Restorative Learning Model (RLM) Therapy Apprentice Certification
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This course will introduce core principles of RLM using case studies, data trends and research based best practices, to ensure timely and relevant implementation.

Candidates will receive strategies, tools, and processes for successful implementation, monitoring and sustainment of the RLM Therapy. At the conclusion of the course, each candidate will know how to:

- Implement structures that advance academic, cognitive and behavioral performance
- Overcome common stumbling blocks to implementing RLM
- Successfully support high needs student groups
- Appropriately respond to unwanted or negative behaviors in the classroom
- Adjust RLM components to meet the needs of diverse student groups
- Plan for burn out potential using preventative measures

Module 1- RLM Foundations:

What are the embedded frameworks and therapies of RLM? What is Restorative Learning Model Therapy and what are the essential functions in therapy? Module 1 lays the groundwork for the RLM's Biosocial Theory and how it guides DBT treatment, along with:

- Embedded Therapy Overview (core assumptions and philosophies)
- Evidence-based Educational Frameworks
- School and Student Violence Statistics
- Mental Health Statistics
- RLM Core Assumptions and Outcomes

Module 2 - RLM Educational Therapy Framework & Structure

Module 2 will provide step-by-step instructions on the design and implementation process for the RLM. You'll get specific skills training and validation strategies on:

- How to effectively structure classroom framework
- How to build academic, cognitive and behavioral skills simultaneously
- How to pair Content and SEL standards to maximize learning outcomes
- How to select relevant engagement resources to activate student emotions
- How to facilitate dialogue that acknowledges, instructs, and heals
- How to plan for standards-based instruction
- How to assess learning
- Building Strategy Bank (Mindful, Trauma-Informed, Instructional Strategies)
- Sample Lessons

Module 3- RLM Data Collection and Analysis Process Training: Strategies That Work

Participants will receive step-by-step instruction and exercises on how to collect, analyze and interpret data on student cognitive, academic and behavioral performance in the classroom

- How to identity appropriate data sources to communicate outcomes
- How to monitor and implement intervention processes
- How to synthesize processes and practices to strengthen data collection
- How to use data to predict and correlate outcomes
- How to summarize data for specific stakeholder groups
- How to use progressive tools to communicate data and key information to stakeholder groups

Module 4- RLM Targeted Interventions

Master essential RLM tools and interventions that are key to targeted and effective treatment planning. Each candidate will learn:

- To Use the RTI or MTSS process to maximize student performance outcomes
- To Create restorative classroom or school cultures
- To Cultivate the skills at the core of successful RLM Therapy
- Interpersonal Effectiveness: Establishing quality classroom culture and relationships
- Emotion Regulation: Practical Skills to help students develop compensatory and regulatory skills
- To Community Build- A review of researched informed processes and practices: Ex: RJ Circles, trauma informed processes, mindful practices, etc.
- Academic intervention methods and tools for high needs students groups
- Cognitive interventions from an RLM perspective
- To avoid educator burnout

Module 5 -Consultative Support

Candidates will gain access to consultative support and a professional network of educators to strengthen knowledge and skills during the apprenticeship year

- Lesson Planning Review and Feedback
- Networking and Think Tank Network Access
- Mini Trainings on skills and strategies
- Data Review and Analysis
- Webinars
- Opportunities for Social Engagement