

Yakushi Centre

Healing Mind-Body & Spirit

FREE Initial 30min consultation.
Fully Equipped treatment room,
Insured and council approved.

- Acupuncture
- Hypnotherapy
- Massage
- Shiatsu
- Aromatherapy
- Cupping
- Moxibustion
- Reiki



07980 590055



MEMBER
INTERNATIONAL INSTITUTE FOR
COMPLEMENTARY THERAPISTS



Mail: info@yakushicentre.co.uk / Web: www.yakushicentre.co.uk

Therapy & Healing Services we offer:

ACUPUNCTURE

Insertion of ultra-fine sterile needles into specific points on the body to help ease pain and restore the body's natural balance.

HYPNOTHERAPY

A form of therapy that utilises the power of positive suggestion to bring about subconscious change to our thoughts, feelings and behaviour.

MASSAGE

Treats both deep and superficial tissue injuries, to bring about pain relief, correcting and normalising the body's muscles and soft tissues.

AROMATHERAPY

Natural oils to enhance psychological and physical well-being. Used for a variety of applications, including pain relief, mood enhancement and relaxation.

CUPPING

Chinese medical treatment where suction cups are attached to the body. The treatment improves blood circulation, thereby speeding up healing, reducing pain and easing muscle soreness.

SHIATSU

Japanese physical therapy that involves pressure and manipulation of the body. Treatments alleviate stress, illness, improve balance and well-being by strengthening the body's natural ability to heal itself.

REIKI

Japanese healing technique based on the principle that the therapist can channel energy in to the patient by means of touch, activating the body's physical and emotional well-being.

**Studio Combat Academy
& Martial Arts centre**
Westgate, Long Eaton
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