

VFW Bert Fuller Post 9578

Newsletter

January 2023 Alpine, CA



Commander's Message

Comrades,

As always, I would like to welcome all of our new members as well as everyone else who is receiving this newsletter for the first time. Our **Post** continues to be a staple in this community through your support and membership in our **Post**.

If you or someone you know has served overseas during a conflict, please consider or have them consider becoming a member of **Alpine VFW Post 9578**. Applications are by the front door at the **Post**.

I would like to thank the amazing community of **Alpine** and even some outside of **San Diego County** who have so generously donated to the post since our unfortunate incident on the 19th.

We have been through hard times in the past and we have always been able to bounce back; and we are continuing to bounce back from this incident as well.



Upcoming Post Events

See what's happening this month on our Facebook page! Please click this link:



House Committee Report

Comrades,

Well, another year is gone and I hope this new year brings prosperity to all.

I'm sure by now that everyone is aware that the **Post** was broken into. Repairs to the **Post** facility from the break-in have been completed. We are taken the necessary precautions so this doesn't happen again.

We are looking for more members to come to the meetings and help with the decision making process. It is important for all of you as members of this VFW to join in so our **Post** can prosper.

We won't be making any improvements to the **Post** until springtime.

Please attend the member's **General meeting** held at **11 a.m. Saturday, Jan. 14th** at the **Post**.

The House Committee will meet at **10 a.m. a.m. Saturday, Jan. 14th** at the **Post**.

Please reach out to your friends, relatives and neighbors who may be eligible to join the **Post** either as members or the **Auxiliary**.

Thanks and God Bless

John

Post 9578 House Committee member



The **San Diego County Sheriff's** office is working hard on the case and since the thieves made many mistakes, we are confident that between what information we have and what the Sheriff's office has that they will be caught soon.

2022 had its ups and downs. Let's put the past year behind us and make 2023 the *best* year our **Post** has ever had!

We do need your support in various capacities - even if just once in a while. Please contact myself and/or the **Quartermaster** to find out about our volunteer opportunities.

This month marks the anniversary of the **1972** founding of the **Bert Fuller Post 9578**. We will recognize that milestone at the Post on **Friday, January 13th**.

In closing - as always, I am blessed and honored to serve as your **Commander** and I deeply appreciate all of you as members and patrons of this great **Post!**

If you need to reach out to me, please call me at **(858) 729-3911**. I am here for you - the **Veterans**, the **Auxiliary**, our families and the community of **Alpine!**

God Bless you and God bless the United States of America!

John

Post Commander
John Sullivan

John Rizzo

Auxiliary President's Message



Happy New Year and welcome to 2023! The new year brings a great time for opportunity and the next steps of the **Post 9578 Auxiliary**. As the new year unfolds we look forward to finding ways to support our **Post** and veterans.

We are always looking for more involvement with the Auxiliary and we also hope that we can see some returning faces to our meetings. We have great things coming down the line and need your voice and support.

We will see you at our next meeting at **10 a.m. on Saturday, Jan 7th** at the **Post**.

Thank you for all that you do.

Happy New Year to you, your family and loved ones!

Yours in Service,

Michael

Post 9578 Auxiliary President
Michael Charles Buxton

A great way for members of the Alpine community to support their **Bert Fuller VFW Post 9578** is to join the post auxiliary. Check the Auxiliary Facebook page for details; click on this link:

[VFW Post 9578 Auxiliary](#)

Auxiliary Chaplain's Message



May God shower you and your family with love, peace, and happiness in this coming New Year! I am just so grateful at this very moment to have a roof over my head, food to eat, clean clothes to wear, a warm

Saturday Feb 4th 2-6pm
Benefit for Denny Lee Hagar

VFW Alpine Life Member and Vietnam Navy Veteran
Auction Items, 50/50 Drawings, The Whole Sha-Bang Band,
\$30 Dinner, potluck sides and desserts welcome

Denny is going through more chemo. We are trying to support him by fundraising, as this is not his first fight with Cancer. His bills are substantial, and we as Post 9578 want to support him and this tough road ahead!

ANY DONATION IS APPRECIATED

-Auction and Raffle items greatly appreciated-



Chaplain's Message

Lord, thank you for this New Year and the potential it holds. Bring hope alive in our hearts and cause our spirits to be born again. May we experience peace and see the wonders of the Supreme Being. Walk with each of us in heart and mind, day by day, so that we may continue to serve our God, our Country and our Community. Watch over our Nation's military men and women guarding the gates of freedom around the world. And always make us mindful of the needs of others. AMEN.



I recently learned that one our **Post** members (since 2010) passed away in October at age 94: **Kenneth Elow, U.S. Army World War II veteran**. Ken's son told me that a military service is planned for his dad sometime in the spring. May **Ken** rest in peace and let us keep his surviving family in our prayers.

O God of mercy, peace, and love, we remember before you in this moment our friend and fellow veteran Kenneth L. Elow. We recall with respect all that he stood for in this life. Help us to live in the companionship of his spirit. May we be kind to the friends and family he cared for; devoted to the community in which he lived; and loyal to the causes which he served. Thus, in our lives and hearts, may

bed to sleep in, family, friends, my volunteer duties, drinkable water, electricity, and freedom from violence.

We take so much for granted when there's so much to be grateful for.

"Life is an opportunity, benefit from it. Life is beauty, admire it. Life is a dream, realize it." - *Mother Teresa*

"No matter how hard the past is, you can always begin again." - *Jack Kornfield*

Dear Lord, Please let me realize all that I have and be grateful for it. Please make me aware of acts of kindness that others do. Allow me to be more gentle, forgiving, and compassionate toward myself and others. Let me focus on serving the world and uplifting those around me. Help me to realize why we are on this Earth – to Love one another and help one another. Amen

With Peace and happiness for everyone reading this.

Happy New Year to all!

Jan

Post 9578 Auxiliary Chaplain
Jan Bazdorf

Canteen Manager's Message

Volunteers are needed to assist with the Saturday "**Burgers With A View**" that the **Post 9578 Auxiliary** stages. Please call **Kimberly** at (619) 729-3153 if you would like to help out on Saturdays.



Be sure to purchase raffle tickets every time you visit the **Post**. We are always looking for donations, especially for raffle prizes.

The **Raffle Basket** and **Raffle Wagon** tickets are each sold for \$1 donation each and six (6) tickets for \$5 donation.

For **Post Raffle Basket** and **50/50** tickets: please put your name and contact number on all tickets that you purchase since you do not have to be "present" to win!

Come out to the **Post**, bring your friends

Ken live on, to our great comfort, to the betterment of your creation, and to the furthering of your most holy will. AMEN.

Theo

Post 9578 Chaplain
Theodore Bazdorf

Special Notice regarding Post Events, Meals

The prices displayed on various Post flyers and menus and also in this newsletter are subject to change without advance notice. Thank you for your understanding.

January 13th marks the anniversary of the **1972** founding of the **Bert Fuller Post 9578**. We will recognize that milestone at the **Post** on **Friday, January 13th**.

Monday Nights @ The Post

6 p.m. **GAME** Night!

Open to the public for meals and entertainment!

Stay connected with our up-to-date Facebook:

@AlpineVFW9578

or:

www.vfw9578.com

Alpine VFW Post 9578 844 Tavern Road, Alpine (619) 445-6040

Friday Nights @ The Post

FRIDAY DINNER 5 – 7:30 P.M.



Fish & Chips Dinner - \$16

Fish & Shrimp Dinner - \$16

½ Fish or Shrimp Dinner - \$11

Shrimp Cocktail - \$11

Fish Sandwich & Fries - \$13

Chicken Caesar Salad - \$12

Shrimp & Chips Dinner - \$16

Chicken Sandwich & Fries - \$12

Shrimp Salad - \$12

French Fries - \$3

Dinner Salad - \$6

Dessert - \$3



Jan 2023



5 – 9 p.m. Friday Night **Karaoke**
with Fred Johnson

Open to the public for meals and entertainment!

Stay connected with our up-to-date Facebook & webpage:

@AlpineVFW9578

or:

www.vfw9578.com

Alpine VFW Post 9578 844 Tavern Road, Alpine (619) 445-6040

Kimberly

Canteen / Entertainment Manager
Kimberly Rivera

Important Notice for all Post Members, Auxiliary, invited guests and Visitors:

VFW Bert Fuller Post 9578 is a **Drug-Free Zone**. If drugs are used on our **Post's** property, it will put our **ABC** liquor license in jeopardy, as well as our **Post** charter with the **National VFW**.

Please report any violations of drug use on **Post** property immediately to a **Post** officer. Law enforcement will be contacted and the offender will be subject to criminal and legal consequences. Offenders will lose their **Post** privileges and not be allowed on **Post** property in the future.

Post Members Meetings - 2nd Saturday

10 a.m. House Committee

11 a.m. General Meeting

Auxiliary Meetings - 1st Saturday/Month

10 a.m. Auxiliary

Contacting the Post

Phone: **(619) 445-6040**

Fax: **(619) 445-8740**

eMail: **VFW9578cmd@gmail.com**

Newsletter Submissions

Items for consideration may be emailed to

John.P.Sullivan1@gmail.com

Contact: **(858) 729-3911**

or mailed to the post at:

VFW Bert Fuller Post 9578

Attention: **John Sullivan**

844 Tavern Road

Alpine, CA 91901

Please note: newsletter submission
deadline is the 25th of the prior month.

Saturday Nights @ The Post

5 - 9 p.m. Jan 7th

Two Lane Highway

5 - 9 p.m. Jan 14th

Alpine VFW Post 9578

Midnight Fire Band

Get your dancing shoes on!

6 - 10 p.m. Jan 21st

VFW POST 9578 ALPINE, CA
LIVE MUSIC
The Whole She-Bang
Dance Band 60' 70's & 80's classic rock and pop to get the party going!

Jan 28th



Open to the public for meals and entertainment!

Alpine VFW Post 9578
844 Tavern Road
(619) 445-6040

5 - 7:30 p.m. Dinner Service

\$24 Ribeye Steak Dinner

Ribeye Steak
Baked Potato
Vegetable
Dinner Roll



Ribeye Steak & Shrimp Dinner \$31

Shrimp Dinner \$20

Shrimp Skewer \$10



Shrimp Cocktail \$11

Shrimp Salad \$12

Dinner Salad \$6

Extra Vegetable \$4

Extra Potato \$4

Dessert \$3

Jan 2023

Alpine VFW Post 9578

Sunday Breakfast Menu

Served 9 a.m. - 12:30 p.m.

- Ribeye Steak, Eggs, Potatoes & Toast - \$24
- Bacon, Eggs, Potatoes & Toast - \$14
- Sausage, Eggs, Potatoes & Toast - \$14
- Porkchop Breakfast - \$18
- Porkchop (only) - \$12
- Chicken Fried Steak Breakfast - \$17
- Chicken Fried Steak Sandwich - \$17
- Breakfast Sandwich w/ Potatoes - \$12
- Biscuits and Gravy (full order) - \$8
- Biscuits and Gravy (half order) - \$4
- BLT Sandwich w/ Potatoes - \$10
- Pancakes - \$8
- Extra Bacon or Sausage - \$6
- Extra Egg or Toast - \$2
- Extra Gravy - \$3



Stay connected and up to date:

Facebook: @AlpineVFW9578 or website: www.vfw9578.com

Open to the public for meals and entertainment!

844 Tavern Road, Alpine (619) 445-6040

Jan 2023

Alpine VFW Post 9578

Saturday Dinner Menu

5 - 7:30 p.m.

\$24 Ribeye Steak Dinner

Baked Potato Vegetable Dinner Roll

Ribeye Steak & Shrimp Dinner \$31

Shrimp Dinner \$20

Shrimp Cocktail \$11

Shrimp Skewer \$10

Shrimp Salad \$12

Dinner Salad \$6

Extra Vegetable or Potato \$4

Dessert \$3

Stay connected and up-to-date:

Facebook page: @AlpineVFW9578

VFW Website: www.vfw9578.com

Open to the Public for meals and entertainment!

844 Tavern Road, Alpine (619) 445-6040

Jan 2023



VFW Post 9578 Hours of Operation

(Subject to change without advance notice - call Post at (619) 445-6040 for details)

The Post will observe the following business hours:

Sundays: 9 a.m. - close
Mondays: 11 a.m. - close
Tuesdays: 11 a.m. - close
Wednesdays: 11 a.m. - close
Thursdays: 11 a.m. - close
Fridays: 11 a.m. - close
Saturdays: 9 a.m. - close

Note: the **Post** closing time is dependent upon attendance and varies per day.

Please please do your best to comply with state and county guidelines at all times and **do not, under any circumstances, attend a Post activity or event if you or a member of your family unit are experiencing COVID-19 symptoms.**

If you have questions on the guidelines please call the **Post** at **(619) 445-6040.**

FYI for Post Members!

House Committee meetings are held every **second Saturday of the month** at **10 a.m.**

Post Member meetings are held **every second Saturday of the month** at **11 a.m.**

Auxiliary Member meetings are held on

VFW Post Officers & Trustees

John Sullivan - Commander
Richard Simmons - Sr Vice Commander
Jack Gauthier - Jr Vice Commander
Carl Silva - Quartermaster
Theo Bazdorf - Assistant Quartermaster
Theo Bazdorf - Chaplain
Theo Bazdorf - Adjutant (temporary)
Jim Bilka - Judge Advocate
Vacant - Service Officer
Need Volunteer - Surgeon

Fred Rivera - 1st Year Trustee
Rich Martindell - 2nd Year Trustee
James Abercrombie - 3rd Year Trustee

Auxiliary Officers

Michael Buxton - President
Nancy Hauer - Senior VP
Vacant - Junior VP
Jan Bazdorf - Chaplain
Jessica McKittrick - Treasurer
Erika Simmons - Secretary
Vikki Hemmen - Conductress
Sven Ricketts - Guard

Darren Pyle - Trustee #1
Bob Bealo - Trustee #2
Pat Alston Aldrich - Trustee #3

House Committee

John Rizzo - Chairperson
Dan Focht - Member
Richard Simmons - Member
Joel Murillo - Member

Canteen / Entertainment

Kimberly Rivera - Canteen Manager
Sandy Curry - Canteen Assistant Manager

Volunteer Bartenders

Darla Beery
Canis Caton
Gigi LaFaver
Jessica McKittrick
Katie Sharp
Heather Whisnand
Sandy Curry



the first Saturday of the month at 10 a.m.

Show your pride in our **Post** by letting people know you are a member of our **VFW Post 9578** and invite them to enjoy the meals and events!

VFW Bert Fuller Post 9578

Mission Statement:

- To foster camaraderie among United States veterans of overseas conflicts
- To serve our veterans, the military and our communities
- To advocate on behalf of all veterans

VFW Bert Fuller Post 9578 Vision is to ensure that:

- Veterans are respected for their service
- Always receive their earned entitlements
- Are recognized for the sacrifices they and their loved ones have made on behalf of this great country

VFW Bert Fuller Post 9578 Core Values:

- Always put the interests of our members first
- Treat donors as partners in our cause
- Promote patriotism
- Honor military service
- Ensure the care of veterans and their families
- Serve our communities
- Promote a positive image of the VFW
- Respect the diversity of veteran opinions

***Support Your Post -
Attend Regularly
to Enjoy
The Camaraderie,
Games, Meals &
Live Entertainment!***



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**Roger Garay, E.A.
Christy A. Kohl, E.A.**

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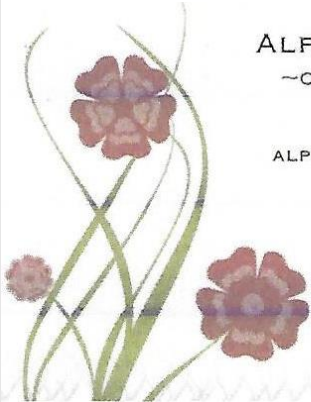
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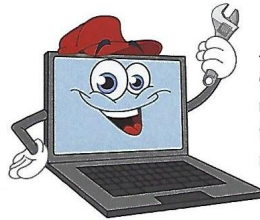
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Manager
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"TECH SUPPORT" SCAMS ARE ON THE RISE – DON'T BE THE NEXT VICTIM!

- Pop-up warnings
- Email message warnings
- Unsolicited calls from "Tech Support"
- Website error messages



You have received a phone call, pc or laptop screen pop-up or email informing you that there is a problem with your computer or laptop: Pretending to be from a popular tech company, scammers will try to convince you that your computer or laptop is infected and they want to immediately remote in to it, and then will gain access to your personal and financial information...

What To Do Next – Action Steps:

- If a caller: Hang up the phone and...
- If a pop-up: Immediately shut down the pc/laptop and...
- If an email: Close your email program, shut down your pc/laptop and...

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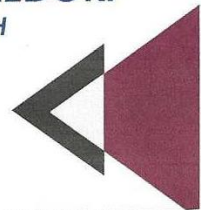
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Do NOT overpay for tech support – big box electronics & national office supply stores charge hundreds of dollars for services that Alpine Computer & Tutor can provide at a reasonable cost.

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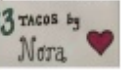


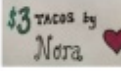


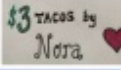


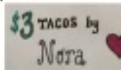


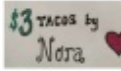

(619) 627-4850

NathanMorton619@gmail.com

January 2023 Bert Fuller VFW Post 9578 Activities *(subject to change w/o advance notice!)*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 NEW YEAR'S DAY From 9 a.m.: NFL & Other sports On 7 TVs!	2 5 p.m. Monday Nite FB 6 p.m. GAME Night!	3 5 p.m. FUNDRAISER GAMES	4 5 p.m. FUNDRAISER GAMES	5 5 p.m. FUNDRAISER GAMES	6 5-9 p.m.  Karaoke by Fred Johnson	7 10 a.m. Auxiliary Mtg 5-9 p.m. Live Band: Two Lane Highway
8 From 9 a.m.: NFL, & Other sports On 7 TVs!	9 6 p.m. GAME Night!	10 5 p.m. FUNDRAISER GAMES	11 5 p.m. FUNDRAISER GAMES	12 5 p.m. FUNDRAISER GAMES	13 5-9 p.m.  Karaoke by Fred Johnson	14 10 a.m. House Com Mtg 11 a.m. General Mtg 5-9 p.m. Live Band: Midnight Fire Band
15 From 9 a.m.: NFL & Other sports On 7 TVs!	16 ML KING DAY 6 p.m. GAME Night!	13 5 p.m. FUNDRAISER GAMES	14 5 p.m. FUNDRAISER GAMES	15 5 p.m. FUNDRAISER GAMES	16 5-9 p.m.  Karaoke by Fred Johnson	21 6-10 p.m. Live Band: The Whole She-Bang
22 LUNAR NEW YEAR From 9 a.m.: NFL & Other sports On 7 TVs!	23 6 p.m. GAME Night!	20 5 p.m. FUNDRAISER GAMES	21 5 p.m. FUNDRAISER GAMES	22 5 p.m. FUNDRAISER GAMES	23 5-9 p.m.  Karaoke by Fred Johnson	28 5-9 p.m. 
29 From 9 a.m.: NFL & Other sports On 7 TVs!	30 6 p.m. GAME Night!	31 5 p.m. FUNDRAISER GAMES	Feb 1 5 p.m. FUNDRAISER GAMES	2 5 p.m. FUNDRAISER GAMES	3 5-9 p.m. Karaoke by Fred Johnson	4 2-6 p.m. Benefit for Denny Lee Hagar The Whole She-Bang

January 2023 Bert Fuller V.F.W. Post 9578 Menu *(subject to change w/o adv notice!)*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 NEW YEAR'S DAY 9 a.m. – 12:30 p.m. Breakfast Service 2 p.m. Lunch/Dinner TBA	11 a.m. Lunch TBA 5 p.m. Dinner TBA	11 a.m. Lunch TBA 6 p.m. Dinner TBA 	11 a.m. Lunch TBA 5 p.m. Dinner TBA	11 a.m. \$8 Lunch 5 p.m. Dinner TBA	11 a.m. \$8 Lunch 5 – 7:30 p.m. \$16 Fish & Shrimp Dinner 	5 – 7:30 p.m. \$24 Ribeye Steak Dinner 
8 9 a.m. – 12:30 p.m. Breakfast Service 2 p.m. Lunch/Dinner TBA	11 a.m. Lunch TBA 5 p.m. Pizza \$2/slice	11 a.m. Lunch TBA 6 p.m. \$3 TACOS by Nora 	11 a.m. Lunch TBA 5 p.m. Dinner TBA	11 a.m. Lunch TBA	11 a.m. \$8 Lunch 5 – 7:30 p.m. \$16 Fish & Shrimp Dinner 	5 – 7:30 p.m. \$24 Ribeye Steak Dinner 
15 9 a.m. – 12:30 p.m. Breakfast Service 2 p.m. Lunch/Dinner TBA	16 ML KING DAY 11 a.m. Lunch TBA 5 p.m. Pizza \$2/slice	11 a.m. Lunch TBA 6 p.m. \$3 TACOS by Nora 	11 a.m. Lunch TBA 5 p.m. Dinner TBA	11 a.m. Lunch TBA 5 p.m. Dinner TBA	11 a.m. \$8 Lunch 5 – 7:30 p.m. \$16 Fish & Shrimp Dinner 	5 – 7:30 p.m. \$24 Ribeye Steak Dinner 
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29 9 a.m. – 12:30 p.m. Breakfast Service 2 p.m. Lunch/Dinner TBA	11 a.m. Lunch 5 p.m. Pizza \$2/slice	11 a.m. Lunch TBA 6 p.m. \$3 TACOS by Nora 	Feb 1 11 a.m. Lunch TBA 5 p.m. Dinner TBA	11 a.m. Lunch TBA 5 p.m. Dinner TBA	11 a.m. \$8 Lunch 5 – 7:30 p.m. \$16 Fish & Shrimp Dinner 	4 BENEFIT FOR DENNY LEE HAGAR 2 – 6 p.m. \$30 Dinner with potluck sides and desserts



www.vfw9578.com

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