

THIS WEEK AT FASTKIX

May 4, 2024 to

May 11, 2024



REGULAR SCHEDULE

MONDAY THROUGH FRIDAY

NO SATURDAY CLASSES

May 11

for the NJ AAU Taekwondo Championship!

FASTKIX

Celebrate Mother's Day at Fastkix

BRING YOUR MOM TO CLASS DAY
Thursday, May 9th - All Classes!
Every mom who attends class with their child will receive a gift certificate to train for free

The graphic features a background of colorful tulips. In the center is a framed photo of a group of mothers and children in taekwondo uniforms. The text 'Celebrate Mother's Day at Fastkix' is written in a cursive font over the tulips. A red banner at the bottom contains the promotional text.



IMPORTANT DATES

**Tuesday, May 7 - Matawan Girl to Girl Mentor Class
6:15 pm**

**Wednesday, May 8 - Spotswood Girl to Girl Mentor Class
6:15 pm**

**Thursday, May 9 - BRING YOUR MOM TO CLASS DAY!
All classes**

**Saturday, May 11 - NJ AAU Championship at Teaneck
Armory
ALL CLASSES CANCELLED**

Wednesday, May 15 - Matawan Instructor Class 5:30 pm

Tuesday, May 21 - Spotswood Instructor Class 5:30 pm

**Friday, May 24 through Monday, May 27
CLOSED for Memorial Day Weekend**



IMPORTANT DATES

Saturday, June 8 - FASTKIX CHAMPIONSHIP!

Thursday, June 13 - BRING YOUR DAD TO CLASS DAY!
All Classes

Saturday, June 22 - NINJA SATURDAY

Thursday, July 4 through Sunday, July 7
CLOSED for 4th of July Weekend

Sunday, August 18 - 11:00 am to 2:00 pm
Fastkix Picnic at Thompson Park, Monroe Twp.



TAEKWONDO FOCUS

**ALL WEEK (MONDAY THROUGH FRIDAY)
THIRD/FINAL FORMS SEQUENCE**

AND

TOURNAMENT PREPARATION

Please bring your gear every day!

MAY FOCUS SCHEDULE COMING SOON!





FASTKIX CHAMPIONSHIP

JUNE 8, 2024

ALL AGES + RANKS!

MINI-MASTERS EVENTS

GRAND CHAMPION AWARDS!



NINJA SATURDAY

**SATURDAY, JUNE 22, 2024
IN SPOTSWOOD**

**10:00 AM
MINI MASTERS
10:30 AM - 12:00 PM
TAEKWONDO
STUDENTS
ALL AGES/RANKS
ALL SATURDAY
KICKBOXING, MINI
MASTERS & TAEKWONDO
CLASSES CANCELLED**





FASTKIX GIRL TO GIRL MENTOR PROGRAM

Every second week of the month, we'll be meeting so our older female students can be mentors to our younger female students! We'll meet, explain the program, and catch up!

MATAWAN

TUESDAY, MAY 7TH 6:15 PM TO 7:00 PM

SPOTSWOOD

WEDNESDAY, MAY 8TH FROM 6:15 PM TO 7:00 PM





Celebrate Mother's Day at Fastkix



BRING YOUR MOM TO CLASS DAY
Thursday, May 9th - All Classes!
Every mom who attends class with their child
will receive a gift certificate to train for free ❤️

BRING YOUR DAD TO CLASS DAY!

Thursday, June 13th
ALL CLASSES



EVERYDAY IS ANOTHER CHANCE TO



We have a great day planned with
special training gifts for all our dads!

NEXT CLASS

MATAWAN

MAY 15

SPOTSWOOD

MAY 21



INSTRUCTOR CLASS

Instructor Class will be held
EVERY MONTH!

**MATAWAN - Every third Wednesday
from 5:30 pm to 6:15 pm**

**SPOTSWOOD - Every third Tuesday
from 5:30 pm to 6:15 pm**

**Are you 11 or younger and at least a brown belt
-OR- age 12 and up and at least a green belt?
THEN YOU CAN BE AN INSTRUCTOR!**

**ALL INSTRUCTORS
MUST ATTEND!**

**New Trainees are welcome
to try out in this class!**



FASTKIX PICNIC

Sunday, August 18, 2024

11:00 am - 2:00 pm

THOMPSON PARK GROVE 4A
1682 Perrineville Road
Monroe Twp., NJ 08831

Starting May 6th,

students may wear

Summer
Uniforms!

Summer uniform is a Fastkix T-shirt (no other shirts please), uniform pants & belt

Easy Ordering at

www.fastkix.com/pro-shop



GET YOUR ORDERS IN TODAY!

Orders take a couple weeks and we order when we have the minimum quantity of 6 items needed.

SUMMER SPECIAL



**Home for Summer?
Come back to Fastkix to train!
RETURNING STUDENTS ONLY
SUMMER SPECIAL**

1 month of unlimited taekwondo classes \$200

2 months of unlimited classes \$350

3 months of unlimited classes \$500



In loving memory of Connor Corcoran

Our Fastkix family is devastated at the loss of Connor. He joined Fastkix Taekwondo when he was 6 and has been a huge part of our Fastkix family since his first day. He earned his 3rd Degree Black Belt, was a longtime member of our Competition Team, and two years ago joined our staff as an instructor. Most recently, he was also the assistant Competition Team coach. He was a gifted athlete, supportive teammate, fierce competitor, incredible coach and beloved friend whose smile lit up the room. To see Connor in action was truly a gift to behold and all of our students adored him. His passion for martial arts made Fastkix the special place that it is and his presence will be irreplaceable. Tragically, Connor passed away on Tuesday, April 23rd, and we are all heartbroken.

Connor's family has graciously asked for memorial contributions to be made to Fastkix Taekwondo to help parents of children in need of mentoring. This might be in the form of a scholarship toward membership or competition fees, an award toward the cost of gear, grief counseling to help cope with Connor's loss, or possibly some other type of ongoing financial award to honor Connor's memory. We are still working on the details of this to find the most fitting way to honor Connor's contributions to so many people's lives.

Obituary:

SPOTSWOOD – CONNOR JAMES MICHAEL CORCORAN passed away on Tuesday, April 23, 2024 in Brooklyn, New York. He was 18 years old.

Born in New Brunswick to Michael Corcoran and Clavell Phillip, he has been a resident of Spotswood his entire life. Connor was a 2023 graduate of Spotswood High School. Connor was also a student at Fastkix Taekwondo school in Spotswood for 12 years and for the last 2 years was employed as an instructor at Fastkix. Teaching and mentoring many young people at their wonderful facility. We would be remiss if we didn't acknowledge the good work they do along with the taekwondo community at large. He made us all proud of his commitment to physical fitness. Within the past year, he also became a member at Strategic Martial Arts Academy in Sayreville. Connor was never one to brag about his ability and skills. He was always humble and willing to help anyone in need. His other interests were hanging around with his peers, video games, creating his own music and any outdoor activity.

Surviving are his parents, Michael Corcoran and Clavell Phillip, both of Spotswood; his sister, Anjelique Phillip; and many aunts, uncles and cousins who all cherished him.

Family and friends may visit on Sunday, April 28, 2024, from 3:00 to 6:00 pm, at The BRUNSWICK MEMORIAL HOME, 454 Cranbury Road, East Brunswick, NJ.

A graveside service will be held on Monday, April 29, 2024, at 10:00 am, at Chestnut Hill Cemetery, East Brunswick.

Memorial contributions may be made to Fastkix Taekwondo to help parents of children in need of mentoring.

<https://www.gofundme.com/f/connor-corcoran>

 We will always love & remember you Connor.