

# VFW Bert Fuller Post 9578

## Newsletter

August 2022 Alpine, CA



### Commander's Message

Comrades,

As always I would like to say welcome to all of our new members as well as everyone who is receiving this newsletter for the first time. Our post continues to be a staple in this community through your support and membership to our **Post**.



I would like to take a moment to thank our **Canteen** staff. They are not here to work because the money is great; they are here because they all want to give back to **Veterans**. Our **Post** depends on them and our **Post** is grateful for them. One way to demonstrate your gratefulness is to show them respect at all times when in or around **Canteen**. This starts with your attitude and language! When you come to the **Post**, please take the time to thank our amazing ladies: **Dani, Darla, Gigi, Heather, Jessica, Katie, Kimberly, and Sandy**.

Please keep looking at the events calendars that are emailed out weekly and continue to support your local Veterans by patronizing the **Post**.

### Upcoming Post Events

See what's happening this month on our Facebook page! Please click this link:



### Quartermaster's Report

The current economic downturn and high fuel costs have not yet had a significant negative effect on the **Post**. Our bar and food sales volume remains steady. The continued positive support of our members and patrons provides a clear picture of how much people enjoy attending our **Post** and a reflection of the great hospitality we provide.



We want to publicly thank **Ace Hardware** for donating 144 U.S. flags to be used at cemeteries.

However, the aging of our membership does not bode well for the **Post's** future. Please help us try to locate eligible members for the **VFW** and also our **Post Auxiliary**. Just get the eligible names to us with their contact information and we will reach out to recruit them as new members.

Please attend the **General Meeting** at **11 a.m.** on **Saturday, August 13th** with your comments and questions.

I am always available to hear any comments, complaints, and requests for assistance from all members of our great **Post!**

I will be 80 years old on August 22nd and want to thank all members of **Post** for your support and assistance in making Alpine **VFW Post 9578** the best in California.

**Carl**  
Quartermaster

I am blessed and honored to serve as your **Commander** and I deeply appreciate all of you as members and patrons of this great **Post**! If you need to reach out to me, please call me at **(858) 729-3911**. I am here for you - the **Veterans**, the **Auxiliary**, our families and the community of **Alpine**!

I hope each and every one of you have an amazing month of August!

## John

Post Commander  
John Sullivan

## Chaplain's Message

With careful search, one can occasionally find something worthwhile on the internet. I have found something very appropriate for a group such as ours, and which bears repeating (and applying). It is attributed to **Rumi**, a famous Sufi mystic poet (1207 - 1273):

“Before you speak, let your words pass through three gates:  
Is it TRUE?  
Is it NECESSARY?  
Is it KIND?”

Also, the following is an applicable Native American prayer by **Laurel Singing Water Cat**:

*Great Spirit, God, Creator of All,  
I welcome You into my heart, mind, body and soul;  
There is always room for You here.  
Grant me the wisdom to heed my inner voice,  
And the strength to stay grounded while I sing my sacred song.  
Guide me down my chosen path and give me the courage to pursue what is available to me.  
I am thankful for the lessons and grateful for my struggles.  
I have not forgotten what has brought me to where I am today.  
Open my heart to the healing wholeness of nature.  
We are all related, and through this I will find serenity.  
Great Spirit, God, Creator of All,  
cleanse my spirit and wash my soul.  
There is always room for You here.*  
I recently learned that **Life Member U.S.**



Carl Silva

## House Committee Report

Comrades,



I hope everyone is staying cool, it's been a hot summer so far. We have the air conditioning on at the **Post** so stop by and stay cool. When you come to the **Post**, please make sure to shut the doors after you enter which will help the A/C to not work so hard.

If you are planning on serving food or cooking at the **Post**, we will need to have a food handlers card for you on file prior to the event or service. You can get it online at a minimal cost.

We are looking for a Member who has CA security guard credentials to pull security on Friday and Saturday nights at the Post. Duties will be discussed at the next **General Meeting**. We are also looking into private security as well, during the summer months.

We are working on streamlining our liquor offerings to reduce the Canteen's inventory size. We are reducing liquor stock on hand for better control of our operating expense.

We are in rattlesnake season here in Southern CA, so please be aware when you come to the Post. If you spot one, please do not approach it and let the **Post** staff know where you spotted it.

Have a great rest of your summer and drink lots of water and use sunscreen when you are out and about.

This month the **House Committee** will meet at **10 a.m. Saturday, August 13th** at the Post.

## John

Post 9578 House Committee member  
John Rizzo

## Auxiliary President's Message

Summer is cruising right

**Army veteran Walter Wisniewski** passed away April 21st, and his service was held July 16th. May he rest in Peace.

### Theo

Post 9578 Chaplain  
Theodore Bazdorf

## Special Notice regarding Post Events, Meals

*The prices displayed on various Post flyers and menus and also in this newsletter are subject to change without advance notice. Thank you for your understanding.*

### Monday Nights @ The Post

6 p.m. **Texas Hold'em**



*Open to the public for meals and entertainment*

Stay connected with our up-to-date Facebook:

[@AlpineVFW9578](#)

or:

[www.vfw9578.com](http://www.vfw9578.com)

*Alpine VFW Post 9578 844 Tavern Road, Alpine (619) 445-6040*

### Wednesday Nights @ The Post

5 – 7 p.m. **Fundraiser Games**

5 – 9 p.m. **Karaoke**

*Open to the public for meals and entertainment*

Stay connected with our up-to-date Facebook:

[@AlpineVFW9578](#)

or:

[www.vfw9578.com](http://www.vfw9578.com)

*Alpine VFW Post 9578 844 Tavern Road, Alpine (619) 445-6040*

along as we head into August; and Fall will be here shortly. Please stay tuned as we have some great events in store for you this year.



As COVID-19 continues in our community as well as the normal concerns of our veterans, the concern of suicide awareness and mental health is as always very important. I urge you all to be aware of those around you that may be in crisis and need help. If you or anyone you know is in crisis the **VA Veterans Crisis Hotline** number is (800) 273-8255 and is staffed 24/7/365. Also, beginning this month, dialing 988 will direct your call into the **National Suicide and Crisis Lifeline**. Please be there to support each other. If you know of any **Post member or Veteran** that is going through a hard time please contact me and we will see how the **Post Auxiliary** can help.

A big shout of to all those that helped cook and serve burgers and hot dogs at our **Post** on July 4th. Also, thank you to all those who joined us for lunch!

We are always looking for ways to get people involved. If you are an Auxiliary member and would like to get more involved please feel free to contact me at (760) 696-2962 or [buxonm@gmail.com](mailto:buxonm@gmail.com).

Please have an amazing summer! We hope to see you at our regular **Auxiliary** meeting at **10 a.m.** on **Saturday, August 6th**. Thank you for all that you do to support our post and veterans. We look forward to seeing you at our next meeting.

Yours in Service,

### Michael

Post 9578 Auxiliary President  
Michael Charles Buxton

A great way for members of the Alpine community to support their **Bert Fuller VFW Post 9578** is to join the post auxiliary. Check the Auxiliary Facebook page for details; click on this link: [VFW Post 9578 Auxiliary](#)

## Auxiliary Chaplain's Message

Here it is August 2022! I have a milestone

# Friday Nights @ The Post



## FRIDAY DINNER

5 – 7:30 P.M.

**Fish & Chips Dinner - \$16**

**Fish & Shrimp Dinner - \$16**

**Shrimp & Chips Dinner - \$16**

**½ Fish or Shrimp Dinner - \$9**

**Chicken Sandwich & Fries - \$11**

**Shrimp Cocktail - \$11**

**Shrimp Skewer - \$9**

**Shrimp Salad - \$9**

**Individual Shrimp - \$1 each**

**French Fries - \$3**

**Dinner Salad - \$6**

**Dessert - \$3**



6 – 10 p.m. Friday Night Karaoke  
with Fred Johnson



Stay connected with our up to date Facebook:

@AlpineVFW9578 or: [www.vfw9578.com](http://www.vfw9578.com)

Open to the public for meals and entertainment

Alpine VFW Post 9578 844 Tavern Road, Alpine (619) 445-6040

Alpine VFW Post 9578 Auxiliary Presents:

## “Burgers with a View”

11 a.m. – 1:30 p.m. Saturdays

**\$8 Burgers \$6 Hot Dogs**



**Sides include:**

**Beans**

**Chili**

**Potato or Macaroni Salad**

**Chips**

Open to the public for meals and events

844 Tavern Road, Alpine (619) 445-6040



birthday this month. And as I reflect on this monumental birthday, I ask myself: have I accomplished all I was destined to? I have to think about that one. When I was young, I didn't have ambition to “be someone” or “do something”. I just lived, as if it would just manifest to me. I am second oldest of 7 – lots of babysitting in my younger years! I didn't know what I wanted to be – other than what I just knew how to do. I wanted to be a Mom – that was very clear. I was cut out for that. Giving birth to four amazing human beings, that path was easy and had been taken. Was that it? Or was there something more for me?



I came to California. I worked in two banks; raised two children; housecleaned, babysat, and worked in an office around them. I raised two more children; did the same. But as my children got older, I knew I needed to get serious about finding my path. It came to me in the form of becoming a tax preparer. I was nearly 50 years old when that happened. I had finally found by life's work. Or so I thought... As it turned out, that was my income stream, but not my life's work. Not my “making a difference in this world” work.

When you were young, did you wonder how your life would turn out? Did you always know, or did you have to search? Did you want to make a difference, or did you even think of that? I have marveled at anyone that knew exactly what they wanted to do from the get-go and achieved that. I was still looking...

When I became a member of **VFW Post 9578** in September 2017 and then in July 2019, became the **Auxiliary Chaplain**, THAT, without a doubt, was my life's work. Actually, more like my life's purpose and meaning. I love this position. I love what I can give and do for others. I love the feeling that touches my heart when someone tells me that I have made a difference in their day, their life, their purpose on this Earth.

When I lost my oldest son five years ago, I felt like I would probably just exist going forward. It was the hardest kick of my life. But I found out I had a much different reason to go on. And I am now content with that.

Think about your life. A lot of us are older and maybe we think our purpose has been

VFW 9578 Alpine

### Saturday Dinner Menu

5 - 7:30 p.m.



#### \$22 Ribeye Steak Dinner

Baked Potato Vegetable Dinner Roll

Ribeye Steak & Shrimp Dinner \$29

Shrimp Dinner \$20

Shrimp Cocktail \$11

Shrimp Skewer \$9

Salad \$6

Extra Vegetable or Potato \$3

Dessert \$3



Stay connected and up to date with our Facebook:

@AlpineVFW9578 or VFW Website: www.vfw9578.com

Open to the Public for meals and entertainment

Alpine VFW Post 9578

844 Tavern Road, Alpine (619) 445-6040

fulfilled. Has it? Can you do more? Be more? Help more? Give it a try. As long as you can get up and go – you can get up and do something more!

**Good deeds express thankfulness to God.**

P.S. – I'll be 70! 😊 Happy Birthday to our **Quartermaster Carl** who is turning 80 this month!

With peace and love, Jan Bazdorf

### Jan

Post 9578 Auxiliary Chaplain  
Jan Bazdorf

### Canteen Manager's Message



Come out to the **Post**, bring your friends and enjoy a wonderful meal. Join in the fun!

Be sure to purchase raffle tickets every time you visit the **Post**. We are always looking for donations, especially for raffle prizes.

The **Raffle Basket** and **Raffle Wagon** tickets are each sold for \$1 donation each and six (6) tickets for \$5 donation.

For **Post Raffle Basket** and **50/50** tickets: please put your name and contact number on all tickets that you purchase since you do not have to be "present" to win!

### Kimberly

Canteen / Entertainment Manager  
Kimberly Rivera

## Saturday Nights @ The Post

6 – 10 p.m. August 6<sup>th</sup>

VFW Post 9578 ALPINE, CA  
**LIVE MUSIC**  
**The Whole She-Bang**  
Dance Band 60' 70's & 80's classic rock and pop to get the party going!

6 – 10 p.m. August 13<sup>th</sup>

**The Mellow Downs**

5 – 9 p.m. August 20<sup>th</sup>

**BROWN SUGAR OLDIES**  
San Diego's only  
"Oldies by Request" Music Group  
Music of the 50's-80's and |  
Welcome to Requests

6 – 10 p.m. August 27<sup>th</sup>

**ODDVox**

Rick Favale Jimmy Lewis Pete Peaturo

Alpine VFW Post 9578  
844 Tavern Road, Alpine  
(619) 445-6040

5 – 7:30 p.m. Dinner Service

#### \$22 Ribeye Steak Dinner

Ribeye Steak  
Baked Potato  
Vegetable  
Dinner Roll



Ribeye Steak & Shrimp Dinner \$29

Fish & Shrimp Dinner \$16

Shrimp Dinner \$20

Shrimp Skewer \$9



Shrimp Cocktail \$11

Salad \$6

Extra Vegetable or Potato \$3

Dessert \$3

Open to the Public  
for Events and Meals

## VFW Bert Fuller Post 9578

### Mission Statement:

- To foster camaraderie among United States veterans of overseas conflicts
- To serve our veterans, the military and our communities
- To advocate on behalf of all veterans

## VFW Bert Fuller Post 9578 Vision is to ensure that:

- Veterans are respected for their service
- Always receive their earned entitlements
- Are recognized for the sacrifices they and their loved ones have made on behalf of this great country

## VFW Bert Fuller Post 9578 Core Values:

- Always put the interests of our members first
- Treat donors as partners in our cause
- Promote patriotism
- Honor military service
- Ensure the care of veterans and their families
- Serve our communities
- Promote a positive image of the VFW
- Respect the diversity of veteran opinions

## Post Officers & Trustees

**John Sullivan** - Commander  
**Richard Simmons** - Sr Vice Commander  
**Vacant** - Jr Vice Commander  
**Carl Silva** - Quartermaster  
**Theo Bazdorf** - Assistant Quartermaster  
**Theo Bazdorf** - Chaplain  
**Theo Bazdorf** - Adjutant (temporary)  
**Jim Bilka** - Judge Advocate  
**Vacant** - Service Officer  
**Need Volunteer** - Surgeon

**Fred Rivera** - 1st Year Trustee  
**Rich Martindell** - 2nd Year Trustee  
**James Abercrombie** - 3rd Year Trustee

## Auxiliary Officers

**Michael Buxton** - President  
**Nancy Hauer** - Senior VP  
**Vacant** - Junior VP  
**Jan Bazdorf** - Chaplain  
**Jessica McKittrick** - Treasurer  
**Erika Simmons** - Secretary  
**Vikki Hemmen** - Conductress  
**Sven Ricketts** - Guard

**Darren Pyle** - Trustee #1  
**Bob Bealo** - Trustee #2  
**Pat Alston Aldrich** - Trustee #3

## House Committee

**Mark Traplay** - Chairperson  
**Dan Focht** - Member  
**Richard Simmons** - Member

Alpine VFW Post 9578

## Sunday Breakfast Menu

Served 9 a.m. - 12:30 p.m.

- Ribeye Steak, Eggs, Potatoes & Toast - \$22
- Bacon, Eggs, Potatoes & Toast - \$13
- Sausage, Eggs, Potatoes & Toast - \$13
- Chicken Fried Steak Breakfast - \$16
- Chicken Fried Steak Sandwich - \$13
- Breakfast Sandwich w/ Potatoes - \$11
- Biscuits and Gravy (full order) - \$6
- Biscuits and Gravy (half order) - \$4
- BLT Sandwich w/ Potatoes - \$10
- Porkchop Breakfast - \$16
- Side Order Potatoes - \$4
- Extra Bacon or Sausage - \$3
- Extra Egg or Toast - \$1



Stay connected and up to date:

Facebook: @AlpineVFW9578 or website: www.vfw9578.com

Open to Public for Meals & Entertainment  
844 Tavern Road, Alpine (619) 445-6040

May 2022

## Important Notice for all Post Members, Auxiliary, invited guests and Visitors:

**VFW Bert Fuller Post 9578 is a Drug-Free Zone.** If drugs are used on our **Post's** property, it will put our **ABC** liquor license in jeopardy, as well as our **Post** charter with the **National VFW**.

Please report any violations of drug use on **Post** property immediately to a **Post** officer. Law enforcement will be contacted and the offender will be subject to criminal and legal consequences. Offenders will lose their **Post** privileges and not be allowed on **Post** property in the future.

## Post Hours of Operation

*(Subject to change without advance notice - call Post at (619) 445-6040 for details)*

Monday - Friday: 11 a.m. to Closing

Lunch Service: 11 a.m. - 5 p.m.

Dinner Service: 5 - 7:30 p.m. (until gone)

Saturday & Sunday: 9 a.m. to Closing

## Members Meetings - 2nd Saturday/Month

10 a.m. House Committee

11 a.m. General Meeting

Joel Murillo - Member  
John Rizzo - Member

### Canteen / Entertainment

Kimberly Rivera - Canteen Manager  
Sandy Curry - Canteen Assistant Manager

### Volunteer Bartenders

Darla Beery  
Dani Caton  
Gigi LaFaver  
Jessica McKittrick  
Katie Sharp  
Heather Whisnand  
Sandy Curry

---

*Support Your Post -  
Attend Regularly  
to Enjoy  
The Camaraderie,  
Games, Meals &  
Live Entertainment!*

---



### VFW Post 9578 Hours of Operation

The Post will observe the following business hours:

Sundays: 9 a.m. - close  
Mondays: 11 a.m. - close  
Tuesdays: 11 a.m. - close  
Wednesdays: 11 a.m. - close  
Thursdays: 11 a.m. - close  
Fridays: 11 a.m. - close  
Saturdays: 9 a.m. - close

Note: the **Post** closing time is dependent upon attendance and varies per day.

Please please do your best to comply with state and county guidelines at all times and **do not, under any circumstances, attend a Post activity or event if you or a**

### Auxiliary Meetings - 1st Saturday/Month

10 a.m. Auxiliary

### Contacting the Post

Phone: (619) 445-6040  
Fax: (619) 445-8740  
eMail: [VFW9578cmd@gmail.com](mailto:VFW9578cmd@gmail.com)

### Newsletter Submissions

Items for consideration may be emailed to

[John.P.Sullivan1@gmail.com](mailto:John.P.Sullivan1@gmail.com)

Contact: (858) 729-3911  
or mailed to the post at:

VFW Bert Fuller Post 9578  
Attention: **John Sullivan**  
844 Tavern Road  
Alpine, CA 91901

Please note: newsletter submission deadline is the 25th of the prior month.

---

### FYI for Post Members!

**House Committee meetings** are held every **second Saturday of the month at 10 a.m.**

**Post Member meetings** are held **every second Saturday of the month at 11 a.m.**

**Auxiliary Member meetings** are held on the **first Saturday of the month at 10 a.m.**

Show your pride in our **Post** by letting people know you are a member of our **VFW Post 9578** and invite them to enjoy the meals and events!



member of your family unit are experiencing COVID-19 symptoms.

If you have questions on the guidelines please call the Post at (619) 445-6040.

## Our Newsletter Supporters

**AAA Southern CA (619) 644-5128**  
Elyse Lobaugh

**Alpine Artistic Florist (619) 445-7974**  
Jamie Lewis  
[www.alpineartisticflorist.net](http://www.alpineartisticflorist.net)

**Alpine Dentistry (619) 445-8896**  
Jonar R. Bonifacio DDS Dr. "B"  
[Alpine Dentistry](http://AlpineDentistry)

**Accurate Land Surveys (619) 445-0110**  
Bill Russell

**Alpine Computer & Tutor (619) 277-7858**  
Duncan Marks

**Bisher's Quality Meats (760) 789-1488**  
Dan Bisher  
<https://weareramona.com/listing/bishers-quality-meats-ramona/>

**California Bank & Trust (619) 445-9321**  
Kellye Murphy

**California Signs & Marketing (619) 258-2001**  
[California Signs & Marketing](http://CaliforniaSignsMarketing)

**Clayco Solar Services (619) 971-2799**  
Clay Mauldin

**Copy Corral (619) 562-3660**  
Julie Walker  
[www.lakesidecopy.com](http://www.lakesidecopy.com)

**East County Karate (619) 627-4850**  
Nathan Morton  
<http://ecmartialart.com>

**Kamps Propane (619) 390-6304**  
Richard Edwards  
[www.kampspropane.com](http://www.kampspropane.com)

**Keller Williams (619) 301-2301**  
Doris Fifer

**Off The Hook Mobile Detailing (619) 760-5021**  
Jake Evans

**On Line Bookkeeping & Tax Service**  
Roger Garay & Christy Kohl (619) 445-5523  
[www.olbts.com](http://www.olbts.com)

**SIGNS, BANNERS, BUSINESS CARDS...MORE!**

**BUSINESS CARDS**

**BANNERS**

**MONUMENT SIGNS**

**BUILDING SIGNS**

**REAL ESTATE**

**WINDOW SIGNS**

**SANDBLAST SIGNS**

**COMMERCIAL SIGNS**

**VEHICLE SIGNS**

**A-FRAME SIGNS**

**California SIGNS & MARKETING**

**We Make You Look Good!**

**619-258-2001**  
[www.CalSigns.net](http://www.CalSigns.net)



**Pet/House Sitting (619) 820-1827**  
Vikki Hemmen

**Primary Residential Mortgage (619) 722-1303**  
Chris Wiley  
[www.alpineprmi.com](http://www.alpineprmi.com)

**Regional Elite Plumbing (619) 722-1049**  
Mike Putnam

**Minister, First Nation Church (619) 890-8436**  
Theodore Alan Bazdorf

**Three T RV (619) 444-0047**  
Tim Tracey  
[www.3trv.com](http://www.3trv.com)

**ALPINE  
COMPUTER**

**Duncan Marks**

(619) 277-7858

**Computer & Laptop Repairs**

Virus, Malware Removal & Tuneups  
New PC, Laptop, Printer, Wi-Fi Setup

[ALPINECOMPUTER@hotmail.com](mailto:ALPINECOMPUTER@hotmail.com)



**Chris Wiley**

Branch Manager  
NMLS License #240137

619.846.8695 direct  
800.920.3145 toll free  
619.722.6139 fax  
cwiley@primeres.com

2124 Arnold Way  
Alpine, CA 91901  
[www.alpineprmi.com](http://www.alpineprmi.com)



**BISHER's**

**QUALITY MEATS**

The Very Best In Meats  
Dan Bisher, Owner  
2330 Main St #A Ramona 92065  
Josh Lehman, Manager  
**(760) 789 1488**

**SAMANTHA LEACH**  
[SAMANTHA@REEFPPOINTREALTY.COM](mailto:SAMANTHA@REEFPPOINTREALTY.COM)

**RP REEF POINT REAL ESTATE 619-933-6163**

PET/HOUSE SITTING  
619-820-1827  
[vikki.hemmen48@gmail.com](mailto:vikki.hemmen48@gmail.com)  
VIKKI HEMMEN  
3947 9th Ave. #2  
San Diego, CA 92103  
References Upon Request

**EAST COUNTY  
FAMILY DENTISTRY**  
*Creating Healthy, Beautiful Smiles*  
9710 Winter Gardens Blvd, Suite C, Lakeside, CA 92040  
**(619) 443-8447**  
ADA Member of the American Dental Association [www.eastcountymfamilydentistry.com](http://www.eastcountymfamilydentistry.com)

**On Line**  
Bookkeeping & Tax Service

Individuals • Small Businesses • Rental Owners  
Corporations • LLC's • Partnerships • Trusts • Non-Profits

**Roger Garay, E.A.**  
**Christy A. Kohl, E.A.**  
[olbts.com](http://olbts.com) | [info@olbts.com](mailto:info@olbts.com)

2065 Arnold Way, Suite 103 (619) 445-5523  
Alpine, CA 91901 Fax: (619) 445-1421

**Richard Edwards - Account Executive**

(619) 390-6304  
(800) 797-4GAS Toll Free  
(619) 390-6344 Fax

16245 Alpine Blvd.  
Alpine, CA 91901  
[www.kampspropane.com](http://www.kampspropane.com)

## Three T RV

Tim Tracey



1131 Broadway  
El Cajon, CA 92021  
619-444-0047  
Cell 619-302-4348  
3tmotors@gmail.com  
www.3trv.com  
www.buyrvs4cash.com



Picture Frame Composite Shingle



Traditional S Tile Skirted

**FREE**  
With Solar Purchase:  
Generator Manual, Transfer  
Switch, Plug & Cord  
(a \$1,000 value!)



CLAYCO  
ELECTRIC INC.  
SOLAR SERVICES  
CALIFORNIA LICENSE # 1000063999

Want it done the right way?  
Don't overpay!  
Call Clay today for all  
your SOLAR needs!

(619) 971-2799 • claycosolar.com • contact@claycosolar.com

## ALPINE ARTISTIC FLORIST

~CELEBRATE LIFE WITH FLOWERS~

JAMIE LEWIS

ALPINEARTISTICFLORIST@YAHOO.COM

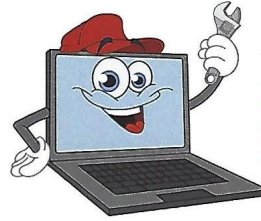
1730 ALPINE BLVD #103  
ALPINE, CA 91901

FLOWERS & GIFTS  
619-445-7974

ALPINEARTISTICFLORIST.COM

## Your local "on call" mobile computer tech!

- Malware removal
- Computer repair
- Wi-fi troubleshooting
- Printer repair
- Wireless network installation
- New computer/laptop prep & data transfer from old PC/laptop
- New printer installation
- New computer pricing service
- Computer tutoring & software program assistance



Just have a question about your computer, laptop, printer, wi-fi/home network or software programs? Contact your friendly local "on call" mobile computer tech today!

(619) 277-7858

AlpineComputer@hotmail.com

Keep this card handy by your pc or laptop!

## Off The Hook Mobile Detailing

**Jake Evans**

**Cell: 619.760.5021**

**Cars, RV's, Boats, anything and more!**

**We come to you!**



**Elyse Lobaugh**

Licensed Insurance Agent  
Auto-Home-Boat-Umbrella  
Membership

Grossmont Branch Office  
8765 Fletcher Parkway  
La Mesa CA 91942

(619) 644-5128 Direct  
(714) 549-6024 Fax  
(800) 672-5246 Claims



Lobaugh.Elyse@aaa-calif.com  
Department of Insurance Lic. #0003259

# Supporting every corner of our community.

Proud to support The VFW Bert Fuller Post 9578

**Kellye Murphy**  
Vice President | Business Center  
Manager  
Alpine Office  
(619) 445-9321  
calbanktrust.com



A division of Zions Bancorporation, N.A. Member FDIC

## "TECH SUPPORT" SCAMS ARE ON THE RISE – DON'T BE THE NEXT VICTIM!

- Pop-up warnings
- Email message warnings
- Unsolicited calls from "Tech Support"
- Website error messages



You have received a phone call, pc or laptop screen pop-up or email informing you that there is a problem with your computer or laptop: Pretending to be from a popular tech company, scammers will try to convince you that your computer or laptop is infected and they want to immediately remote in to it, and then will gain access to your personal and financial information...

### What To Do Next – Action Steps:

- If a caller: Hang up the phone and...
- If a pop-up: Immediately shut down the pc/laptop and...
- If an email: Close your email program, shut down your pc/laptop and...

Call **ALPINE COMPUTER** to come check your pc/laptop for any malware or unauthorized access.  
**(619) 277-7858**

**ALL Plumbing Fixtures – Repair or Replacement!**

"We always leave the job site cleaner than when we arrive!"  
Mike Putnam



- ★ Sewer & Drains
- ★ Camera Service
- ★ Toilets
- ★ Water Heaters
- ★ Tankless Water Heaters
- ★ Circulating Pumps
- ★ Slab Leak Detection & Repair
- ★ Water Pipe Leaks

**\$25<sup>00</sup> OFF**  
1<sup>st</sup> Service Call

**Regional Elite Plumbing**

"Service & Repair Specialist"

Lic #435515

**(619) 722-1049**

**EMERGENCY SERVICE AVAILABLE**  
Serving San Diego County for 35+ Years!

All calls answered by the owner!

# ACCURATE LAND SURVEYS

**Bill Russell**  
Crew Chief

PROPERTY SURVEYS ⊕ MAPPING ⊕ CONSTRUCTION STAKING

2514 Alpine Blvd Suite #4  
Alpine, CA 91901  
Bill@AccurateLandSurvey.com

Off 619-445-0110  
Cell 619-792-7522  
AccurateLandSurvey.com

## THEODORE ALAN BAZDORF

Minister, First Nation Church  
Non-Sectarian Wedding  
Ceremony Officiant

Phone: 619-890-8436  
E-Mail: theobaz@netzero.net

## Computer or Laptop Troubles?

...probably infected by malware!



Do NOT overpay for tech support – big box electronics & national office supply stores charge hundreds of dollars for services that Alpine Computer & Tutor can provide at a reasonable cost.

Computer/Laptop Checkup Special  
**\$25** per computer or laptop  
East County area - some restrictions apply - call for details

### Don't wait around for hours!

We'll come to your home or business at a specific day and time that is convenient for you.



Issues with your computer, laptop, printer, network or software programs? Call Alpine Computer today!  
**(619) 277-7858 • AlpineComputer@hotmail.com**

# East County Karate

We Teach Attitudes First

## Nathan Morton

9253 Adlai Road  
Lakeside, CA 92040

(619) 627-4850

NathanMorton619@gmail.com

### August 2022 Bert Fuller V.F.W. Post 9578 Activities & Events *(note: subject to change without notice!)*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> 6 p.m. <b>Texas Hold'em</b>  Ladies Pool Tourney	<b>2</b> 5 p.m. <b>FUNDRAISER GAMES</b>	<b>3</b> 5 – 7 p.m. <b>FUNDRAISER GAMES</b> 5 – 9 p.m. <b>Karaoke</b>	<b>4</b> 5 p.m. <b>FUNDRAISER GAMES</b>	<b>5</b> 6 – 10 p.m. <b>Karaoke</b> by Fred Johnson	<b>6</b> 10 a.m. Auxiliary Mtg 10:30 a.m. Poker Run 6 – 10 p.m. Live Band <b>The Whole She-Bang</b>
<b>7</b> From 9 a.m.: NASCAR, PGA & other sports on 7 TVs!	<b>8</b> 6 p.m. <b>Texas Hold'em</b> 	<b>9</b> 5 p.m. <b>FUNDRAISER GAMES</b>	<b>10</b> 5 – 7 p.m. <b>FUNDRAISER GAMES</b> 5 – 9 p.m. <b>Karaoke</b>	<b>11</b> 5 p.m. <b>FUNDRAISER GAMES</b>	<b>12</b> 6 – 10 p.m. <b>Karaoke</b> by Fred Johnson	<b>13</b> 10 a.m. House Com Mtg 11 a.m. General Mtg 6 – 10 p.m. Live Band <b>THE MELLOW DOWNS</b>
<b>14</b> From 9 a.m.: NASCAR, PGA & other sports on 7 TVs!	<b>15</b> 6 p.m. <b>Texas Hold'em</b> 	<b>16</b> 5 p.m. <b>FUNDRAISER GAMES</b>	<b>17</b> 5 – 7 p.m. <b>FUNDRAISER GAMES</b> 5 – 9 p.m. <b>Karaoke</b>	<b>18</b> 5 p.m. <b>FUNDRAISER GAMES</b>	<b>19</b> 6 – 10 p.m. <b>Karaoke</b> by Fred Johnson	<b>20</b> 5 – 9 p.m. Live Band <b>Brown Sugar Oldies</b>
<b>21</b> From 9 a.m.: NASCAR, PGA & other sports on 7 TVs! 2 p.m. Wilson-Cattley Wedding (downstairs)	<b>22</b> 6 p.m. <b>Texas Hold'em</b>  Ladies Pool Tourney	<b>23</b> 5 p.m. <b>FUNDRAISER GAMES</b>	<b>24</b> 5 – 7 p.m. <b>FUNDRAISER GAMES</b> 5 – 9 p.m. <b>Karaoke</b>	<b>25</b> 5 p.m. <b>FUNDRAISER GAMES</b>	<b>26</b> 6 – 10 p.m. <b>Karaoke</b> by Fred Johnson	<b>27</b> 6 – 10 p.m. Live Band <b>ODDVoX</b>
<b>28</b> From 9 a.m.: NASCAR, PGA & other sports on 7 TVs!	<b>29</b> 6 p.m. <b>Texas Hold'em</b> 	<b>30</b> 5 p.m. <b>FUNDRAISER GAMES</b>	<b>31</b> 5 – 7 p.m. <b>FUNDRAISER GAMES</b> 5 – 9 p.m. <b>Karaoke</b>	VFW Post 9578 is open to the Public for Entertainment, Meals & Events 844 Tavern Road, Alpine (619) 445-6040		

**August 2022 Bert Fuller V.F.W. Post 9578 Menu** *(note: subject to change without advance notice!)*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> 11 a.m. \$7 Lunch  5 p.m. Pizza \$2/slice	<b>2</b> 11 a.m. \$7 Lunch  6 p.m. \$3 Tacos by Nora	<b>3</b> 11 a.m. \$7 Lunch  5 p.m. - until gone Dinner TBA	<b>4</b> 11 a.m. \$7 Lunch  5 p.m. - until gone Dinner TBA	<b>5</b> 11 a.m. \$7 Lunch  5 – 7:30 p.m. \$16  Fish & Shrimp Dinner 	<b>6</b> 11 a.m. – 1:30 p.m. \$8 Burgers & \$6 Hot Dogs Served by Auxiliary   5 – 7:30 p.m. \$22 Ribeye Steak Dinner 
<b>7</b> 9 a.m. – 12:30 p.m. Breakfast Service  2 p.m. Lunch/Dinner TBA	<b>8</b> 11 a.m. – \$7 Lunch  5 p.m. Pizza \$2/Slice	<b>9</b> 11 a.m. \$7 Lunch  6 p.m. \$3 Tacos by Nora	<b>10</b> 11 a.m. \$7 Lunch  5 p.m. - until gone Dinner TBA	<b>11</b> 11 a.m. \$7 Lunch  5 p.m. - until gone Dinner TBA	<b>12</b> 11 a.m. \$7 Lunch  5 – 7:30 p.m. \$16 Fish & Shrimp Dinner 	<b>13</b> 11 a.m. – 1:30 p.m. \$8 Burgers & \$6 Hot Dogs Served by Auxiliary   5 – 7:30 p.m. \$22 Ribeye Steak Dinner 
<b>14</b> 9 a.m. – 12:30 p.m. Breakfast Service  2 p.m. Lunch/Dinner TBA	<b>15</b> 11 a.m. \$7 Lunch  5 p.m. Pizza \$2/slice	<b>16</b> 11 a.m. \$7 Lunch  6 p.m. \$3 Tacos by Nora	<b>17</b> 11 a.m. \$7 Lunch  5 p.m. - until gone Dinner TBA	<b>18</b> 11 a.m. \$7 Lunch  5 p.m. - until gone Dinner TBA	<b>19</b> 11 a.m. \$7 Lunch  5 – 7:30 p.m. \$16 Fish & Shrimp Dinner 	<b>20</b> 11 a.m. – 1:30 p.m. \$8 Burgers & \$6 Hot Dogs Served by Auxiliary   5 – 7:30 p.m. \$22 Ribeye Steak Dinner 
<b>21</b> 9 a.m. – 12:30 p.m. Breakfast Service  2 p.m. Lunch/Dinner TBA	<b>22</b> 11 a.m. \$7 Lunch  5 p.m. Pizza \$2/slice	<b>23</b> 11 a.m. \$7 Lunch  6 p.m. \$3 Tacos by Nora	<b>24</b> 11 a.m. \$7 Lunch  5 p.m. - until gone Dinner TBA	<b>25</b> 11 a.m. \$7 Lunch  5 p.m. - until gone Dinner TBA	<b>26</b> 11 a.m. \$7 Lunch  5 – 7:30 p.m. \$16 Fish & Shrimp Dinner 	<b>27</b> 11 a.m. – 1:30 p.m. \$8 Burgers & \$6 Hot Dogs Served by Auxiliary   5 – 7:30 p.m. \$22 Ribeye Steak Dinner 
<b>28</b> 9 a.m. – 12:30 p.m. Breakfast Service  2 p.m. Lunch/Dinner TBA	<b>29</b> 11 a.m. \$7 Lunch  5 p.m. Pizza \$2/slice	<b>30</b> 11 a.m. \$7 Lunch  6 p.m. \$3 Tacos by Nora	<b>31</b> 11 a.m. \$7 Lunch  5 p.m. - until gone Dinner TBA	<div style="border: 1px solid black; padding: 10px; background-color: #e6f2ff;"> <p><b>VFW Post 9578 is open to the Public</b></p> <p><b>for Entertainment, Meals &amp; Events</b></p> <p><b>844 Tavern Road, Alpine (619) 445-6040</b></p> </div>		

VFW Bert Fuller Post 9578  
 (619) 445-6040  
[www.vfw9578.com](http://www.vfw9578.com)

