Tunnel Ball: (I’ve done a variation of this one before)

<http://www.freeyouthsoccerdrills.com/coaching-youth-soccer-2.html>

Foxes and Chickens:(We used to call this something different, but the kids liked it)

<http://www.freeyouthsoccerdrills.com/kids-soccer.html>

Pirates of the Carribbean:

<http://www.freeyouthsoccerdrills.com/kids-soccer-drills.html>

Kick the coach: ( Video has a different variation)

<http://soccerhelp.com/shshop/coach-doug-dvd-hit-the-coach-practice-game.php>

Keep away from parents:

Parent chases player and player dribbles to keep away from parent (example in the 12 minute video below)

Kick the ball between parents legs and dive on it:

(example in the 12 minute video below)

Here’s a good document with a lot of games as well as a general philosophy:

<http://assets.ngin.com/attachments/document/0018/8845/U4_Curiculum_2010_2011.pdf>

Here are practice plans that reference the above document:

<http://assets.ngin.com/attachments/document/0018/8846/PracticePlanNo1-10.pdf>

Here’s a good program overview with a 12 minute video:

<http://www.coachingsoccer.ca/2013/07/delivering-u4-active-start-soccer.html>

Thoughts:

* We have 55 kids, maybe break them up into 4 groups?
* Up/Down/Up/Down exercises
* **Should we just try using the practice plans from soccerhelp.com linked above?**
* Goals for leaders:
  + Every kid has his/her own ball
  + Keep the kids moving - no lines
  + Get the parents involved
  + Be enthusiastic and encouraging
  + Kids should have fun so they want to come back and play next season