

LAKEWOOD RACQUET REPORT



SOCIAL NIGHT UPDATE

Starting March 5th, both Men's and Mixed night will begin at 5:00pm instead of 3:45pm. Additionally, Courts 7 and 8 will be extended until 7:30pm. This means both Men's and Mixed night will now end at 7:30pm instead of 7:00pm.

BUMP AND SPLIT

Starting this March, the last week of the month for all social nights (Ladies', Men's and Mixed) will become a "bump and split" night. Bump and split is simply the winners of a court moving one direction and the losers of a court moving the opposite direction, resulting in new pairings to play who also have the opportunity to switch partners. This concept will be explained further on March 25th (Ladies'), March 26th (Men's), and March 28th (Mixed).

ADVANCED SKILLS AND DRILLS

Starting March 4th, Monday Cardio Skills and Drills at 6:30pm will transition into Advanced Skills and Drills (for 4.0+ players) hosted at the same time at 6:30pm. Wednesday Cardio Skills and Drills will continue as scheduled.

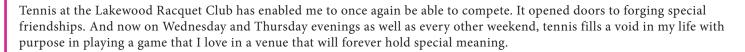


MEMBER SPOTLIGHT! RICH TRIQUART

My name is Rich Triquart. I first burst upon the Lakewood Racquet Club scene at around age 5 (1978). At the risk of getting my dad into trouble, some of my earliest memories are horsing around in the clubhouse and extended LRC campus while my parents, Bill and Kathy Triquart played tennis. My dad still plays a couple times a week here at the LRC primarily during the summer months at the youthful age of 84. I first learned to play tennis at age 9 at the Oakbrook Golf & Country Club and played through high school across the street at Clover Park. Though I didn't get too many opportunities to play here as a student, the rare opportunity to play indoors here at the LRC was always exciting. The big time!

Following high school, I replaced tennis with Wazzu frat life in Pullman followed by the next twenty years participating in various endurance events and playing softball in California. When we moved back home, we got our kids into the LRC summer youth swimming and tennis program. They loved the pool, they loved their coaches, and they loved trying to land a racquet on a tennis ball. Currently, they are loving their tennis lessons with Coach Michael.

In 2021, after seeing so many friendly tennis players strolling in and out while watching my children do their lessons, I decided to pick up a racquet myself. I gotta say, it may have been the best decision I've made since returning home. Soon after, I began playing USTA, first as a player and then as a player-captain for the LRC 3.5 men's teams.



Thank you for this special honor.



President Nicole Enslow

Vice President Scott Baird

Secretary Tim Morley

Treasurer Brian Parsons

Member Teddy Grenley

Member Mark Mettler

Member Tricia Parsons

Member Kate Perry

Member Craig Robertson

YOUR LRC COMMITTEE CHAIRS

Financial

Brian Parsons

Grounds and Building

Jeff Laskowski

Membership

Scott Baird

Planning (Long Range)

Terry Wright

Social

Tricia Parsons & Kate Perry

Sports and Recreation

Craig Robertson



March 2024

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
					1	2
					Pickleball 6:30-9:30am	Tennis Skills/drills 9:30-10:45am PB Skills/drills 10:45am-12
		<u> </u>		<u> </u>	Pickleball 5-7:30pm	Pickleball 12-2:30pm
3	4	5	6	7	8	9
	TRX @ 8:30am, 1pm, 4pm		TRX @ 8:30am, 1pm, 6pm			Tennis Skills/drills 9:30-10:45am
Pickleball 12-2:30pm	Adv Skills/drills 6:30pm	Pickleball 12-2:30pm	Cardio Skills/drills 6:30pm	Pickleball 12-2:30pm	Pickleball 6:30-9:30am	PB Skills/drills 10:45am-12
	Ladies' Night 5-6:30pm	Men's Night 5-7:30pm		Mixed Doubles 5-7:30pm	Pickleball 5-7:30pm	Pickleball 12-2:30pm
10	11	12	13	14	15	16
	TRX @ 8:30am, 1pm, 4pm					Tennis Skills/drills 9:30-10:45am
Pickleball 12-2:30pm	Ladies' Night 5-6:30pm	Pickleball 12-2:30pm	TRX @ 8:30am, 1pm, 6pm	Pickleball 12-2:30pm	Pickleball 6:30-9:30am	PB Skills/drills 10:45am-12
	Adv Skills/drills 6:30pm	Men's Night 5-7:30pm	Cardio Skills/drills 6:30pm	Mixed Doubles 5-7:30pm	Pickleball 5-7:30pm	Pickleball 12-2:30pm
17	18	19	20	21	22	23
	TRX @ 8:30am, 1pm, 4pm					Tennis Skills/drills 9:30-10:45am
Pickleball 12-2:30pm	Ladies' Night 5-6:30pm	Pickleball 12-2:30pm	TRX @ 8:30am, 1pm, 6pm	Pickleball 12-2:30pm	Pickleball 6:30-9:30am	PB Skills/drills 10:45am-12 Pickleball
	Adv Skills/drills 6:30pm	Men's Night 5-7:30pm	Cardio Skills/drills 6:30pm	Mixed Doubles 5-7:30pm	Pickleball 5-7:30pm	12-2:30pm Curtis High School Invitational Tournamen
24	25	26	27	28	29	30
	TRX @ 8:30am, 1pm, 4pm Ladies' Night 5-6:30pm	Pickleball 12-2:30pm	TRX @ 8:30am, 1pm, 6pm	Pickleball 12-2:30pm	Pickleball 6:30-9:30am	Tennis Skills/drills 9:30-10:45am PB Skills/drills 10:45am-12
	Adv Skills/drills 6:30pm	Men's Night 5-7:30pm	Cardio Skills/drills 6:30pm Board Meeting 6:30pm	Mixed Doubles 5-7:30pm	Pickleball 5-7:30pm	Pickleball 12-2:30pm Small Business Satur



April 2024

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
	1	2	3	4	5	6
						Tennis Skills/drills 9:30-10:45am
			TRX @ 8:30am, 1pm, 6pm	Pickleball 12-2:30pm	Pickleball 6:30-9:30am	PB Skills/drills 10:45am-12
			Cardio Skills/drills 6:30pm	Mixed Doubles 5-6:30pm	Pickleball 5-7:30pm	Pickleball 12-2:30pm
7	8	9	10	11	12	13
	TRX @ 8:30am, 1pm, 4pm		TRX @ 8:30am, 1pm, 6pm			Tennis Skills/drills 9:30-10:45am
Pickleball 12-2:30pm	Adv Skills/drills 6:30pm	Pickleball 12-2:30pm	Cardio Skills/drills 6:30pm	Pickleball 12-2:30pm	Pickleball 6:30-9:30am	PB Skills/drills 10:45am-12
1	Ladies' Night 5-6:30pm	Men's Night 5-7:30pm		Mixed Doubles 5-7:30pm	Pickleball 5-7:30pm	Pickleball 12-2:30pm
14	15	16	17	18	19	20
	TRX @ 8:30am, 1pm, 4pm					Tennis Skills/drills 9:30-10:45am
Pickleball 12-2:30pm	Ladies' Night 5-6:30pm	Pickleball 12-2:30pm	TRX @ 8:30am, 1pm, 6pm	Pickleball 12-2:30pm	Pickleball 6:30-9:30am	PB Skills/drills 10:45am-12
	Adv Skills/drills 6:30pm	Men's Night 5-7:30pm	Cardio Skills/drills 6:30pm	Mixed Doubles 5-7:30pm	Pickleball 5-7:30pm	Pickleball 12-2:30pm
21	22	23	24	25	26	27
	TRX @ 8:30am, 1pm, 4pm		TDV @ 0.70cm			Tennis Skills/drills 9:30-10:45am
Pickleball 12-2:30pm	Ladies' Night 5-6:30pm	Pickleball 12-2:30pm	TRX @ 8:30am, 1pm, 6pm Cardio Skills/drills	Pickleball 12-2:30pm	Pickleball 6:30-9:30am	PB Skills/drills 10:45am-12
	Adv Skills/drills 6:30pm	Men's Night 5-7:30pm	6:30pm Board Meeting 6:30pm	Mixed Doubles 5-7:30pm	Pickleball 5-7:30pm	Pickleball 12-2:30pm
28	29	30				
Pickleball 12-2:30pm	TRX @ 8:30am, 1pm, 4pm Ladies' Night 5-6:30pm Adv Skills/drills 6:30pm	Pickleball 12-2:30pm Men's Night 5-7:30pm				