

Cristina Whitehawk

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Bio

Author, championing the personal growth and empowerment of women through my 40+ years of experience. I joyfully share this life wisdom through my books, workshops, speaking and personal support. By breaking the rules of imagination and creating change we create our largest lives.

College

Arizona State University
Major in Education
Minor in Humanities

Employment

Cooperative Extension Agent, Maricopa County

Co-owner

The Threadmill, Scottsdale, Az.

Natural Fiber Yarns

Weaving supplies

Designed and taught classes

Co-owner

Fibres & Dyes, Tempe, AZ
Spinning, Weaving & Dyeing Supplies
Designed and taught classes

Breakthroughs International Licensed Brain Gym® Instructor/Consultant