



# Hikanbyke Highlights

## MEMBERSHIP POLICY

**Regular member** (hard mailed newsletter) **\$22/year**. **Green member** (on-line newsletter) **\$10/year**.

NOTE – hardcopy newsletter cost may vary as printing/mailling costs increase

To submit events for the next issue of the newsletter:

**Deadline** for next issue: February 19.

### By E-mail:

DLsavard at gmail dot com.

**Include:** Event title and description; date and time of event; rating and level of effort; meeting place and directions; contact person, phone number and/or EMAIL; and whether rain cancels. Include car pool location, time and any other pertinent information.

## Membership

To receive the Hikanbyke newsletter or to renew your membership, fill out the membership application at the back of this newsletter and forward with your check.

Please advise Charlie Uhlman -cju2 at sbcglobal dot net of any changes to your email. If your email is current in our database you will receive a reminder when your subscription is about to expire

Unless specifically invited by the event leader, no animals are permitted on events.

### **Hikanbyke Web Site:**

<https://hikanbyke.org/>

Visit our website for club information, club policies, photos from events, and a "condensed" version of the activity schedule and more.

## STATEMENT OF PURPOSE

We are a non-profit group of friends, dedicated to sharing the enjoyment of activities, such as biking, hiking, skiing, jogging, dining and camping, in a supportive, non-threatening atmosphere. Hikanbyke membership is open to everyone.

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## Club Coordinators

### Membership / Missing Newsletters:

Charlie Uhlman (925) 370-1123  
Email: cju2 at sbcglobal dot net

### Special Events: We need someone

Email: TBD

### Treasurer:

Niels Povlsen (510) 375-1521  
Email: Hikanbyke at gmail dot com

### Newsletter Compiler:

Diane Savard (925) 864-7141  
Email DLsavard at gmail dot com

### Club Historian

Joanne Lagerstrom (925) 922-1462  
JRLager at gmail dot com

### Webmaster

Andi Myers Andi at Myers-clan dot com



## Event leader Information:

Event Leaders are encouraged to carry a **mobile phone** in case of an emergency. When signing the Waiver, it is critical that you list your EMERGENCY telephone number, not your home phone number. If something happens on the event, we need to reach a family member or friend.

**EMAIL LIST:** Hikanbyke maintains an ANNOUNCEMENT EMAIL LIST primarily for notification of ad hoc events, changes to listed events, special notifications, and limited other uses (see the rules on our website). This email list is open to all Hikanbyke members – but the list is self-managed, which means you must subscribe yourself, un-subscribe yourself when you wish to leave the list and update your email if you change your email!

For more help and to read our policy, visit our website:

<https://www.hikanbyke.org/>

**TO SUBSCRIBE** to the list, simply send an email to [Hikanbyke+subscribe@googlegroups.com](mailto:Hikanbyke+subscribe@googlegroups.com) What is in the subject or body of the email is irrelevant. You should receive a confirmation email which you need to reply to in order to complete the process.

Once you are subscribed, you may post to the list.

**TO POST A MESSAGE**, send an email to

[Hikanbyke@googlegroups.com](mailto:Hikanbyke@googlegroups.com) You should review our policy before posting as non-compliant emails will not post, and violations of the policy will result in being banned from the list.

**TO UNSUBSCRIBE** from the list, send an email to

[Hikanbyke+unsubscribe@googlegroups.com](mailto:Hikanbyke+unsubscribe@googlegroups.com)

You should receive a confirmation email.

## Bicycle Ride Rating System

<u>GRADE</u>	<u>PACE</u>
1-Flat	L-Leisurely: 10 MPH or less, with frequent stops
2-Gentle	T-Touring: 10-13 MPH, regroup stops
3-Rolling	M-Moderate: 13-16 MPH, occasional regroup
4-Some Steep	B-Brisk: faster pace may not regroup
5-Steep Hills	

Pace rating is average on level ground. Example: a bike ride rated a 3T25 = Rolling Hills, Touring Pace, 25 mile route. Helmets are REQUIRED for ALL rides!

## Hike Grading System

<u>GRADE</u>	<u>Climb</u>
1-up to 6 miles	A-Less than 1,000 ft.
2-6 to 10 miles	B-1,000 to 2,000 ft.
3-10 to 15 miles	C-2,000 to 3,000 ft.
4-15+ miles	D-Over 3,000 ft.

Example: a hike rated 2B would be 6 to 10 miles, with a 1,000 to 2,000 ft. climb. Hiking boots are **HIGHLY** recommended.

## **EDITOR'S CORNER**

### November-December Thank You

Thanks to the November - December event leaders who found the time to lead an event in spite of the holidays.

Donita England	Nancy Nolte
Lynne Harris	JoAnne Lagerstrom
John Murrell	Debbie Frederick
Diane Savard	Rebecca Mallon
Trish Hewison	Niels Povlsen
Blanche Korfmacher	Pat Baran
Carla Den Dulk	Joan Friedman
Gretchen Hayes	Patty Manger

### Free Hikanbyke Membership Earned

A big thank you to these 28 intrepid H&B members who led the events in 2022! They earned a free membership for the 2023 calendar year.

Blanche Korfmacher	Carla DenDulk
Dave Sutton	Arleen Sakamoto
Dave Weiner	Debbie Frederick
Diane Savard	Dick Duker
Don Acamo	Donita England
Gretchen Hayes	Jean Tokarek
Joan Friedman	Joanne Lagerstrom
John Murrell	Ken Karda
Lynne Harris	Maria Lawrence
MaryAnn Acamo	Nancy Nolte
Niels Povlsen	Pat Baran

Pat Perez	Rebecca Mallon
Roland Flamme	Sheri Rupe
Stan Wong	Trish Hewison

If you believe I made an error, Just let me know. Remember, events must be published in our newsletter and attended by at least 2 other members.

Cheers! Charlie Uhlman

### Help Us Update the Website

If you lead an event you can submit photos and/or a write up to our Webmaster, Andi Myers (email above) and she will post it on our website.

### **Membership Position Available**

If you enjoy working with computers, programs and have a little time on your hands, have we got a solution for you: Hikanbyke is looking for someone to handle the membership responsibilities. If you are interested, contact Charlie at cju2 at sbcglobal dot net or 925-324-2731

## Upcoming Events

### H&B Annual Picnics 2023

May? September?  
Because we skipped a Holiday Party in December we will plan 2 picnics in 2023. Maybe May & September. If you have a favorite –where you like to return? Let me know. Rankin Park in Martinez, Miller Knox in Richmond, Hidden Valley in Martinez were most recent. Was it the ride, the hike, the park setting that was special? Maybe you have a new site to recommend.  
[DL.Savard@gmail.com](mailto:DL.Savard@gmail.com)

## **January Events**

### On-going Monday Hikes

Mondays 10:00 AM  
Donita England 925 339 2234  
Hikers! Join me and other Hike and Bikers as we hike on Mondays. Look for updates and notices via email. Goal is to keep the hikes to 3-5 miles with little elevation gain. We will meet at the trailhead at 10 am. Call or text if you have questions.

## Tuesday Walk and Talk Event

Every Tuesday at 9:15 am  
Leaders: Joanne Lagerstrom, Nancy Nolte, and Lynne Harris  
Come join us for an hour of walking along the Lafayette-Moraga Trail. It's a great way to start your day. We meet at the parking lot just to the right of Olympic and Pleasant Hill Road (the circle intersection where Pleasant Hill T's into Olympic Blvd.) We leave right at 9:15 to walk out for 30 minutes or so before returning to our cars. For more information, call Joanne at 925-922-1462. We expect everyone who participates will follow the county's health department's requirements for wearing masks and social distancing.

### East Bay Wednesday Rides

Rides generally start at Heather Farm Park at **10:00 AM** November through June. Rides are posted on the Hikanbyke Google groups. For specific ride information, contact Trish [thewison@att.net](mailto:thewison@att.net), (925-212-7047) or Joan [joanmfriedman@aol.com](mailto:joanmfriedman@aol.com) (925-216-7833)

### New Year's Day San Francisco Bay Walk

Sunday January 1 10:30 AM  
Niels Povlsen (510) 375-1521  
The walk is on but with a few significant changes. READ CAREFULLY. The Log Cabin is no longer available to us. It has been leased to a private entity. It is being advertised as the perfect site for weddings. The picnic tables have been removed. But fear not, we found a new picnic site with plenty of tables, amazing views & toilets nearby. It's not covered so should there be rain we found a second site fully covered with a plethora of toilets next to the site. Arrive a half hour early and we will drive your potluck contribution to the picnic site. Also the route has been modified. Instead of parking at Fort Mason we're meeting at FORT POINT/Address: 201 Marine Drive, Bldg 999, San Francisco, 94129. I've had numerous requests to shorten the hike by a couple of miles. Parking here accommodates those requests while keeping the elements of the walk that we all enjoyed. We will still visit the SF National Cemetery, discover the Presidio Tunnel Tops and enjoy the

Palace of Fine Arts on the way to Crissy Field as we amble back to our cars. Questions: Call Niels.

### **Lafayette Reservoir Walk**

Friday January 6 9:30 am  
Meet near the flagpole in the parking lot. Either display the Annual Pass available for purchase at the park office or pay \$1.50/hour at the pay station. Allow 1.5 hours for the 2.7 mile walk on the paved path. After the walk we meet downtown for drinks, treats, and more conversation. Current Covid restrictions do not require masks outdoors. At the annual club policy meeting 2/2/2022 it was decided that proof of vaccine is required to participate in H&B events.  
Patty Manger 925-286-6501

### **Bay Trail / E-ville / Point Richmond**

Friday January 6 1/T/35  
Arleen Sakamoto  
Sakamo2@Yahoo.com  
Kenneth Karda (510) 530-8389  
Meet at 9:45 am for a 10:00 am start  
Start Location: Berkeley - Aquatic Park Playground. We will ride to the Emeryville marina, then North on the Bay Trail for a clockwise loop to the Red Oak Victory Ship, Miller-Knox Park, Ferry Point Tunnel, & lunch at Little Louie's. There will be an option to bypass the tunnel.

### **Lafayette Reservoir Walk**

Friday January 13 9:30 am  
Meet near the flagpole in the parking lot. Either display the Annual Pass available for purchase at the park office or pay \$1.50/hour at the pay station. Allow 1.5 hours for the 2.7 mile walk on the paved path. After the walk we meet downtown for drinks, treats, and more conversation. Current Covid restrictions do not require masks outdoors. At the annual club policy meeting 2/2/2022 it was decided that proof of vaccine is required to participate in H&B events.  
Patty Manger 925-286-6501

### **Celebration of Life for Rebecca**

Saturday January 14 11:00 a.m.  
A Celebration of Life for Rebecca Mallon will be held from 11:00 AM-2:00 P.M., Saturday, Jan. 14th at the Lafayette Library Community Hall 3491 Mt. Diablo Bl., Lafayette, CA.

Please R.S.V.P. to:

[celebraterebecca2022@gmail.com](mailto:celebraterebecca2022@gmail.com).

In lieu of flowers, donations can be made to: Lafayette Library and Learning Center Foundation 3491 Mt. Diablo Blvd, Lafayette, CA 94549, [www.lllcf.org](http://www.lllcf.org) or Town Hall Theatre, 3535 School Street, Lafayette, CA 94549, [www.townhalltheatre.com](http://www.townhalltheatre.com)  
Rebecca did so much more than people realize to make Hikanbyke a successful club. She coordinated all of the picnics, holiday parties, led weekly walks around the Lafayette Reservoir and drove a car pool to events when others needed a ride. What she did behind the scenes was create the flyers to include in the newsletter for special events, she also wrote the article in the Editor's Corner every newsletter thanking past leaders for keeping Hikanbyke alive. She's been around since the beginning of Hikanbyke and will be dearly missed. Thank you to the Hikanbyker's who are stepping up to fill the void with the loss of Rebecca.

### **Sunday Afternoon Piano Concert in El Sobrante**

Sunday, January 15 at 2PM  
Our first piano concert for the New Year features Frederick Hodges, always an audience pleaser. A versatile artist, Frederick sings and plays piano beautifully, performs as the pianist with the Royal Society Jazz Orchestra and accompanies silent film shows. He plays Broadway and Hollywood musicals from the early twentieth Century as well as ragtime, stride and novelty piano. Blanche Korfmacher is hosting this event. We serve sandwiches and other goodies at the intermission. Advanced registration is required. The cost of the concert is \$25.00 to cover the musician fee and refreshments. To register send a check with your e-mail address to John Ulrich, 4184 Garden Lane, El Sobrante, Ca.94803. The concert is held at this address. Parking is available in driveways on the property or in the street. Register ASAP as seating is limited. Arrive early- concert begins promptly at 2PM. Masks advised but not required. For more information, call or text Blanche Korfmacher at 415 265-3387.

### **MOVIE CLUB**

Tuesday January 17  
Don & MaryAnn,  
[dacamo55@hotmail.com](mailto:dacamo55@hotmail.com)  
We are going to start a movie club to get together for a movie once a month, followed by a potluck and discussion. We will host the first movie "A Man Called Otto" with a potluck and discussion to follow at our house. At the meeting the other movie buffs will pick the movies for February and March. Tuesday, January 17th will be our first movie club get together. Time of movie will come at a later date on [googlegroups](https://www.google.com/groups). If interested, please email us.

### **Book Group Discussion and Potluck**

Thursday January 19 Noon  
Sandy 925-828-8718  
Jessica Bruder in Nomadland relates how from the beet fields of North Dakota to the campgrounds of California to Amazon's Camper Force program in Texas, employers have discovered a new, low-cost labor pool, made up largely of transient older adults. These invisible casualties of the Great Recession have taken to the road by the tens of thousands in RV's and modified vans, forming a community of nomads. Call for directions

### **Lafayette Reservoir Walk**

Friday January 20 9:30 am  
Meet near the flagpole in the parking lot. Either display the Annual Pass available for purchase at the park office or pay \$1.50/hour at the pay station. Allow 1.5 hours for the 2.7 mile walk on the paved path. After the walk we meet downtown for drinks, treats, and more conversation. Current Covid restrictions do not require masks outdoors. At the annual club policy meeting 2/2/2022 it was decided that proof of vaccine is required to participate in H&B events.  
Patty Manger 925-286-6501

### **Bike Ride Local – With Friends – Coffee Optional**

Saturday, January 21 10:00 AM.  
Enjoy great views and fine company. This ride is a ~ 20 +/- miles with some rolling hills, leisurely paced. Takes place both on the road and on trails. From Heather Farms (Walnut



Creek) to Moraga Commons. Bring water, helmets, money (for coffee). You will need to be in reasonably good bike shape for this ride. Rain cancels / call a leader by 9:00 AM ride day if in doubt. Meet at Heather Farms parking lot on North San Carlos Drive, Walnut Creek. Off Ygnacio Valley Road, make 1st right into parking lot after stop sign. Maybe a co-listed event. Leaders: David Weiner, 925-382-3381, Roland Flamme 925-686-9153.

### **Fort Point Tour and Lunch at the Officer's Club in the Presidio**

Diane Savard (925) 864-7141  
Sunday January 22 10:00 a.m.  
Let's meet at the Fort at 10:00 a.m. We will view a video of the Fort, shop the wonderful gift store, do a self-guided tour of the four story facility then at 11:30 join the 15 minute Ranger talk about the history of the Fort. We will learn about the Buffalo Soldiers and how they got their name. Construction began in 1851 and lasted 8 years while the Civil War was looming. Afterwards, we will drive up to the Colibri Mexican Bistro located in the Presidio Officer's Club at 50 Moraga Avenue for lunch. Our reservation will be at 12:30.

**Directions to the Fort:** Long Ave & Marine Dr, San Francisco, CA 94129

**By car from San Francisco and points south,** take Highway 101 north and exit right at the Golden Gate Bridge toll plaza before getting on bridge. Turn right at end of exit ramp and then left onto Lincoln Boulevard. Take the first left onto Long Avenue and follow onto Marine Drive. Fort Point is located at the end of Marine Drive. **By car from the north,** take Highway 101 across the Golden Gate Bridge. Stay in right toll lane and exit immediately past the bridge toll plaza. Turn right at end of exit ramp and loop under toll plaza. At end of road, turn left onto Lincoln Boulevard. Take the first left onto Long Avenue and follow onto Marine Drive. Fort Point is located at the end of Marine Drive. **By public transit,** San Francisco Muni 28 and PresidioGo (Crissy Field Route) buses stop at bridge toll plaza.

### **Sycamore Grove Hike approx. 5-6 miles**

Stan Wong (925) 818-9332  
Sheri Rupe (925) 373-7869

Wednesday January 25 9:30 a.m.  
We will meet at Independence Park at 9:30 for a 9:45am start. Independence Park address is 2798 Holmes St., Livermore, Ca 94550 This is a relatively flat walk. We will stop for snack break. Boots for gravel walking path. Rain will cancel this hike.

### **Lafayette Reservoir Walk**

Friday January 27 9:30 am  
Meet near the flagpole in the parking lot. Either display the Annual Pass available for purchase at the park office or pay \$1.50/hour at the pay station. Allow 1.5 hours for the 2.7 mile walk on the paved path. After the walk we meet downtown for drinks, treats, and more conversation. Current Covid restrictions do not require masks outdoors. At the annual club policy meeting 2/2/2022 it was decided that proof of vaccine is required to participate in H&B events.  
Patty Manger 925-286-6501

### **Larkspur Baltimore Canyon**

#### **Waterfall Hike 7-8 miles (hilly)**

Saturday January 28 10:00 AM  
Niels Povlsen (510) 375-1521  
Beginning our hike at Dolliver Park at the intersection of Magnolia Avenue at Madrone in downtown Larkspur./ We'll hike through Baltimore Canyon along the Northridge (the spur of Mt. Tamalpais which separates Mill Valley from Corte Madera and Larkspur), Baltimore Canyon Open Space Preserve which is home to a mixed conifer forest which includes Coast redwood and Douglas fir. In winter and spring, runoff from Mt. Tamalpais creates Dawn Falls, a popular destination for open space visitors. Another hike which is enhanced by rain! We'll picnic lunch at a spot on the trail with spectacular views. Bring food for yourself only. **Poles are highly recommended.** Directions: I-580 W toward SAN RAFAEL, Take the SIR FRANCIS DRAKE BLVD exit Continue on E SIR FRANCIS DRAKE BLVD, Take LEFT ramp onto US-101 S toward SAN FRANCISCO Take the Lucky Drive/Doherty exit, Continue on FIFER AVE Turn LEFT on LUCKY DR, Bear RIGHT on DOHERTY DR Turn LEFT on MAGNOLIA AVE, Arrive at MAGNOLIA AVE & MADRONE AVE, LARKSPUR.

## **February Events**

### **On-going Monday Hikes**

Mondays 10:00 AM  
Donita England 925 339 2234  
Hikers! Join me and other Hike and Bikers as we hike on Mondays. Look for updates and notices via email. Goal is to keep the hikes to 3-5 miles with little elevation gain. We will meet at the trailhead at 10 am. Call or text if you have questions.

### **Tuesday Walk and Talk Event**

Every Tuesday at 9:15 am  
Leaders: Joanne Lagerstrom, Nancy Nolte, and Lynne Harris  
Come join us for an hour of walking along the Lafayette-Moraga Trail. It's a great way to start your day. We meet at the parking lot just to the right of Olympic and Pleasant Hill Road (the circle intersection where Pleasant Hill T's into Olympic Blvd.) We leave right at 9:15 to walk out for 30 minutes or so before returning to our cars. For more information, call Joanne at 925-922-1462. We expect everyone who participates will follow the county's health department's requirements for wearing masks and social distancing.

### **East Bay Wednesday Rides**

Rides generally start at Heather Farm Park at **10:00 AM** November through June. Rides are posted on the Hikanbyke Google groups. For specific ride information, contact Trish [thewison@att.net](mailto:thewison@att.net), (925-212-7047) or Joan [joanmfriedman@aol.com](mailto:joanmfriedman@aol.com) (925-216-7833)

### **Lafayette Reservoir Walk**

Friday February 3 9:30 am  
Meet near the flagpole in the parking lot. Either display the Annual Pass available for purchase at the park office or pay \$1.50/hour at the pay station. Allow 1.5 hours for the 2.7 mile walk on the paved path. After the walk we meet downtown for drinks, treats, and more conversation. Current Covid restrictions do not require masks outdoors. At the annual club policy meeting 2/2/2022 it was decided that proof of vaccine is required to participate in H&B events.  
Patty Manger 925-286-6501

**Brushy Peak Hike approx. 6.5 miles**

Wednesday February 8 9:30 a.m.  
Stan Wong (925) 818-9332  
Sheri Rupe (925) 373-7869

We will meet at 9:30 for a 9:45am start. We will meet at Brushy Peak Regional Preserve Staging Area 2234 Laughlin Rd, Livermore, CA 94551. This is moderate hike, boots and poles recommended. We will stop for lunch break. Rain will cancel this hike.

**Book Group Discussion and Potluck**

Thursday February 9 Noon  
Don and Mary Ann 925-899-5030  
In Horse Geraldine Brooks relates how a discarded painting in a junk pile, a skeleton in an attic, and the greatest racehorse in American history is braided into a sweeping story of art, science, love and obsession, human-animal bond, the legacy of enslavement and the ongoing quest for racial justice. Call for directions.

**Lafayette Reservoir Walk**

Friday February 10 9:30 am  
Meet near the flagpole in the parking lot. Either display the Annual Pass available for purchase at the park office or pay \$1.50/hour at the pay station. Allow 1.5 hours for the 2.7 mile walk on the paved path. After the walk we meet downtown for drinks, treats, and more conversation. Current Covid restrictions do not require masks outdoors. At the annual club policy meeting 2/2/2022 it was decided that proof of vaccine is required to participate in H&B events.  
Patty Manger 925-286-6501

**Mill Valley Waterfall Hike**

Sunday February 12 10:00 AM  
Niels Povlsen (510) 375-1521  
Discover some new trailheads near downtown Mill Valley. We'll explore new twists and turns wandering through groves of Redwoods, along needle-covered trails and through quiet country roads. And, guess what? a potluck, so bring food/drink to share. RAIN WILL IMPROVE THIS HIKE. Hiking boots recommended. Bring water and bundle up with layered clothing. Directions: 101 S. to Blithedale exit; turn right and continue to downtown

Mill Valley. Park (but be aware of parking time limits) and meet on the square by the Book Depot.

**Lafayette Reservoir Walk**

Friday February 17 9:30 am  
Meet near the flagpole in the parking lot. Either display the Annual Pass available for purchase at the park office or pay \$1.50/hour at the pay station. Allow 1.5 hours for the 2.7 mile walk on the paved path. After the walk we meet downtown for drinks, treats, and more conversation. Current Covid restrictions do not require masks outdoors. At the annual club policy meeting 2/2/2022 it was decided that proof of vaccine is required to participate in H&B events.  
Patty Manger 925-286-6501

**St. Peter's Chapel and The God Father Winery on Mare Island**

Saturday February 18 3:00 p.m.  
Diane Savard 925-864-7141  
Built in 1902, St. Peter's Chapel is the oldest Naval chapel in the United States. It is home to one of the largest collections of Tiffany stained glass windows under one roof and is filled with historic naval memorials. The art glass windows as well as commemorative ceiling and wall tablets were contributed by the public, making St. Peter's Chapel an important memorial chapel to U.S. Navy personnel and a symbol of the sense of community that existed at the Mare Island Naval Shipyard through its many years of service.  
**Directions:** 1181 Walnut Avenue Vallejo, California, 94592. For more information check out their web site [www.mihpf.org](http://www.mihpf.org). The fee for the docent led tour is \$10.00 per person. Afterwards, for those who want to will go to The Godfather Winery at 1005 Walnut Avenue to enjoy a wine tasting. The fee for a fleet of five wines is \$25.00.

**Lafayette Reservoir Walk**

Friday February 24 9:30 am  
Meet near the flagpole in the parking lot. Either display the Annual Pass available for purchase at the park office or pay \$1.50/hour at the pay station. Allow 1.5 hours for the 2.7 mile walk on the paved path. After the walk we meet downtown for drinks, treats, and more conversation. Current Covid restrictions do not require masks

outdoors. At the annual club policy meeting 2/2/2022 it was decided that proof of vaccine is required to participate in H&B events.  
Patty Manger 925-286-6501

**HIKANBYKE MEMBERSHIP and RENEWAL APPLICATION**

Hikanbyke is a non-profit group of friends, dedicated to sharing the enjoyment of activities, such as biking, hiking, skiing, jogging, dining, camping, and social events in a supportive non-threatening atmosphere. Membership in Hikanbyke is open to all. To become a member and receive our bi-monthly newsletter, complete the application below along with a check or money order payable to Hikanbyke. Mail with completed application to:

**Hikanbyke Membership; 125 Lees Place; Martinez, CA 94553.**

Please check one: New Membership  Renewal  (for renewals, only list any information that has changed)

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City/State: \_\_\_\_\_ Zip: \_\_\_\_\_

Primary Phone: (     ) \_\_\_\_\_ Other Phone: (     ) \_\_\_\_\_

Internet email address: \_\_\_\_\_

Membership Includes 6 issues per year plus annual member directory, please check type desired. Multiple year memberships are accepted, please include correct amount.

**Regular** (paper, mailed) = \$22/Yr.

**Green** (email delivery) = \$10/Yr.  \* An email address is required

**Hikanbyke** distributes a member directory to its members yearly. Your address is not included. May we: include your Primary Phone Number? Yes  No  Your Email Address? Yes  No

I enjoy the following: Hiking/Walking  Cycling  Camping  Backpacking  DH Skiing  XC Ski

Tennis  Running  Other (please specify) \_\_\_\_\_

Hikanbyke  
1201 Brickyard Way, #111  
Point Richmond. CA 94801

Place stamp  
here

**Do NOT send renewals to above address**



**Address Correction Requested**

Check the **expiration date** on your mailing label  
If within 3 months, please **renew promptly**.