



## **Tattoo Aftercare**

### **How do I take care of my tattoo?**

- \* Keep your tattoo clean & moisturised at all times
- \* Take off wrapping after 2hours
- \* Wash gently with lather of antiseptic soap
- \* Wash clean & pat dry
- \* Wear loose/comfortable clothing (let your tattoo breathe)
- \* When your tattoo starts to dry (usually after 2-4 days) avoid water & use aftercare ointment
- \* Apply a thin coat of ointment 2-3 times daily
- \* Repeat steps 6 & 7 till the tattoo is completely healed (usually takes 10-15 days)

### **What things should I avoid?**

- \* Don't scratch your tattoo nor pick the scabs
- \* Don't expose your fresh tattoo to direct sunlight
- \* Don't go gymming, yoga, jogging, swimming, steam or sauna until your tattoo is healed
- \* Be careful not to let anyone or your pet touch your tattoo before it heals.