

What's on the Menu?

AOD School Food Program K8
St. Augustine Catholic School

Monday

Tuesday

Wednesday

Thursday

Friday

October 2023

2
Taco
Refried Beans
Assorted Fruit
Seasoned Corn

★ 3
Beef Hot Dog
Tater Tot
Fresh Orange
Baked Cookie
Smoothie

4
Cheeseburger
Baked Beans
Baby Carrots
Fresh Pear

5
Chicken Tenders
French Fries
Assorted Fruit Cup

6
Cheese Pizza
Baby Carrots
Assorted Fruit

9
Walking Taco
Seasoned Black
Beans & Corn
Fresh Apple

★ 10
Mashed Potato
Chicken Bowl
Seasoned Broccoli
Fresh Orange
Smoothie

11
Bosco Sticks
Marinara
Celery & Carrot Sticks
Fresh Cantaloupe

12
Chicken Nuggets
Tater Tot
Assorted Fruit Cup
Baked Cookie

13
Cheese Pizza
Baby Carrots
Assorted Fruit

16
NO SCHOOL

★ 17
Chicken Drumstick
Collard Greens
Sweet Tater Tot
Fresh Orange
Baked Cookie
Smoothie

18
Cheeseburger
Baked Beans
Celery Sticks
Fresh Grapes

19
Chicken Tenders
French Fries
Assorted Fruit Cup

20
Cheese Pizza
Baby Carrots
Assorted Fruit

23
Beef Enchiladas
Sour Cream
Refried Beans
Seasoned Corn
Fresh Apple

★ 24
Grilled Cheese
Sandwich
Soup
Seasoned Broccoli
Fresh Orange
Smoothie

25
Bosco Sticks
Marinara
Celery & Carrot Sticks
Fresh Cantaloupe

26
Chicken Nuggets
Tater Tot
Assorted Fruit Cup
Baked Cookie

27
Cheese Pizza
Baby Carrots
Assorted Fruit

30
French Toast Sticks
Sausage Links
Hashbrown
Baby Carrots
Fresh Apple

★ 31
NO SCHOOL

Available Daily
Entrée 2 – Garden Salad w/ Chicken & Pita Bread
Entrée 3 – Soy Butter & Grape Jelly
Fruit, Milk and Vegetables available with all Entrées
- School's **MUST** offer all **5** components (**Grain, Fruit, Milk, Protein and Veggie**). Students **MUST** choose **3** or more food groups. **1** component **MUST** at least be ½ cup fruit and/or vegetable

