

Dementia Week 13-19 May 2024 -Lichfield District

Monday 13th	Tuesday 14th	Wednesday 15th	Thursday 16th	Friday 17th	Saturday 18th	Sunday 19th
<p>The Old Mining College Chasetown from 1.30pm MHA Communities chat & Love To Move session 2.30pm & 3.30pm. Free.</p>	<p>Burntwood Leisure Centre 2-3pm Walking football taster session - Free drop-in</p>	<p>Burntwood Library 10:00-11:00am Places of Welcome Cuppa & a chat Free</p> <p>Burntwood Leisure Centre 12:30-1:30pm Dance memories £2.50 (carer goes free)</p>		<p>Burntwood Leisure Centre 1-2pm Walking in water £5 per person (carer goes free)</p>		 <p>Grace Cares Tea Party further information 01543 326819 hello@grace-</p>
	<p>Market Square, Lichfield 10-3 Dementia Community Market Stall. Find out about services in our area.</p>					



Throughout the week:

Visit Lichfield Cathedral to find out about the Alzheimer's Society, pick up a leaflet of prayers written by those impacted by dementia, dedicate a note on the Prayer Tree which will be included in the Sunday Eucharist.

To rediscover your loved one's musical memories find out about Playlist for Life at Tamworth Library

or visit: www.playlistforlife.org.uk.



Visit Lichfield library to see the display of books and information on Dementia.