

The Royal Canadian Legion Kingsway Branch No. 175

14339 - 50th Street NW - Edmonton, AB T5A 0S9
Phone: 780-425-8654 Fax: 780-425-0134

www.kingswaylegion.ca

"The Home of Hospitality"

April 2024

BRANCH HOURS

Mon - 5:00 pm - 11:00 pm

Tue - Wed 11:00 am - 11:00 pm

Thu - Sat 11:00 am - 12:00 pm

Sun - Closed

BRANCH OFFICE

Mon - 5:00 pm - 11:00 pm

Tue - Wed 11:00 am - 11:00 pm

Thu - Sat 11:00 am - 12:00 pm

Sun - Closed

CANTEEN BAR

Mon - 5:00 pm - 11:00 pm

Tue - 11:00 am - 11:00 pm

Thu- Sat 11:00 am - 12:00

Sun - 11 am - 2:30 pm

KITCHEN

Mon - 5:00 pm—8:00 pm

Tue - Wed 11:00 am - 8:00 pm

Thu - Sat 11:00 am - 9:00 pm

Sun - 11:00 am - 2:30 pm

BRANCH GENERAL MEETING

The last Tuesday of every month except July, August, and December.





ATTENTION!!

NEXT GENERAL MEETING

Tuesday April 30, 2024

Membership

Fallen Comrades

It is with deep regret that we announce the following members have passed on since we last gathered together.

		ı	
Name	Age	Date	Service
Marten Mazurek	62	Jan 26	Associate
Vicki Torrie	79	Mar 17	Life Member
George Baier	80	Dec 30/23	Associate
Alexander (Sandy) Hay	77	Jan 26	Associate



Our Newest Members

If you see our new members in the Legion please take a moment out and welcome them.

Ordinary	Associate	Affiliate
Carolyn Duperron	Paul Tetreau	Chris Badge
Randy Hiebert	Charlene Young	Ernest Wolbaum
Christopher Hazelwood	John Serafinchon	Shirl Wiebe
Mike Seltzer		Dilu Fernando
Susan B. Preston		
Larry Noel	Dorothy Carter (transfer from	Branch 11)
Gary Letkeman	Christopher D. Gerbel (transfer	from Millet Br 229)
Richard Rousseau		
Georgette Michael (transfer	from Norwood Br 178)	
Robert Kostash (transfer from	Vegreville Br 39)	

Members in Good Standing as of Mar 19, 2024					
Affiliate	334				
Associate	497				
Life Members	26				
Ordinary	522				
Total:	1379				

We are offering a **free first year of membership** to all serving and retired CAF and RCMP members who have not yet joined the Legion.

The **free first year membership** is also open to all parents or guardians, spouses and children age 18+ of serving, retired or passed CAF and RCMP members who have not yet joined the Legion.

Join generations of Veterans, military families and supporters. Become a member today.

R.C.A.F 100TH ANNIVERSAY





RCAF 100th Anniversary Events in and around Edmonton 2024

~ APRIL 1 ~

Raising of RCAF Flag over Alberta Legislature Building High Level Bridge and Alberta Legislature Building Lighting

> ~ APRIL 13 ~ RCAF Centenary Dinner, Edmonton Expo Centre

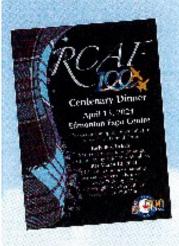
~ AUGUST 3 & 4 ~ Days of Yore Heritage Festival, Didsbury, Alberta

~ AUGUST 12 - 16 ~
Daily Lunchtime Band Performances,
Legislature Plaza

~ AUGUST 16 ~ Military Parade, Raising of RCAF Flag over City Hall

~ SEPTEMBER 14 ~
Battle of Britain Dinner Theatre Show,
Alberta Aviation Museum

~ SEPTEMBER 15 ~ Battle of Britain Parade, TBD







Membership

Next General Meeting

Tuesday April 30, 2024 at 7:00 pm

The general meeting gives you a chance to let us know how we are doing and what we can do to make it better for you the members. Please attend the General Meetings and help to keep the Legion running.

New Digital Membership Card Now Available!



Get More Details

The Dominion Command Membership Committee is pleased to announce the launch of the Digital Membership Card! A Member can now choose a traditional plastic card or a Digital Card.

The Digital Card meets the needs of Members who prefer the option to store and carry their card on their mobile device. Additionally, the Digital Card offers considerable administration savings for the Legion

"2024 MEMBERSHIP STICKERS ARE NOW AVAILABLE"

This is a special message to all veteran grandparents

There is a new bursary form on the Kingsway Legion #175 Website. Your grandchildren can benefit from this bursary for further funding their education.

https://kingswaylegion.ca/bursary-application-form

With the cost of living going up this might be an added benefit for their schooling.

A Note From Your Padre April 2024

"Grieving our losses"

Comrades, friends, and those who I have not yet had the pleasure and privilege of meeting, who take the time to read this monthly submission, I want you to know again it is an honour to serve our Veterans, the men and women who continue to serve in our Armed Forces, our First Responders, and those who are part of our Legion. Thank you all for your past and present service.

I readily admit these days that I/we are all feeling a sense of deep loss, not only to our Branch of the RCL, but a personal loss. And, while this article will not be all about Vicki Torrie, I will say that her death, prompted me to write this article for our newsletter. I recognize some of the things I will be saying here, I will say again at the Memorial Service for Vicki.

I was introduced to Vicki on or about Nov. 11, 2016, following my first official event as the newly minted Padre for our Branch, having been asked to serve by our then and current president, Mac Torrie. It was not long after that I began to become aware that Vicki was not only well known to many if not all at our Branch, but she was also very well liked and appreciated. Vicki, I found had a warm heart, and gave of herself to both people and tasks she took on unselfishly for the betterment of Kingsway Legion. I learned early on that she was incredibly committed to seeing our branch not only succeed but to flourish. But Vicki was not only devoted to the Legion, where she served in a variety of areas, she was my friend and your friend. I could continue on in my tribute to her, but suffice it to say that all of us who knew her even briefly are forced to walk our own personal journeys of grief. And, no one more so that our friend, and Vicki's soul mate Mac, our current president, who is on a journey all too familiar for many of you, and one we would never choose.

As you are likely aware I officiate often at Funeral and Memorial Services, and I will again have that honour at Vicki's Memorial Service. Please allow me to share with you some words on the topic of grief. Someone has said, life can go on pretty much normal, when you lose a trinket, but it can never and will never be the same when you lose a TREASURE." When a loved one, be it a spouse, child, sibling, a parent, a dear friend passes away, we lose a treasure, and that loss has an effect on us that we can't even imagine The journey of grief is long, it is difficult and it is incredibly painful, and yet through no fault of the ones left behind, we are forced to walk that journey.

And maybe, just maybe during these difficult days, we all need the permission to grieve in our own unique ways. "one size does not fit all," as an old ad once had us believe. As a former Police Officer, I learned a valuable lesson during a brutal murder investigation. Rightly so, the spouse, husband in this case needed to be a suspect, but that is where the lesson began. Mr. H. returned home to find his wife and one daughter dead from a gunshot. He had been away at an auction sale. The prime investigator (which was not me) made some error in his judgements.

When Mr. H. displayed almost no emotion, the conclusion was arrived at that he must have done it, and decisions were made based on that non display of emotion. The officer was dead wrong, and the real offender was soon identified and captured.

A Note From Your Padre

Me; I learned a valuable lesson from this error in judgement, never, ever, mistake the lack of emotion, or for that matter the over-display of emotion, to cause me to make the determination of how deep the grief someone experiences following the death of a loved one. I learned and it has served me well for many years now, that grief is that feeling that someone reached into your chest and pulled out a piece of your heart. It hurts and it hurts badly, and to some degree we almost feel, this is never going to end. And, to some degree that is true. Someone wrote these words:

Poem – Grief, author unknown.

Grief never ends but it changes. It is a passage not a place to stay. The sense of loss must give way, if we are to value, the life that was lived. Grief is not a sign of weakness. Nor are tears a sign of weakness, or are they a lack of faith. They are the price we pay for loving someone.

So, Comrades, as we walk our personal journey of grief, for when losses come our way, and they will, lets be patient with ourselves, giving ourselves permission to feel, and let's be patient with those who are walking their personal journeys. The writer Leanne Friesen, in her book, "GRIEVING ROOM," reminds us to: "Give your grief all the room it needs." I certainly agree with that statement.

Someone once asked Dr. Bill Webster, (a writer whose quotes I often use) How long does Grief Last? His response was quick and to the point, "it always lasts longer than the people who haven't gone through it, think it should."

Can I share a couple of myths about the grief journey that we regularly believe are true?

- 1. Remain Strong Hold it together, be strong. No, don't try to be brave, allow others to carry you when the need is there.
- 2. My Loved one would not want me to cry think about for a moment, maybe they would want you to cry. And, besides there is no shame in tears, they are the cleansing river of the soul.

In our grief, we need something or someone bigger than ourselves to help in that journey we must travel. The words of Jesus ring out loud and clear, 2000 plus years after He spoke them; Matthew 10:28-30

Then Jesus said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls. For my yoke is easy to bear, and the burden I give you is light."

Membership Recognition

Volunteer Appreciation Dinner

On March 30, 2024, Bill Fecteau, Past President of Kingsway Legion #175 hosted a Volunteer Dinner followed by Joes' Musical Bingo. This was free to volunteers (must have worked a minimum of 4 shifts), who in turn were asked to bring an item for the food bank. Kingsway Legion #175 contributed \$250.00 towards the prizes. First prize of a Costco gift card worth \$100.00 was won by Linda Spahr.

A Special Thank You to All Our Volunteers



Rick Etmanski receiving his Quilt of Valor from Diane Cole, Co-Ordinator of the Quilts of Valor Guild and Bill Fecteau

Membership Recognition



Janet Hazen receiving her Quilt of Valor from Diane Cole, Co-Ordinator of the Quilts of Valor Guild and Bill Fecteau



Jocelyn Guillemette receiving his Quilt of Valor from Diane Cole, Co-Ordinator of the Quilts of Valor Guild and Bill Fecteau

Kingsway Legion Ladies Auxiliary



Ladies Auxiliary
Kingsway Legion Br 175
April Newsletter 2024

The Ladies Auxiliary had a very successful Easter Raffle, craft sale, white elephant table, ham & turkey draw and 50/50. Thank you to everyone who supported our fundraising through donating, purchasing tickets and items.

Winners 1) food hamper Jaime Moore

2) handcrafted B-train truck Marc Desgagne

3) signed military print Rita Parent

4) blanket & glasses Paul Young

Our next Free Fun Bingo is Saturday April 13th after the meat raffle and 50/50. Let the spring cleaning wait and come out for some fun!

From your Ladies Auxiliary

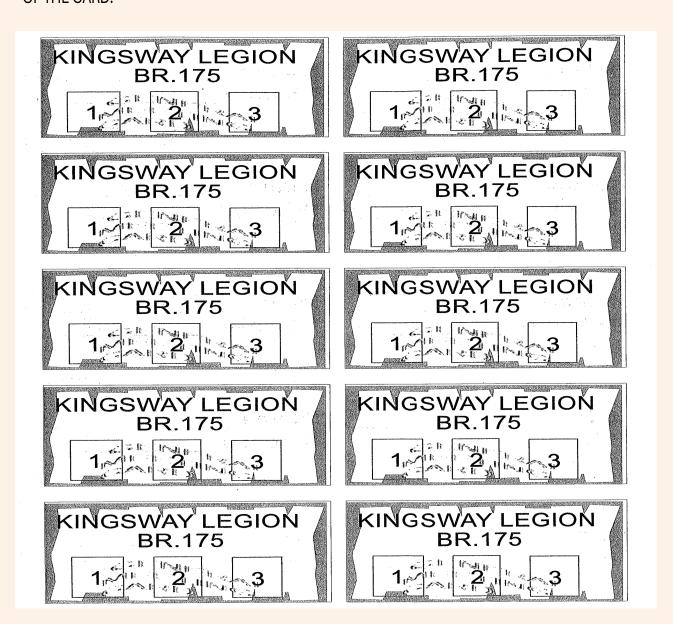
The Kingsway Legion Ladies Auxiliary have a number of duel members, which means we have a membership in both the Legion and the Auxiliary. We all take an active part in the functions of both groups.. It is important that we have the support of all members in working the Poppy Campaign every November. We are very proud to be able to support this campaign every year.

LEGION LOYALTY CARDS

EACH LEGION MEMBER WILL RECEIVE A LOYALTY CARD STARTING IN THE MONTH OF APRIL. THE CARD HAS THREE SQUARES ON IT AND EACH TIME YOU ATTEND A GENERAL MEETING YOUR CARD WILL BE STAMPED AND INITIALED. EXECUTIVE MEMBERRS ARE EXEMPT FROM HAVING A CARD.

ONCE A MEMBER HAS ATTENDED THREE MEETINGS AND HAS ALL THREE SQUARES FILLED IN THE CARD GOES INTO A DRUM FOR A PRIZE DRAW THAT WILL BE HELD AT THE FOURTH GENERAL MEETING.

A NEW CARD WILL BE GIVEN TO MEMBERS AFTER ALL SQUARES ARE SIGNED OFF. AS YOU DON'T HAVE TO BE PRESENT TO WIN, YOU MUST PUT YOUR NAME AND PHONE NUMBER ON THE BACK OF THE CARD.



Free daily admission to all Parks Canada administered locations for active members and Veterans of the Canadian Armed Forces and their immediate families



The Government of Canada acknowledges and respects the extraordinary contributions and sacrifices made by Veterans of the Canadian Armed Forces, Canadian Armed Forces members and their families. Parks Canada is supporting the health and wellness of members and Veterans of the Canadian Armed Forces and their families



By presenting the <u>CF One Platinum</u> card, which is administered through the Canadian Forces Morale and Welfare Services Agency, or the <u>Veteran's Service Card</u>, active Canadian Armed Forces members, Veterans of the Canadian Armed Forces and their immediate families receive free daily admission to all Parks Canada administered locations.



Saturday May 4, 2024

1950's - 2000's

Doors open at 5:00 pm

Games start at 7:00 pm

Cards: \$4.00 or two for \$7.00

Prizes for best dress Stars War Theme

Bring a friend new to Music Bingo and have your name entered in a draw

Come Early for Dinner & Stay for the Fun

Register on Eventbrite for \$5.00 (plus gst and service fee)
and receive 2 cards free

Kingsway Legion 14339 50th St. Edmonton 780-425-8654

Treat Your Mother Like Royalty

Mother's Day Special High Tea

Sunday May 12, 2024

Freshly Baked English Raisin Scones

Slow Roasted Alberta Striploin Beef

Traditional English Cucumber

Cold Smoked Sockeye Salmon

Lillibett's Chicken Salad

Egg Salad Fingers

Maple Shortbread

Chocolate Dipped Phyllo Stick

Key Lime Tart

Prestige Macarous

Decadent Chocolate Mousse

2 Sittings

12:00 pm

2:00 pm

Reserve Seating Only

\$30.00 per Guest

Glass of Mimosa Cocktail \$15

Gluten Free Menu Available - Children Menu (under 12)-\$15.00

(menu subject to change)





14339 50 St

Doors - 5:00 pm | Dinner - 5:30 pm | Show - 7:00 pm

Dinner and Show \$55 + gst Show only \$30 Advanced | Show only \$40 at Door Tickets available at the Legion (780) 425-8654



or eventbrite.ca



Bonnie Kilroy

Patsy Cline Tribute
Jun 9th
Stay tuned for more info



Hole in one Prizes
Brown's Chrysler - Car #2
Westlock Ford - Car #11
Tirecraft - \$20,000 #6

Texas Scramble

July 13, 2024

Check in at 9:00 am

Games Start at 10 am Sharp

at Westlock Golf Course

Team of Four - \$500 * & Singles - \$125

* Includes 18 Holes, Golf Cart & Prime Rib Dinner



Meal Tickets for guests of Golfers available for \$35
72 Golfers Total

Proceeds go to Community Youth Programs

Deadline for registration for Golf & Meal tickets is June 28th.

All fees to be paid to the

Westlock Legion Office from 9am to 1pm Monday to Friday

Call for more information 780-349-4046

Saturday Meat Draws resume January 6, 2024

Saturday Afternoon

Meat Draw

Ticket on sale 1:00pm

Draw 1:30pm

12 Draws

1 Bonus Draw

Tickets \$1.00 each



Everybody Welcome



Sponsored by : Kingsway Legion Ladies Auxiliary 14339 50th Street, Edmonton 780.425.8654 50 /50 Raffle

Ticket on sale following the Meat Draw 10 Tickets for \$5.00





50 /50 Raffle

Ticket on sale following the Meat Draw 10 Tickets for \$5.00 Legion

Kingsway Branch 175 14339 50th Street, Edmonton 780.425.8654

Now at the Branch The Last Wednesday of Every Month



Tickets are 3 for \$5.00 Can only be purchased on the day of the draw.

The winning ticket will be drawn following the regular Meat Draw.

SPECIAL NOTICE



For updates on this event checkout our website:

millercrossingfm

or on Facebook

facebook.com/millercrossingfarmersmarket

Over 45-50 Vendors,

Farmers market will be held **Sunday**, **May 5**, **2024** only

indoors

From 11:00 am to 3:00 pm

Fresh vegetables, locally

Locally made Arts and Crafts

Need Your knives sharpened come and RR mobile Sharpening see Bill



Canada Day



Monday, July 1, 2024



We will be celebrating this holiday again at the Kingsway Legion #175.

To make it a success and enjoyable we are looking for ideas and volunteers.

Anyone who is interested in helping or working with the committee please contact Carol Simon,

Publicity@kingswaylegion.ca or leave a message at the Kingsway Legion #175, 780-425-8654



Every 2nd and 4th Wednesday of every month 1100 hrs



RCL Kingsway Branch 175 14339 50 St NW Edmonton Alberta



Veterans of the Canadian Armed Forces, RCMP and Allied Forces are welcome. You do not need to be a Legion member to attend.

Open to all Veterans. Your local legion is here supporting our area.

Come meet fellow Veterans in a safe, non-judgemental atmosphere of comradeship. There will be free coffee, tea and soft drinks.

For more information contact Louise Abdou at Edm175bud-dycheckcoffee@hotmail.com or call 780-868-8917

Special Notice

REGULAR LEGION SPORTS

The regular Legion sports are coming to an end for the season.

Thursday Night Shuffleboard - Thur April 18/24

Tue and Thur Afternoon Darts - Tue April 23/24 and Thur April 25/24

Mon Night Crib - May 6/24

Wed Night Eucre - May 29/24

Fri Night Shuffleboard - April 26/24

DROP IN SPORTS:

Drop in Darts will start on Thurs May 9/24

Afternoon at 1:00 pm

Evening at 7:00 pm

Drop in Eucre will start on Wed June 5/24

VOLUNTEERS NEEDED

Kensington Bingo

Kingsway Legion Bingo Schedule for 2023 – 2024

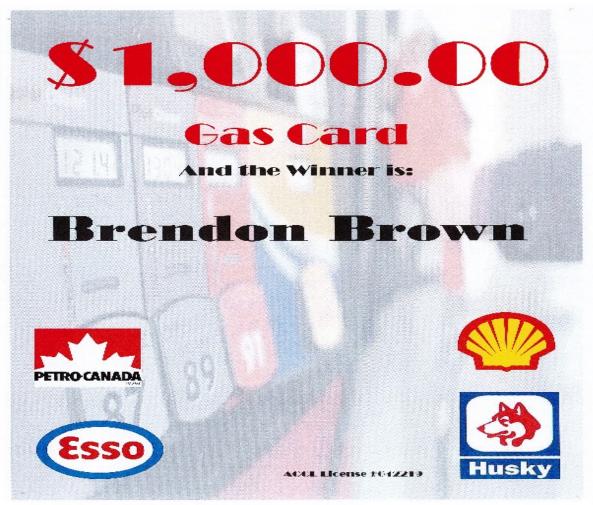
Friday, May 3

Thursday, May 23

Anyone wishing to volunteer please contact Renee LaFrance 780 222–8018

rsilafrance1957@gmail.com or

leave a message at Kingsway Legion Branch 175 at 780 425-8654







Drop in canasta will continue over the summer on Tue and Thurs with a start time at 1:00 pm.

Same rules apply, feel free to come and join us.

For More info: Call the Office 780-425 8654



Dance like the Flowers in May And Leap into Spring

With old time Fiddle Tunes and Open Mic!

CHANGE IN SCHEDULE

Starting in April, the Fiddlers will be at the Legion every other week.

KINGSWAY LEGION

14339 – 50 Street NW, Edmonton AB
FEATURING JAMMERS AND
THE WILD ROSE OLD TYME FIDDLERS

Doors open at 5:00 pm Open Mic starts at 6:15 pm Only \$7.00 Cover Charge



Kingsway Legion Branch No. 175 Bill O'Brien 780.222.6111





Ava at 587.784.6786 Or Craig at 780.918.4784 craigrepchuk@shaw.ca





Come early and enjoy a meal before the show.

(You don't have to be a Legion member to participate.)

Weekly Meal Specials are available.

THURSDAY

APRIL 4

APRIL 18

MAY 2

MAY 16

MAY 30

JUNE 13

JUNE 27





LET'S DANCE!



CHWILL BROTHERS BAND AT THE KINGSWAY LEGION





KINGSWAY LEGION

Branch No. 175 14339 – 50 Street NW Edmonton AB

> Bill O'Brien 780-222-6111

CHWILL BROTHERS BAND Ed Chwill, Lead guitar Fred Chwil, Fiddle Gary Ocranick, Steel Guitar Darren, Bass Guitar Doors open at 5:00 pm

Only \$7.00 Cover Charge

Come early and enjoy a meal before the dance.

(You don't have to be a Legion member to participate.)

Weekly Meal Specials are available. THURSDAY

March 28

May 9

June 6

June 20

Waltz

Polka

Foxtrot

Schottische

Be Prepared for a Toe-Tapping Good Time!



OP VETBUILD

Operation VetBuild is a Royal Canadian Legion initiative run by the RCL's OSI Special Section (BSO Legion OSI). This is a peer to peer program by veterans, for veterans and includes RCMP and allied veterans. The objective is to help improve mental health through hobby and in this case, table top / minature games, model building and board games 100% free to veteran's.

Will be held every 3rd Saturday of the month.

From 1pm -4pm

OP VETBUILD

Contact: Anthony Sewards teutonicknights@shaw.ca

TABLETOP

Contact: James Morris phgang02@hotmail.ca

Kingsway Legion Branch #175 14339 50th Street, Edmonton, AB



Kingsway Legion Branch

14339 – 50th Street NW, Edmonton Alta Edmonton AB T5A OS9 780 425-8654



APRIL 2024

Branch Hour: SUNDAY CLOSED MONDAY 5 pm – 11:00 pm, Tuesday- Saturday 11 am – Close Closing time varies depending on number of people in the Canteen

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20	1 Opens at 5 pm Pool EEE 6pm Crib 6:30 pm	Pool Tourney 11:30 Canasta 1 pm Over 60 Darts 1 pm Dart League 7pm	3 Meat Draw 5:30 pm Pool EEE 6pm Peggers 6:30 pm Euchre 7 pm	Pool Tourney 11:30 Canasta 1 pm Jam Session 5 pm Old Tyme Fiddlers Pool League 6:30 pm City Darts 7pm	5 Shuffleboard 6:30 pm Entertainment: Sparkling Tones 7 – 11 pm	6 Pool Tourney noon Meat Draw 1 pm Entertainment: Sparkling Tones 7 – 11 pm
7 CLOSED	8 Opens at 5 pm Pool EEE 6pm Crib 6:30 pm	9 Pool Tourney 11:30 Canasta 1 pm LA Ex meeting 12:30 Over 60 Darts 1 pm Dart League 7pm	10 Legion Buddy Coffee 11am Meat Draw 5:30 pm Pool EEE 6pm Peggers 6:30 pm Euchre 7 pm	11 Pool Tourney 11:30 Canasta 1 pm Over 60 Darts 1pm Shuffleboard 6:30 Pool League 6:30 pm City Darts 7pm	12 Shuffleboard 6:30 pm Entertainment: Dean Henry 7 – 11 pm	Pool Tourney noon Meat Draw 1 pm Spring is in the Hair 5:30 pm Entertainment: Dean Henry 7 – 11 pm
14 CLOSED	15 Opens at 5 pm Pool EEE 6pm Crib 6:30 pm	16 Pool Tourney 11:30 Canasta 1 pm LA Ex meeting 12:30 Over 60 Darts 1 pm Dart League 7pm	17 Meat Draw 5:30 pm Pool EEE 6pm Peggers 6:30 pm Euchre 7 pm	18 Pool Tourney 11:30 Canasta 1 pm Over 60 Darts 1pm Jam Session 5 pm Old Tyme Fiddlers Shuffleboard 6:30 Pool League 6:30 pm City Darts 7pm	19 Shuffleboard 6:30 pm Entertainment: TRICK RYDER 7 – 11 pm	20 Pool Tourney Noon Meat Draw 1 pm Entertainment: TRICK RYDER 7 – 11 pm
21 CLOSED	Opens at 5 pm Pool EEE 6pm Crib 6:30 pm	Pool Tourney 11:30 Canasta 1 pm LA Gen meeting 12:00 Over 60 Darts 1 pm Ex Meeting 5:00 pm Dart League 7pm	24 Legion Buddy Coffee 11am Meat Draw 5:30 pm Pool EEE 6pm Peggers 6:30 pm Euchre 7 pm	Pool Tourney 11:30 Canasta 1 pm Over 60 Darts 1pm Pool League 6:30 pm City Darts 7pm	26 Shuffleboard 6:30 pm Entertainment: CC & High Ryder 7 – 11 pm	27 Pool Tourney Noon Meat Draw 1 pm Entertainment: CC & High Ryder 7 – 11 pm
28 CLOSED	29 Opens at 5 pm Pool EEE 6pm Crib 6:30 pm	30 Pool Tourney 11:30 Canasta 1 pm Over 60 Darts 1 pm Dart League 7pm Gen meeting 7:00 pm				

Web Page: www.kingswaylegion.ca Email: mgmt@kingswaylegion.ca