



Health and Safety

- We encourage participants to face new challenges and to learn to take reasonable risks.
- In order to do that safely, risk assessments are written and reviewed annually.
- Dynamic risk assessments are performed in the moment continually at Forest School. This is because situations change and FS leaders must adapt quickly. • Risks can rarely be eliminated entirely, but they can be reduced to a minimum without unduly limiting opportunities for children to explore and learn.
- Children are taught to start assessing their own risk in order to keep themselves safe.
- We have a streamline process for communicating with parents and schools • This handbook is updated annually.
- We are continually learning and adapting to improve the health and safety of the children and adults in our care.
- All FS leaders will have: I. Level 2 food handling certificate (completed in the last 3 years) II. FS leader level 3 qualification III. Outdoor paediatric first aid certificate including resuscitation (completed in the last 3 years)
- All adult helpers have an enhanced DBS check done in the last 3 years.
- All staff are insured under GRMB. Freelance staff will also have their own insurance.
- GRMB insurance includes tree climbing and rope swings.
- FS leaders are responsible for the smooth running of the session and will make their own plans to this end.
- FS staff will continually carry out dynamic (on the spot) risk assessments as things can change quickly at Forest School.





Health and Safety continued

- Staff will be familiar with the risk assessment, they will work to it and add to it as they see fit.
- Take reasonable care of their own and others' Health and Safety IN THE EVENT OF AN EMERGENCY THE SECOND ADULT WOULD ASK THE NEAREST STAFF MEMBER IN SCHOOL FOR HELP ALTERNATIVELY USE WALKIE TALKIE IF PROVIDED. SCHOOL POLICIES AND PROCEDURES ARE THEN TO BE FOLLOWED.

