



ELAWA FARM FOUNDATION



Seasonal News and Notes - Spring 2016

Everyone delights in the coming of Spring, and at Elawa Farm, seeing the garden come alive is truly heart stirring. Since our last news letter, Elawa’s annual Holiday Market with the signature gingerbread houses, greens and other fresh offerings, brought record attendance and record sales. We then bid good-bye to 2015 with a festive New Year’s Eve dinner where many happy guests deliciously greeted the New Year. 2016 promises to be an exciting year at Elawa with many events unfolding! We are especially excited that construction of our new “jewel box” of a greenhouse has just been completed. It had

been a dream to replace the greenhouse that had been a part of the original Armour farm. This dream has come true through a generous donation from the Buchanan Family Foundation and is dedicated to the memory of Deedee Borland. (More about Deedee follows) The greenhouse allows for early seed planting and educational classes for adults and children. The historic location also provides a unique space for parties and events. A spirited St. Patrick’s Day dinner enlivened the Hay Barn with Irish dancers and incredible holiday food. Early in April our wonderful and very much appreciated volun-

teers were honored with a lovely reception. The Garden Market will open May 13 with a fresh design created by Market Manager, Catherine Gregg. Elawa’s produce going from garden to market is a mere few steps away. Summer Celebration: A Family Picnic, is planned for family fun on June 12. All are invited to celebrate summer family while enjoying food and activities on our historic farm. Summer camp, with a focus on gardening is coming to Elawa for the first time this summer. Other new events are planned for summer leading up to the popular and fantastic Farm to

Table Feast in September. Like so many 501(c)3 non profit organizations, the Elawa Farm Foundation relies solely on the generosity of our donors and volunteers, and we are so very grateful. It is a privilege to serve with such an enthusiastic and energetic Board of Directors and a passionate and talented staff-----and to spend time in such a lovely place. Come see us and bring your family and friends to enjoy the beauty and serenity of Elawa. Join the fun!!!

Dianne FitzSimons - President,
Elawa Farm Foundation

Earth Day at Elawa Farm with the YCC—Youth Conservation Corps of Waukegan - a wonderful new partnership!

Members of the Youth Conservation Corps visited Elawa Farm for the first time last week. With 25 extra pairs of hands on the farm, we got a lot done. Over the past few years our beautiful stone wall on the north end of the farm had begun to collapse. With the help of the YCC we pulled out every last stone, graded the earth underneath & fitted them back together in their original form. We greatly appreciated the group’s positive attitude and laughs through all the hard work and chilly weather. When the wall was complete, we wandered over to the garden and learned

how to plant potatoes, which was a first for many that day. A delicious lunch of shepherd’s pie and chocolate cake was provided by our chef and there were plenty of leftovers to take home. The group left Elawa at the end of the day feeling satisfied with a job well done. We look forward to a long lasting partnership with the YCC.





The Encore Dahlia - Deedee's favorite!



Deedee searched through the buckthorn until she found the old Armour garden at Elawa, and then she brought it to life again. It was her passion and joy. Deedee nurtured and tended the garden daily, and we are so grateful to her for her loving gift to the community..

Dianne FitzSimons

To say that Elawa Farm would be quite different today had Deedee not been involved, would be a colossal understatement. Deedee's passion from the very beginning shaped what Elawa Farm would become, and in turn, the results gave back much to Deedee during her struggle. Her quiet observation in the early days, instinctive knowledge of what was under the tangled mess, and determined vision of what could be accomplished led to an amazing transformation of the garden upon which all of Elawa Farm became grounded.

Its evolution continued to thrive with her help and today, stands for all of us a constant and living reminder of her love, persistence, hard work and devotion. Her presence will always be there—how fortunate for us. Ashely Maentz

Deedee was an amazing woman and the heart and soul of Elawa . Barb Storey

Deedee laid such a strong foundation to give the future of Elawa. Because of her, it will always be a place of beauty and repose for the community to enjoy. Piper Rothschild

Several of us on the Elawa Farm initial formation/advisory committee first met Deedee at a brainstorming meeting held in the City Council Chambers conference room about 15-16 years ago. As our public meeting was about to begin, an unassuming lady walked in and inquired if this was the Elawa meeting. She was the only member of the public to attend and sat quietly at the rear of the room.

When we reached the public comment agenda item, she addressed us. Deedee humbly reviewed her background and garden/market experience in Lake Forest - and then shared her dreams and vision for the future. Remarkable! Her passion and vision have been translated into today's garden reality! We will forever be grateful for her talent, energy, work ethic and persistence in making it happen. Thank you Deedee!

Bob Shaw

Deedee was our guiding light during the early years of Elawa. She had a vision for the Garden at Elawa that never wavered. She also had the determination and stamina to see it come to fruition, even though she was battling cancer. She did not let acres of buckthorn hold her back, she instructed all to start pulling and learn how to use a chainsaw. Thank heavens for Dennis Nyren. There was not a day from early spring to late fall that Deedee was not in the garden, there were too many things to plant, borders to straighten and Dahlias to care for.

I think we will always refer to it as "Deedee's Garden". Jane O'Neil



Cooking Classes at Elawa Farm

Chef's With Class—with Elawa Chef, Steve Chiappetti

Chef's With Class provides the opportunity to learn in an intimate setting for all levels of cooking abilities. Classes are designed for home cooks with a passion for food. In season, we will be utilizing freshly harvested produce directly from the Elawa Garden - A true farm to fork experience.

<p>June 5 <u>Cooking with Essential Oils</u></p> <p>Learn how to use therapeutic grade essential oils in a variety of delicious recipes; and how they enhance foundational health. This will give you a unique opportunity to experience the health benefits in an unexpected and delicious way. Noon - 2:00 pm \$85/pp</p>	<p>June 9 <u>The Essential Egg</u></p> <p>The egg is a wonderful thing in cooking. Eggs can be the star of any meal and are key players everywhere in our kitchen, from meatloaf to mayonnaise.</p>
<p>June 14 <u>Fish 101</u></p> <p>You will learn how to select the freshest fish available then go home to great delicious dishes. We will create an appetizer, soup & entrée, all surrounding the best the market has to offer. Noon - 2:00 pm \$85/pp</p>	<p>June 21 <u>Brunch - California Style</u></p> <p>Taking a hint from the things we love about Southern California, we'll learn how to make a summer brunch celebrating the fresh, bright flavors and ingredients of sunny California. Noon - 2:00 pm \$85/pp</p>
<p>June 30 <u>Taste of Tuscany</u></p> <p>This class will transport you to the Tuscan countryside, full of robust flavors and freshness from the garden. We will discover hearty soups and fresh pastas - finishing with a traditional crostada. 6:30 pm - 8:30 pm \$85/pp</p>	<p>July 10 <u>Tapas Barcelona</u></p> <p>Explore this Spanish style of dining which encourages sharing and fun. We will also make and sample 2 versions of Sangria to complement these tasty tapas dishes. 1:00 pm - 3:00 pm \$85/pp</p>

Keep updated on our class schedule by visiting our website: www.elawafarm.org

Chef's Corner

with Elawa Chef, Steve Chiappetti



SALT

How important is it to add salt to a dish? Salt to me is not used to change the dish, but opens up your palate to taste more of the natural flavor of the ingredients. Too much salt can take over the taste of the ingredient and then you just taste salt. So the balance is to increase your ability to taste the dish at its best or to have salt overcome your ability to taste anything else but the salt. Choosing what salt to use is probably the first question that comes up in every cooking class I teach. Salt has different uses and different salts have different tastes. For the home Chef I always prefer the larger flake salt for cooking. It does not have to be kosher but kosher salt is usually a good consistent sized salt great for brining or seasoning when cooking and it is consistent in flavor.

I don't normally use iodized salt or table salt unless needed in baking because of its fine consistency and flavor. Himalayan salt is the preferred salt for your table shakers. It has more flavor and no additives or chemicals. It contains the most in minerals and flavors to add to your food. I love to get the larger sized salt rocks and shave it fresh over my steak when it comes off the grill.

A lot of Chefs prefer the straight bold flavor of sea salt. I do prefer it for cooking but for the home chef I would stay with the kosher. Sea salt has a tendency to clump or be inconsistent in using for most people cooking.

My main point about salt is that no two salts are the same. Like every ingredient you need to taste it, compare it and stay consistent with that brand or style. It will help in making your food come out consistent. The size will also help to learn how to measure by eye when cooking at the stove.

Be bold and trust your instincts when cooking with salt and never, ever forget to taste your food as you go.

See you at the Garden Market this summer!

Summer Camp 2016! Week long workshops to supplement your camp schedule.

Come join us for some fun and educational adventures while enjoying the natural splendor of Elawa Farm!

There will be a variety of activities with a focus on gardening, and will include scavenger hunts, arts and crafts, farm to table cuisine and of course getting our hands dirty! All the while, campers will be learning about the importance of teamwork and sustainability.



Sprouts: for children entering 1st or 2nd grade fall 2016

One Session: June 6 - 10 Monday - Friday 9:00 - 11:30am \$250/child

Gardening Adventures: for children entering 5th or 6th grade fall 2016

Session I July 25 - 29 Monday - Friday 9:00 - 1:00pm \$295/child

Session II August 1 - 5 Monday - Friday 9:00 - 1:00pm \$295/child

The Garden Market at Elawa Farm

**The Garden Market
At Elawa Farm
Fridays & Saturdays**



Spring is in the air! The wagon shed has been buffed and cleaned in anticipation of a fun-filled Market Season! The freshly harvested vegetables and flowers from our garden and microgreens from our new greenhouse will be abundantly available this season and a delight for all senses! Chef Chiappetti has an amazing new menu for the market which includes many of our edible treasures from our soil expertly blended into farm-fresh recipes, including salads, soups, dips, breads, baked goods and an array of sweet and savory baked goods. In addition, Chefs' popular grill items will once again be available to enjoy on site or as the perfect "Picnic" item to go!

The Garden Market offers an inviting setting with a little bit of everything we love here at Elawa. A place where one can find a gift for any occasion, classic pantry items such as spices, jams, mustards, salsa, hot pepper jelly, local cheese, fresh eggs and more! Our home goods and garden accessories have been expanded to offer a more unique selection and one which is complimented by the regular presence of Craig Bergmann Landscape Design which offers unique plants and topiaries as well as his one of a kind decorative antique finds perfect for the garden or home. We will have a wonderful variety of guest demonstrations this season, some of which include gluten free cooking, Farm Fresh Pizza demonstrations, Sitka salmon cooking demonstration, flower arranging, cooking with oils and more!!!

Catherine Gregg, Market Manager

Elawa Farm would not be what it is without the much appreciated time, talents and efforts put in by our community of volunteers. If you are interested in volunteering at Elawa as an individual, family, business team or community group, please contact us at 847-234-1966

Floral Arranging Classes by Alison Buck

Techniques in all classes are environmentally friendly and sustainable (no floral foam!)

You'll be amazed at the design you've created!

- June 4th - Peony party!
- July 16th - Summer Blooms
- Aug 13 - Fairy Gardens (kids welcome!)
- Sept 10 - Hello Dahlia

Each class is \$60/per person and includes container.



Root to Rise - A Mini 3-Hour Wellness Retreat

Friday, September 23rd - 10:30am to 1:30pm—\$100/pp

Yoga - Planting Ceremony - Cooking Demo - Farm-to-Table Lunch

Leave your to-do list at home and treat yourself to a day away! Holistic Health Coach and Yoga Instructor Pam Gross and James Beard Award Winning Chef Gale Gand are back again with their Root to Rise Retreat. Join them for gentle yoga, harvesting in the garden, a fresh seasonal lunch and an entertaining cooking demo by Chef Gale. Learn new ways to find health and happiness in all aspects of your life and expect to leave feeling connected, calm and refreshed. Come early to enjoy the Garden Market and walking trails. Stay late because you won't want to leave! Visit www.pamgross.com to register.

BZZZZZZZ.... BEE-BOPPERS MUSIC

This summer the bees will be buzzing AND bopping with Lindsey Smithwick and her bee-boppin' music class! From simple standards to original tunes, Bee-Boppers is a great way to incorporate music and early socialization skills into your child's life in a fun interactive environment. Also available for private parties! For registration visit www.elawafarm.org or call 847-234-1966. Classes available as drop-in (\$15) or 4-pack (\$50)

Who: For children ages 0—4

When: 11:15—noon on Wednesdays



Elawa Farm would like extend a sincere thank you to all our 2015 donors and volunteers for your much appreciated support.

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Our mission:

Elawa Farm, a restored gentleman's farm and garden, enriches our community as a unique center for hands-on learning and inspires an appreciation for gardening, healthy living and historic preservation.

As a nonprofit organization, **Elawa Farm Foundation** relies on the generosity of donors to provide the continued historic restoration of the garden and buildings. Local schools, organizations and businesses are using the farm for public and private special events, celebrations, garden workshops, programs and meetings. Elawa Farm offers a community of natural splendor and historic significance. Please help us continue our mission.

Donate on line at www.elawafarm.org or fill out the enclosed envelope and mail it in.

Memorials and Tributes

By making a gift to the Elawa Farm Foundation you can honor or remember a loved one. We acknowledge all gifts to their recipients and keep the exact amount of the donation confidential.

Matching Gifts

The amount of your gift may be doubled at no expense to you if you work for an employer who matches the charitable gifts of employees. Simply contact your company's human resource department.

Stock Gifts

Please contact the office for instructions to donate stock. 847-234-1966

The Elawa Farm Foundation Proudly Presents

Summer Celebration at Elawa Farm

Sunday Afternoon, June 12 from 11:30 a.m. to 2:30 p.m.

Kick-up your heels and celebrate the start of summer on the Farm with the entire family. This new event, in place our of Summer Solstice Party, features lots of family activities, music and a special menu prepared by our four-star chef, Steve Chiappetti.

FEAST

Thursday Evening, September 9

This is the HOTTEST ticket in town! Guest Chefs Sarah Grueneberg and Meg Sahs of Monteverde, listed #4 on Chicago Magazine's Best New Restaurants, will serve up a fabulous meal in an elegant setting amidst the beauty of Elawa's gardens. Our annual farm-to-table benefit is a unique experience available nowhere else on the North Shore.

**Underwriting opportunities are available for these events through the Elawa Farm office.

**THE GARDEN
MARKET
AT ELAWA FARM**

~

May 13 - October 29

8 am—1 pm

Fridays & Saturdays