



The Pooches' Post

October 2019

-CLUB OFFICERS-

President

Bonnie Spiece
517-896-1417

windypinecc@gmail.com

Vice-President

Robin Casey
307-514-1519

sgborzoi@aol.com

Recording Secretary

Monica Turner—McPherson
307-206-5588

Corresponding Secretary

JoLynn Hefferman
307-634-6940

hjh0205@msn.com

Treasurer

Barb Sahl
307-421-5514

barb.sahl.307@gmail.com

-BOARD MEMBERS-

Stacy Woita

307-256-7238

stacyclift17@gmail.com

Cathy Anderson

307-634-9502

cheyrottrescue@aol.com

Chandra Flaim

307-221-5776

qualtericollies@bresnan.net

- Next Board Meeting November, 2019 TBD
- Next General Meeting October 24, 2019, 7 PM, Laramie Library

The 7 Habits of Highly Effective Dog Owners

Tiffany Lovell, CPDT-KA, CSAT, AAI—modified to fit the space

These powerful lessons can improve your overall relationship with your dog and improve his behavior as a positive side effect.

Almost 30 years ago, *The 7 Habits of Highly Effective People* by Dr. Stephen Covey was published for the first time. The self-help book went on to be called the "most influential business book of the 20th century." To date, more than 25 million copies of the book have been sold.

As a small business owner, I found the book very enlightening and helpful, but I mostly found myself relating to Dr. Covey's "7 habits" as things that would really help anyone who lived with and worked with dogs!

As a professional dog trainer, I get to work with people from all walks of life and the dogs they love. Interestingly, no matter who they are, what they do for a living, or what kind of dog they have, their issues are similar: They call me because they want their dog to stop doing "X." Usually, they say they have "tried everything, but the dog just won't listen."

I love the opportunities I have to work with so many amazing dogs. But a lot of what I do comes down to coaching the dog's owners on how to look at things differently to obtain a new outcome.

With Dr. Covey's "seven habits for success in business" in mind, allow me to apply them to people who want a more successful relationship with their dogs.

1. Be proactive.

Much of the old-fashioned dog training we were exposed to growing up focused on waiting for the dog to make a mistake and then harshly correcting him. While most of us simply accepted this as "how you train a dog," we were missing the bigger picture. This method never taught the dog what he was supposed to do in that situation the next time.

In modern, science-based animal training we understand the importance of teaching the learner, in this case the dog, what to do by being proactive. To use the example above as what not to do when you bring your new dog or puppy home, start things off on the right foot by first showing your new family member where she is supposed to go potty – before you ever bring her indoors! Stay out there until she goes, and immediately reward her with treats and praise!

CONTINUED ON PAGE 4:

Dog Classes in Cheyenne

Barb Sahl/ "The Elemental

Dog, LLC

Scent detection games for dogs
(307) 421-5514

the.elemental.dog@gmail.com

Cathy Anderson/ "A Paws-A-

Tive Step K9 Training"

(307) 630-9616

CheyRottRescue@aol.com



Alliance of Therapy Dogs

For information contact:
Billie Smith at (307) 432-



MONICA TURNER, CTDI
Certified Trick Dog Instructor

- Private lessons
- Title evaluations
- Dog walking
- Pet sitting

307-206-5588
Rover.com/sit/MonicaTurner



Mailing Address - **CHEYENNE KENNEL CLUB** • PO BOX 202 • CHEYENNE, WY 82003

If you change your contact information (email, mailing, address),
please contact Bonnie Spiece at windypinecc@gmail.com or (517) 896-1417

2019 SHOW COMMITTEES

Show Chairman

Chair: Robin Casey
Assistants: Jerry Sweeny

Judges

Chair: Robin Casey

Obedience

Chair: Stacy Woita

Rally

Chair: Stacy Woita

Chief Ring Steward (Conformation)

Chair: Bonnie Spiece

Chief Ring Steward (Obedience/Rally)

Chair: Monica Turner McPherson

Conformation Trophy, Billing, Catalog Ads

Chair: Dottie Conard and Jo-Lynn Hefferman

Obedience Trophy, Billing, Catalog Ads

Chair: Jo-Lynn Hefferman

Food Vendors

Chair: Stacy Woita

Hospitality

Chair: Kathy and Gary Spahr

Reserved & Free Grooming

Chair: Sandy Trujillo

Grounds

Chair: PJ Kuzdal

RV Parking

Chair: Sandy & Jim Trujillo

RV set-up & planning

Chair: Bonnie Spiece & Robin Casey

Raffle Committee:

Chair: Bonnie Spiece & Stacy Woita

Catalog Sales

Chair: Cindy Germain

Clean-up Crew

Chair: Stacy Woita

Vendor Committee

Chair: Stacy Woita

CKC Board Meeting September 19, 2019 at Bonnie Spiece's Home

Meeting called to order 7:08 PM

Present: Barb, JoLynn, Robin, Bonnie, Monica, Chandra, Stacy, Barb
Absent: Cathy

Minutes: TABLED

Treasurer's Report: APPROVED

Corresponding Sec: New credit card, deposits returned

Special Committee Reports:

Website – NONE

Newsletter – NONE

Events – NONE

Shows – NONE

Old Business:

2019 Show -

New Business: 2020 Show

- Raising entry fees for 2020 - research - raise 4-6 m puppy to \$15 **APPROVED**
- *Motion to do 3 days of obedience/Rally with unlimited entries (one trial per day) - APPROVED*
- *Motion to exclude optional obedience/Rally titling classes - APPROVED*
- *Recommend additional Premier Rosettes in place of trophies to membership - APPROVED*
- Research: Call about EMT on site - Chandra
- Motion to offer NOHS all 3 days 2020 - **APPROVED**
- Motion to do one day of beginner puppy (Saturday) - **APPROVED**
- Motion to recommend engaging a new show photographer - **APPROVED** -
- Present Randy Roberts, Bill Kohler, Teddy Lee, Bob Kohler as options
- Flyers for upcoming show distributed by Onofrio
- Chandra is media relations chair
- Motion to charge vendors \$250 for 10x10, \$100 for every additional 10ft electricity included - **APPROVED**
- Open show - need secretary/chair - bring up at regular meeting
- Practice ring
- NADD dock diving -
- Talk to Evergreen about working together on a flyer for advertising both shows so close together.
Club meeting next week - Sage room at 7:30 PM

Meeting adjourned
Signed: Monica Turner
Recording Secretary

Cheyenne Kennel Club General Meeting

September 26, 2019

Laramie County Library

Meeting was called to order at 7:37 PM

Minutes: **APPROVED**

Treasurer's Report: **Tabled**

Corresponding Secretary: Disaster preparedness bag from AKC

Guest introductions:

- Member Applications:
Rebecca Weskamp Third Reading -**APPROVED**
Matt and Megan First Reading

Committee Reports: **NONE**

Event Committee: **NONE**

Website: **NONE**

Education: **NONE**

Newsletter/Pooches Post: **NONE**

Old Business: **NONE**

New Business:

- Nominating committee - Monica, Rebecca, Kay
- Recommend additional Premier Rosettes in place of trophies to membership
- Onofrio rosettes for best of breed instead of BIS, etc. rosettes will break even
- Best in Show ribbons can be unique
- Motion to have Premier Rosettes for higher awards in place of Onofrio and Onofrio rosettes for bests of breed/variety - **APPROVED**
- Motion that breed-specific trophy donations that are made go towards providing a trophy/prize - **WITHDRAWN**
- Recommend engaging a new show photographer - present Randy Roberts, Bill Kohler, Teddy Lee, Bob Kohler as options
- Motion to hire Bill & Jan Kohler for 3 years - In favor: 3 Opposed: 4 **FAILED**
- Archer Facility: Dan Ange - revised estimate - 4 day total: \$6,025 (includes use of wireless microphone) Friday-Monday (Friday is set-up); 3 handicapped RV spaces can be accommodated, visit October 18th or November 1st?
- Motion to sign contract for Archer Event Center - **APPROVE**
- American Dog Fancier
- Motion to create a flyer for distribution with Onofrio after consulting Evergreen and Peak to Peak KCs and to print 500-1000 copies paid for by our club - **APPROVED**
- Motion to hold 3 days of obedience and Rally trials with unlimited entries and offering all classes currently offered - **APPROVED**
- Open show secretary - **RESEARCH**

Meeting was adjourned at: 8:40 PM

Signed: Monica Turner, Recording Secretary

2019 CLUB POSITIONS

Animal Shelter Liaison:

Robin Casey

Specialty Club Liaison:

Cathy Anderson

Events Committee:

Tess Galloway

Awards Banquet & Annual Awards

Membership Committee

Tess Galloway

Finance & Audit Committee

Barb Patterson

MEETING AGENDA

- Call to Order
- Approval of Minutes
- Treasurer's Report
- Corresponding Secretary Report
- Guest Introductions
- Member Applications
- Committee Reports
- Old Business
- New Business
- Adjournment
- Brags

PENDING APPLICATION

Matt and Megan



CONTINUED FROM PAGE 1: Then, instead of turning her loose in her new home, allow your new dog to have access to just one room or area in the house at first – a place where she won't be able to make mistakes like jumping up on the bird cage, soiling a precious rug, or chewing up a family heirloom. Allow her to relax in an area where it's safe to explore without being able to make any major mistakes and where her water, food, toys, and beds are located. Reward her for sitting politely as she meets each member of the family and each visitor to the home!

Dogs do what works for them and what's safe for them. If you introduce behaviors that are safe for the dog and work for you both, your dog will begin to choose them naturally.

2. Begin with the end in mind.

To change an unwanted behavior, you first need to decide what you want your learner to do instead. It is very easy to say, "I want my dog to stop jumping" or "I don't want my dog to bark at the mailman." You need to turn that around and decide exactly what you'd rather have your dog do in those moments.

To modify the unwanted behavior, we must be able to picture the final goal. If your dog is jumping on guests, you would probably prefer that he sit politely instead. If your dog is barking, you may decide you want him to play with his toy or go to his bed while the mailman passes by. These are the finished behaviors you can have in mind so you know exactly what you're going to teach your dog to do.

If you don't have a goal in mind and you're only focused on stopping a behavior, your dog will never learn what he's supposed to do the next time a guest comes to visit or the mailman delivers a package. This will set up an endless cycle of wrong behavior, harsh correction, confused and scared dog, frustrated guardian.

3. Put first things first.

Prioritizing is a necessity in all aspects of our lives. Working with your dog is no exception. There will probably be several things you wish to change or work on with your dog, but certain ones should take precedent. Any behavior that is necessary to keep your dog and other family members safe should be a top priority. This could be teaching your dog to come when called because you live near a busy street. It may be working on creating positive associations for your dog with babies because you're expecting. If you've recently brought home a new puppy, [proper and humane socialization](#) should be your number one priority due to the brief window of time puppies have to learn about their world and whether it's safe.

Focus on teaching your dog whatever behaviors meet your immediate needs; usually, the rest can be handled with proper management such as baby gates, fences, a leash, stuffed food toys, etc. There is nothing wrong with using management to keep everyone safe and happy until you have a chance to work on that next issue with your dog.

4. Think win-win.

Always think in terms of mutual benefit when working with your dog. I doubt you added a dog to your family to spend the next 10 to 15 years in an adversarial relationship. Therefore, it's not helpful to think in terms of dominating your dog or expecting your dog to spend his life trying to please you.

Instead, make the things you ask your dog to do just as beneficial for him as they are for you. Thankfully, this couldn't be easier, since most dogs will gladly work for food, toys, praise, and/or petting.

Your relationship with your dog should be like any other in your family, built on mutual respect and love for one another. If you stop and consider how your dog must feel in a given situation – just as you would for your partner or child – you can then approach it in a way in which you both receive what you need in that moment: a win-win.

5. Seek first to understand, then to be understood.

Dr. Covey wrote in his book, "Seek first to listen with the intent to understand the thoughts and feelings of others, then seek to effectively communicate your own thoughts and feelings."

We must remember that our dogs have their own thoughts and feelings and that the environment we subject them to affects both. If you cue your dog to sit or lie down while at the vet clinic or on a busy street corner and he doesn't do it, it's not because he is being stubborn. Your dog may be scared, anxious, or overwhelmed in this situation and feels that it would be unsafe or uncomfortable to sit or lie down. He is not defiantly disobeying your orders. He is responding to his instinct and emotions in the moment. Every one of us does this when we feel scared or threatened.

6. Synergize.

This means recognizing your own strengths and celebrating the strengths of those around you. You may have adopted a dog because you thought it would be nice to visit nursing homes and cheer up people with a sweet, fluffy therapy dog. However, the dog you end up with might be full of energy and better-suited for an [agility field](#).

Instead of seeing this as a failure in your dog's ability to be a therapy dog, consider the amazing possibilities you could have doing something more active together. Perhaps this unexpected development will open up a new world to you, with like-minded friends and fun travel. Just as you would with a child, try meeting your dog where he is, accepting him for who he is today. Be open to discovering the wonderful gifts he can bring to your life right now.

7. Sharpen the saw.

There isn't an individual on this planet that ever stops learning. In fact, learning is always taking place, even when we don't realize it.

If you think of training a dog as something you do haphazardly (when you find the time) for the first few weeks he's in your home, you will not be happy with the results. Alternatively, if you weave training into your everyday life with your dog, thinking of each brief interaction as a teaching moment, you will be amazed by the outcome. Your dog will receive clear and consistent messages from you in all types of settings and situations. This will allow him to develop into a calm, confident dog who truly understands what is expected of him and which behaviors are appropriate to choose on his own.

Instead of being disappointed by this and thinking that you will have to train your dog for the rest of his life, I encourage you to flip that narrative and become excited about the opportunity to share a mutual journey in learning alongside each other – a journey that builds a bond like no other.

Tiffany Lovell operates [Cold Nose College](#), Space Coast in Brevard County, Florida. Tiffany offers in-home and online training and behavior consulting. She is co-instructor of the Malena Demartini separation anxiety certification program and a VSA (Victoria Stillwell) faculty advisor.