

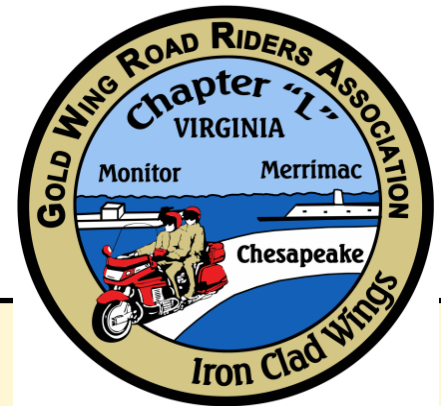
The Iron Clad Wings



Gold Wing Road Riders Association
 GWRR's Motto is...
 Friends for Fun, Safety and Knowledge

**Chartered
 15 April, 1995**

BRONZE Level Chapter for 2017



We're More Than Gold Wings...

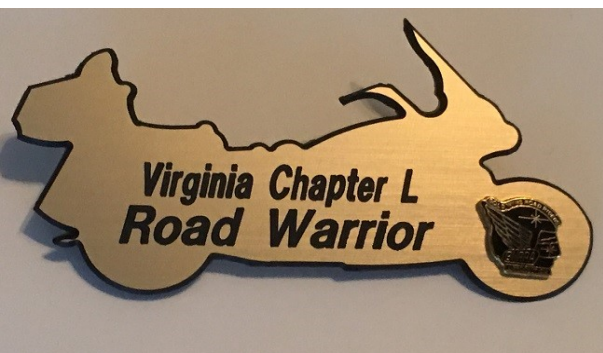


Chapter Directors: Dan Clark & Lorrie Thomas
 wingernut93@aol.com lorriemthomas@aol.com
 Dan's Cell 757-343-1783 Lorrie's Cell 954-599-5178

Ride & Grow with VA-L

We meet the 4th Tuesday of each month (except December) at Zino's Café, 850 George Washington Hwy N, Chesapeake, VA 23323. Our meet, greet and eat—begins at 6pm, our gathering begins at 7pm. We invite you to come out and have fun with us

2021 Road Warrior Awards



- January: Lorrie Thomas
- February: **Rolled Over**
- March: Paula Dignan
- April: Madonna Elliott
- May: Paul Bricker
- June: Dan Clark
- July: Dan Clark
- August: Lorrie Thomas
- September:
- October:
- November:
- December:



IN THIS ISSUE

- Chapter Team Articles
- District News
- National News
- Our Mission Statement
- Birthdays & Stuff
- Ride Calendar
- Event Flyers

ALSO IN THIS ISSUE

- Saved by the Helmet
- Intersection Escape Routes—Accelerate or Decelerate—Not Turn or Swerve
- **SNAPSHOTS**—a look at what Chapter L's been up to
- Chapter L Funnies

The Iron Clad Wings

NEW GAME



Disclaimer: The numbers on this picker wheel do not count as finding your number!

FIND YOUR MEMBERSHIP NUMBER

Starting in September 2021, this newsletter, Karen Bottoni, your Newsletter Editor will hide 3 random Chapter L Membership numbers somewhere in the newsletter. She will spin the wheel three times and a membership number will appear. If you locate your membership number, please notify Karen, kbottoni@gmail.com, tell her what page and where you found it. Then attend the next Chapter gathering and get your reward.

Where will you find your membership number?

Look in the margins, Read the Articles, read the special event inserts, along the margins, along the headers, footers, anywhere and everywhere in the Newsletter is fair game. It's not going to be too hard, but it will not be too easy either.

Only two special Rules:

1. Chapter-L Team Members are ineligible to participate.
2. All other members eligible and must attend the Gathering during the month of the newsletter to receive your reward. Must get with the MEC by 7pm start of the meeting.

The Iron Clad Wings

Dan Clark & Lorrie Thomas

Chapter Directors

wingernut93@aol.com

Dan cell (757) 343-1783

Lorrie cell (954) 599-5178



Chapter Directors



September is finally upon us and with it brings many things. First is Labor Day, a long weekend that has just passed. Then comes school where our children and grandchildren go back to school. It also brings the height of the Hurricane season as we have recently seen with Ida in Louisiana and now, we will start enjoying some cooler riding temperatures.

Speaking of rides, the ride calendar is updated and has many rides for the month of September. The second weekend will be a full weekend with a ride scheduled for each day. We also have Chapter C's annual Fall Sprawl and I have received word from numerous members that they will be attending. This one is a great time and a marvelous steak lunch. We also have the District All Chapter Picnic in Green Bay, Va at Twin Lakes State Park. We need a head count asap for the District to order enough food for everyone.

As of this writing, the Chapter team decided to incorporate something new in the newsletter. All I will say is, be on the lookout for something new and Dennis Easton will explain in further detail in his article.

The Chapter Team is also working on the Chapter Christmas Party for this year. Santa will not be coming this year and we have decided that the Members will not have to do any cooking. How does that sound? We are still working on the details, but we will need a head count of how many Members will be attending. We will still be doing the Chinese Gift Exchange with two caveats, one, no alcoholic gifts and two, the gifts will be for the corresponding gender, man gift for men and women gifts for women. We are still working on the details, and I will send out an email once all the details are finalized.

We hope to see everyone in the near future on a ride, we have not seen many Members in quite some time and would truly like for them to enjoy their Chapter as well. Come out and enjoy the rides and the fun with your friends and extended Chapter Family. Till we meet. Be safe ride safe and keep the shiny side up.

Dan Clark & Lorrie Thomas

Chapter Directors, Va-L

The Iron Clad Wings

Dennis & Phyliss Easton

Membership Enhancement Coordinators

eastondm@cox.net



Membership Enhancement



Hello Chapter L,

So far it has been a very quick summer, Fall is on the way real fast. I have started to ride again, and the weather keeps me close to home with early morning rides or late evening rides. I can't wait for the cooler temperatures. Fall rides are my favorite.

With Covid sticking around, many still are not getting around large groups. We respect that and encourage each of you to "Ride your Ride". In other words, do your thing. We would love to see you at the next Chapter Gathering, the next Chapter Ride, the next Ice Cream Ride, and oh by the way, we will be starting our Dinner Rides very soon.

Don't forget the All-Chapter picnic on Saturday Sept 18. This is a day of fun games, good food and great camaraderie. The picnic is held at the Twin Lakes State Park located in Green Bay, VA. See the Flyer further down in this Newsletter.

Remember, the direction of the Chapter is in your hands. Do you want more long-distance rides, short distance rides, Ice Cream Rides, Dinner gatherings? Let us know what you want from the chapter. My email and phone information are below. Feel free to call or email with any questions and or comments. We need you to help grow the chapter. Invite friends who ride, family members who ride, acquaintances, or the guy you met at the gas station. We welcome all types of motorcycles, Honda, Harley, Indian, Cam-Am, Kawasaki, and or Vespa.

Dennis and Phyliss Easton

GWRRRA VA-L

Chapter Membership Enhancement Coordinators

Chapter Couple of The Year 2019

VA District Couple of the Year 2019-2020

eastondm@cox.net

757-636-1023 (Phyliss Cell)

Sept 2021

The Iron Clad Wings

Dan Clark

Ride Coordinator

wingernut93@aol.com



Ride Coordinator

The weather has been HOT and HUMID for the past few weeks and appears that it will remain for the next month. Hopefully The latter part of September will start to cool off a little and we can enjoy some nice rides.

We have a full calendar of rides and events for your riding pleasure and hope you will try to attend some of the upcoming rides. Listed below are the scheduled rides for September

Sept 10- Ice Cream Ride to DQ in Windsor, KSU 6:30 from Hardee's

Sept 11- VA-C Fall Sprawl Extravaganza, 485 Simmons Lane. White Stone, VA

Sept 12- Ride for Kids in Richmond. KSU 8:00 am from Bojangle's 3605 Bridge Rd in Suffolk, Va

Sept 18- All Chapter Picnic in Twin Pines State Park, Green Bay , Va.

Sept 25- Ride to Weems and Warsaw, Va. Grand Tour Ride. Depart Bojangles 8:00 am. Lunch at Northern Neck Burger Shop in Kilmarnock.

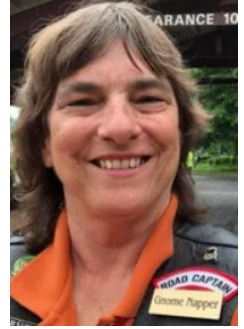
Dan Clark

Ride Coordinator

366178-01

The Iron Clad Wings

Karen Bottoni
CSEA
kbottoni@gmail.com



Chapter Skills Enhancement Advisor

Ramblings from a 60 Year Old Brain

I didn't start riding real street legal motorcycles until I was 19. Prior to that, I had lots of experiences and fun on the Honda Mini Trail 50's, motorized bicycles (yes, I think it was a Whizzer I rode down around the quarry when I was 12), and other two-wheelers my Brothers frankensteined together. Along with that fun, I also crashed on them in the woods, the yard, corn fields, or on those country dirt roads I grew up around. I often found myself getting up from those minor crashes and tried to restart those mini bikes. Forget the boo-boos, if it didn't start, I would get upset. Yeah, a few scrapes, bruises, cuts, and some tears but it never deterred me from doing what I loved. Not sure about you, but that's just what we did in those days.

Now when the legal street riding began on my first motorcycle, Kawasaki KZ200, my mindset changed. Going from mini bikes and motorized bicycles to 200cc of power was a huge step. Now you're dealing with traffic and other environmental factors. Your brain has to process so much more. You have to be acutely aware of your surroundings at all times. Your head is on a swivel, and quick decisive decision making is a must on your machine. I was overwhelmed but adapted quickly. I took my first of many MSF classes which helped tremendously. Over the years and up until now, I've ridden thousands of miles on at least nine different motorcycles and two trikes. In these years I've taken many motorcycle riding classes. Come close but I've not had to lay a bike down or been in an accident with a cager in all those miles. I count myself fortunate and blessed but to me there's only two types of bikers...ones that have been in an accident and ones that have not. Only two categories folks which leads me to the crux of this article—education and training. This is one of the cornerstones of GWRRA. It's available to all members and most of it is free at our chapter events and rally's.

I'm not saying if you take classes you won't have an accident. I'm saying taking classes and rider courses will help reduce those risks of being in one. The GWRRA Rider Education Program (REP) is intended to make the motorcycle environment safer by reducing injuries and fatalities and increasing motorcyclist skills and awareness. The REP does not propose to have all the answers. However, GWRRA's close-working relationship with the Motorcycle Safety Foundation (MSF), as well as additional GWRRA programs and studies, has provided a wealth of information for use in establishing a comprehensive Rider Education Program. Through Commitment, Education and Application, we can reduce our accident rates significantly.

Well, my 60 year old brain has rambled long enough. I think you get my point. Consider joining the levels program, attend some University seminars, or take a rider course if you get the chance.

"Safety is for Life" "Practice Makes Permanent"

Karen Bottoni
CSEA

The Iron Clad Wings

District

How Can I Help?



Lorrie Thomas & Dan Clark
VA District Directors
lorriethomas@aol.com
wingernut93@aol.com
LT: 954-599-5178 DC: 757-343-1783

There's a relatively new TV show I discovered last season called New Amsterdam. It is a great medical drama with a cast of characters that are quirky, loveable, and close knit. Kinda like the Virginia GWRRA Members. The administrator of the hospital, when faced with a challenge, always asks "How can I help?".

I am taking a clue from him and asking you, "How can I help?". As we slowly come out of hibernation, it becomes evident that your Chapter may not be as it was before Covid. Some are finding it difficult to get Members to come to a Gathering. Some aren't getting the usual Members on a ride. Could be that the Chapter Team is finding it difficult to get back in the swing of things or simply just not excited about their responsibilities.

We need to get back to basics. Let's not assume all the Members know that you are gathering again. Do they know some of you have changed locations? Are you creating a newsletter or monthly email that goes out to **ALL** the Members assigned to your Chapter and not just the ones that have been active? Are you pulling names and addresses off the ARL that are in your area but not assigned to a Chapter?

Although some things need to be the same, what can we do to change it up? Same old, same old is a recipe for failure. Got game? Play a game at your gathering. It doesn't have to be complicated or expensive. Write an email to Phyliss or Dennis Easton, eastondm@cox.net, Va-L's Game Masters and ask for suggestions. They have done a great job of entertaining the Chapter at gatherings.

Visit other Chapters. See what they are doing. Steal the best ideas!

Plan a picnic. Find a pavilion. If you have the budget, supply the drinks and paper goods, and have everyone brown bag it. Make it a time to get reacquainted and spend time asking for some ideas for rides, ice cream stops or interesting restaurants. Don't assume that folks aren't going to enjoy something just because it hasn't been tried or didn't get a good response in the past. As I've said before, look at this as rebirth or a new beginning. Try new things.

Now, the "How can I help?" part. We can sponsor training for you, on bike and in classroom. When was the last time you did Team Riding or Road Captain? How can the District Team help you plan an event because your treasury needs a boost, or you just want to have a reason for fellowship? Encourage your Members to attend the All-Chapter Picnic and District Rally. Your District Team is working hard to make those events fun for you. Don't let your 'been there, done that' discourage others to attend.

Members...speak up. Get involved. Share your ideas. Volunteer to help. Reconnect with the joy of being a GWRRA Member.

Happy Fall y'all!

Virginia District Directors

Lorrie Thomas & Dan Clark

The Iron Clad Wings

National

There has been an ongoing expressed need for more on-bike instructors across the Association so we would like as many contacts as possible to be aware of this opportunity. Thank you.

The GWRRA Rider Education Program is offering an **Advanced Rider Course (ARC) CIDM** (*Classroom Instructor Development Module*) and **RCIP** (*Rider Course Instructor Certification Program*) class to Members interested in becoming GWRRA ARC Rider Course Instructors.

The CIDM, is a one-day class, will take place on Saturday, October 9th, 2021, at:
Round Island Baptist Church,
14790 Browns Ferry Rd
Athens, Alabama 35611

The ARC RCIP will also take place at the Round Island Baptist Church location from Wednesday, November 17th through Saturday, November 20th, 2021.

To participate as a rider course instructor candidate, please complete the *N.13A Rider Course Instructor Application* found on the GWRRA website under the "Rider Course Instructor Section" using the following link:

<http://gwrra.org/regional/ridered/ridercourse.html>

Forward the form *and the \$100 registration fee* to your District Educator *NO LATER* than application **DEADLINE, October 1st, 2021.**

Should you have questions about the program or the process, please contact:

Alvin & Josie Nelson

Team GWRRA Rider Education Assistants, Rider Course Programs

(865) 898-2030

alvin.josie.com@gmail.com

The Iron Clad Wings

Our Mission Statement: RIDE & GROW

Respect all motorcycle riders and motorists

Inspire members to participate in the Levels Program.

Dedicated towards providing a family atmosphere so everyone has fun.

Educate our members about new innovations regarding riding, safety, and about GWRRA.

&

Give back to the community, resulting in a positive image of motorcyclists.

Relax, and enjoy the ride!

Offer assistance and encourage participation by all members.

Work with members by assisting them in achieving their goals.

So, what are we really saying...

We don't discriminate; all types of motorcycles are welcome. If your friends are looking for a group to ride with, that believes in and practices safety, we are that group. Respect drivers by being courteous with our lights and riding style.

We want all our members to participate in the Rider Education (Levels) program. The Levels Program allows members to advance from Level 1 (Committed to Safety) to Level 4 (Safety By Enhanced Commitment and Preparedness), also known as Master Tour Rider. As our members gain experience and miles, we inspire them to advance to the next level.

We are a family association; we are dedicated to providing a fun and friendly atmosphere to members and visitors of all ages. We strive to make every event fun.

Chapter L is dedicated to educating our members and visitors about motorcycling. We do this by having training provided by certified trainers that have graduated from Gold Wing University. We educate members about riding alone, with a co-rider, and in a group. We educate on riding as a team, pulling trailers, crash scene response, leadership, fun events, advances in motorcycling, and much more. Our trainers are evaluated by senior trainers to ensure they remain up-to-date regarding motorcycling.

Not all motorcyclists are the same; we strive to present a positive image to the public. We inform the public about what our association stands for; Friends, Fun, Safety, & Knowledge. We are a part of the community and want the community to be a part of us.

Have fun and enjoy riding with Chapter L. We want all of our riders to relax and enjoy the ride while being among friends that share your passion... riding.

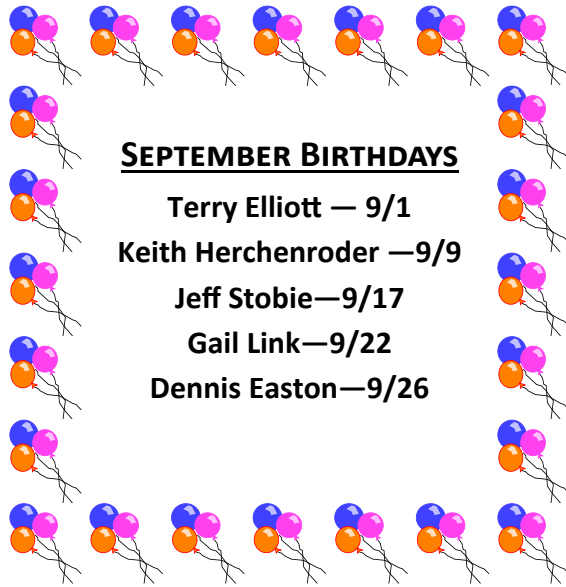
It takes everyone to make the Chapter successful. But what is the definition of **successful**? Successful means the Chapter is fun. Successful means the Chapter rides a multitude of routes with varying distances. Successful means people want the Chapter to thrive. Successful means people ask "what can I do to help..." Successful means our membership thrives. In other words, we cannot be successful without you. Participation from all members results in the Chapter being successful.

Have you achieved your goals you've set? Regardless whether your goals involve motorcycling or are professional, chances are, there is someone in the Chapter that wants to assist you in achieving your goals. Our goal is to assist you in achieving your goal.

Our Motto: RIDE and GROW with VA-L

The Iron Clad Wings

Birthdays, Anniversaries, & Other Information



SEPTEMBER BIRTHDAYS

- Terry Elliott — 9/1
- Keith Herchenroder —9/9
- Jeff Stobie—9/17
- Gail Link—9/22
- Dennis Easton—9/26



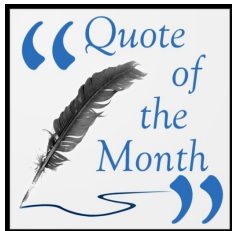
SEPTEMBER ANNIVERSARIES:

JOE & TRISH DANIEL—29 YEARS



SEPTEMBER GWRRA ANNIVERSARIES:

- Dan Clark - 16 yrs & Lorrie Thomas - 9 yrs
- Jeff & Carm Stobie - 13 years
- Zach & Angie Bon - 10 years
- Al & Karla Dobbins - 20 years
- Dennis & Phyliss Easton - 5 years
- Steven & Sherry Morgan - 13
- Stephanie Skinner - 8 years
- Amanda Skinner - 8 years



“Life is what happens to you while you’re busy making other plans”

- John Lennon

Helpful information for members

To get Chapter, District, and National patches for your vest, contact our Chapter Treasurer, Will Conrad.

For things you might typically pick up at a Rally, but don't want to wait until the next one comes around:

- **Chapter Shirts/Rider Ed patches:** See the Chapter Directors; Dan Clark & Lorrie Thomas
- **Name Tags:** www.ThEngraver.com (take note of spelling—only 1 ‘e’ at beginning)
- **Vests & sewing patches:**
 - Perfect Fit Alterations, 357 Johnstown Rd, Chesapeake. They also do vest embroidery
 - The Leather Arts Store at 415 N. Military Highway, Suite 13. Ask for the owner, Dennis
- **Embroidery & Name Tags:** Nancy Harbison Uniforms & Tailoring at 479 South Lynnhaven Road, Virginia Beach (463-3241)

These are by no means the only place to get your desired items, just the ones that seem to be used the most by local chapters.

The Iron Clad Wings

Gathering & Ride Calendar



Date	Chapter	Event
Sep 10	L	Ice Cream Ride to DQ in Windsor, KSU 6:30 from Hardees, 864 George Washington Hwy
Sep 11	C	VA-C Fall Sprawl Extravaganza, 485 Simmons Lane. White Stone, VA
Sep 12	L	Ride for Kids in Richmond. KSU 8:00 am from Bojangle's 3605 Bridge Rd in Suffolk, Va
Sep 18	VA	All Chapter Picnic in Twin Pines State Park, Green Bay, Va.
Sep 25	L	Ride to Weems and Warsaw, Va. Depart from Bojangles, 3605 Bridge Rd, Suffolks at 8:00 am to visit 2 places on The Virginia Grand Tour Book. Come join in on a fun day riding back roads and lunch in Kilmarnick, Va at the Northern Neck Burger.
Sep 28	L	Chapter L Gathering. Zino's Café & Tavern, 850 Old George Washington Hwy N, Chesapeake, VA. Eat at 6pm Meet 7pm
Oct 14-16	VA	Virginia District Rally in the Valley, "Cruisin in Grand Style", Lynchburg Grand Hotel, Lynchburg, VA
Oct 26	L	Chapter L Gathering. Zino's Café & Tavern, 850 Old George Washington Hwy N, Chesapeake, VA. Eat at 6pm

Check out our website to see the latest updates to our calendar <https://gwrraval.org/>

The Iron Clad Wings

In March of this year, the Chapter Team came up with a new adventure. As per the instructions, visit 8 different Hot dog stands thru November and turn in your sheets to the MEC at our Gathering. If you visit one on the list of the local area, such as Uncle Al's, you must visit the one listed at that address. To qualify you need to take a picture of yourself in front of the sign outside and post it on our Facebook page. If you turned in paperwork and posted these, and visited a minimum of 8 facilities, you will be given a Hot Dog pin at our Christmas party. Lets have some fun and see how many can fill out the sheet. Enjoy the eats and be safe. **Print the next page off of this newsletter to keep track of the hot dog places you visit.**

HOT DOG RUN Challenge

Rules:

Visit as many Hot Dog places as you can, In state or out of state.

Find and List Hot dog places in each of the VA Chapter Cities. Along with 13 local Hampton Roads Hot Dog Eateries. As well as a place to input up to 10 of your own not listed Hot Dog Eateries. Only 1 of any Franchise counts.

- Take a picture of the Hot Dog place Sign as a selfie. Post to VA-L Facebook with your name, place, City and VAL Members with you.

Fill out the Hot Dog Run sheet with Date of attendance. 1 point per location. 8 points gets the coveted Hot Dog pin during the chapter L Christmas Party 2021. Turn in all forms no later than the November 2021 VA-L Chapter Gathering.

 NEW YORK Hot dog in a bun, mustard, sauerkraut, onion sauce	 SEATTLE Bratwurst, cream cheese, sliced raw jalapeños, chopped cabbage, sriracha	 SONORA Bacon-wrapped hot dog, split soft roll, relish, tomatoes, onions, avocado chunks, mayonnaise
 TIJUANA Bacon-wrapped hot dog, grilled sliced peppers, onions, jalapeños, squishy white bun	 DODGER DOG Footlong dog in a footlong bun, ketchup, mustard, chopped onions, relish	 "DOYER" DOG Footlong dog in a footlong bun, mustard, nacho cheese, pickled jalapenos, salsa
 KOREA Corn dog coated with crinkle-cut fries and fried on a stick, ketchup	 COLOMBIA Hot dog in a bun, ketchup, mustard, mayo, pineapple, crushed potato chips, boiled quail egg speared on top	 JAPAN Hot dog sliced to look like an octopus, fried and served as part of bento box
 GERMANY Frankfurter, sauerkraut, potato salad, mustard (no bun)	 CAROLINA Hot dog in a bun with chili, chopped onions and cole slaw	 MONTREAL "All-Dressed": New England-style bun, steamed hot dog, mustard, chopped onion and cabbage
 MICHIGAN Hot dog in a bun, tomato-based meat chili sauce, mustard	 ITALIAN Deep-fried hot dog in an Italian roll, bell peppers, onions, French fries, ketchup, mustard	 CONEY Short hot dog in a short bun with chili, chopped onions and a pile of finely shredded cheddar
 CHICAGO Hot dog, poppy seed bun, pickle spear, celery salt, tomatoes, whole pickled peppers, chopped onions, "near" green relish, mustard	 BAGEL DOG Hot dog wrapped in everything bagel dough, baked and served with mustard	 KANSAS CITY Hot dog in a sesame seed bun, sauerkraut, melted Swiss cheese



The Iron Clad Wings



Fall Sprawl

September 11, 2021
485 Simmons Lane
White Stone, VA



Cost: \$18 Per Person - Pre-Registered
\$23 - After August 29th

Current Chapter Couples Free

Registration - 9am to 12pm
Lunch around 1pm
Awards after lunch

Saturday **STEAK** lunch!
Steak - Baked Potato - Salad - Drink - Dessert
Bring your own plate, knife & fork

Spend the entire weekend starting on Friday if you like (no additional cost)

- Friday Night Weenie Roast (or bring your own brats)
- Saturday Night Pot Luck
- Saturday "Entertainment"
- Sunday Morning Brunch



Chapter C Fun

Crusty Derby Race on Saturday!

Chapter Challenge



The first 100 steaks are guaranteed.

If you register by August 31st you will be entered into a drawing for \$50.

Pre-Registration Deadline - August 31st

Cost:
\$18 per person pre-registered, \$23 after August 31st
(Current Chapter Couples Free)

Attending _____ x \$18 = \$ _____

Attending _____ x \$23 = \$ _____

What day are you arriving? _____ Fri _____ Sat
If camping, please check what type:

_____ Tent/Pop Up _____ RV _____ 5th Wheel

How do you want your steaks cooked? Indicate the number of steaks:

___ Rare ___ Med Rare ___ Med
___ Med Well ___ Well Done ___ Raw (uncooked)

Please make check payable to GWRRA VAC and mail to:
GWRRA VAC
PO Box: 1267
Yorktown, VA 23692

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Organization: _____ Chapter: _____

I/we agree to confirm & comply with the ideas governing this event, and I/we further agree to hold harmless GWRRA VAC or any property owner for any loss or injury to self or property in which I/we may become involved by reason or participation in this event. Everyone attending must sign.

Signature: _____

Signature: _____

The Iron Clad Wings



ALL CHAPTERS PICNIC

SEPTEMBER 18, 2021

We will celebrate each other and especially our Couples of the Year, past and present.

Back by popular demand

\$5 to Park

\$0 to Party

11am to 3pm



Deserts To Share



Chapter Challenge Games

Fully Catered Lunch
Menu will be posted later



Location

Twin Lakes State Park is near Farmville, about an hour southwest of Richmond.
To get there, take U.S. 360 West of Burkeville to Route 613 (Indian Springs Rd.). Then go east on Route 629 (Twin Lakes Rd.).
Its address is 788 Twin Lakes Rd., Green Bay, VA 23942-2525. Latitude, 37.174829, Longitude, -78.273242.
<https://www.dcr.virginia.gov/state-parks/twin-lakes>

In the heart of central Virginia, this 548-acre, historic park offers many cultural, environmental and recreational activities. Overnight accommodations include a 33-site campground and 11 climate-controlled cabins. Visitors enjoy swimming, fishing, hiking, boating and lakeside picnicking.

RV—Tent—Cabins for Rent—Those that can, bring chairs—Pavilion has seating for 65

Chapter Directors:

Please put this on your Chapter calendar and pass on the information at your Gatherings.

We will need a head count by September 7, 2020

GWRRA— Virginia District
Friends for Fun, Safety & Knowledge



The Iron Clad Wings



**LYNCHBURG, VA
OCTOBER 14-16, 2021**

Lynchburg Grand Hotel

601 Main Street, Lynchburg Virginia 24504

We will be **Cruising in Grand Style!** for a new and unique experience in beautiful Lynchburg. Lynchburg is rich in history on land and sea (river) waiting to be explored. The traditions remain in the Rally of-ferings but have we got some new stuff for you!

Get your Tropical attire ready for the Costume Con-
test (Tropical, Tacky Tourist, Best Coconut Bra!)

Hope to "SEA" You in Lynchburg!

Room rate includes breakfast.

Reserve by September 28, 2021. After that date, reservations will be taken on a space available ba-
sis. Price remains the same, \$110.00 per night.

Call hotel reservations at **434-528-2500** and ask for the special "GOLD WING ROAD RIDERS"

Rally Shirts				
	Size	Price	Qty	Total
Short Sleeve T-Shirt	S	\$15		
	M	\$15		
	L	\$15		
	XL	\$15		
	2X	\$18		
Long Sleeve T-Shirt	3X	\$18		
	4X	\$20		
	S	\$17		
	M	\$17		
	L	\$17		
Short Sleeve Polo	XL	\$17		
	2X	\$20		
	3X	\$20		
	4X	\$22		
	S	\$21		
Total	M	\$21		
	L	\$21		
	XL	\$21		
	2X	\$24		
	3X	\$24		
	4X	\$26		

Shirts are pre-order ONLY

Rider Education			
Course	Price	Qty	Total
ARC	\$50		
TRC	\$50		
MFA	\$30		

Pre-Purchase Saturday 50/50 Tickets			
Tx	Price	Qty	Total
25	\$10		
60	\$20		
100	\$30		

MUST BE PRESENT TO WIN

Circle Answers				
Arriving On	W	T	F	S
First Time Rally	Y		N	
Current or Former COY	Y		N	



Come Cruisin' with us at The Lynchburg Grand Hotel for the 33rd Annual Rally in the Valley!

- Modules & Seminars
- Muster Fun & Games
- Pizza Party Thursday Night
- Bon Voyage Ice Cream Social
- Love & Marriage Game Show
- Door Prizes
- Hospitality Room & Crafts
- Wingo, Wingo, Wingo
- Rides / Excursions
- Flea Market

- Daily 50 / 50
- DJ & Dancing
- The "Quest"
- ARC / TRC On-Bike Courses*
- MFA/CPR Course *
- Master's Breakfast *
- Captain's Dinner *
 - ◊ Wear your best Tropical Attire
- And Much, Much More!

* Additional charges apply

ARC (Advanced Rider Course) and TRC (Trike Rider Course) (Must be pre-registered) Classroom portion will be **THURSDAY, October 14 at 12:00-4:00**. Range portion will be **FRIDAY, October 15 at 8:00-12:00**. Cost for either course is **\$50** (Co-Riders are free). Full riding gear, CURRENT Motorcycle license, proof of Insurance & Registration are required to take either class.

CPR/MFA Class (Must be pre-registered)

The CPR/Medic First-Aid class will be on **Saturday, October 16 at 8:00-12:00**. The cost for the course is **\$30** per person.

MAXIMUM OF TWELVE PER ARC / TRC / MFA CLASS
NO REFUNDS UNLESS CLASS IS CANCELED BY INSTRUCTOR

Master's Breakfast (Must be pre-registered)

Be recognized for your achievements at the Master's Breakfast on Saturday morning, **October 16 at 7:30-9:00**. **\$15** per person. There will be a guest speaker, gifts and door prizes.

Captain's Dinner (Must be pre-registered)

Put on your best tropical attire and join the Captain for your **Cruisin' Feast on Saturday, October 16 at 5:30-7:00**. The cost of the dinner is **\$20** per person.



PRINT	Full Name	GWVRA #	Dist / Chap	Position
Rider				
Co-Rider				
Address				
Email		Phone		

Registration Prices	Mailed Before	Member	Non-Member	Child 6 - 12
Early	Sep 1	\$50	\$60	\$10
Regular /On Site	-	\$60	\$70	\$10
Day Passes	-	\$25	\$30	\$10
Master's Breakfast	-	\$15	-	-
Captain's Dinner	-	\$20	-	-

Registration	Price	Qty	Total
Member: Adult			
Non-Member: Adult			
Child: 6 - 12			
TOTAL			

Refunds incur \$5 fee. No refunds after 1 Oct

Mail registration with check payable to:
GWVRA Virginia District
Roman Paryz
331 Paine St.
Newport News, VA 23608

OR

Preferred Easy Pay Option
Secure Online Credit Card
<https://gwrrava.square.site>

RELEASE FORM (Must be signed by all registrants and returned)

I/We agree to hold harmless GWVRA, The Virginia District, the Lynchburg Grand Hotel and any property owners for any loss or injury to self or property by reason of participating in this event.

Rider Signature: _____ Date: _____

Co-Rider Signature: _____ Date: _____

The Iron Clad Wings



A way to clean out your garage and closets of Motorcycle Parts, Clothing and Accessories at the Second Annual Rally in the Valley Flea Market!

Saturday, October 16th, Noon – 3:00

A 6' table is included. Bring your own bank to make change. Tag your treasures and be prepared to haggle. All tables must be attended during the duration of the sale. To reserve a table or for further information, please contact Dan Clark at Wingernut93@aol.com by September 29th.



The Iron Clad Wings



Grand Prize
2-\$500
Daily
50/25/25

MARDI GRAS

RIDES

Visit A Gator Farm

RIDES

Tour A Plantation Home

M
A
D
N
E
S
S
S

R
A
L
L
Y

April 7-8-9, 2022
Come Early 4/6 Stay Late 4/10
For Our SPECIAL Guided Tours

Ramada by Wyndham
1400 West Tunnel Blvd
Houma, Louisiana 70360
985-879-4871 ask for GWRRA Rate
Special Rate of \$80 a night
If Booked Through The Host Hotel Only

Mardi Gras Costume Ball with Costume Contest

Day Ride To New Orleans

Cajun Dinner Night

RIDES

Ride The Tail Of The Gator

COY Selection

Cookie Bar Contest Open to ALL

Cooking With Pam J

RIDES

Bingo

Laissez les Bon Temps Rouler!

For more Info:
Website gwrra-la.org - Email dd@gwrra-la.org - Facebook: GWRRA Louisiana - Groupworks: LA District

The Iron Clad Wings

Newport News Sheriff's Office



Project Lifesaver

8th Annual

Motorcycle Ride



Sunday October 10, 2021

Join us on this escorted ride from the beautiful Newport News Park through the scenic views, with open vista and the broad shady sweeping curves of the Colonial Parkway. Ride this historical trail along the York River's western shoreline through the pine and hardwood forest, tidal estuaries and natural landscapes before returning to the Newport News Park.

Registration

Newport News Park (Shelters 19 & 20) Beginning @9:00am

13560 Jefferson Ave Newport News, VA 23603

Cost: \$20 per Bike & \$5 per Passenger

The Kick Stands will rise at 11:00am

For more information about Project Lifesaver and to register by mail please visit:

<http://www.nnsheiff.org/community/programs/pl-ride.html> or

Contact Lt. K. Patrick-Gross at (757) 926-3991 E-Mail: kpatrick@nnva.gov

Following the ride please join us for a Hot Dog Social, 50/50 Raffle, Door Prizes, Live Entertainment and much more.

Thank You for Supporting
Project Lifesaver (A Search & Rescue Program)
Newport News Sheriff's Office
Please make checks payable to NNSO

Fully ESCORTED ride by
Newport News Sheriff's Office

"Banding Together to Bring Loved Ones Home"

The Iron Clad Wings

Virgil Booker
Assistant Director of Motorist Awareness



SAVED BY THE HELMET

A few years ago, after becoming involved with GWRRA's Motorist Awareness program, I was invited by my District Director to represent GWRRA at the Illinois Department of Transportation's annual Motorcycle Safety Conference. I attend each year and have developed a great relationship with the Director of the Illinois Motorcycle Safety Program. Recently I became an advocate for the Saved by the Helmet program, which recognizes survivors of potentially fatal motorcycle crashes who survived because they made the decision to wear a D.O.T. approved helmet while riding. Motorcycling is inherently dangerous; as a rider I wear ATGATT to include a full face D.O.T. approved helmet. Studies show that a D.O.T. approved helmet is 37% effective in reducing rider fatalities and 67% effective in reducing serious brain injuries in the event of a crash.

Below is an example of why wearing a D.O.T. approved helmet is so particularly important.

News article June 1, 2020

A rider and co-rider were thrown from a three-wheel motorcycle trike when the Gold Wing crashed into a deer on interstate I-72 in Pike County, IL. The rider was transported by ambulance, meanwhile the co-rider was airlifted from the scene to a trauma center for treatment of serious injuries. Both were wearing helmets at the time of the crash. Both are friends of mine and after multiple surgeries and many months of therapy with a lengthy stay in a rehabilitation center, my friends say that they are happy to be alive. They were SAVED BY THE HELMET!

ATGATT, ride safe, look twice, have fun!

Virgil Booker



James & Frieda Clayson

gwrmapdirector@gmail.com

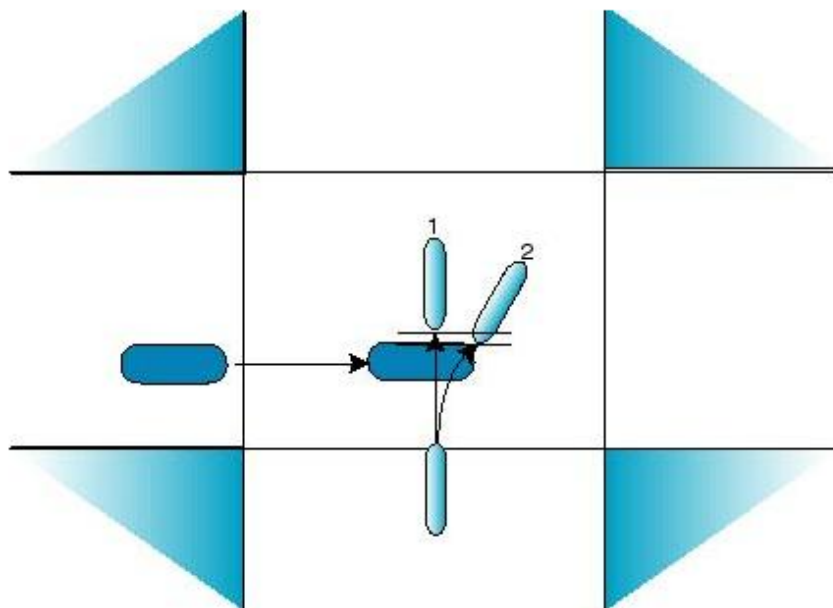
The Iron Clad Wings

Intersection Escape Routes Accelerate or Decelerate—Not Turn or Swerve

By: James R. Davis, msgroup.org

You have just entered an intersection (at, say, 30 MPH) and notice that a vehicle is about to enter the intersection from the left it will not, cannot, stop in time and unless you do something fast you are going to collide. What are your options? What escape paths do you have?

I propose that there are only two choices: accelerate or decelerate. Turning or swerving to the right is not a reasonable alternative though most people will almost certainly attempt to do so. (Clearly swerving to the left is crazy as it puts you into oncoming traffic.)



If you accelerate and go straight ahead (1) you will move farther away from that threatening car than if you did not accelerate. If you similarly accelerate and turn at the same time (2) you will not have moved as far away from the car. (Aggressive acceleration while simultaneously turning is an invitation to loss of control all by itself.) The difference, shown as between the two horizontal lines, could be the difference between life and death.

If you apply the brakes instead of the throttle, you will most likely guarantee that collision.

Thus, if the hazard is coming from the left, you are almost always better off accelerating in a straight line. That is your escape path and method.

Interestingly, if the hazard is coming from the right, you are almost always better off braking. If you can stop before your paths cross you walk away.

The Iron Clad Wings



SNAPSHOTS

A look at what Chapter-L's Been Up To

Virginia District Ride—Southwestern Area August 7, 2021



Virginia District Ride—South Western Area hosted by Chapters H, K, V, X

Lunch at Uncle Al's Hot Dog Restaurant August 22, 2021



L to R: Will Conrad, Phyliss Easton, Dennis Easton, Al Dobbins, Don Mcalister,
Dan Clark, Lorrie Thomas, Debbie Mandigo, Gnome Napper

The Iron Clad Wings

Did You Know?

Retrieved from did-you-knows.com

One of the greatest things in life is the ability to learn and gain knowledge. As we grow older we learn that we never really stop learning outside of school. While some did you know facts may be strange and seem a bit trivial, you never know when it might come in handy. Here a few “did you know” facts that are sure to get your brain itching for more information.

Did you know the average person falls asleep in 7 minutes

Did you know the average human brain contains around 78% water

Did you know an average person will spend 25 years asleep

Did you know the average golf ball has 336 dimples

Did you know the average bed contains over 6 billion dust mites

Did you know the average hen lays 228 eggs a year

Did you know the average person laughs 10 times a day

Did you know the average soccer ball is made up of 32 leather panels and held together by 642 stitches

Did you know the average porcupine has 30,000 spikes

Did you know there is enough petrol in a full tank of a Jumbo Jet to drive the average car 4 times around the world

Did you know the average person will consume 100 tons of food and 45,424 liters (12,000 gallons) of water in their lifetime

Did you know the average person goes to the toilet 6 times a day

Did you know the average American eats 263 eggs a year

The Iron Clad Wings

Word Search

Theme: Fall

S	R	Y	G	H	J	O	N	M	U	T	U	A	K	C	W	J
T	P	I	E	S	P	V	Y	A	F	R	O	S	T	G	T	A
A	B	E	G	A	I	L	O	F	A	C	E	S	V	O	P	M
O	R	L	E	A	F	P	E	E	P	I	N	G	T	P	F	B
C	L	P	N	G	T	T	N	E	E	W	O	L	L	A	H	R
C	O	L	S	Y	A	Y	C	S	L	P	B	E	Q	O	H	S
B	G	R	A	I	T	E	E	O	S	E	P	R	S	D	Q	P
L	N	C	N	F	R	Z	M	E	O	I	A	N	O	U	L	U
E	I	I	T	S	A	C	R	I	C	L	R	F	I	W	Q	M
A	K	U	D	M	T	I	E	K	G	O	N	R	B	W	N	P
V	A	T	N	M	F	A	I	L	C	R	R	I	O	A	R	K
E	R	R	U	N	B	N	L	A	P	E	A	L	G	O	G	I
S	O	M	O	I	G	U	M	K	L	P	L	T	L	H	I	N
C	S	B	K	D	E	R	L	S	S	E	A	O	I	K	T	S
K	V	I	Y	Z	J	J	K	V	Y	L	C	W	Z	O	O	S
H	N	S	R	E	D	E	E	F	D	R	I	B	X	C	N	E
G	T	W	J	X	T	H	A	N	K	S	G	I	V	I	N	G

ACORNS
 APPLECRISP
 APPLEPICKING
 AUTUMN
 BIKING
 BIRDFEEDERS
 BONFIRES
 BROWN
 COATS
 COLOR

COOLNIGHTS
 CORNMAZES
 CORNSTALKS
 FALL
 FOLIAGE
 FROST
 HALLOWEEN
 HATS
 LEAFBAG
 LEAFPEEPING

LEAVES
 MIGRATION
 MUMS
 PIES
 PUMPKINS
 RAKING
 RED
 SQUIRRELS
 THANKSGIVING
 YELLOW

You can find the words in the grid by looking Diagonal, Forward, Backward, Up, and Down.
 Circle them with a pencil or use a marker to highlight the letters. But most of all HAVE FUN!!!

Retrieved from whenwewordsearch.com

The Iron Clad Wings

Chapter-L Funnies



Now we know what kind of water Anheuser-Busch uses in their beer making



The Iron Clad Wings

Chapter Team Members

POSITION	NAME	EMAIL
CHAPTER DIRECTORS	DAN CLARK Dan cell: (757) 343-1783 LORRIE THOMAS Lorrie Cell: (954) 599-5178	wingernut93@aol.com lorriemthomas@aol.com
MEMBERSHIP ENHANCEMENT	DENNIS & PHYLISS EASTON	eastondm@cox.net
TREASURER	WILL CONRAD	will38@cox.net
RIDE COORDINATOR	DAN CLARK	wingernut93@aol.com
CHAPTER SKILLS ENHANCEMENT ADVISOR (CSEA)	KAREN BOTTONI	kbottoni@gmail.com
EVENT COORDINATOR	VACANT	
CHAPTER HISTORIAN SCRAP BOOK	VACANT	
NEWSLETTER EDITOR	KAREN BOTTONI	kbottoni@gmail.com
WEBMASTER	KAREN BOTTONI	kbottoni@gmail.com
SECRETARY	DEBBIE MANDIGO	dsteamn@gmail.com
SUNSHINE COMMITTEE	KARLA DOBBINS	karla_cowboys@yahoo.com



<https://gwrraval.org/>



The Iron Clad Wings

Virginia District Team

POSITION	NAME	PHONE	E-MAIL
District Director	Lorrie Thomas	954-599-5178	lorriemthomas@aol.com
	Dan Clark	757-343-1783	wingernut93@aol.com
Asst. DD West	Wayne & Kathy Whitworth	540-875-8064	wayne69997@yahoo.com
Asst. DD North	Vacant		
District Couple of the Year	Dennis & Phyliss Easton	757-636-1023	eastondm@cox.net
District Educator	Vacant		
Asst. District Educator	Bob Beltz	757-869-8277	beltzb@cox.net
Asst. District Educator	Gordon Combs	540-840-0394	gorcom@msn.com
District University Coordinator	Vacant		
CPR/MFA Coordinator	Vacant		
District Membership Enhancement	Dave & Randi Green	757-870-7282	davenrand@cox.net
Asst. Membership Enhancement	Ann Peterson	703-583-1655	nativepeterson12@gmail.com
District Web Master	Fritz Sassine	804-938-9183	fritz.sassine@gmail.com
District Event Photographer	Jim Peterson	703-583-1655	nativepeterson12@gmail.com
District Special Events Coord.	Dave Hotaling		davidsgoldwing02@gmail.com
	Robin Hotaling	646-406-1200	rah889195@yahoo.com
District Rally Vendor Coord.	Linda Carlyle	804-652-9520	lindaredwing05@verizon.net
District Treasurer	Roman Paryz	757-687-9282	roman.paryz@gmail.com
Newsletter Editor	Roman Paryz	757-687-9282	roman.paryz@gmail.com

Team GWRRA

Jere and Sherry Goodman	Directors of GWRRA	JereGood@aol.com
Bob and Nan Shrader	Director's Assistant	floridadd@msn.com
Tom and Renee Wasluck	Director's Assistant	tom.renee11@gmail.com
John & Shawn Irons	Director's Assistant	ironsonline3414@gmail.com
Kevin Bramhoff & Karin Young	Director's Assistant	director@gwrra-nwc.com
Frank and Sharon Jackson	Director's Assistant	frankj64155@yahoo.com
Lorrie Thomas and Dan Clark	Director of the University	lorriemthomas@aol.com
Dan and Mary Costello	Directors of Membership Enhancement	mep.director.gwrra@gmail.com
James & Freida Clayson	Directors of Motorist Awareness	james.clayson@gmail.com
Randall and Janet Drake	Director of Finance	financedirector@gwrra.org
Susan & George Huttman	Directors of Rider Ed	director-re@gwrra.org
Allesandro Boveri & Mariarosa Bruzzone	Directors Overseas	alboveri@gmail.com



<https://www.gwrravistrict.com/>

<http://gwrra.org/>



The Iron Clad Wings

Virginia Chapters

CHAPTER	LOCATION	CHAPTER DIRECTOR	PHONE	SOCIAL GATHERING
<u>VA-A</u>	Burke	Mary O'Connor maryoc4429@aim.com	703-635-6775	2nd Wednesday 7:30pm Meet
<u>VA-C</u>	Newport News IHOP 15447 Warwick Blvd 23608	John & Lynn Floyd Lynn.floyd1960@gmail.com	757-838-0607	2nd Sunday 4pm Eat / 5pm Meet
<u>VA-D</u>	Richmond Candelas Ristorante 14235 Midlothian Turnpike	Fritz Sassine & Iris Guillet fritz.sassine@gmail.com	804-938-9183	4th Wednesday 6pm Eat / 7pm Meet
<u>VA-E</u>	Fredericksburg Basilico Italian Deli 7013 Harrison Rd	Claude Revely knightwine263507@gmail.com	540-702-7913	3rd Wednesday 5:30pm Eat 6:30pm Meet
<u>VA-F</u>	Winchester Stephens City Diner 5460 Main St Stephens City	Stephanie Provost davis.stephanie80@yahoo.com	540-664-6430	4th Sunday 8:30am Meet
VA-H	Abingdon Moose Lodge 15605 Porterfield Hwy	Paul & Dorothy Baker 09nellie@comcast.net	276-628-6047	2nd Tuesday 6pm Eat / 7pm Meet
VA-I	Manassas Manassas National Battle- field Park, William Centre Blvd., (off Groveton Road).	David & Robin Hotaling davidsgoldwing02@gmail.com Rah889195@yahoo.com	646-406-1200	2nd Sunday 9am Meet
<u>VA-K</u>	Roanoke Great Steak Co. 3830 Franklin Rd	Jim Daily & Susan Stuppiello dailyent@yahoo.com susanstuppiello@gmail.com	540-230-0511	2nd Monday 6pm Eat / 7pm Meet
<u>VA-L</u>	Chesapeake Zino's Pizza 850 Old George Washington Hwy	Dan Clark & Lorrie Thomas wingernut93@aol.com lorriemthomas@aol.com	753-343-1783 D 954-599-5178 L	4th Tuesday 6pm Eat / 7pm Meet
<u>VA-R</u>	Harrisonburg	Gary Hoover hoov@shentel.net	540-742-1751	1st Sunday Location TBD
<u>VA-V</u>	Bedford Bedford Church of God 212 E. Main St	Jonathan Whitworth otterridevav@gmail.com	540-425-0028	3rd Sunday 2pm Meet
<u>VA-X</u>	Salem Riverside Evangelical Methodist Church 1920 Lucas St	Larry Stanton larry25022@gmail.com	304-922-1401	1st Saturday 3pm Meet

The Iron Clad Wings

Zino's Café & Tavern

850 Old George Washington Hwy N,
Chesapeake, VA 23323

(757) 485-1468

www.zinoscafe.com

Please come and join us!



Other local gatherings

- **Chapter C-Hampton/Newport News:** 2nd Sunday each month, 5pm. Angelo's Steak House at 755 J Clyde Morris Blvd in Newport News
- **Chapter NC-E2-Elizabeth City, NC:** 3rd Thursday each month, 7pm. The Villa at 846 Halstead Ave in Elizabeth City, NC



Come Join Us