

What's on the Menu?

AOD School Food Program K8
St. Augustine Catholic School

September 2023

Monday

Tuesday

Wednesday

Thursday

Friday

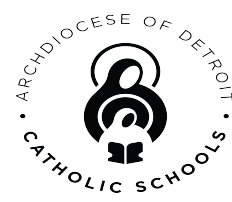
Available Daily

Entrée 2 – Garden Salad w/ Chicken & Pita Bread
Entrée 3 – Soy Butter & Grape Jelly

Fruit, Milk and Vegetables available with all Entrées

- School's **MUST** offer all **5** components (**Grain, Fruit, Milk, Protein and Veggie**). Students **MUST** choose **3** or more food groups. **1** component **MUST** at least be ½ cup fruit and/or vegetable

1
NO SCHOOL



4
NO SCHOOL

★ 5
Chicken Drumstick
Collard Greens
Sweet Tater Tots
Fresh Orange
Baked Cookie

6
Cheeseburger
Baked Beans
Celery Sticks
Fresh Grapes

7
Chicken Tenders
French Fries
Assorted Fruit Cup

8
Homemade Pizza
Baby Carrots
Assorted Fruit



11
Beef Enchiladas
Sour Cream
Refried Beans
Seasoned Corn
Fresh Apple

★ 12
Grilled Cheese
Sandwich
Soup
Seasoned Broccoli
Fresh Orange

13
Bosco Sticks
Marinara
Celery & Carrot Sticks
Fresh Cantaloupe

14
Chicken Nuggets
Tater Tots
Assorted Fruit Cup
Baked Cookie

15
Homemade Pizza
Baby Carrots
Assorted Fruit



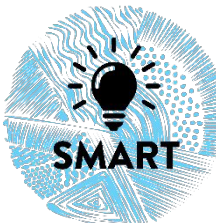
18
NO SCHOOL

★ 19
Chicken Alfredo
Broccoli & Carrots
Fresh Orange
Baked Cookie

20
Cheeseburger
Baked Beans
Baby Carrots
Fresh Banana

21
Chicken Tenders
French Fries
Assorted Fruit Cup

22
Homemade Pizza
Baby Carrots
Assorted Fruit



25
Beef Taco
Seasoned Black
Beans & Corn
Fresh Apple

★ 26
Spaghetti &
Meatballs
Cheesy Broccoli
Seasoned Carrots
Fresh Orange

27
Bosco Sticks
Marinara
Celery & Carrot Sticks
Fresh Grapes

28
Chicken Nuggets
Tater Tots
Assorted Fruit Cup
Baked Cookie

29
Homemade Pizza
Baby Carrots
Assorted Fruit