



The Royal Canadian Legion

Kingsway Branch No. 175

14339 – 50th Street NW - Edmonton, AB T5A 0S9

Phone: 780-425-8654

Fax: 780-425-0134

www.kingswaylegion.ca

October 2023

BRANCH HOURS

Mon - 5:00 pm - 11:00 pm

Tue - Wed 11:00 am - 11:00 pm

Thu - Sat 11:00 am - 12:00 pm

Sun - Closed

BRANCH OFFICE

Mon - 5:00 pm - 11:00 pm

Tue - Wed 11:00 am - 11:00 pm

Thu - Sat 11:00 am - 12:00 pm

Sun - Closed

CANTEEN BAR

Mon - 5:00 pm - 11:00 pm

Tue - 11:00 am - 11:00 pm

Thu- Sat 11:00 am - 12:00

Sun - 11 am - 2:30 pm

KITCHEN

Mon - 5:00 pm—8:00 pm

Tue - Wed 11:00 am - 8:00 pm

Thu - Sat 11:00 am - 9:00 pm

Sun - 11:00 am - 2:30 pm

BRANCH GENERAL MEETING

The last Tuesday of every month except July, August, and December.

SPECIAL NOTICE

October General Meeting

Monday October 30, 2023

PRESIDENTS MESSAGE

Hello Comrades,

Hope everyone is healthy and happy after their summer activities. Now that the fall/winter season is upon us, we have a number of events that need addressing.

First is the election of the new executive. Nominations will be held on **Monday October 30, 2023**. Come that day and let your voices be heard. Voting will take place at the general meeting in November.

Remembrance Day activities begin the last week of October until November 11, 2023. Come and take part.

Command sports is now under way and so are all the leagues. Good Luck to all participants.

Happy Halloween

RM Torrie. MMM, CD

President

NEXT GENERAL MEETING

Monday October 30, 2023

Membership

Fallen Comrades

It is with deep regret that we announce the following members have passed on since we last gathered together.

Name	Age	Date	Service



Our Newest Members

If you see our new members in the Legion please take a moment out and welcome them.

Ordinary	Associate	Affiliate
Donna Scheuerman	Douglas Hill	Corina MacKinnon
Robert (Bob) Alan	Billie Jean Gault	
Louise Abdou	John R. b. Shortreed	
Jonathan D. Harper	Brain M. Barbeau	
Dale Clarke	Penney Watt	
	Mpr,a Augustine	
Victor Scheuerman (Transfer From Cadomin Br.124)	Christopher Rumsey	
Sharon Gearing (Transfer From Norwood Br. 178)	Gina Fayant	Charles Sove (Reinstete) Karen Sove (Reinstete)
Thomas G. Harrington (Transfer From Norwood Br. 178)		

Members in Good Standing as of July 18, 2023	
Affiliate	378
Associate	523
Life Members	27
Ordinary	533
Total:	1461

We are offering a **free first year of membership** to all serving and retired CAF and RCMP members who have not yet joined the Legion.

The **free first year membership** is also open to all parents or guardians, spouses and children age 18+ of serving, retired or passed CAF and RCMP members who have not yet joined the Legion.

Join generations of Veterans, military families and supporters. Become a member

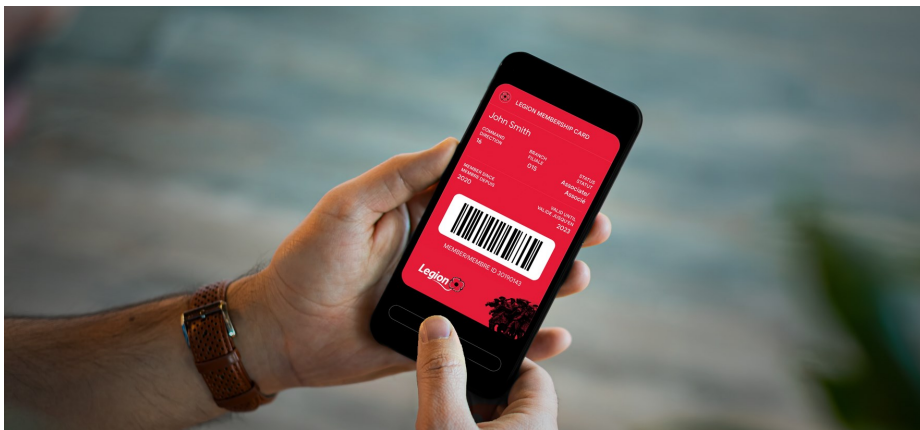
Membership

Next General Meeting

Monday, Oct 30, 2023 at 7:00 pm

The general meeting gives you a chance to let us know how we are doing and what we can do to make it better for you the members. Please attend the General Meetings and help to keep the Legion running.

New Digital Membership Card Now Available!



[Get More Details](#)

The Dominion Command Membership Committee is pleased to announce the launch of the Digital Membership Card! A Member can now choose a traditional plastic card or a Digital Card.

The Digital Card meets the needs of Members who prefer the option to store and carry their card on their mobile device. Additionally, the Digital Card offers considerable administration savings for the Legion

“2024 MEMBERSHIP STICKERS ARE NOW AVAILABLE”

This is a special message to all veteran grandparents

There is a new bursary form on the Kingsway Legion #175 Website. Your grandchildren can benefit from this bursary for further funding their education.

<https://kingswaylegion.ca/bursary-application-form>

With the cost of living going up this might be an added benefit for their schooling.

Membership Recognition



Past- President Bill Fecteau and
President Mac Toorie
presented Carol Wills with her Life
Membership



“Forgotten Heroes Gala”

To Honour Our Veterans

And a Live & Silent Auction on

Saturday, October 14, 2023

In Kingsway Legion Maple Leaf Ballroom

14339 - 50 Street NW, AB. T5A 0S9

780 - 425 - 8654

A Fundraiser for Kingsway Legion Branch #175

Cocktails & Silent Auction: Commencing at 5:30 PM

Dinner: 7:00 PM

Dress Semi / with Medals

Tickets: \$ 125.00 Each

“Please help us to support those who have served and are serving”





August 25, 2023

Dear Sir / Madam,

I invite you to a Fundraising Dinner and Silent Auction, in support of The Kingsway Legion, on Saturday, October 14, 2023. This “Forgotten Heroes Gala” event will honour all of our Veterans. The Dinner will be held in the Kingsway Legion’s Maple Leaf Ballroom, 14339 - 50 Street NW, Edmonton, AB. The profit from this event goes on to the principal of the Legion’s mortgage.

Cocktails and Silent Auction will commence at 5:30 PM. Dinner (wines included) is at 7:00 PM and the dress is semi-formal, with Medals. A small live auction will also take place, during the evening.

The tickets for this event are \$125.00 each and can be picked up from the Kingsway Legion before October 10, 2023. You can sponsor Veterans to come to this event with any amount or a donation of \$125.00 for each one, or, you can be a sponsor to this event.

We are also asking for goods and services to be donated for the Silent Auction. You can send these to the above address or call Vicki Torrie at 780 - 478 - 1631, for pick up, by October 6, 2023.

Be sure to save the date, October 14th and buy your tickets early, as there are a limited number of tickets available.

Thank you for your consideration and support to our Veterans and our Legion.

Sincerely,

V. Torrie

“A Friend of Kingsway Legion”

“Please help us to support those who have served and are serving”



Kingsway Legion Mortgage Fundraising:

We can now purchase gift cards at face value and the companies donate a small percentage back from these purchases.

Cards are available for:

Groceries

Gas Cards

Restaurants

Hardware

Hotels

Shopping Centers

West Jet

Amazon

And Save-On Foods, etc.

How can you help?

Call Vicki Torrie for information on this project at 780-478-1631.

The money raised will go on to the principal of the mortgage, along with, the money raised from the "Forgotten Heroes Gala", silent and live auctions, and "Supporting Our Veterans" merchandise.

Thank you for supporting those who have served and those who are serving.

SPECIAL NOTICE

2023 Poppy Campaign

2023 Poppy Campaign is requesting your assistance

Greetings fellow Comrades. My name is Brett Finch & this is my inaugural year of being the Kingsway Branch Chairman for the annual Poppy Campaign. There is a core of very experienced volunteers who have been very supportive with assisting the 2023 campaign in early preparations & additionally, many have already slotted in their names to “stand a watch/post/shift” or to take on the role of delivery/passenger driver. With over 300 positions to fill, including our experienced campaign volunteers who are already taking up positions & roles, ***we are still in great need*** to fill the many roles & positions. Positions such as Drivers & helpers for business routes, mall sitter or a Driver to basically “Uber” around other volunteers to their positions (where parking is not available). I truly appreciate how hectic personal schedules can be, I am requesting those that can find an opening in their availability to “stand (sit) ***one*** watch/post/shift” in a mall position (*uniform is encouraged but not required*), or to contribute a day to be a Driver. Filling these 300+ positions from members & friends of the Kingsway Legion Branch is an attainable goal if every member & friend of the Kingsway Legion can contribute some personal time. Prior to my recent retirement, when I was working fulltime & coaching, some years I could volunteer for a daytime role, other years, I was only able to work in a couple night slots in the Northgate mall where I could take the last shift & return the Poppy Campaign kit & cash donations back to the Legion. Perhaps you may be able to find an available time slot that will fit within your personal schedule? Please sign up via the clipboards & volunteer sheets located in the Kingsway Branch lobby for just ***one*** position or role. We have created [this link where you can view the current roles & positions required](#) & then pop down to the Branch to sign up or even contact [me directly](#) & volunteer for a role or position (again, a reminder, wearing the Legion uniform is not a requirement). Additionally, the Kingsway Branch poppy fundraising campaign could certainly use a few members who would be able to fill in positions on very short notice (unexpected illness, other type of short notice emergencies that may arise), that sign-up sheet, I expect it to be an invaluable resource this fall season.

[Trese Biddiscombe](#) has offered to coordinate the volunteers for the sporting events, we have tentatively two dates, November 3 & 5 for Edmonton Oil Kings games & confirmed dates of November 2 & 4 for Edmonton Oiler games & it is not looking good for the Elks to make the playoffs though there may be an opportunity for the Heritage Classic game October 29th at Commonwealth Stadium. Please contact [Trese](#) directly (when she returns from Ireland, ~ **October 15**) for details & if you can volunteer for those positions (these events require a minimum of 12-14 pers each event).

Thank you for your time & consideration into this request, I hope to see you this 2023 Poppy campaign. Please encourage anyone you meet looking to donate, to visit the “[poppyfund.ca](#)” website where they will receive a tax receipt within minutes after making their online donation (≥ \$25).

Sincerely,

Brett Finch

2023 Kingsway Poppy Campaign Chairman.

Kingsway Legion Ladies Auxiliary



A Message from the Ladies Auxiliary

Pumpkin spice season is upon us! October's "Button Bingo" will be held Oct 14th right after the meat raffle and 50/50.

Our ladies currently have Christmas raffle tickets on sale for \$2.00 a ticket. First prize is a food hamper (\$400), second prize a Ninja Dual Air Fryer (\$300), third prize is Christmas decorations (\$150) and fourth prize a Magic Bullet (\$50). Tickets can be purchased from LA members or at the front desk. The draw is Dec 16th which is also our annual Christmas bake and craft sale and ham and turkey meat raffle. It's a big fundraising day for us so come out if you can to support the Ladies Auxiliary. Donations of crafts are welcome and can be given to the ladies at the meat raffle or dropped off at the front desk letting staff know it is for the LA. We also accept donations of baked goods Dec 16th between 10:00 AM and 11:00 AM. Thank you for all your support. It is greatly appreciated.

There will be no Saturday meat raffle or 50/50 by the Ladies Auxiliary on Nov 11, 2023.

Kim Earles
President

KINGSWAY LEGION #175

**GREY CUP
TICKETS**

\$1.00



BUY NOW



**Tickets at
Front Counter
Support our Legion**

Saturday Afternoon Meat Draw Everybody Welcome

Ticket on sale
1:00pm
Draw 1:30pm
12 Draws



Sponsored by :
Kingsway Legion
Ladies Auxiliary

50 /50 Raffle
Ticket on sale following
the Meat Draw
10 Tickets for \$5.00

Wednesday Meat Draws



Ticket on sale 5:30pm

Draw 6:00pm

12 Draws

Tickets \$1.00 each

Everybody

Welcome

50 /50 Raffle

**Ticket on sale following
the Meat Draw**

10 Tickets for \$5.00

Legion 

Kingsway Branch 175

14339 50th Street, Edmonton 780.425.8654

Now at the Branch
The Last Wednesday of
Every Month



Tickets are 3 for \$5.00
Can only be purchased
on the day of the draw.

The winning ticket will be drawn
following the regular Meat Draw.

EXTREME BINGO

Saturday October 7, 2023

ALL Era Music Bingo

Doors open at 6:00 pm

Games start at 7:00 pm

Cards: \$2.00 ea

Kingsway Legion 14339 50th St. Edmonton 780-425-8654

MILLER CROSSING

FARMERS' MARKET

EDMONTON, AB



For updates on this event checkout our website:

millercrossingfm

or on Facebook

facebook.com/millercrossingfarmersmarket

Over 45-50 Vendors,

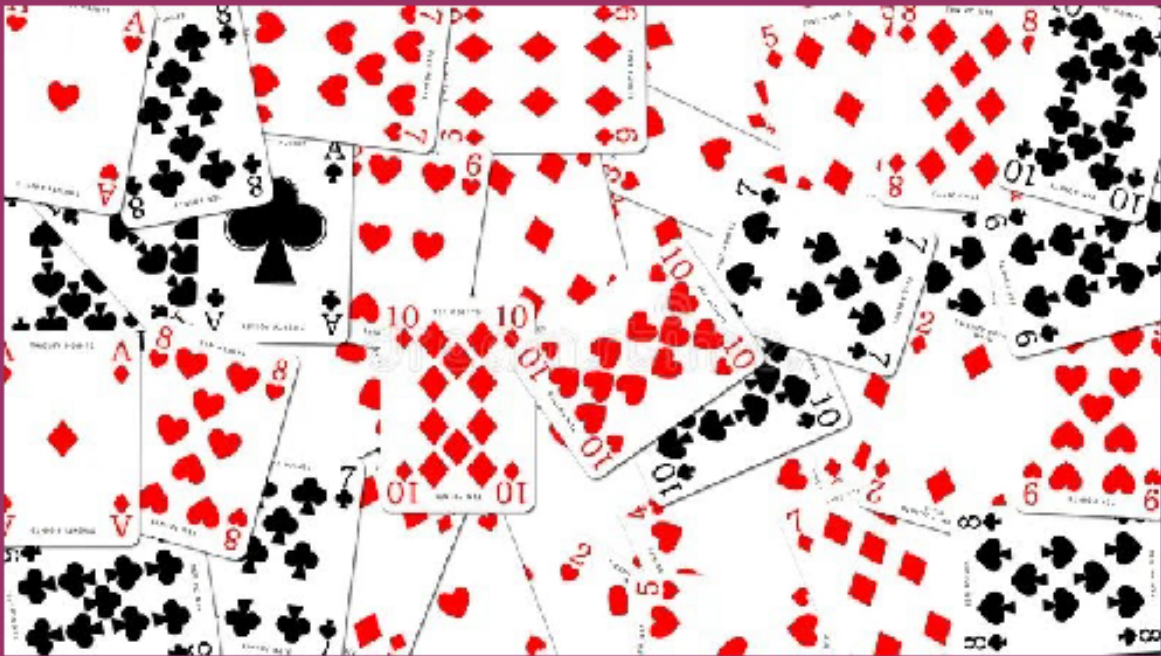
Open Sunday October 15, 2023 indoors and will continue on every
Sunday until December 2023 or further notice

From 11:00 am to 3:00 pm

*Fresh vegetables , locally
grown*

*Locally made Arts and
Crafts*

*RR mobile Sharpening
Need your knives sharpened come and
see Bill*



Did you know that on Tue afternoons all summer long, we hold drop in Canasta?

Start Time 12:30 pm

Entrance Fee: \$1.00

Starting Thu Jul 6 we will be starting a second afternoon of Canasta

For more info: Call the Office 780-425-8654

SPORTS

ATTENTION:

2023 - 2024 Sports

District 2 AB/NWT Command

Begins in September

Check the Sports Board

All players who are interested

contact their League President for further information

ATTENTION ALL LEAGUE SPORTS:

All sports leagues start on September 5th, 2023 except Crib and Monday Night Darts which starts on Monday, September 11th, 2023

**Interbranch Sports will be commencing in
September 2023**

Donna Olsen is our Branch Liaison

Announcements to time and place will be place on the Sports Board

ATTENTION ALL POOL PLAYERS:

As of July 17th, 2023, we will be asking all Drop-In, Casual Pool players to pay \$5.00 per person daily for the use of the pool tables.

This will be totally on the HONOUR SYSTEM and the monies are to be deposited in the box mounted on the wall by the pool tables.

Thank You in advance for your co-operation

**INTER – BRANCH SCHEDULE
2023 - 2024**

September 24, 2023	Jasper Place
October 22, 2023	Kingsway
November 12, 2023	Fort Sask.
December 17, 2023	Strathcona
RETURN - JANUARY 28, 2024 – HAVE A MERRY CHRISTMAS & A HAPPY NEW YEAR.	
January 28, 2024	Jasper Place
February 25, 2024	Kingsway
March 24, 2024	Fort Sask.
April 21, 2024	Strathcona

**Windup Banquet –
Strathcona - Saturday, May 25, 2024
9020 – 51 Ave**

2023 - 2024 Sports Schedule
District 2 AB/NWT Command
Area – B

TENTATIVE SCHEDULE

Sport	Area-B	District	Command	Dominion
Senior Cribbage	Smoky Lake # 227 Sat. Sept 16, 2023	McGrane # 28 Sun. Nov. 19, 2023	Dist. # 3 Jan.12 – 13,2024	
Legion Darts	Kingsway # 175 Sat. Sept 23, 2023	Westlock # 97 Sat. Nov 25, 2023	Dist. # 8 Jan. 19 – 20, 2024	Laval Quebec Br. # 251 May 3 – 6, 2024
Euchre	Fort Sask. # 27 Sat. Sept. 30, 2023	Fort Assiniboine #210 Sun. Nov 26, 2023	Athabasca Br. 103 Jan. 26 – 27, 2024	
Legion Cribbage	Norwood # 178 Sat. Oct. 7, 2023	McGrane # 28 Sat. Dec. 2, 2023	Dist. # 9 Feb. 2 – 3, 2024	Shediac, NB Br. # 33 April 26 – 29, 2024
Pairs Cribbage	Gibbons # 226 Sat. Oct. 14, 2023	Westlock 97 Sun. Dec. 3, 2023	Dist. # 1 Feb. 9 – 10, 2024	
Shuffleboard Men's & Ladies	Strathcona # 150 Sat. Oct. 21, 2023	Strathcona # 150 Sat. Dec. 9, 2023	Dist. # 5 Mar 8 – 9, 2024	
Shuffleboard Mixed & Sr.	Strathcona # 150 Sat. Oct. 21, 2023	Strathcona # 150 Sat. Dec. 9, 2023	Dist. # 4 Feb. 16 – 17, 2024	
8 Ball Pool Doubles	Kingsway # 175 Sat. Oct. 28, 2023	Kingsway # 175 Sun. Dec. 10, 2023	Dist. # 4 Feb. 23 – 24, 2024	The 1 st . & 2 nd . Place teams from The 8 Ball Doubles will be selected as the Dominion Team.
Senior Mixed Darts	Strathcona # 150 Sat, Nov. 4, 2023	Smoky Lake # 227 Sat. Dec. 16, 2023	Dist. # 6 Mar. 1 – 2, 2024	
Mixed Darts	Norwood # 178 Sun. Nov. 12, 2023	Strathcona # 150 Sun. Dec. 17, 2023	Dist. # 5 Mar. 15 – 16, 2024	
8 Ball Pool Singles	Strathcona # 150 Sat. Nov. 18, 2023	Strathcona # 150 Dec. 30, 2023	Dist. # 8 Mar. 22 – 23, 2024	
Fall Rally	Kingsway # 175	Sept. 10, 2023		
Spring Rally	Fort Assiniboine # 210	April 7, 2024		

OLD TIME MUSIC - LISTEN, DANCE, PLAY, SING!

KINGSWAY LEGION

14339 - 50 Street NW, Edmonton AB

FEATURING

THE WILD ROSE OLD TYME FIDDLERS AND JAMMERS

Doors open at 5:00 pm

Open Mic starts at 6:15 pm

Only \$7.00 Cover Charge



Come early and enjoy a meal before the show.
(You don't have to be a Legion member to participate.)
Weekly Meal Specials are available.

THURSDAY

AUGUST 10

AUGUST 24

SEPTEMBER 7

SEPTEMBER 21

OCTOBER 5

OCTOBER 19



Kingsway Legion
Branch No. 175
Bill O'Brien
780.222.6111



Wild Rose Old Tyme
Fiddlers Association

Ava at 587.784.6786
Or Craig at 780.918.4784,
craigrepchuk@shaw.ca

Waiting to play!



Sunday Buffet Oktoberfest Night

October 15, 2023

5:00 - 7:00 pm

Tickets: \$30.00

Kids under 12: \$15.00

Please purchase tickets in advance at the Front Desk

Schweinsschnitzel / **Breaded Pork Cutlet**

Panierte Henerbrust / **Breaded Chicken Breast**

Rinderroulade / **Stuffed Rolled Beef**

Spätzle / **Egg Noodle**

Reibekuchen / **Potato Pancake**

Sauerkraut / **Braised Pickled Cabbage**

Apfelstrudel / **Apple Turnover**

Kirschtorte / **Black Forest Cake**

Includes: Buns, Salads, Coffee or Tea

Kingsway Legion 14339 50th Street Call:780-425-8654

Sunday Evening Buffet

November 12, 2023

5:00 - 7:00 pm

Tickets: \$30.00

Kids under 12: \$15.00

Please purchase tickets in advance at the Front Desk

Alberta AAA Roast Beef w/ Yorkshire Pudding

Roast Pork w/ Dressing & Apple Sauce

Roast Lamb w/ Mint Sauce

Vegetable Lasagna

Creamy Mashed Potatoes

Fresh Winter Vegetables

Home Baked Desserts

Includes: Buns, Salads, Coffee or Tea

Kingsway Legion 14339 50th Street

Call: 780-425-8654



HAPPY NEW YEAR 2024

Dinner and Dance

Music Provided by Edmonton's Own:

**euphoria
band**

TICKETS ON SALE STARTING OCTOBER 15

DINNER BUFFET

SLOW ROASTED ALBERTA BEEF

YORKSHIRE PUDDING

ROSEMARY AU JUS

BREAST OF CHICKEN

IN MUSHROOM SAUCE

CREAMY WHIPPED POTATOES

RICE PILAF

FRESH MIXED VEGETABLES

ASSORTED SALAD

BUNS

ASSORTED DESSERTS

COFFEE / TEA

DOORS OPEN AT 6:00 PM

COCKTAILS 6:30 PM

DINNER: 7:00 PM

MUSIC 9:00 PM - 1:00 AM

TICKETS

ADVANCED SALES: TO DEC 1

\$70.00/LEGION MEMBERS

\$75/NON-MEMBERS

TICKETS: DEC 2 - 27

\$75.00/LEGION MEMBERS

\$80/NON-MEMBERS

TICKETS ON SALE UNTIL DEC 27

RESERVE SEATING ONLY / NO REFUNDS

YOUR TICKET INCLUDES:

- * DINNER BUFFET
- * A GLASS OF CHAMPAGNE
- * DOOR PRIZES
- * PARTY FAVORITES
- * LATE LUNCH

KINGSWAY LEGION 14339 50TH STREET EDMONTON

CALL FOR TICKETS 780-425-8654



Legion Dispatch

Your Legion Calendar: October—November 2023

This calendar lists upcoming commemorative days of relevance to The Royal Canadian Legion that raise awareness of an issue, commemorate a group or event, or celebrate an important topic.

Date	Event	Date	Event
	October		
1 – 7 Oct	<u>Mental Illness Awareness Week</u>	14 Oct	<u>Van Doos Anniversary (1914)</u>
2–8 Oct	<u>National Family Week</u>	17 Oct	<u>International Day for the Eradication of Poverty</u>
9 Oct	Thanksgiving	24 Oct	<u>Anniversary of United Nations (1946)</u>
10 Oct	<u>World Mental Health Day</u>	27 Oct	Poppy Campaign Starts
	November		
Nov1	Announcement of <u>National Silver Cross Mother</u>	Nov 12	<u>Passchendaele ends (1917)</u>
Nov 8	<u>Aboriginal Veterans Day</u>	Nov18	<u>Battle of the Somme (1916)</u>
Nov11	<u>Remembrance Day</u>	Nov 29	<u>#GivingTuesday</u>
Nov 11	<u>First World War ends - Armistice Day (1918)</u>		

Legion



BSO OSI

OP VETBUILD

Operation VetBuild is a Royal Canadian Legion initiative run by the RCL's OSI Special Section (BSO Legion OSI). This is a peer to peer program by veterans, for veterans and includes RCMP and allied veterans. The objective is to help improve mental health through hobby and in this case, table top / miniature games, model building and board games 100% free to veteran's.

Will be held every 3rd Saturday of the month.

From 1pm -4pm

OP VETBUILD

**Contact: Anthony Swards
teutonicknights@shaw.ca**

TABLETOP

**Contact: James Morris
phgang02@hotmail.ca**

**Kingsway Legion Branch #175
14339 50th Street, Edmonton, AB**

Red Shirt Friday History



Military spouses Lisa Miller and Karen Boier organized an event and rallied many of their fellow Canadians to show up wearing red. While the "RED" is the color that fits the acronym, it also happens to work perfectly with the Canadian flag.

Red Shirt Friday History

These events gathered steam and grew continuously until, eventually, its reach extended all the way up to the Canadian Prime Minister, Stephen Harper. On **Sept 23rd, 2006**, Harper led a rally of thousands in a show of solidarity for the Canadian soldiers deployed to Afghanistan as part of the Global War on Terrorism.

RED Fridays seem to wax and wane in terms of popularity among civilians, but the core of the movement is important: to Remember Everyone Deployed. The Global War on Terrorism is now officially older than troops eligible to enlist and serve in that same war — it's important to remember that we've *still* got men and women out there fighting for us.

It's not hard to show your support for the troops: Simply pick something red from your members, and supporters of the troops, but it actually got its start about a dozen years ago. Let's talk about how this patriotic way of showing your support for the troops that are in harm's way got started and why it's an important movement.

It was back in the “old days”, when we were still on the “Kingsway” site that a member, Sapper, told me a story of a logo design that he put on a red T-shirt, for the local MFRC to sell to help pay for their programs. They didn't have the resources to do so. I asked him if I could take it on instead. Chuck Isaacs gave me permission, and TNT Promo Products Ltd. kept me supplied with the T-shirts and the merchandise that helped raise thousands of dollars for our local Military Family Resource Centre. Through our Legion, the Exhibition and many other locations in and out of Alberta, we were able to raise these funds. Thank you, Mac, Betty, Wayne, our office staff, and everyone else who volunteered during these events. Do you remember signing a banner thanking all of our troops, during this time?

Victoria (Vicki) Torrie



**AS A CF VETERAN YOU'LL BE
IN VERY GOOD COMPANY.**

Commissionaires. Work with like-minded people in new opportunities.

Commissionaires:

- > **Providing rewarding employment to veterans for over 80 years.**
- > **Canada's leading security provider, based on a solid reputation of integrity.**
- > **Diverse opportunities, full & part time shifts, competitive pay, and benefits for full-time employees.**

You:

- > **Work alongside other former members of the Canadian Forces.**
- > **Continue doing what you do best – protecting Canadians.**
- > **Belong to an organization with a real purpose.**

Visit www.commissionaires.ca/veterans or contact recruitment at [780-451-1974](tel:780-451-1974) ext 239 today for immediate opportunities!



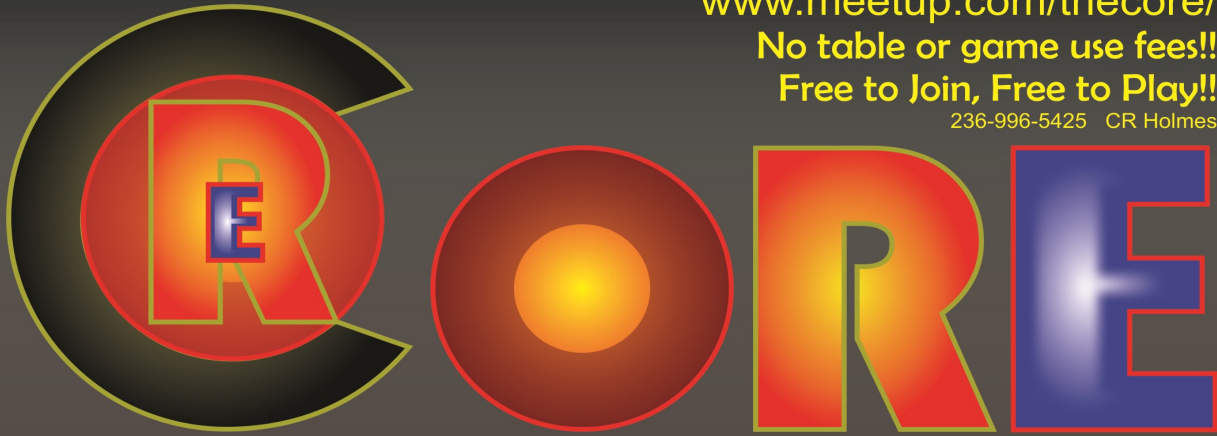
Looking for Gamers!!!

www.meetup.com/thecore/

No table or game use fees!!

Free to Join, Free to Play!!

236-996-5425 CR Holmes



Gamers to the core

**Do you like ANY kind of gaming?
Card, Dice, Roleplay, Minis, LARP**

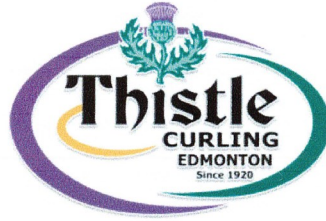
Join up.

**If we don't play it;
I will connect you with a group that does.
Or help you start one so that you can
enjoy playing what you like to play.**

**The key is to get together
"Face to Face"
and enjoy the times together.**

Memories will last forever.

Come and join us every Saturday at Kingsway Legion #175 located
at 14339—50 Street, NW, Edmonton, AB



Looking For New Curling Members

All Skills Welcome

Great place to meet great people and have fun!

MONDAY MIXED AM SENIORS

2 Sessions of 10 games – Teams Change

Oct 16 – Dec 18, 2023 Christmas Banquet - Dec 19, 2023	Jan 8 – Mar 18, 2024 Spring Banquet - Mar 19, 2024
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\$ 120.00 / Session (Includes banquet and prizes)

Contact: Al Wright @ 780-880-2111 / adwright@me.com

Want to spare for Mondays? \$5.00/game

Contact: Linda Froese @ 780-271-9123 / froese2@telus.net



TUESDAY / THURSDAY AM SENIORS MEN

3 Sessions of 15 games – Team Change

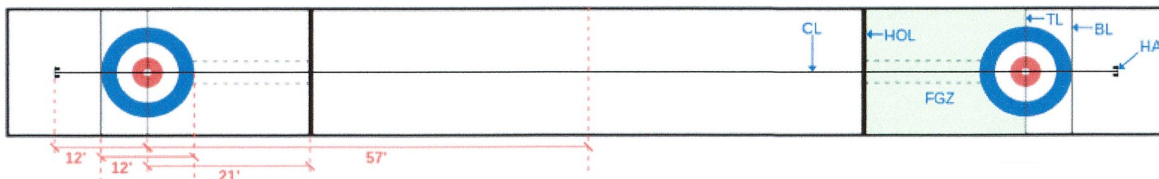
Oct 3 – Nov 23, 2023	Nov 28/23 – Jan 25/24 Christmas Banquet - Dec 19, 2023	Jan 30 – Mar 19, 2024 Spring Banquet - Mar 19, 2024
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\$ 155.00 / Session (Includes banquet and prizes)

Contact: Lyle Dahl @ 780-464-3396 / ledahl@telus.net

Want to spare for Tuesday / Thursday - \$5.00 /game

Contact: Les Mckain @ 780-463-0763 / les.r.mckain@gmail.com





Home Care

Need Care Services?

Let us help with:

- Personal care
- Housekeeping
- Medication assistance
- Appointment support
- Companionship
- Support with government funding



780.328.6500 Northwest

780.423.9100 South

780.328.6655 East



Serving Edmonton and Area

The 360° Approach

At Qualicare, we view home care through a holistic lens, with the goal of improving quality of life from every possible angle. In keeping with this view, we offer four different types of complementary home care services, covering a full spectrum of caregiving needs directed by our local Care Experts.

Care Expert

Our Care Experts have an extensive background in home or health care, and many are Registered Nurses. They'll be there every step of the way guiding and/or providing access to local resources. Care Experts play an important part in every aspect of our 360° Approach, including leading the planning process, managing the client's 360° Care Plan, and coordinating with caregiving staff and family members.

Daily Tasks & Household Management

Our caregivers offer a helping hand around the home and assist with activities of daily living. These activities include:

- Dressing & Grooming
- Bathing, Toileting & Hygiene
- Mobility & Transfer Assistance
- Medication Reminders
- Exercise Assistance
- Grocery Shopping
- Prescription Pickups
- Meal Planning & Preparation
- Housekeeping & Laundry
- Transportation Services
- Wellness Monitoring

Specialized Health Care

As we work together, we'll discuss your loved one's health and well-being along with additional services that may be needed or specialized for their care. Including but not limited to:

- Alzheimer's & Dementia Care
- Hospital to Home Care
- Hospice & Palliative Care

Companionship & Outings

We incorporate emotional care into each client's 360° Care Plan. This way, we're always finding ways to make life more enjoyable and joyful. We support this with:

- Conversation & Companionship
- Leisure Outings
- Mindful Activities
- Errand Services
- Appointment Assistance

Family Care Coordination

Designed to support the entire family, this type of care provides a truly consultative approach to home care services. We offer:

- Family Care Planning
- Family Care Scheduling
- Family Care Monitoring
- Respite Care
- Family Caregiver Support
- Medical Equipment & Supplies





Kingsway Legion Branch
 14339 – 50th Street NW, Edmonton Alta
 Edmonton AB T5A OS9 780 425-8654



OCTOBER 2023

Branch Hour: SUNDAY CLOSED MONDAY 5 pm – 11:00 pm, Tuesday- Saturday 11 am – Close
Closing time varies depending on number of people in the Canteen

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 CLOSED	2 Opens at 5 pm Pool EEE 6pm Crib 6:30 pm Darts 7 pm	3 Pool Tourney 11:30 Canasta 12:30 pm Over 60 Darts 1 pm Dart League 7pm	4 Meat Draw 5:30 pm Pool EEE 6pm Peggars 6:30 pm Euchre 7 pm	5 Pool Tourney 11:30 Over 60 Darts 1pm Jam Session 5 pm Old Tyme Fiddlers Shuffleboard 6:30 Pool League 6:30 pm	6 Meat Draw 5:30 Shuffleboard 6:30 pm Entertainment: 7 – 11 pm Daybreakers	7 Pool Tourney noon Meat Draw 1 pm Music Bingo 6 pm Entertainment: 7 – 11 pm Daybreakers
8 CLOSED	9 THANKS - GIVING DAY	10 Pool Tourney 11:30 Canasta 12:30 pm Over 60 Darts 1 pm Dart League 7pm	11 Meat Draw 5:30 pm Pool EEE 6pm Peggars 6:30 pm Euchre 7 pm	12 Pool Tourney 11:30 Over 60 Darts 1pm Jam Session 5 pm Kingsway Cowboys Shuffleboard 6:30 Pool League 6:30 pm	13 Meat Draw 5:30 Shuffleboard 6:30 pm Entertainment: 7 – 11 pm Trick Ryder	14 Pool Tourney Noon Meat Draw 1 pm LA Bingo 2 pm Entertainment: 7 – 11 pm Trick Ryder Gala & Silent auction 7pm
15 Farmers Market (inside) 11- 3pm Octoberfest Buffet 4-7pm	16 Opens at 5 pm Pool EEE 6pm Crib 6:30 pm Darts 7 pm	17 Pool Tourney 11:30 Canasta 12:30 pm LA Ex meeting 12:30 Over 60 Darts 1 pm Dart League 7pm	18 Meat Draw 5:30 pm Pool EEE 6pm Peggars 6:30 pm Euchre 7 pm	19 Pool Tourney 11:30 Over 60 Darts 1pm Jam Session 5 pm Old Tyme Fiddlers Shuffleboard 6:30 Pool League 6:30 pm	20 Meat Draw 5:30 Shuffleboard 6:30 pm Entertainment: 7 – 11 pm Sweetwater	21 Pool Tourney Noon Meat Draw 1 pm St Patrick Event 5pm Entertainment 7 – 11 pm Sweetwater
22 Farmers Market (inside) 11- 3pm	23 Opens at 5 pm Pool EEE 6pm Crib 6:30 pm Darts 7 pm	24 Pool Tourney 11:30 Canasta 12:30 pm LA Gen meeting 12:30 Over 60 Darts 1 pm Ex meeting 6:30 Dart League 7pm	25 Meat Draw 5:30 pm Pool EEE 6pm Peggars 6:30 pm Euchre 7 pm	26 Pool Tourney 11:30 Over 60 Darts 1pm Jam Session 5 pm Trick Ryder Shuffleboard 6:30 Pool League 6:30 pm	27 Meat Draw 5:30 Shuffleboard 6:30 pm Entertainment: 7 – 11 pm Sparkling Tones	28 Pool Tourney Noon Meat Draw 1 pm Entertainment: 7 – 11 pm Sparkling Tones
29 Farmers Market (inside) 11- 3pm	30 Opens at 5 pm Pool EEE 6pm Crib 6:30 pm Darts 7 pm	31 Pool Tourney 11:30 Canasta 12:30 pm Over 60 Darts 1 pm Dart League 7pm Gen Meeting 7 pm				