## MASSAGE FOR ATHLETES

For sore backs, feet, legs, shoulders, hands, forearms, hips, elbows...whatever hurts, I can help. Guaranteed.

I have been doing bodywork since 1994, on thousands of bodies.

## **Quotes:**

"That was an awesome massage, dude"—Brett

"You have magic hands"—Anika (Poland)

"He fixed my back, Mom"—Molly, 11-year-old car accident victim.

I am also a nutritional consultant and personal trainer. We can design an eating regimen to maximize the benefits of your workouts, to build muscle mass and burn fat.

My office is near beautiful downtown San Anselmo.

Call Robert: 415-305-1322 anytime.



