

# VFW Bert Fuller Post 9578

Newsletter

October 2022 Alpine, CA



## Commander's Message

Comrades,

As always, I would like to welcome all of our new members as well as everyone else who is receiving this newsletter for the first time. Our **Post** continues to be a staple in this community through your support and membership in our **Post**.

Let's start off with the passage of the **PACT Act** and the **VFW** is encouraging everyone that served in **Desert Storm, Desert Shield, New Dawn, Iraqi Freedom** and **Enduring Freedom** to register, even if you believe you currently have no symptoms. Please reach out to your Service Officer and/or VA clinic for more answers.

VFW Post 9578 **Annual Deep pit BBQ** is coming up on **Saturday Oct. 15**; this is when we raise money for our **Post's Relief Fund**. If you would like to donate a raffle item or money, please see **Assistant Quartermaster Theo** and or contact **House Committee Chair John Rizzo**.

Please continue to keep **Carl** and **Jack** in



## Upcoming Post Events

See what's happening this month on our Facebook page! Please click this link:



## Quartermaster's Report

I wish to inform all my fellow members and friends that I am in a big battle with cancer and currently undergoing treatment. I was very surprised to receive all the cards and calls concerning my health.



**Chaplin Theo**, in his **Assistant Quartermaster** role, is backing me up by taking care of **Post** business in the meantime. My thanks to him for his support during this time.

The **Alpine Chamber of Commerce** Installation dinner on the **VFW Post 9578** deck last month was a big success. The event underscores the involvement of our **Post** with the Alpine community and our great working relationship with community leaders.

Members, please attend the **General Meeting** at **11 a.m.** on **Saturday, October 8**.

Please remember to support and attend the **Annual Deep Pit BBQ** held at the **Post** on **Saturday, Oct. 15**, starting at **2 p.m.**

Thank you for bringing your friends and family along with you when you attend events and activities at the **Post**. The increased attendance not only helps the **Post** financially but also gets the word out that we welcome members of the local community.

Another way you can support the **Post** is to locate eligible members for the **VFW** and also our **Post Auxiliary**. Just get the names to us with contact information and we will reach out to recruit them as new

your thoughts and prayers.

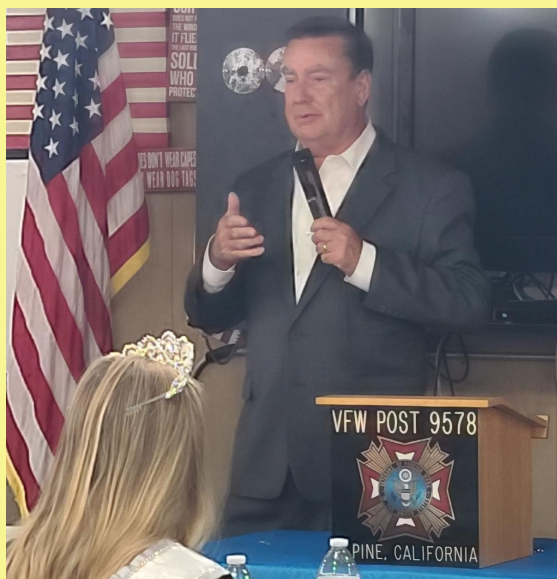
Thank you everyone who helps recruit new members and also our patrons of our **Post** - I look forward to seeing you all at and around the post.

I am blessed and honored to serve as your **Commander** and I deeply appreciate all of you as members and patrons of this great **Post!** If you need to reach out to me, please call me at **(858)729-3911**. I am here for you - the **Veterans**, the **Auxiliary**, our families and the community of **Alpine!**

God Bless you and God bless the United States of America!

## John

Post Commander  
John Sullivan



**San Diego County District 2 Supervisor Joel Anderson** spoke at **VFW Post 9578** during the **Alpine Chamber of Commerce** officer's installation dinner in September.

members.

## Carl

Quartermaster  
Carl Silva

## House Committee Report



Comrades,

We have our **Annual Deep Pit BBQ** coming up on **Saturday, Oct. 15**. We are looking for volunteers to help set up tables and chairs on the afternoon of the 14th.

We also need some help preparing the meats for the pit on the 14th as well. On the event day, Saturday the 15th, we will need some help with security, parking cars, and shuttling people up the hill.

After the BBQ we will need some help with clean-up as well. If we as members all pull together, the tasks should be completed fairly quickly.

If you would like to volunteer, please contact me or call the **Post** at (619) 445-6040 to be put on the event volunteer list.

I would like to thank all of the members who have donated money for the **BBQ**; so far we have collected **\$500**, which will help pay for some of the supplies. I would also like to thank the **East County Transitional Living Center (ECTLC)** of El Cajon for donating turkeys and hams; additionally, they will be preparing all of the sides.

We can also use donations for the auction. Cash donations are needed to obtain gift cards for dinners, merchandise, casino & golf packages to be auctioned off on Saturday, Oct. 15 during the BBQ.

If you need a letter confirming your donation, please contact **Post Commander John** who will provide you with one.

**\$25** advance tickets are on sale now in the **Post Canteen**; the tickets will be **\$30** at the door.

We are looking for a local company to take care of the **Post** grounds maintenance, weed eating, etc. if you have any suggestions, please let me know.

Alpine VFW Bert Fuller Post 9578

## Annual Deep Pit BBQ!



Starts at 2 p.m. Saturday, Oct 15<sup>th</sup>

**Beef, Pork & Turkey with all the fixin's**

3 – 7 p.m. Live Music by  
**Brown Sugar Oldies**

\$25 Advance Tickets Available at the Post Canteen  
**\$30 at the Door**

**ALL PROCEEDS GO TO POST RELIEF FUND  
(TO ASSIST VETERANS IN NEED)**

*Open to the Public for Meals and Entertainment!*

844 Tavern Road, Alpine (619) 445-4060

## Chaplain's Message

Some words to consider from the New Testament, the Beatitudes (Matthew 5:3-11):



*“Blessed are the poor in spirit, because the kingdom of heaven is theirs.*

*Blessed are those who mourn, because they will be comforted.*

*Blessed are the gentle, because they will inherit the earth.*

*Blessed are those who hunger and thirst for righteousness, because they will be filled.*

*Blessed are the merciful, because they will be shown mercy.*

*Blessed are the pure in heart, because they will see God.*

*Blessed are the peacemakers, because they will be called sons of God.*

*Blessed are those who are persecuted for righteousness, because the kingdom of heaven is theirs.”*

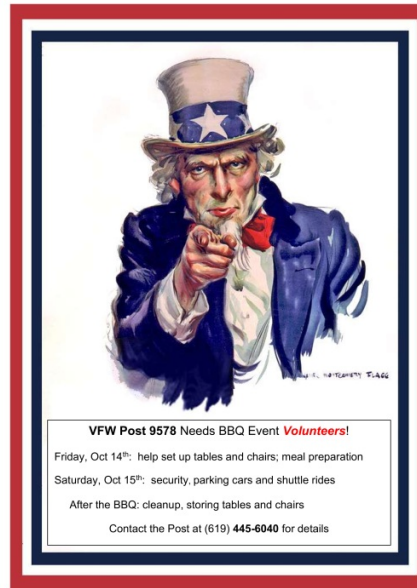
Please note that **Captain Bill Kenner, USMC**, who passed away in August, will be memorialized and interred at **Miramar National Cemetery** at 12:30 pm on Friday, Oct. 21.

The **House Committee** will meet at **10 a.m. Saturday, Oct. 8th** at the Post.

Thanks and God Bless

**John**

Post 9578 House Committee member  
John Rizzo



Don't have time to volunteer this year? Please consider donating to the Post!  
Cash donations needed to obtain gift cards for dinners, merchandise, casino & golf packages to be auctioned off on Saturday, October 15<sup>th</sup> during the BBQ!

## Auxiliary President's Message

Happy October everyone! Fall is here! We hope that you are ready for a deep pit BBQ on the 15th of this month!



I am writing this entry of my monthly Presidents message while on a plane headed back from **Washington D.C.** where I took some students for a national leadership conference of an organization I am an advisor for. I was able to visit the war memorials that celebrate the victories and sacrifices our **Veterans of Foreign Wars** have endured. I was also able to see an **Honor Flight** in progress and what this meant for those individuals. I am proud to report that the **VFW Post 9578 Auxiliary**, working with the comrades, has great things planned and coming up with **Honor Flight** program. More exciting information is on its way soon.

With sadness, I report that my friend, **Post Life member U.S. Navy Vietnam veteran Bill Shepherd**, passed away on Sept. 27 after a long battle with cancer. He was a good man, and is now free from pain and suffering. The date and time of his memorial has not yet been determined, but he will be interred at **Miramar**, and a service will be held here at **Alpine VFW Post 9578**.

*O God of mercy, peace, and love, we remember before you in this moment our friend and fellow veteran Bill Shepherd. We recall with gratitude and respect all that he stood for in this life. Help us to live in the companionship of his spirit. May we be kind to the friends and family he loved; devoted to the community in which he lived; and loyal to the causes which he served. Thus, in our lives and hearts, may Bill live on, to our great comfort, to the betterment of your creation, and to the furthering of your most holy will. AMEN.*

### Theo

Post 9578 Chaplain  
Theodore Bazdorf

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## MIA/KIA FROM 1945 Identified

by **John Sullivan**  
**VFW Post 9578 Commander**  
**VFW National Legislative Committee**

**Newell Mills Jr** was MIA/KIA in 1945 and his body was identified March 7 this year. He was buried in **Arlington National Cemetery** on Sep 13 while I was in DC.



s Jr., 354th Fighter Squadron. P-51D 44-72396 WR-1 "Big Gas Bird".

We are in the process of revamping Saturday **Burgers With a View** with a new calendar of volunteers. Thank you **Canteen Manager Kimberly** for helping to get this going. Please see a sign-up sheet at the Post if you would like to volunteer to cook burgers on Saturdays. We also thank all of you who join us for **Burgers with a View**.

With the Annual Deep Pit BBQ event right around the corner, we are encouraging all to help get raffle prizes donated. Big ticket items will go a long way to helping us raise money to support the **Post** through this BBQ auction event. Please let me know if you are able to obtain a donation for the BBQ auction. We look forward to seeing you all at this big once-a-year event.

For our Annual members we have started collecting annual dues. Please contact me if you have any questions.

We are always looking for ways to get people involved. If you currently are an **Auxiliary member** and would like to get more involved please feel free to contact me at [buxonm@gmail.com](mailto:buxonm@gmail.com) or call. (760) 696-2962.

We hope to see you at our **10 a.m. Auxiliary regular meeting** on Saturday, Oct. 1, and also on Nov. 5.

Thank you for all that you do to support our post and veterans. We look forward to seeing you at our next meeting.

Yours in Service,

### Michael

Post 9578 Auxiliary President  
Michael Charles Buxton

A great way for members of the Alpine community to support their **Bert Fuller VFW Post 9578** is to join the post auxiliary. Check the Auxiliary Facebook page for details; click on this link:

[VFW Post 9578 Auxiliary](#)

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## Auxiliary Chaplain's Message

As I often do, I am writing about my biological family and also my "Chosen Family."





**VFW CA State  
Commander  
Yingling  
Addresses 2022  
POW/MIA  
Observance at  
USS Midway**



**Master Chief  
Martin Yingling**  
was born in

Johnstown Pa. After graduating from Chesapeake High School in 1980 and enlisted in the **US Navy** on 02 October 1980.

He served in numerous Commands throughout his 30 year career most of them at **Construction Battalion Center, Port Hueneme, CA**. He deployed 17 times during his career with two tours in **Iraq**, one in **Afghanistan**, and his last deployment to the **Horn of Africa**.

**Master Chief Yingling's** personnel awards include the **Purple Heart medal**, two **Meritorious Service medals**, three **Navy Commendation medals**, **Army Commendation medal**, **Navy Achievement medal**, **Combat Action ribbon with Gold Star**, seven **Good Conduct medals**, **Presidential Unit Citation**, **Antarctic Service medal**, **Afghanistan Campaign Medal**, **Iraq Campaign Medal**, **Global War on Terrorism Expeditionary medal**, **ISAF Medal**, **Expert Rifle & Pistol Medals**

My trip to WV to celebrate my Mom's 97<sup>th</sup> birthday was filled with family, love, happiness, good times, great food, and now - fond memories.

There's always a feeling of emptiness when you are the person being "left" after a visit. I had to drive to the airport and then fly back across the US; I was sad but busy – my Mom, on the other hand, stood in her doorway, softly crying...*it's hard to be the one left behind.*

My second son and daughter-in-law who live in **Santiago, Chile** were finally able to visit the USA after COVID-19 restrictions were lifted. It has been four years and four months since we have seen them. Such excitement! They were here for three days and just left this morning for two weeks in Hawaii...*it's hard to be the one left behind.*

They will be back for about 10 days and then they will go back home... but this time, barring all unforeseen pandemics and plagues, they will be back in June 2023 for the wedding of my daughter **Anna**. This time it won't be... *as hard to be the one left behind.*

But, by far, the hardest time to be the one left... is when it is final.

This morning we received the very sad news that our dear friend and **VFW Life Member Bill Shepherd** had passed. He fought a heroic battle with lung cancer (as a victim of **Agent Orange** from his time in the **Vietnam War**). Up until the end he gave it his all. He kept his sense of humor, humility, and sweet mischievous smile long after others would have given in to the pain and struggle. He finally passed peacefully.

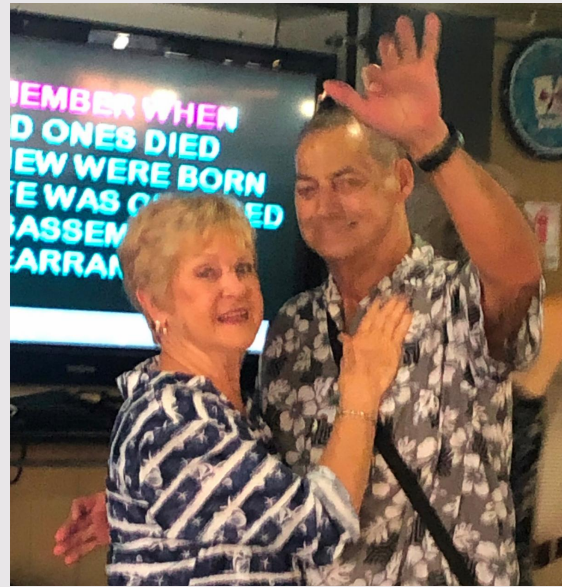
Please keep **Bill's** precious love **Jeanne** in your prayers and hearts. Our dear friend and **Auxiliary Life Member Jeanne Pate** will need us to surround her with love at this time. Let her know how much she and **Bill** mean to you by not letting her feel like... *the one left behind.*

*Almighty God, we thank you for giving us the many good years and fond memories we have of our friend Bill Shepherd. We are now returning Bill to you, the God of Love, who lent him to us for his time on this Earth. May You keep Bill close to You as we will keep him close in our hearts until we are all together again. Rest peacefully, Dear Friend. Amen.*

With peace, love & a smile,



**Jan**  
Post 9578 Auxiliary Chaplain  
Jan Bazdorf



### Special Notice regarding Post Events, Meals

*The prices displayed on various Post flyers and menus and also in this newsletter are subject to change without advance notice. Thank you for your understanding.*

**Bill Shepherd and Jeanne Pate**

*"Until we meet again, my friend"*

### Monday Nights @ The Post

6 p.m. **Texas Hold'em**



Open to the public for meals and entertainment

Stay connected with our up-to-date Facebook:

[@AlpineVFW9578](#)

or:

[www.vfw9578.com](http://www.vfw9578.com)

Alpine VFW Post 9578 844 Tavern Road, Alpine (619) 445-6040

### Canteen Manager's Message



\$25 advance tickets for the **Annual Deep Pit BBQ** are on sale now in the **Post Canteen**; the tickets will be \$30 at the door.

Volunteers are needed to assist with the Saturday **"Burgers With A View"** that the **Post 9578 Auxiliary** stages. Please call **Kimberly** at (619) 729-3153 if you would like to help out on Saturdays.

Be sure to purchase raffle tickets every time you visit the **Post**. We are always looking for donations, especially for raffle prizes.

The **Raffle Basket** and **Raffle Wagon** tickets are each sold for \$1 donation each and six (6) tickets for \$5 donation.

For **Post Raffle Basket** and **50/50** tickets: please put your name and contact number on all tickets that you purchase since you do not have to be "present" to win!

Come out to the **Post**, bring your friends and enjoy a wonderful meal. Join in the fun!

### Wednesday Nights @ The Post

5 – 7 p.m. **Fundraiser Games**

5 – 9 p.m. **Karaoke**

Open to the public for meals and entertainment

Stay connected with our up-to-date Facebook:

[@AlpineVFW9578](#)

or:

[www.vfw9578.com](http://www.vfw9578.com)

Alpine VFW Post 9578 844 Tavern Road, Alpine (619) 445-6040

# Friday Nights @ The Post



## FRIDAY DINNER

5 – 7:30 P.M.

**Fish & Chips Dinner - \$16**

**Fish & Shrimp Dinner - \$16**

**Shrimp & Chips Dinner - \$16**

**½ Fish or Shrimp Dinner - \$9**

**Chicken Sandwich & Fries - \$11**

**Shrimp Cocktail - \$11**

**Shrimp Skewer - \$9**

**Shrimp Salad - \$9**

**Individual Shrimp - \$1 each**

**French Fries - \$3**

**Dinner Salad - \$6**

**Dessert - \$3**



6 – 10 p.m. Friday Night Karaoke  
with Fred Johnson



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[@AlpineVFW9578](#) or: [www.vfw9578.com](http://www.vfw9578.com)

Open to the public for meals and entertainment

Alpine VFW Post 9578 844 Tavern Road, Alpine (619) 445-6040

Alpine VFW Post 9578 Auxiliary Presents:

## “Burgers with a View”

11 a.m. – 1:30 p.m. Saturdays

**\$8 Burgers \$6 Hot Dogs**



**Sides include:**

**Beans**

**Chili**

**Potato or Macaroni Salad**

**Chips**

Open to the public for meals and events

844 Tavern Road, Alpine (619) 445-6040



## Kimberly

Canteen / Entertainment Manager  
Kimberly Rivera

Alpine VFW Post 9578

## Sunday Breakfast Menu

Served 9 a.m. - 12:30 p.m.

- Ribeye Steak, Eggs, Potatoes & Toast - \$22
- Bacon, Eggs, Potatoes & Toast - \$13
- Sausage, Eggs, Potatoes & Toast - \$13
- Chicken Fried Steak Breakfast - \$16
- Chicken Fried Steak Sandwich - \$13
- Breakfast Sandwich w/ Potatoes - \$11
- Biscuits and Gravy (full order) - \$6
- Biscuits and Gravy (half order) - \$4
- BLT Sandwich w/ Potatoes - \$10
- Porkchop Breakfast - \$16
- Side Order Potatoes - \$4
- Extra Bacon or Sausage - \$3
- Extra Egg or Toast - \$1



Stay connected and up to date:

Facebook: [@AlpineVFW9578](#) or website: [www.vfw9578.com](http://www.vfw9578.com)

Open to Public for Meals & Entertainment

844 Tavern Road, Alpine (619) 445-6040

May 2022



Alpine VFW Post 9578

**SATURDAY NIGHT  
DINNER SPECIAL**

**OCT 29<sup>th</sup> 5 – 7:30 P.M.**



## \$22 Ribeye Steak Dinner

Baked Potato Vegetable Dinner Roll

Ribeye Steak & Shrimp Dinner \$29

Shrimp Dinner \$20

Shrimp Cocktail \$11

Shrimp Skewer \$9

Salad \$6

Extra Vegetable or Potato \$3

Dessert \$3



Open to the Public  
for meals and entertainment

844 Tavern Road, Alpine (619) 445-6040

**Important Notice for all Post Members,  
Auxiliary, invited guests and Visitors:**

VFW Bert Fuller Post 9578 is a **Drug-Free Zone**. If drugs are used on our Post's property, it will put our **ABC** liquor license in

### Saturday Dinner Menu

5 - 7:30 p.m.

#### \$22 Ribeye Steak Dinner

Baked Potato Vegetable Dinner Roll

Ribeye Steak & Shrimp Dinner \$29

Shrimp Dinner \$20

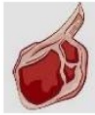
Shrimp Cocktail \$11

Shrimp Skewer \$9

Salad \$6

Extra Vegetable or Potato \$3

Dessert \$3



Stay connected and up to date with our Facebook:

@AlpineVFW9578 or VFW Website: [www.vfw9578.com](http://www.vfw9578.com)

*Open to the Public for meals and entertainment*

*Alpine VFW Post 9578  
844 Tavern Road, Alpine (619) 445-6040*

jeopardy, as well as our **Post** charter with the **National VFW**.

Please report any violations of drug use on **Post** property immediately to a **Post** officer. Law enforcement will be contacted and the offender will be subject to criminal and legal consequences. Offenders will lose their **Post** privileges and not be allowed on **Post** property in the future.

### Post Members Meetings - 2nd Saturday

10 a.m. House Committee

11 a.m. General Meeting

### Auxiliary Meetings - 1st Saturday/Month

10 a.m. Auxiliary

### Contacting the Post

Phone: (619) 445-6040

Fax: (619) 445-8740

eMail: [VFW9578cmd@gmail.com](mailto:VFW9578cmd@gmail.com)

### Newsletter Submissions

Items for consideration may be emailed to

[John.P.Sullivan1@gmail.com](mailto:John.P.Sullivan1@gmail.com)

Contact: (858) 729-3911

or mailed to the post at:

VFW Bert Fuller Post 9578

Attention: **John Sullivan**

844 Tavern Road

Alpine, CA 91901

Please note: newsletter submission deadline is the 25th of the prior month.

**Saturday, October 29<sup>th</sup>**  
**HALLOWEEN PARTY**  
Live Band 5:30 - 9:30 p.m.  
**Wild Rumour**  
[wildrumourband.com](http://wildrumourband.com)  
8 p.m. **Costume Contest judging**  
(for VFW Members & Auxiliary only!)  
1<sup>st</sup> Prize \$100 2<sup>nd</sup> \$50 3<sup>rd</sup> \$25  
**\$22 Ribeye Steak Dinner**  
**VFW POST 9578**  
**844 TAVERN ROAD ALPINE**

### VFW Post 9578 Hours of Operation

*(Subject to change without advance notice - call Post at (619) 445-6040 for details)*

The Post will observe the following business hours:

Sundays: 9 a.m. - close

Mondays: 11 a.m. - close

Tuesdays: 11 a.m. - close

Wednesdays: 11 a.m. - close

Thursdays: 11 a.m. - close

Fridays: 11 a.m. - close

Saturdays: 9 a.m. - close



## Saturday Nights @ The Post

5 – 9 p.m. October 1<sup>st</sup>

**BROWN SUGAR OLDIES**  
San Diego's only  
"Oldies by Request" Music Group  
Music of the 50's-80's and  
Welcome to Requests

6 – 10 p.m. October 8<sup>th</sup>



3 – 7 p.m. October 15<sup>th</sup> **DEEP PIT BBQ**

**BROWN SUGAR OLDIES**  
San Diego's only  
"Oldies by Request" Music Group  
Music of the 50's-80's and  
Welcome to Requests

6 – 10 p.m. October 22<sup>nd</sup>

VFW POST 9578 ALPINE, CA  
**LIVE MUSIC**  
**The Whole**  
**Sha-Bang**  
Dance Band 60' 70's & 80's classic rock  
and pop to get the party going!

5:30 – 9:30 p.m. October 29<sup>th</sup>  
**Post Halloween Party**

**Wild Rumour**  
wildrumourband.com

5 – 7:30 p.m. Dinner Service

### \$22 Ribeye Steak Dinner

Ribeye Steak  
Baked Potato  
Vegetable  
Dinner Roll



Ribeye Steak & Shrimp Dinner \$29

Fish & Shrimp Dinner \$16

Shrimp Dinner \$20

Shrimp Skewer \$9



Shrimp Cocktail \$11

Salad \$6

Extra Vegetable or Potato \$3

Dessert \$3

*Open to the Public  
for Events and Meals*

Note: the **Post** closing time is dependent upon attendance and varies per day.

Please please do your best to comply with state and county guidelines at all times and **do not, under any circumstances, attend a Post activity or event if you or a member of your family unit are experiencing COVID-19 symptoms.**

If you have questions on the guidelines please call the **Post** at **(619) 445-6040.**

### FYI for Post Members!

**House Committee meetings** are held every **second Saturday** of the month at **10 a.m.**

**Post Member meetings** are held **every second Saturday** of the month at **11 a.m.**

**Auxiliary Member meetings** are held on the **first Saturday** of the month at **10 a.m.**

Show your pride in our **Post** by letting people know you are a member of our **VFW Post 9578** and invite them to enjoy the meals and events!

## VFW Bert Fuller Post 9578

### Mission Statement:

- To foster camaraderie among United States veterans of overseas conflicts
- To serve our veterans, the military and our communities
- To advocate on behalf of all veterans

### VFW Bert Fuller Post 9578 Vision is to ensure that:

- Veterans are respected for their service
- Always receive their earned entitlements
- Are recognized for the sacrifices they and their loved ones have made on behalf of this great country

### VFW Bert Fuller Post 9578 Core Values:

- Always put the interests of our members first
- Treat donors as partners in our cause
- Promote patriotism
- Honor military service
- Ensure the care of veterans and their families
- Serve our communities
- Promote a positive image of the VFW
- Respect the diversity of veteran opinions

### Post Officers & Trustees



*Support Your Post -  
Attend Regularly  
to Enjoy  
The Camaraderie,  
Games, Meals &  
Live Entertainment!*

**John Sullivan** - Commander  
**Richard Simmons** - Sr Vice Commander  
**Jack Gauthier** - Jr Vice Commander  
**Carl Silva** - Quartermaster  
**Theo Bazdorf** - Assistant Quartermaster  
**Theo Bazdorf** - Chaplain  
**Theo Bazdorf** - Adjutant (temporary)  
**Jim Bilka** - Judge Advocate  
**Vacant** - Service Officer  
**Need Volunteer** - Surgeon

**Fred Rivera** - 1st Year Trustee  
**Rich Martindell** - 2nd Year Trustee  
**James Abercrombie** - 3rd Year Trustee

### **Auxiliary Officers**

**Michael Buxton** - President  
**Nancy Hauer** - Senior VP  
**Vacant** - Junior VP  
**Jan Bazdorf** - Chaplain  
**Jessica McKittrick** - Treasurer  
**Erika Simmons** - Secretary  
**Vikki Hemmen** - Conductress  
**Sven Ricketts** - Guard

**Darren Pyle** - Trustee #1  
**Bob Bealo** - Trustee #2  
**Pat Alston Aldrich** - Trustee #3

### **House Committee**

**John Rizzo** - Chairperson  
**Dan Focht** - Member  
**Richard Simmons** - Member  
**Joel Murillo** - Member

### **Canteen / Entertainment**

**Kimberly Rivera** - Canteen Manager  
**Sandy Curry** - Canteen Assistant Manager

### **Volunteer Bartenders**

**Darla Beery**  
**Cani Caton**  
**Gigi LaFaver**  
**Jessica McKittrick**  
**Katie Sharp**  
**Heather Whisnand**  
**Sandy Curry**

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## Our Newsletter Supporters

**AAA Southern CA (619) 644-5128**

Elyse Lobaugh

**Alpine Artistic Florist (619) 445-7974**

Jamie Lewis

[www.alpineartisticflorist.net](http://www.alpineartisticflorist.net)

**Alpine Dentistry (619) 445-8896**

Jonar R. Bonifacio DDS Dr. "B"

[Alpine Dentistry](http://AlpineDentistry)

**Accurate Land Surveys (619) 445-0110**

Bill Russell

**Alpine Computer & Tutor (619) 277-7858**

Duncan Marks

**Bisher's Quality Meats (760) 789-1488**

Dan Bisher

<https://weareramona.com/listing/bishers-quality-meats-ramona/>

**California Bank & Trust (619) 445-9321**

Kellye Murphy

**California Signs & Marketing (619) 258-2001**

[California Signs & Marketing](http://CaliforniaSigns&Marketing)

**Clayco Solar Services (619) 971-2799**

Clay Mauldin

**Copy Corral (619) 562-3660**

Julie Walker

[www.lakesidecopy.com](http://www.lakesidecopy.com)

**East County Karate (619) 627-4850**

Nathan Morton

<http://ecmartialart.com>

**Kamps Propane (619) 390-6304**

Richard Edwards

[www.kampspropane.com](http://www.kampspropane.com)

**Keller Williams (619) 301-2301**

Doris Fifer

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Jake Evans

**On Line Bookkeeping & Tax Service**  
Roger Garay & Christy Kohl (619) 445-5523  
[www.olbts.com](http://www.olbts.com)

**Pet/House Sitting (619) 820-1827**  
Vikki Hemmen

**Primary Residential Mortgage (619) 722-1303**  
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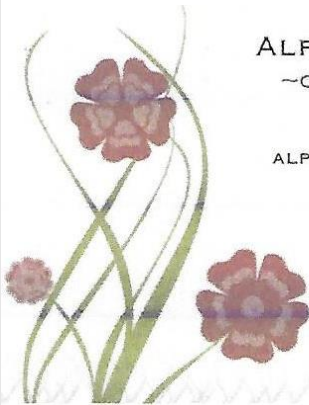
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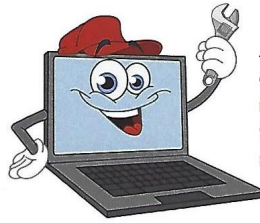
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## "TECH SUPPORT" SCAMS ARE ON THE RISE – DON'T BE THE NEXT VICTIM!

- Pop-up warnings
- Email message warnings
- Unsolicited calls from "Tech Support"
- Website error messages



You have received a phone call, pc or laptop screen pop-up or email informing you that there is a problem with your computer or laptop:  
Pretending to be from a popular tech company, scammers will try to convince you that your computer or laptop is infected and they want to immediately remote in to it, and then will gain access to your personal and financial information...

### What To Do Next – Action Steps:

- If a caller: Hang up the phone and...
- If a pop-up: Immediately shut down the pc/laptop and...
- If an email: Close your email program, shut down your pc/laptop and...

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October 2022 Bert Fuller V.F.W. Post 9578 Activities <i>(subject to change w/o adv notice!)</i>						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Annual Deep Pit BBQ!</b> Starts at 2 p.m. Saturday, Oct 15 <sup>th</sup> \$25 Advance Tickets Available at the Post Canteen			<b>Beef, Pork &amp; Turkey with all the fixin's</b> 3 – 7 p.m. Live Music by "Brown Sugar Oldies" \$30 at the Door		1 10 a.m. Auxiliary Mtg 5 – 9 p.m. Live Band: Brown Sugar Oldies	
2 From 9 a.m.: NFL, NASCAR & Other sports On 7 TVs!	3 5 p.m. Monday Nite FB 6 p.m. Texas Hold'em 	4 5 p.m. <b>FUNDRAISER GAMES</b>	5 <b>YOM KIPPUR</b> 5 – 9 p.m. <b>Karaoke</b> 	6 5 p.m. <b>FUNDRAISER GAMES</b>	7 6 – 10 p.m. <b>Karaoke</b> by Fred Johnson 	8 10 a.m. House Com Mtg 11 a.m. General Mtg 6 – 10 p.m. Live Band: The Mellow Downs
9 From 9 a.m.: NFL, NASCAR & Other sports On 7 TVs!	10 <b>COLUMBUS DAY</b> 5 p.m. Monday Nite FB 6 p.m. Texas Hold'em 	11 5 p.m. <b>FUNDRAISER GAMES</b>	12 5 – 9 p.m. <b>Karaoke</b> 	13 5 p.m. <b>FUNDRAISER GAMES</b>	14 6 – 10 p.m. <b>Karaoke</b> by Fred Johnson 	15 2 p.m. Annual  <b>Deep Pit BBQ</b> \$30 at Door 3 – 7 p.m. Live Band: Brown Sugar Oldies
16 From 9 a.m.: NFL, NASCAR & Other sports On 7 TVs!	17 5 p.m. Monday Nite FB 6 p.m. Texas Hold'em 	18 5 p.m. <b>FUNDRAISER GAMES</b>	19 5 – 9 p.m. <b>Karaoke</b> 	20 5 p.m. <b>FUNDRAISER GAMES</b>	21 6 – 10 p.m. <b>Karaoke</b> by Fred Johnson 	22 6 – 10 p.m. Live Band: The Whole She-Bang
23 From 9 a.m.: NFL, NASCAR & Other sports On 7 TVs! 30 From 9 a.m.: NFL, NASCAR & Other sports On 7 TVs!	24 5 p.m. Monday Nite FB 6 p.m. Texas Hold'em 31 <b>HALLOWEEN</b> 5 p.m. Monday Nite FB 6 p.m. Texas Hold'em	25 5 p.m. <b>FUNDRAISER GAMES</b>	26 5 – 9 p.m. <b>Karaoke</b> 	27 5 p.m. <b>FUNDRAISER GAMES</b>	28 6 – 10 p.m. <b>Karaoke</b> by Fred Johnson 	29 5 p.m. Post Halloween Party 5:30 – 9:30 p.m. Band: <b>Wild Rumour</b>
<b>VFW POST 9578 Halloween Party</b> 5 – 10 p.m. Saturday, Oct 29 <sup>th</sup> 8 p.m. Costume Contest for VFW Members & Auxiliary only 5:30 – 9:30 p.m. Live Music: "Wild Rumour"						  

**October 2022 Bert Fuller V.F.W. Post 9578 Menu** *(subject to change w/o advance notice!)*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Annual Deep Pit BBQ!</b> Starts at 2 p.m. Saturday, Oct 15 <sup>th</sup> \$25 Advance Tickets Available at the Post Canteen		<b>Beef, Pork &amp; Turkey with all the fixin's</b> 3 – 7 p.m. Live Music by "Brown Sugar Oldies" \$30 at the Door			1 11 a.m. – 1:30 p.m. \$8 Burgers & \$6 Hot Dogs Served by Auxiliary 5 – 7:30 p.m. \$22 Ribeye Steak Dinner	
2 9 a.m. – 12:30 p.m. Breakfast Service  2 p.m. Lunch/Dinner TBA	3 11 a.m. – \$8 Lunch  5 p.m. Pizza \$2/slice	4 11 a.m. \$8 Lunch  6 p.m. \$3 Tacos by Nora	5 <b>YOM KIPPUR</b> 11 a.m. \$8 Lunch  5 p.m. - until gone Dinner TBA	6 11 a.m. \$8 Lunch  5 p.m. - until gone Dinner TBA	7 11 a.m. \$8 Lunch  5 – 7:30 p.m. \$16 Fish & Shrimp Dinner 	8 11 a.m. – 1:30 p.m. \$8 Burgers & \$6 Hot Dogs Served by Auxiliary  5 – 7:30 p.m. \$22 Ribeye Steak Dinner
9 9 a.m. – 12:30 p.m. Breakfast Service  2 p.m. Lunch/Dinner TBA	10 <b>COLUMBUS DAY</b> 11 a.m. \$8 Lunch  5 p.m. Pizza \$2/slice	11 11 a.m. \$8 Lunch  6 p.m. \$3 Tacos by Nora	12 11 a.m. \$8 Lunch  5 p.m. - until gone Dinner TBA	13 11 a.m. \$8 Lunch  5 p.m. - until gone Dinner TBA	14 11 a.m. \$8 Lunch  5 – 7:30 p.m. \$16 Fish & Shrimp Dinner 	15  2 p.m. <b>Annual Deep Pit BBQ</b> \$30 at Door
16 9 a.m. – 12:30 p.m. Breakfast Service  2 p.m. Lunch/Dinner TBA	17 11 a.m. \$8 Lunch  5 p.m. Pizza \$2/slice	18 11 a.m. \$8 Lunch  6 p.m. \$3 Tacos by Nora	19 11 a.m. \$8 Lunch  5 p.m. - until gone Dinner TBA	20 11 a.m. \$8 Lunch  5 p.m. - until gone Dinner TBA	21 11 a.m. \$8 Lunch  5 – 7:30 p.m. \$16 Fish & Shrimp Dinner 	22 11 a.m. – 1:30 p.m. \$8 Burgers & \$6 Hot Dogs Served by Auxiliary  5 – 7:30 p.m. \$22 Ribeye Steak Dinner
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30 9 a.m. – 12:30 p.m. Breakfast Service 2 p.m. Meals TBA	31 <b>HALLOWEEN</b> 11 a.m. \$8 Lunch 5 p.m. Pizza \$2/slice					

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 8 p.m. Costume Contest for VFW Members & Auxiliary only   
 5:30 – 9:30 p.m. Live Music: "Wild Rumour"  

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