178	Kingsway # 175	District# 9	
MIXED & SR.	Oct. 1, 2022	Nov. 26, 2022	Feb. 17 – 18, 2023	
8 BALL POOL	Strathcona # 150	Norwood # 178	District # 6	
(DOUBLES) Oct. 2, 2022		Nov. 27, 2022	Mar. 24 – 25, 2023	
DARTS SR.	Fort Sask. # 27	Gibbons # 226	District # 5	
MIXED	Oct. 15, 2022	Dec. 3, 2022	Feb. 24 – 25, 2023	
DARTS MIXED	Kingsway # 175	Athabasca # 103	District # 4	
	Oct. 29, 2022	Dec. 10, 2022	Mar.10 -11, 2023	
CRIBBAGE PRS.	Norwood # 178	McGrane # 28	Strathcona # 150	
	Oct. 22, 2022	Dec. 4, 2022	Mar. 3-4, 2023	
8 BALL POOL	Norwood # 178	Westlock # 97	District # 8	Branch # 104
(SINGLES)	Nov. 5, 2022	Dec. 11, 2022	Mar. 31/Apr.1,	Innisfail, AB.
(SINGLES)			2023	TBC
CRIBBAGE SR.	Gibbons # 226	McGrane # 28	District # 1	
	Nov. 12, 2022	Dec. 17, 2022	Jan. 13 – 14, 2023	
SPRING RALLY		Norwood # 178 Apr. 23, 2023		
FALL RALLY		Strathcona # 150	Kingsway # 175	
		Sept. 11, 2022	Sept. 10, 2023	



Purchase tickets here

Go Green or Stay Home St. Patrick's Celebrations

Friday CDar 17 & Saturday CDar 18 2023

Door Open 5:00 CDeal: 5:30 - 6:30 Live CDusic: Black Velvez Band 7:00 - 11:00pm

Corned Beef and Cabbage or Dingle Pies (Lamb Meat Pie) Irish Soda Bread Assorted Salads

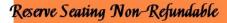
Kingsway Legion 14339 50th St. Edmonton 780-425-8654



Dance Only \$10.00 each night

Tradicional Irish Meal \$25.00

Apple Cake or Bread Pudding with Irish Whiskey Sauce Coffee or Tea





Kingsway Legion 14339 50th St. Edmonton 780-425-8654

2nd Annual UKRAINIAN DINNER Sunday April 30th



Соят \$25.00

Reserve Seating Only

PEROGIES

Kobbassa

CABBAGE ROLLS

NACHYNKA

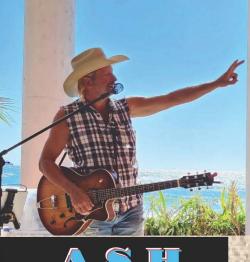
Toss Salad Coleslaw Pickles Apple Strudel

Tickets on Sale until Wed Apr 26

Aaron Halliday's Alan Jackson and Friends Friday May 12th Kingsway Legion Mother's Day Dinner and Show

Doors 5 - Dinner 5:30 - Show 7

Tickets Dinner and Show \$55 Show Only \$30 available @ Legion Office 780-425-8654 or online at eventbrite.ca Aaronhallidaymusic.com



Treat Your Mother Like Royalty

Mother's Day Special High Tea

Sunday May 14, 2023

Freshly Baked English Raisin Scones Slow Roasted Alberta Striploin Beef Traditional English Cucumber Cold smoked Sockeye Salmon Lillibett's Chicken Salad Egg Salad Fingers

> 2 Sittings 12:00 pm 2:00 pm Reserve Seating Only

Maple Shortbread

Key Lime Tart Chocolate Coated Phillo Fingers Decadent Chocolate Mousse Prestige Macarons

\$25.00 per Guest

Glass of Mimosa Cocktail \$10

Gluten Free Menu Available - Children Menu (under 12) - \$15.00

(menu subject to change)

The purpose of the Greater Edmonton Poppy Fund, is to supply financial assistance and support to Veterans, including Canadian Armed Forces and RCMP, and their families who are in need. Poppy Funds may be used for:

• Grants for food, heating costs, clothing, prescription medication, medical appliances and equipment, essential home repairs and emergency shelter or assistance

- Housing accommodation and care facilities for Veterans
- Funding for Veteran Transition Programs that are directly related to the training,
- Education and support needs of Veterans and their families
- Comforts for Veterans and their surviving spouses who are hospitalized and in need
- Veterans visits, transportation and day trips
- Accessibility modifications to assist Veterans with disabilities
- Support of cadet units

We also provide educational bursaries for children, grandchildren and great-grandchildren of Veterans living in Edmonton and surrounding areas

To apply for a bursary download a copy of the

Download a copy of the

click on the link and application form

Greater Edmonton Poppy Fund 14339 50th Street NW Edmonton, AB T5A 0C4



Tel: 780-456-6518 Email: info@poppyfund.ca Web: https://www.poppyfund.ca

Veteran's Support

Are you a Canadian veteran who has been experiencing pain longer than 3 months?

We want to hear from you!

Resilient Valor is a study lead by the University of Waterloo. The aim of this study is to provide opportunities for Canadian veterans to express which evidencebased values and resources are most meaningful in terms of navigating and negotiating for their chronic pain management needs. These opportunities include a 25 minute online survey (link below) and a group dialogue.

Interested in sharing your experience?

Complete our online survey by clicking <u>here</u>

For more information about this research study: please contact our Study Coordinator Sarah Versteeg at sarah.versteeg@uwaterloo.ca

This study has been reviewed by, and received ethics clearance through the University of Waterloo Research Ethics Committee.

This project is funded by: Chronic Pain Centre of Excellence for Canadian Veterans



Veteran's Support



The Last Post Fund's mission is to ensure that no Veteran is denied a dignified funeral and burial, as well as a military gravestone, due to insufficient funds at the time of death.

Our Veterans Affairs Canada Program provides financial assistance for the funeral, burial and headstone of eligible* Canadian and Allied Veterans. If you know someone who could benefit from this aid, please contact us or visit <u>lastpostfund.ca</u>.

1 (800) 465-7113 I info@lastpost.ca

in



*Certains conditions apply



Follow us! @Lastpostfund

Veteran's Support

Veterans Service Centre

The Veterans Service Centre in Edmonton is a place for veterans to get help accessing:

- financial programs and supports
- employment and training services
- housing location and supports
- crisis supports
- community services and opportunities

Supports and services are available to any veteran who is:

- homeless
- at-risk of homelessness
- struggling in the civilian community

To visit the Veterans Service Centre: Hours: 9 am to 12 pm and 1 pm to 4 pm (Monday to Friday)

For more information visit: https://www.alberta.ca/veterans-service-centre.aspx

The Veterans Emergency Fund

The fund covers essential needs, such as:

- Food, Clothing, Rent, Mortgage
- Medical care/expenses
- Expenses required to maintain safety and shelter.

As this is only temporary financial relief, we will also work with you to identify your longterm needs. Together, we will look for solutions to improve your financial stability.

If you have an urgent financial need, and are:

- a former member of the Canadian Armed Forces (CAF);
- the spouse/common-law partner of the former member;
- a survivor of a deceased CAF member or Veteran;

For more information go to: <u>https://</u> www.veterans.gc.ca/eng/financial-support/ emergency-funds/veterans-emergency-fund



Wounded Warriors Canada is a national mental health service provider utilizing clinical best practices and evidence-informed care to create an environment of compassion, resiliency and hope for Canada's Veterans, First Responders and their families. Our programs are designed to provide support in the following areas:

Trauma Informed Workplace Training Operational Stress Injury Group Based Programs Spousal & Youth Programs K9 Assisted Therapy Kingsway Legion Branch No.175



14339 – 50th Street NW, Edmonton Alta T5A 0S9

	MARCH 2023					
Branch Ho	Branch Hours Monday 5 pm – 10:00 pm, Tuesday- Saturday 11 am – Close Closing time varies depending on number of people in the Canteen					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Meat Draw 5:30 pm Peggers 6:30 pm Euchre 7 pm	2 Pool Tourney 11:30 Over 60 Darts 1pm Pool League 6:30 pm Jam Session 6:30 pm Kingsway Cowboys City Darts 7pm	3 Meat Draw 5:30 Shuffleboard 7pm Entertainment 7-11 pm Joe Luce DJ	4 Pool Tourney noon Meat Draw 1 pm Entertainment: 7 – 11 pm Joe Luce DJ
5 CLOSED	6 Opens at 5 pm Crib 6:30 pm Darts 7 pm	7 Pool Tourney 11:30 Over 60 Darts 1 pm Canasta 1 pm Dart League 7pm	8 Meat Draw 5:30 pm Peggers 6:30 pm Euchre 7 pm	9 Pool Tourney 11:30 Over 60 Darts 1pm Shuffleboard 6:30 Pool League 6:30 pm Jam Session 6:15 pm	10 Meat Draw 5:30 Shuffleboard 7pm Entertainment 7-11 pm Dean Henry	11 Pool Tourney Noon Meat Draw 1 pm LA Bingo 2 pm Entertainment: 7 – 11 pm
				Old Tyme Fiddlers City Darts 7pm		Dean Henry
12 MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MARMEN MA	13 Opens at 5 pm Crib 6:30 pm Darts 7 pm	14 Pool Tourney 11:30 Over 60 Darts 1 pm Canasta 1 pm L.A EX Meeting 1pm Dart League 7pm	15 Over 60's Club Noon-Canteen Meat Draw 5:30 pm Peggers 6:30 pm Euchre 7 pm	16 Pool Tourney 11:30 Over 60 Darts 1pm Shuffleboard 6:30 Pool League 6:30 pm Jam Session 6:30 pm Trick Ryder City Darts 7pm	17 Meat Draw 5:30 Shuffleboard 7pm St Patrick event 5 pm Entertainment: 7 – 11 pm Black Velvet	18 Pool Tourney Noon Meat Draw 1 pm St Patrick Event 5pm Entertainment 7 – 11 pm Black Velvet
19 CLOSED	20 Opens at 5 pm Crib 6:30 pm Darts 7 pm	21 Pool Tourney 11:30 Over 60 Darts 1 pm LA Gen meeting 1pm Canasta 1 pm Ex Meeting 6:30pm Dart League 7pm	22 Meat Draw 5:30 pm Peggers 6:30 pm Euchre 7 pm	23 Pool Tourney 11:30 Over 60 Darts 1pm Shuffleboard 6:30 Pool League 6:30 pm Jam Session 6:15 pm Old Tyme Fiddlers City Darts 7pm	24 Meat Draw 5:30 Shuffleboard 7pm Entertainment: 7 – 11 pm Sweetwater	25 Pool Tourney Noon Meat Draw 1 pm Musical Bingo 6pm Entertainment: 7 – 11 pm Sweetwater
26 CLOSED	27 Opens at 5 pm Crib 6:30 pm Darts 7 pm	28 Pool Tourney 11:30 Over 60 Darts 1 pm Canasta 1 pm Dart League 7pm Gen Meeting 7pm	29 Meat Draw 5:30 Peggers 6:30 pm Euchre 7 pm	30 Pool Tourney 11:30 Over 60 Darts 1pm Shuffleboard 6:30 Pool League 6:30 Jam Session 6:15 Kingsway Cowboys City Darts 7pm	31 Meat Draw 5:30 Shuffleboard 7pm Entertainment: 7 – 11 pm Steppin Out	