



# FIRST 5 RIVERSIDE

# Directory of Services

All services are offered at no- to low-cost for eligible Riverside County residents. For more information on these services or to enroll, please contact the agency directly. (800) 266 - 3880 | [www.First5Riverside.org](http://www.First5Riverside.org)

## QUALITY START RIVERSIDE COUNTY

Helps parents choose child care by providing tools and resources to find the best program for their child's needs.

[www.qualitystartrc.org](http://www.qualitystartrc.org)  
(800) 266-3880

## RIVERSIDE HYBRID ALTERNATE PAYMENT (RHAP) PROGRAM

Child care scholarship for low-income children to attend quality rated licensed child care centers and homes. Families must meet program eligibility criteria.

[www.rcoe.us](http://www.rcoe.us)  
(800) 442-4927

## IN-HOME PARENTING PROGRAMS

**Home Instruction for Parents of Preschool Youngsters (HIPPY)**  
Provides learning activities for children ages 3 & 4 in preparation for kindergarten. Must reside in the Jurupa Unified School District.

[www.jurupausd.org](http://www.jurupausd.org)  
(951) 360-4175

**Nurse Family Partnership**  
For first time, low-income pregnant mothers.

[www.rivcophn.org](http://www.rivcophn.org)  
(951) 358-5438

**Nurturing Parent Program**  
Intensive case management services designed to support families at risk of entering or re-entering the Child Welfare System.

[www.parentzatwork.org](http://www.parentzatwork.org)  
(760) 246-8364

**A Tactile Approach to Learning**  
For families with children, aged 0 through 5, who are blind, visually impaired, or have other sensory disabilities.

[www.blindnesssupport.com](http://www.blindnesssupport.com)  
(951) 341-9244

**Parent-Child Home Program**  
Focuses on school readiness for children 16 months to 2 years of age and building positive child-parent interaction. Must reside in the Jurupa Unified School District.

[www.jurupausd.org](http://www.jurupausd.org)  
(951) 222-7872

**SafeCare**  
For pregnant mothers and families. Designed to educate parents & support children who have experienced abuse &/or neglect.

[www.rivcophn.org](http://www.rivcophn.org)  
(951) 358-5438

[www.jfkfoundation.org](http://www.jfkfoundation.org)  
(760) 776-1600

[www.fsaca.org](http://www.fsaca.org)  
(951) 686-1096

## RAISING A READER

Program which promotes reading by providing preschool and kindergarten children with 3 to 4 different books each week to take home and read with their family. Open to preschool children enrolled at participating Head Start sites in the Desert Sands Unified School District and Kindergarten children enrolled at participating sites in the Coachella Valley Unified School District.

[www.unitedwayofthedesert.org](http://www.unitedwayofthedesert.org)  
(760) 323-2731 ext. 108

## DROWNING PREVENTION

Swim lessons for children ages 6 months through 5 years and water safety education classes for their parents/caregivers. Families must reside in Eastvale, Murrieta, Riverside, Temecula, Palm Desert or Cathedral City.

[www.socalwaterbabies.com](http://www.socalwaterbabies.com)  
(951) 251-5210

## HEALTHYSTEPS

Pediatric primary care program which includes a Specialist that connects and guides families during and between well-child visits. Specialists are trained to provide families with parenting guidance, support between visit, referrals and care coordination, all specific to their needs. Participating partner agencies will provide Specialist assistance to families with children ages 0 through 3.

**Borrego Health Centers**  
[www.borregohealth.org/eastside-health-center-bldg-a](http://www.borregohealth.org/eastside-health-center-bldg-a)  
Riverside— (951) 213-3450

[www.borregohealth.org/arlanza-family-health-center](http://www.borregohealth.org/arlanza-family-health-center)  
Arlanza — (951) 710-3970

[www.borregohealth.org/san-jacinto-health-center](http://www.borregohealth.org/san-jacinto-health-center)  
San Jacinto — (951) 487-8506

[www.borregohealth.org/dhs-community-health-center](http://www.borregohealth.org/dhs-community-health-center)  
Desert Hot Springs— (760) 676-5240

[www.borregohealth.org/centro-medico-cathedral-city](http://www.borregohealth.org/centro-medico-cathedral-city)  
Cathedral City—(760) 321-6776

**Rady Children's Hospital**  
[www.rchsd.org/locations/satellite-locations/murrieta-2/](http://www.rchsd.org/locations/satellite-locations/murrieta-2/)

[www.cpcmg.net/locations/temecula/](http://www.cpcmg.net/locations/temecula/)

Murrieta & Temecula —  
(858) 966-1700 ext. 257346

**Riverside University Health System**  
[www.ruhealth.org/en-us/Pages/Locations.aspx](http://www.ruhealth.org/en-us/Pages/Locations.aspx)  
Moreno Valley—(951) 486-5194

## INLAND EMPIRE SMILES

Scheduled risk-based preventative and early restorative oral health services delivered at designated sites where children are located.

**Borrego Community Health Foundation**  
[www.borregohealth.org](http://www.borregohealth.org)  
(760) 423-5090 ext. 4915

**Neighborhood Healthcare**  
[www.nhcare.org](http://www.nhcare.org)  
(951) 216-6100

**North County Health Services**  
[www.nchs-health.org](http://www.nchs-health.org)  
(951) 956-2400

**Vista Community Clinic**  
[www.vistacommunityclinic.org](http://www.vistacommunityclinic.org)  
(951) 252-2720

## SET-4-SCHOOL

Provides behavioral health screenings and therapy for children ages 0 through 5.

[www.rcdmh.org/set4school](http://www.rcdmh.org/set4school)  
(951) 358-6895

## FREE RESOURCES

- New Parent Kit
- Children's Books
- Text messages featuring parenting facts, tips and activities

[www.rccfc.org/families/parent-resources](http://www.rccfc.org/families/parent-resources)  
(800) 266-3880