

## Plain Yogurt Base



## **NUTRITION FACTS**

Serving Size	4 fl oz	Total Carbohydrate (g)	27
Calories	127	Dietary Fiber (g)	0
Calories from Fat	0	Sugar (g)	19
Total Fat (g)	0	Protein (g)	4
Saturated Fat (g)	0	Vitamin A (%DV)	0
Trans Fat (g)	0	Vitamin C (%DV)	1
Cholesterol (mg)	0	Calcium (%DV)	13
Sodium (mg)	63	Iron (%DV)	0



Ingredients:Cultured Skim Milk, Sugar, Non Fat Dry Milk, Maltodextrin, Stabilizer and Emulsifier (Mono & Diglycerides, Guar Gum, Carrageenan, Standardized with Dextrose),

Contains Active Live Cultures: S. thermophilus, L. bulgaricus, L. Acidophilus, Bifidobacterium ssp., L. rhamnosus, L. casei

This information has been calculated by one, or a combination, of the following sources

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