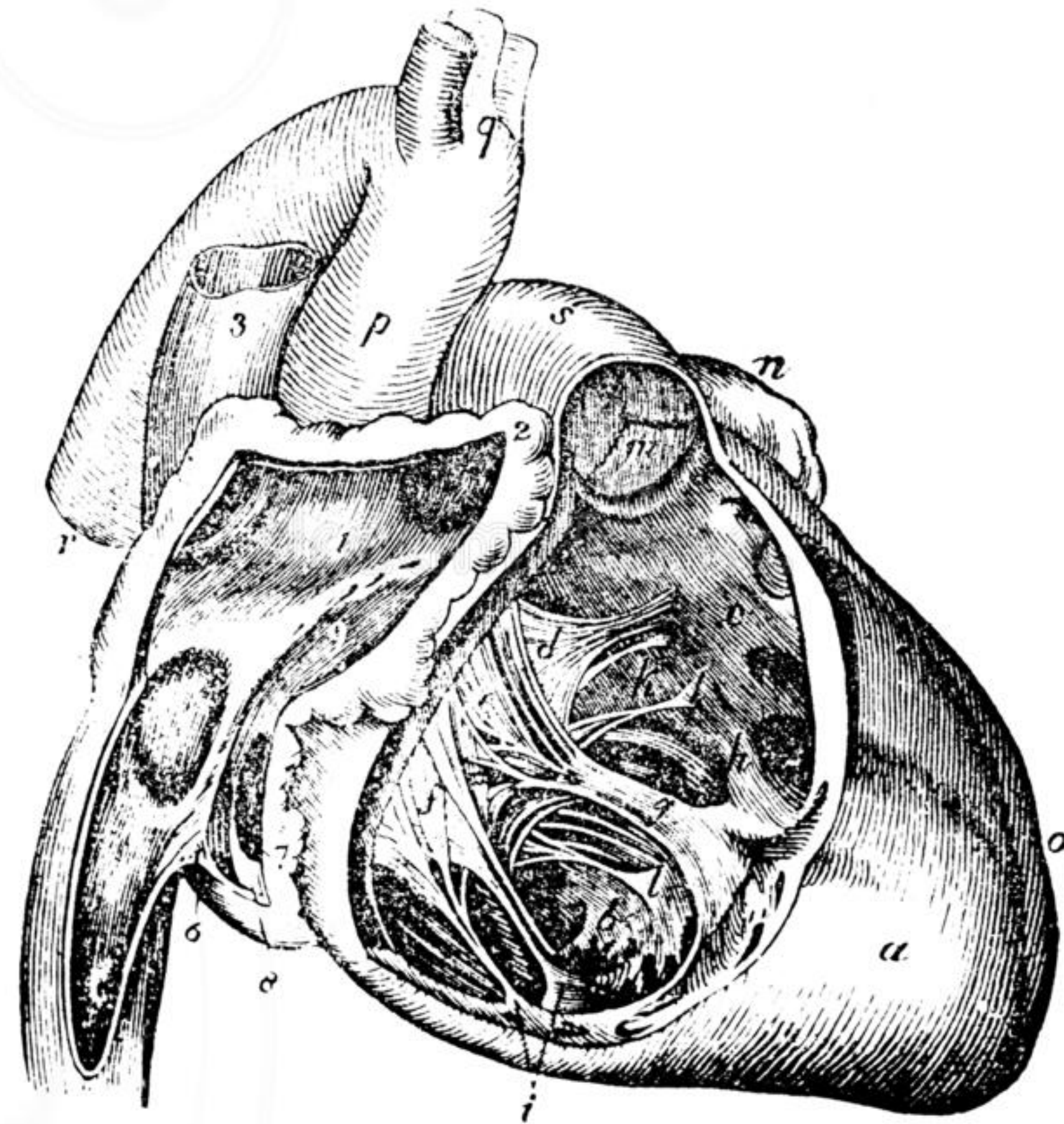


Tricuspid Valve - Pathophysiology

Paul Balfour



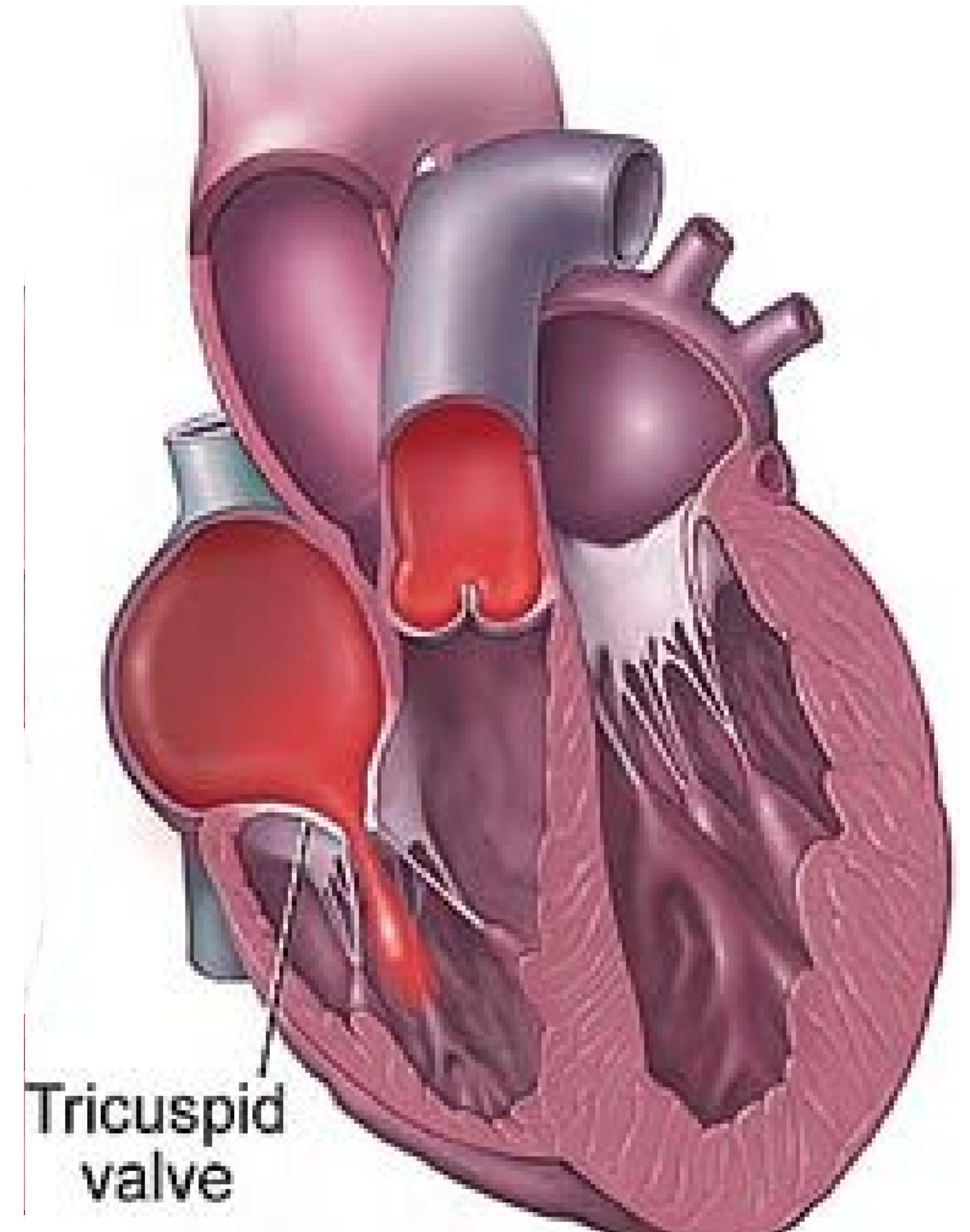
Aims & Objectives

- Tricuspid Stenosis
 - Causes
 - Consequences
- Tricuspid Regurgitation
 - Causes
 - Consequences

Quiz

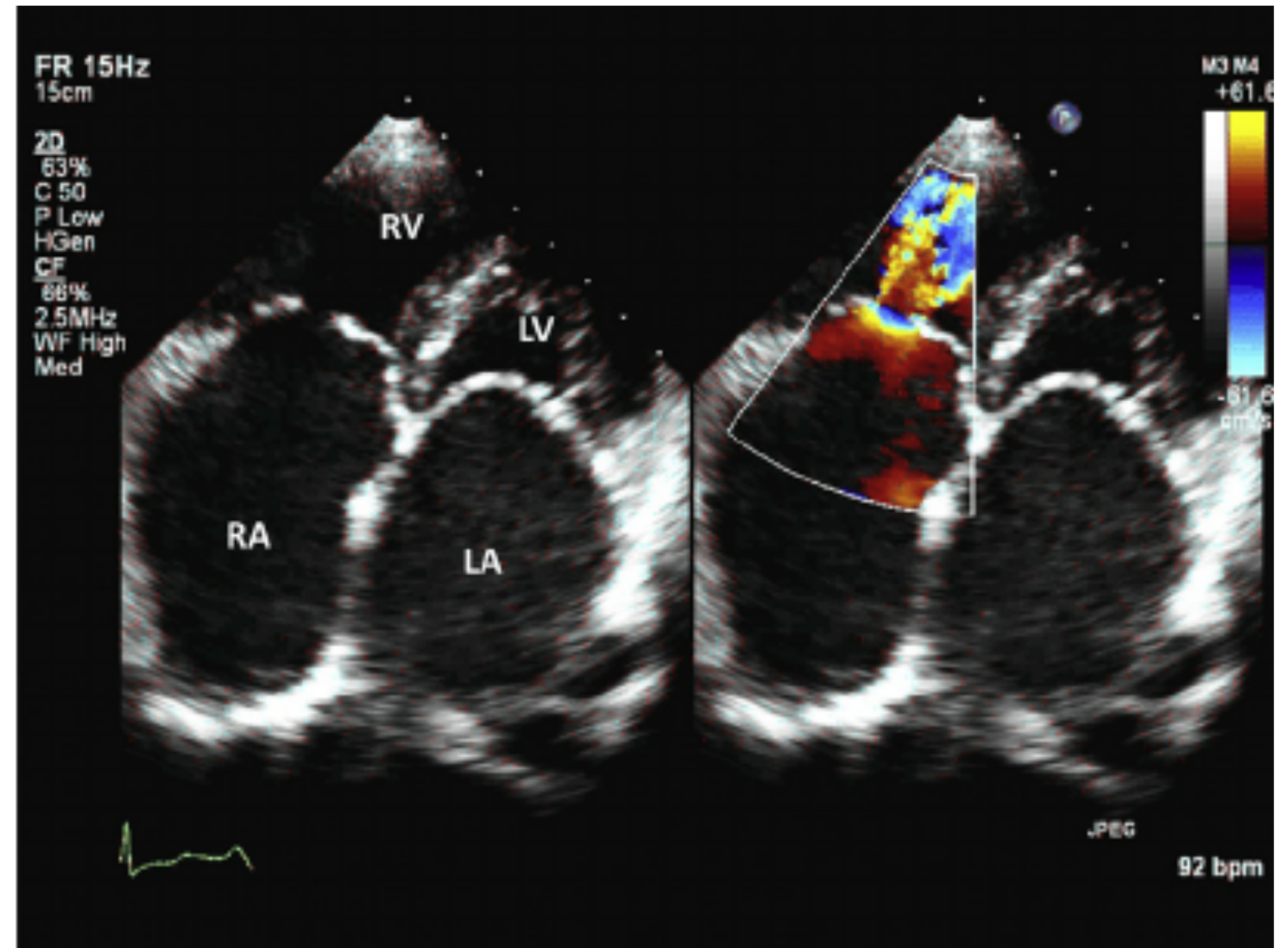
Tricuspid Stenosis

- Rare
- Most often part of multi-valvular pathology
- Usually organic
- Commonly occurs in conjunction with TR.
- Suspect if multi-valve disease without pulmonary oedema



TS - Aetiology

- Rheumatic heart disease
 - Most common - >90% cases of TS
 - Isolated TS uncommon
 - Usually TS & TR
 - Majority also have left sided valve involvement
 - Clinically significant TS present in only 5% of RHD pts.
 - Fibrosis & thickening of valve leaflets → leaflet contracture and commissural fusion



TS - Aetiology

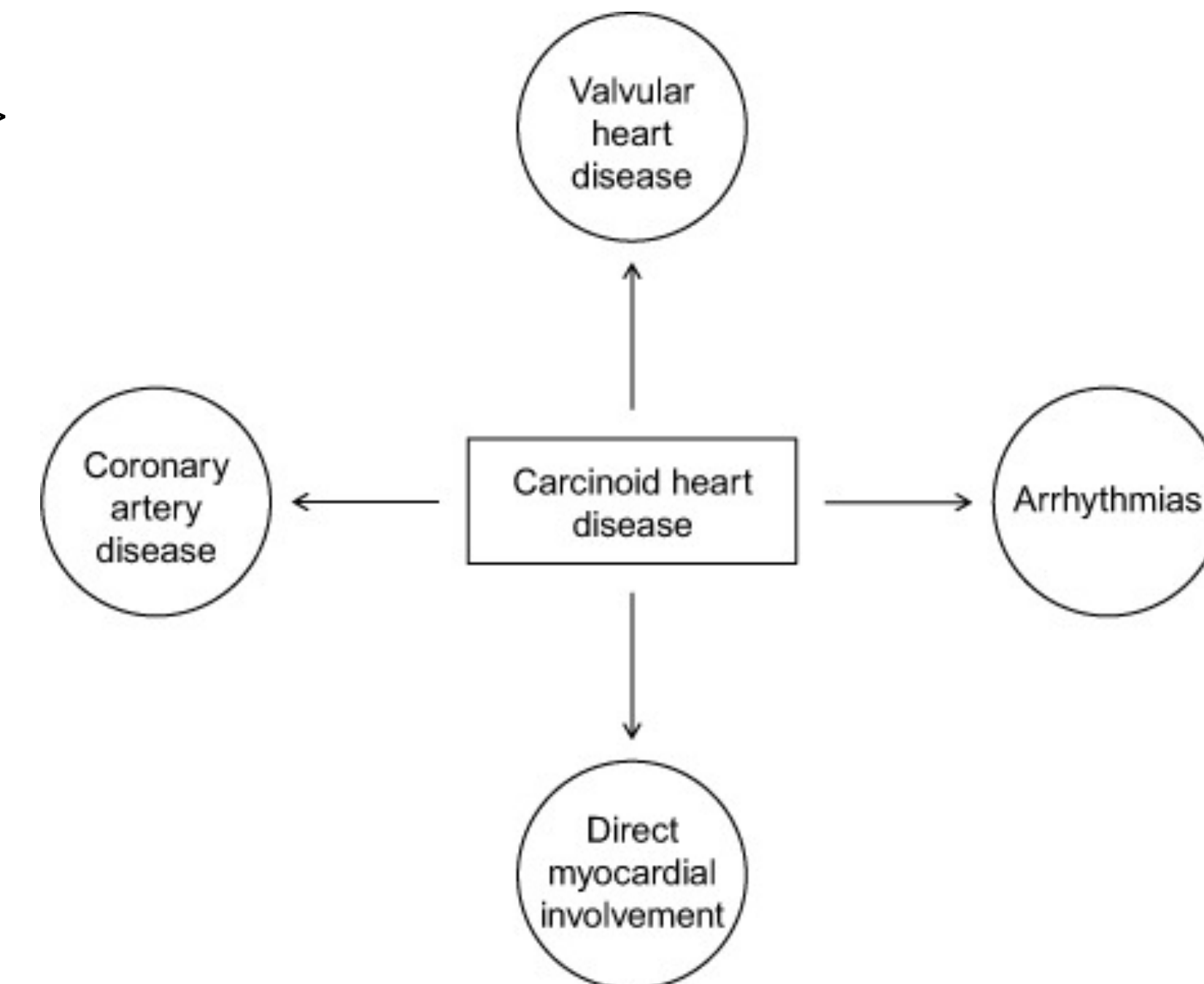
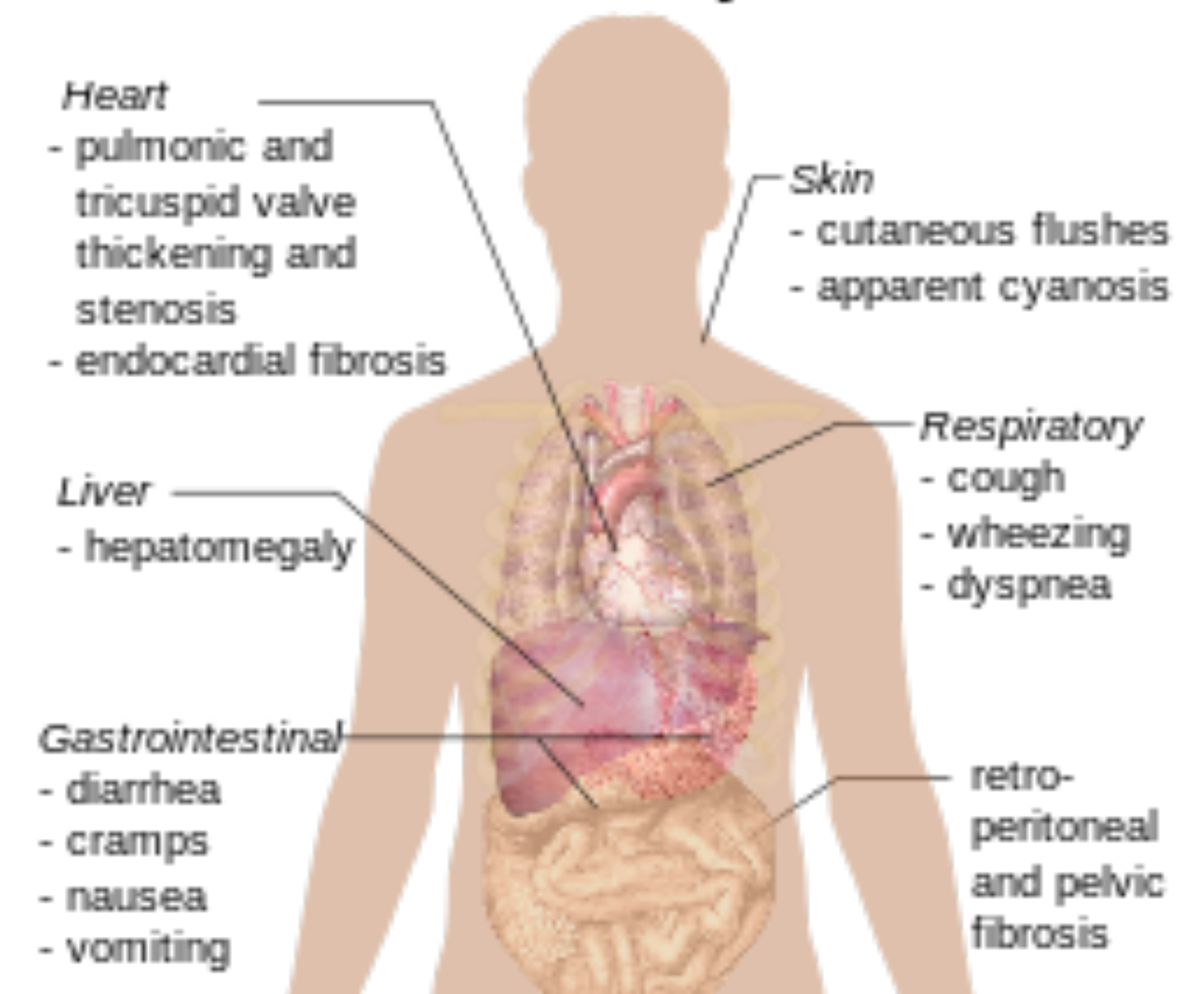
- Carcinoid heart disease
 - Mixed TS & TR
 - Thickened, fibrotic, retracted and shortened leaflets – may be fixed.
 - PV usually also involved
 - Left-sided valves usually spared
 - Unless pulmonary primary or pulmonary receptors saturated



Carcinoid Heart Disease - In 1 slide

- GI (RH) or lung (LH) **neuro-endocrine tumour**
 - Local mass symptoms
 - **Liver mets** - reduced absorption of vasoactive tumour products - serotonin, histamine, bradykinin, prostaglandins, transforming growth factor-beta.
 - **Systemic symptoms** - flushing, diarrhoea
- **Cardiac involvement** in up to 60% - poorer long-term prognosis
 - **Valves**
 - Plaque deposited - fibroblasts, smooth muscle cells on downstream side of valve. Fibrosis induced by serotonin
 - Isolated TR most common. PR in up to 80%
 - Valve leaflets - thickened, shortened, retracted, incomplete coaptation - fixed half-open -> TR&TS.
 - **Coronary arteries**
 - vasospasm
 - **Arrhythmias**
 - VT
 - atrial arrhythmias
 - **Direct myocardial involvement**
 - cardiac mets 3.8%
 - endomyocardial fibrosis
- Octreotide required to avoid carcinoid-syndrome crises

Carcinoid syndrome



TS - Aetiology

- Other causes

- Infective Endocarditis



- Prosthetic valve failure

- Tumour/masses

- RA Myxoma



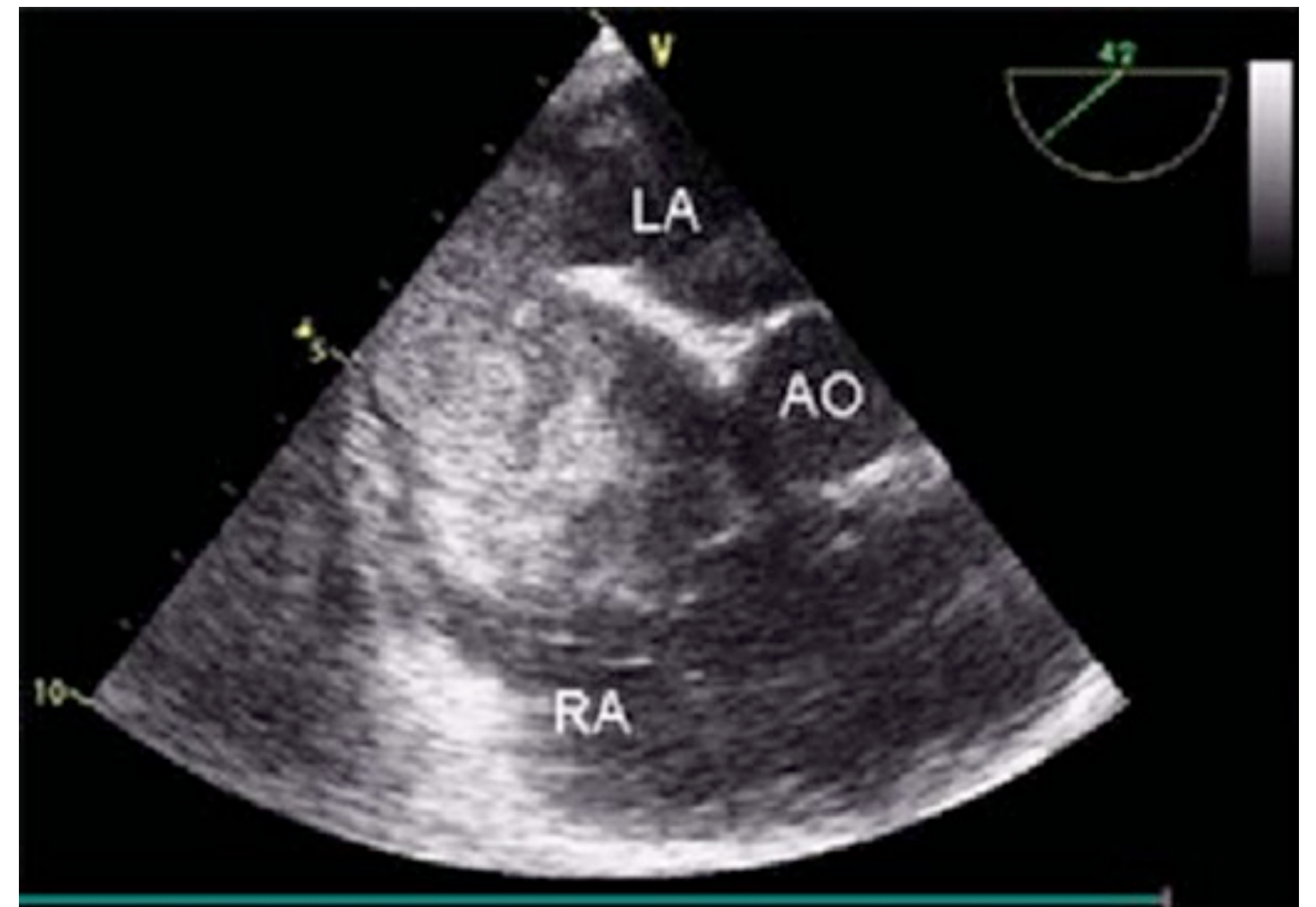
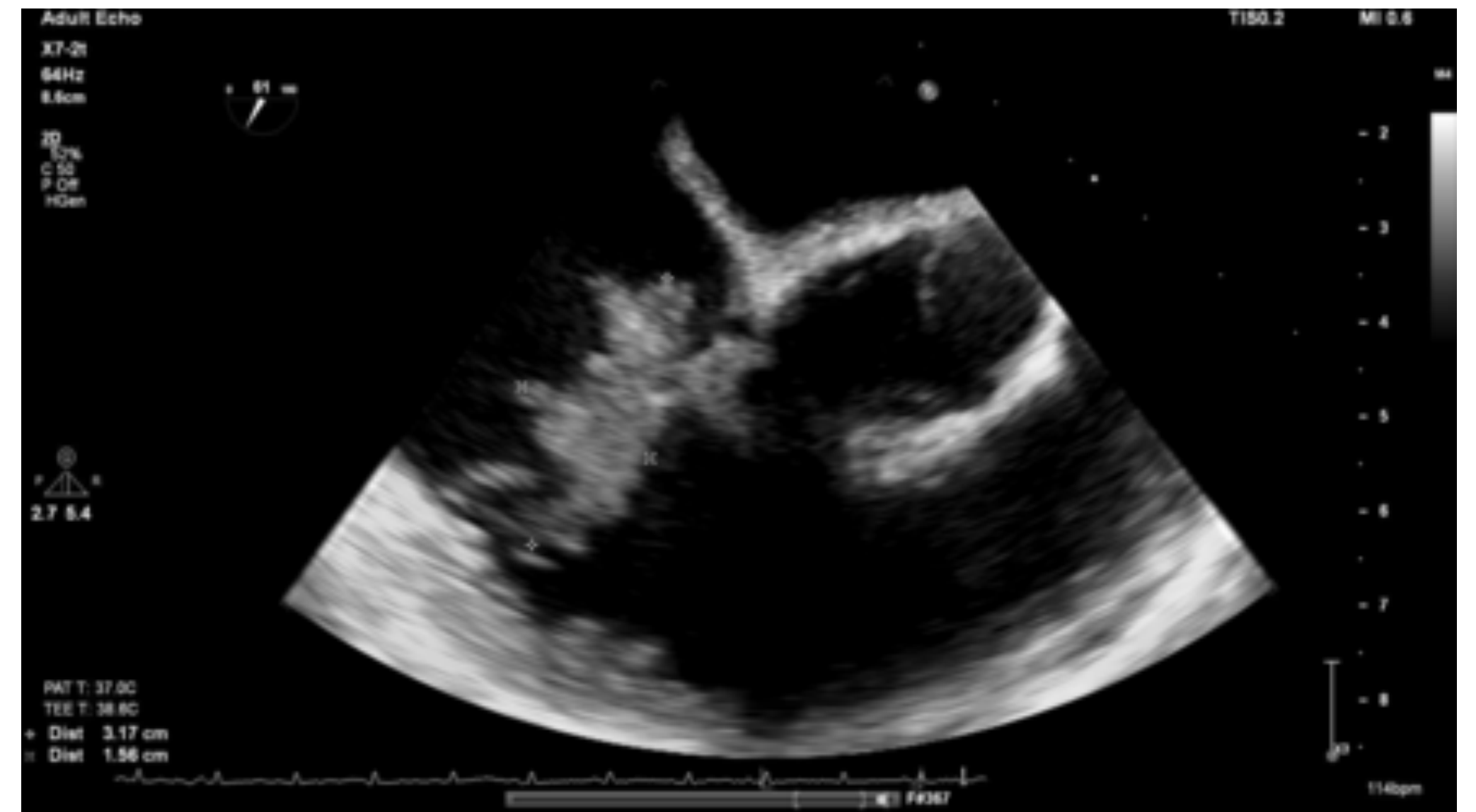
- Renal / ovarian tumour IVC spread

- Whipple's disease

- Fabry's disease

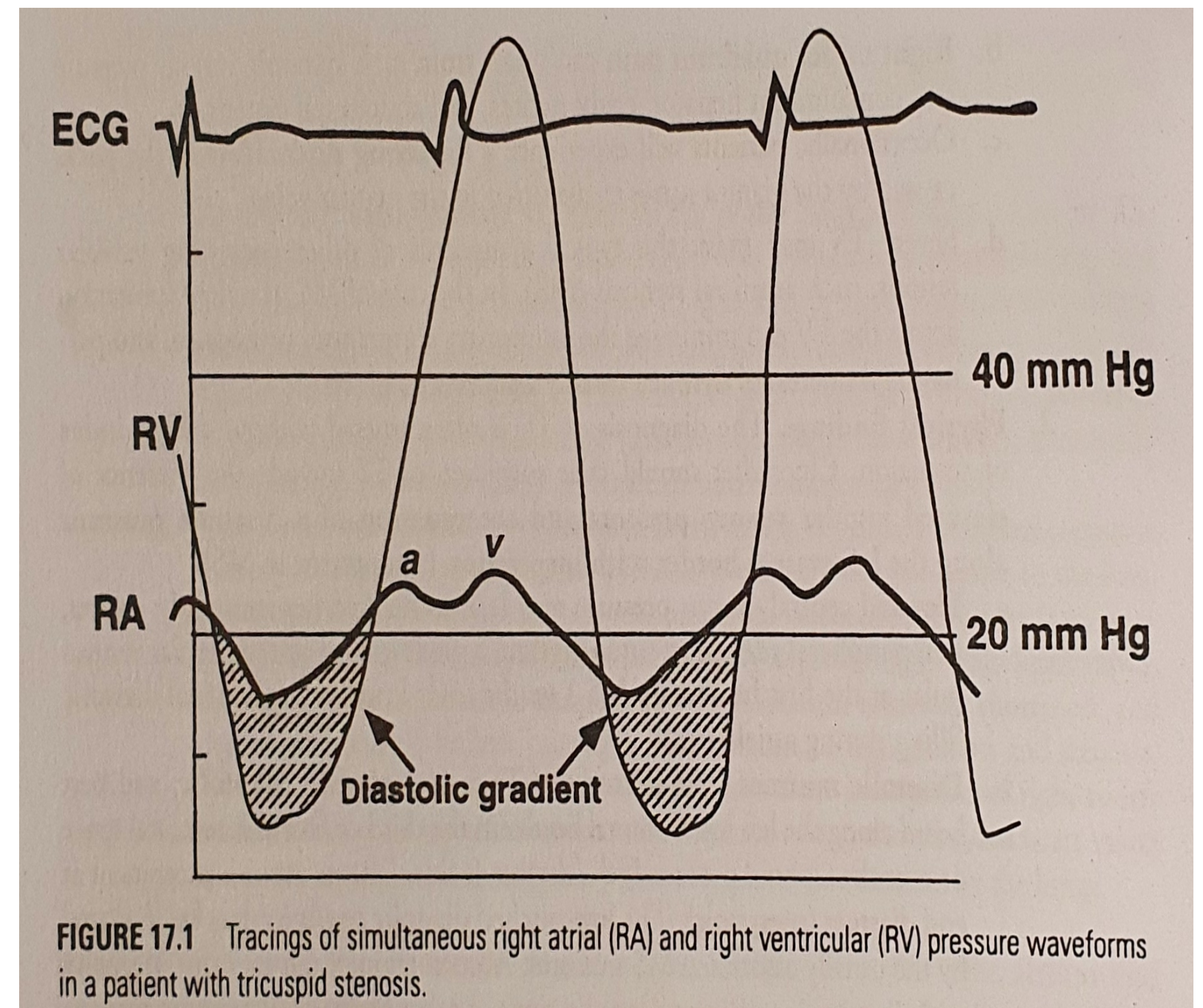
- SLE

- Congenital



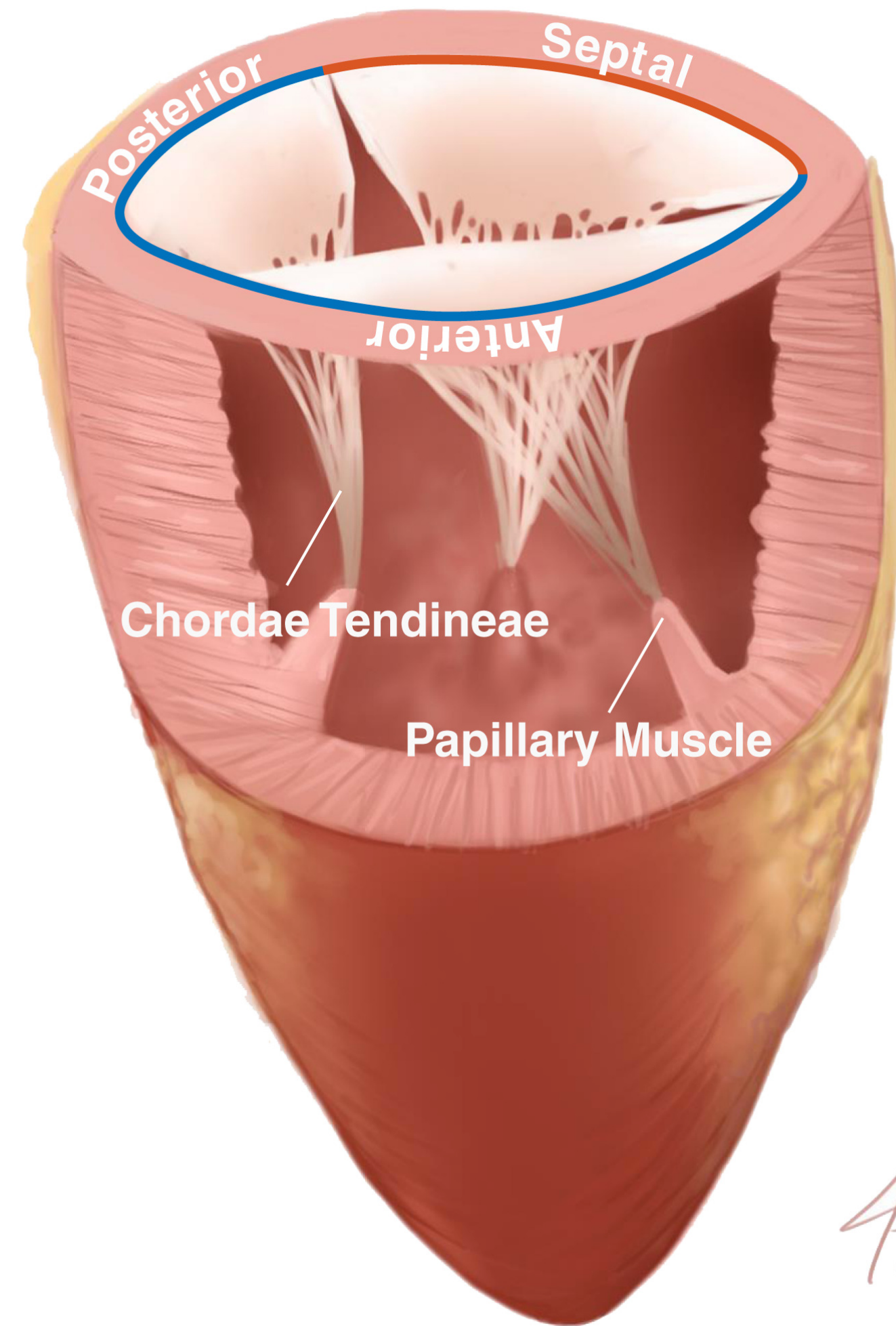
Tricuspid Stenosis - Pathophysiology

- TS produces a diastolic pressure gradient between RA and RV.
 - Typically when TVA $< 1.5\text{cm}^2$.
 - Increased with increased transvalvular flow
 - Spontaneous inspiration, exercise.
- Small increase in mean diastolic pressure gradient ($>5\text{mmHg}$) can \rightarrow increased RAP \rightarrow systemic venous congestion
- Limited RV preload \rightarrow reduced CO
- AF may \rightarrow increased RAP due to absent atrial contraction.



Primary TR - 8-10%

- **Abnormal anatomy of TV complex**
 - TV
 - annulus
 - leaflets
 - and / or subvalvular apparatus
 - chordae
 - papillary muscles

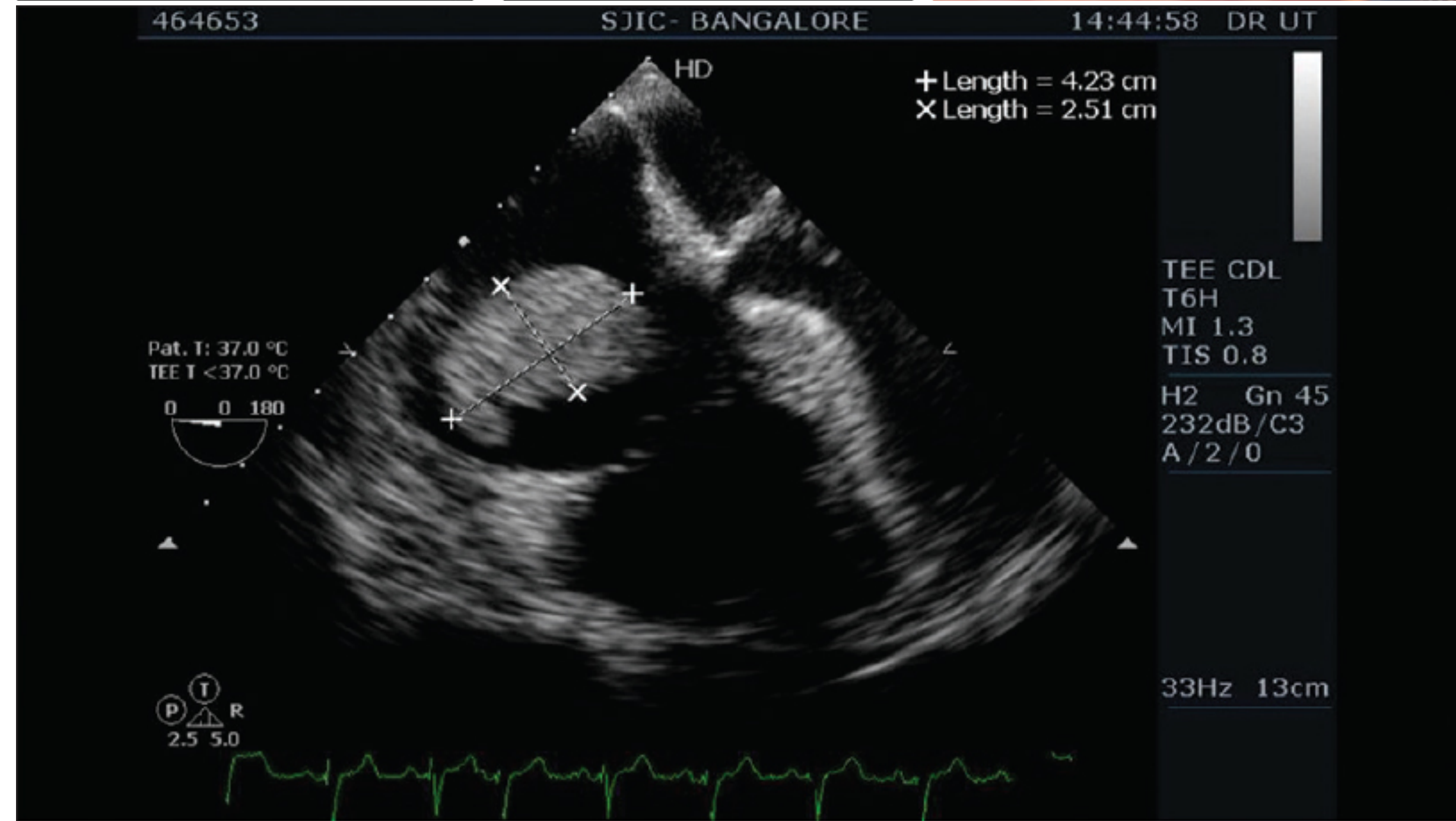
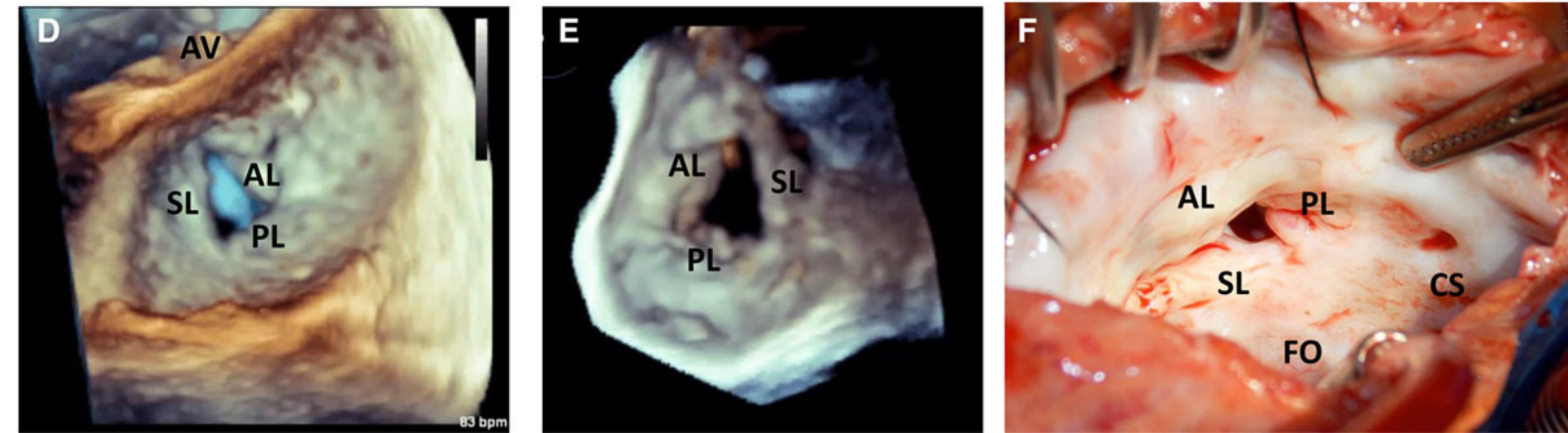
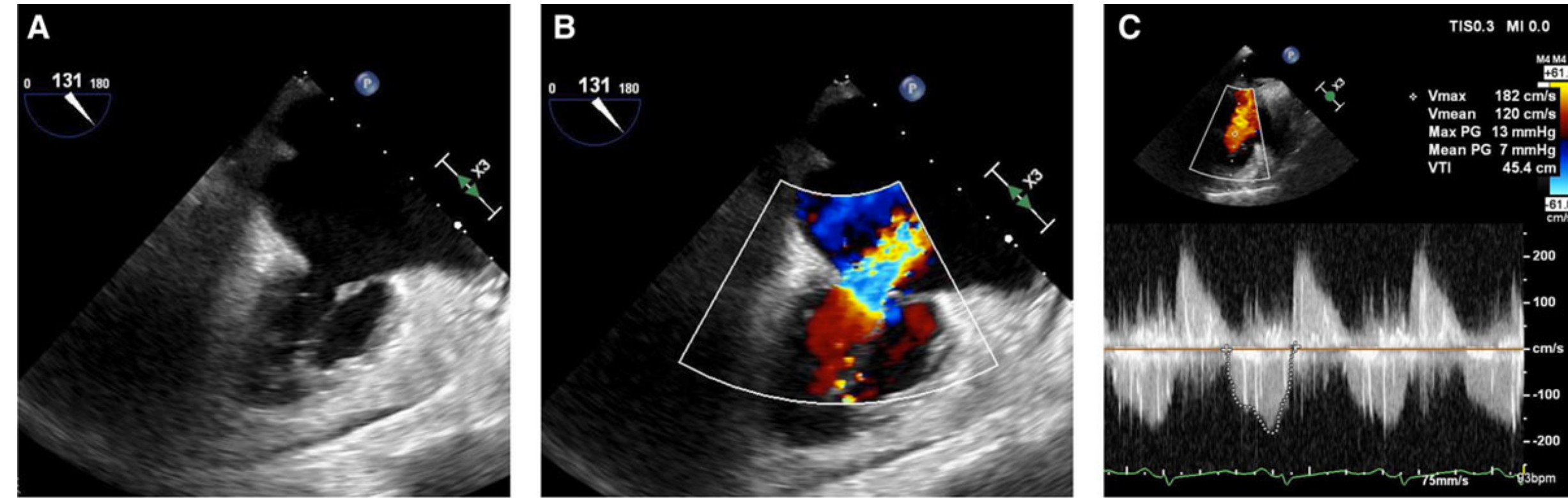


Primary TR

- Due to acquired or congenital causes

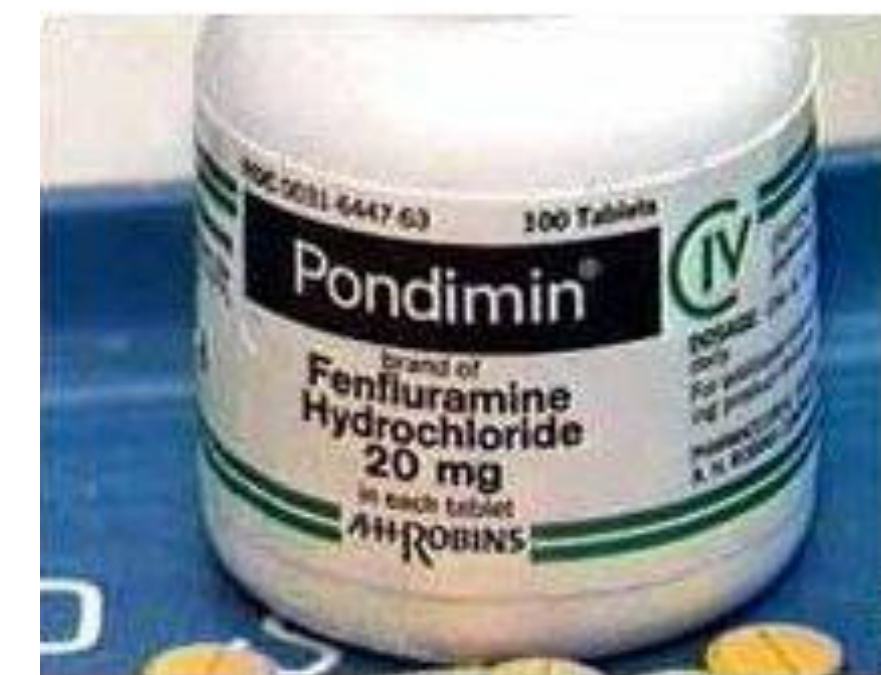
- **Tumours / Masses**

- RA Thrombus
- RA Myxoma
- Carcinoid disease



Primary TR

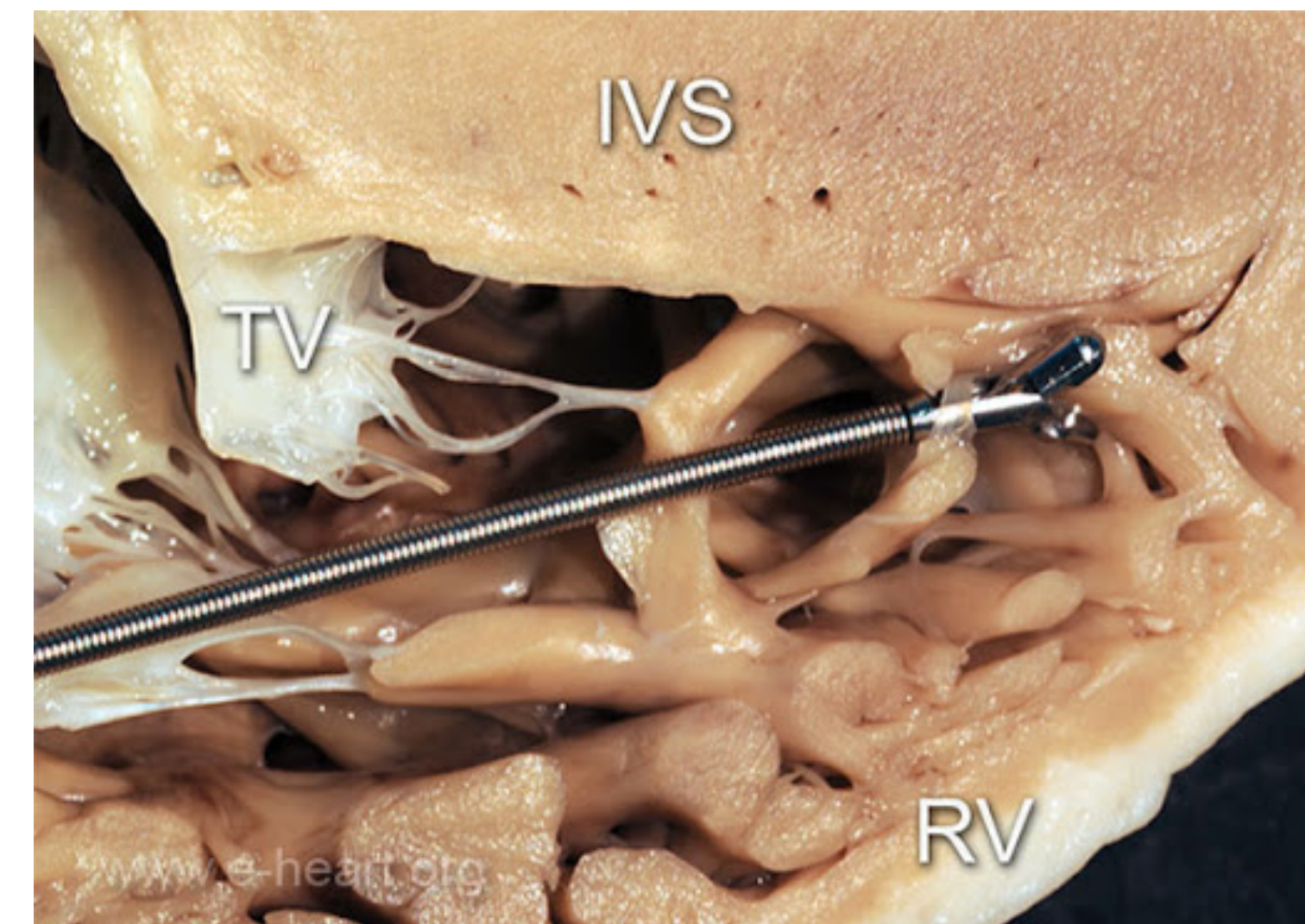
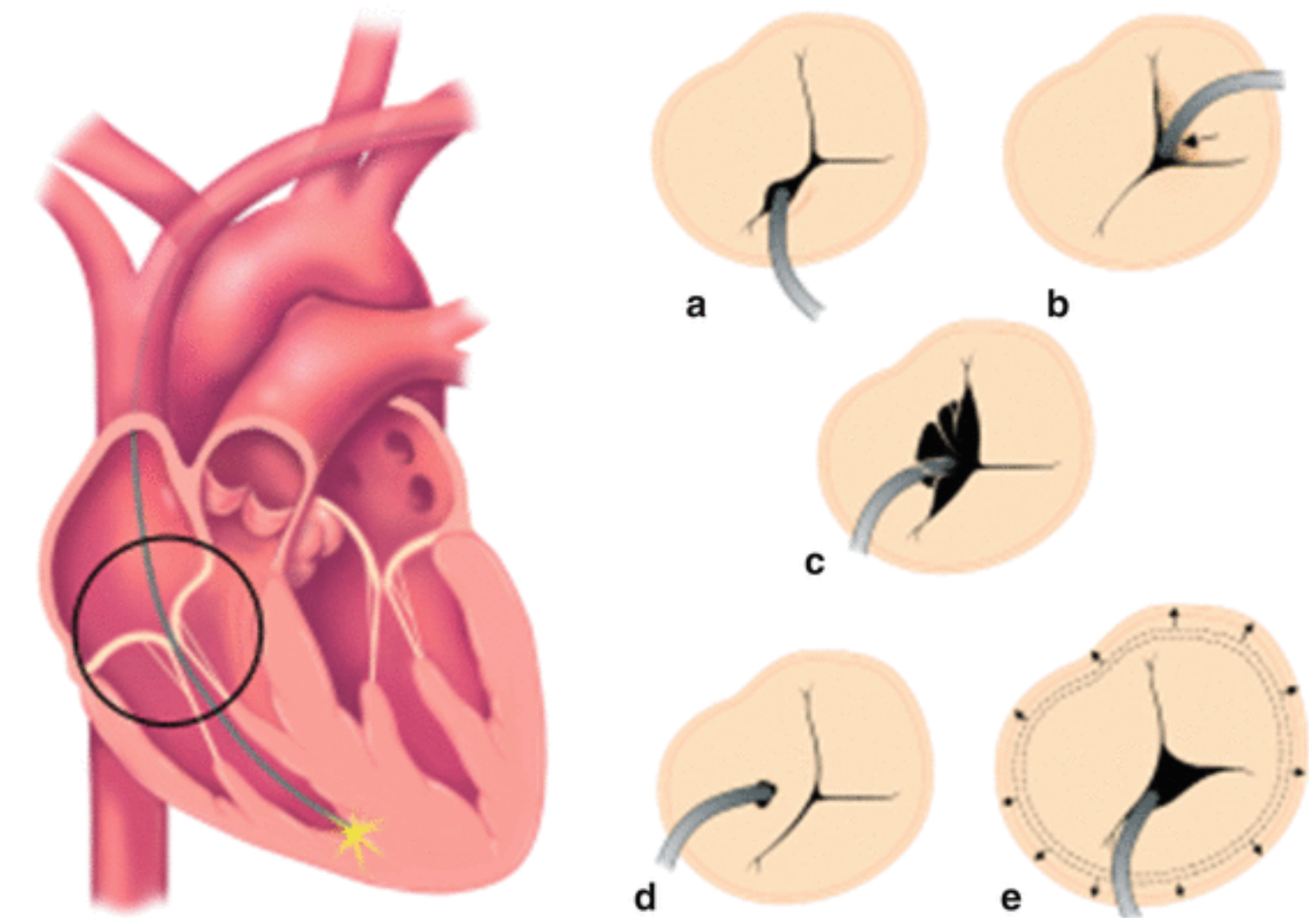
- **Drug-induced leaflet damage**
 - ergot alkaloids - migraine / tension headaches
 - dopamine agonists - prolactinomas
 - anorectic drugs - appetite suppressants
- All produce syndrome similar to carcinoid



Primary TR

- **Iatrogenic**

- Transvenous device leads
 - TR may evolve from trace → severe in nearly 40% of patients in the 18/12 following device insertion
- Central venous catheters
- Endomyocardial biopsy
- Mediastinal radiotherapy



Primary TR

- **Systemic diseases**

- Lupus

- TR = 2nd most common cardiac presentation

- Sarcoidosis

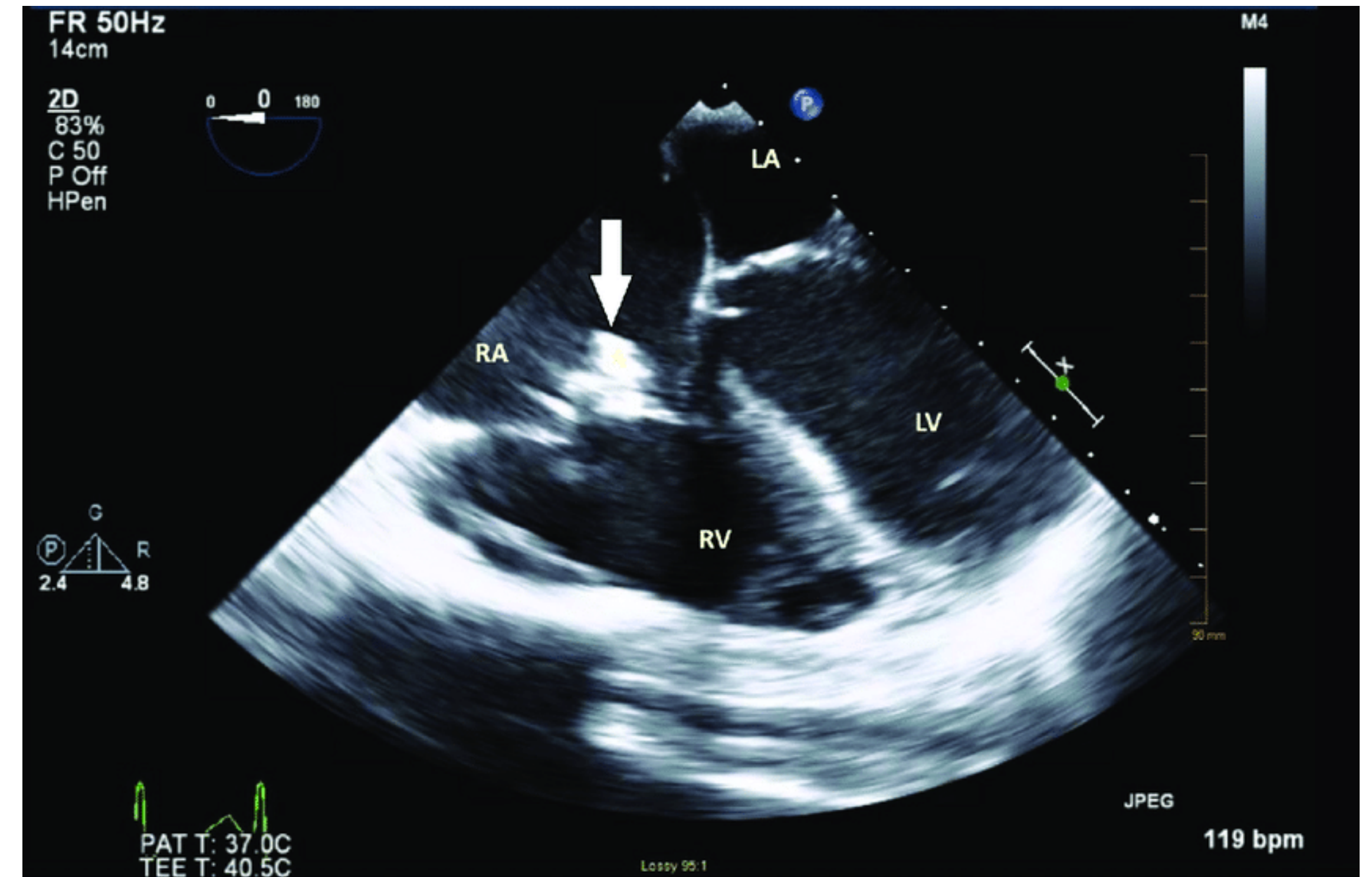
- Sarcoid granulomas may infiltrate TV



Primary TR

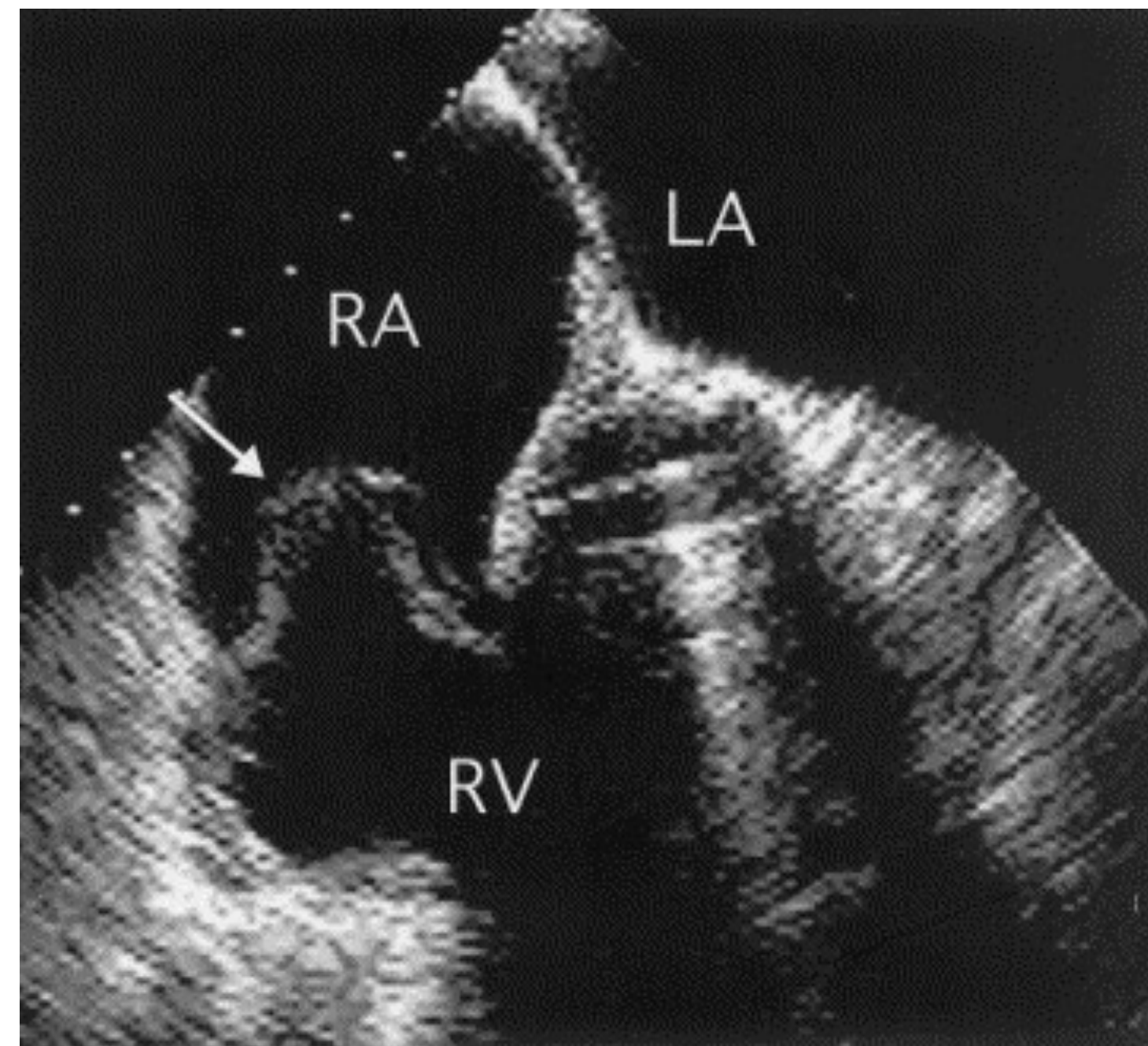
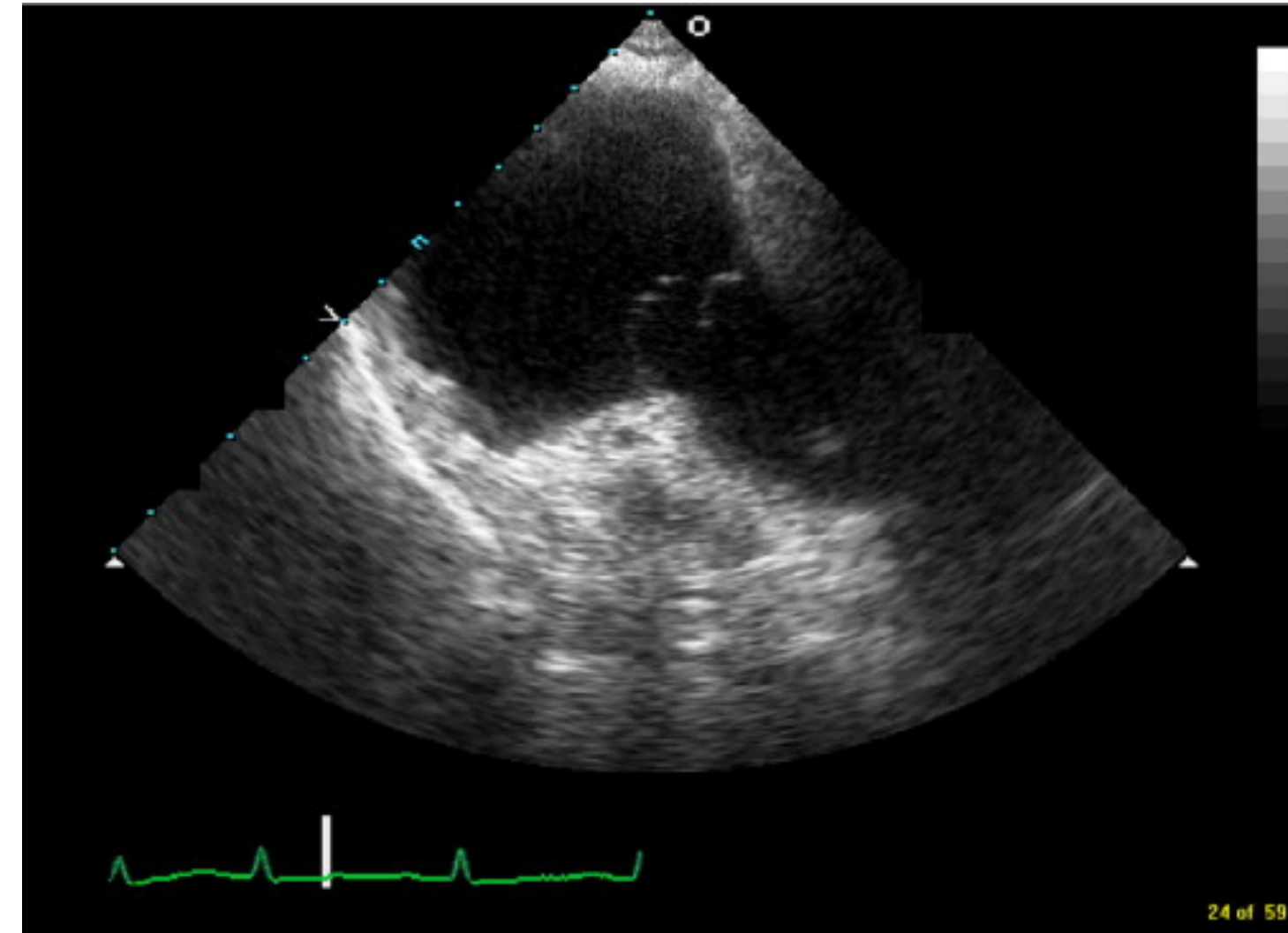
- **Infections**

- Rheumatic Fever
 - approx 8% of rheumatic heart disease
- Endocarditis
 - TVIE - up to 90% of right heart endocarditis
 - Associated with IV drug use



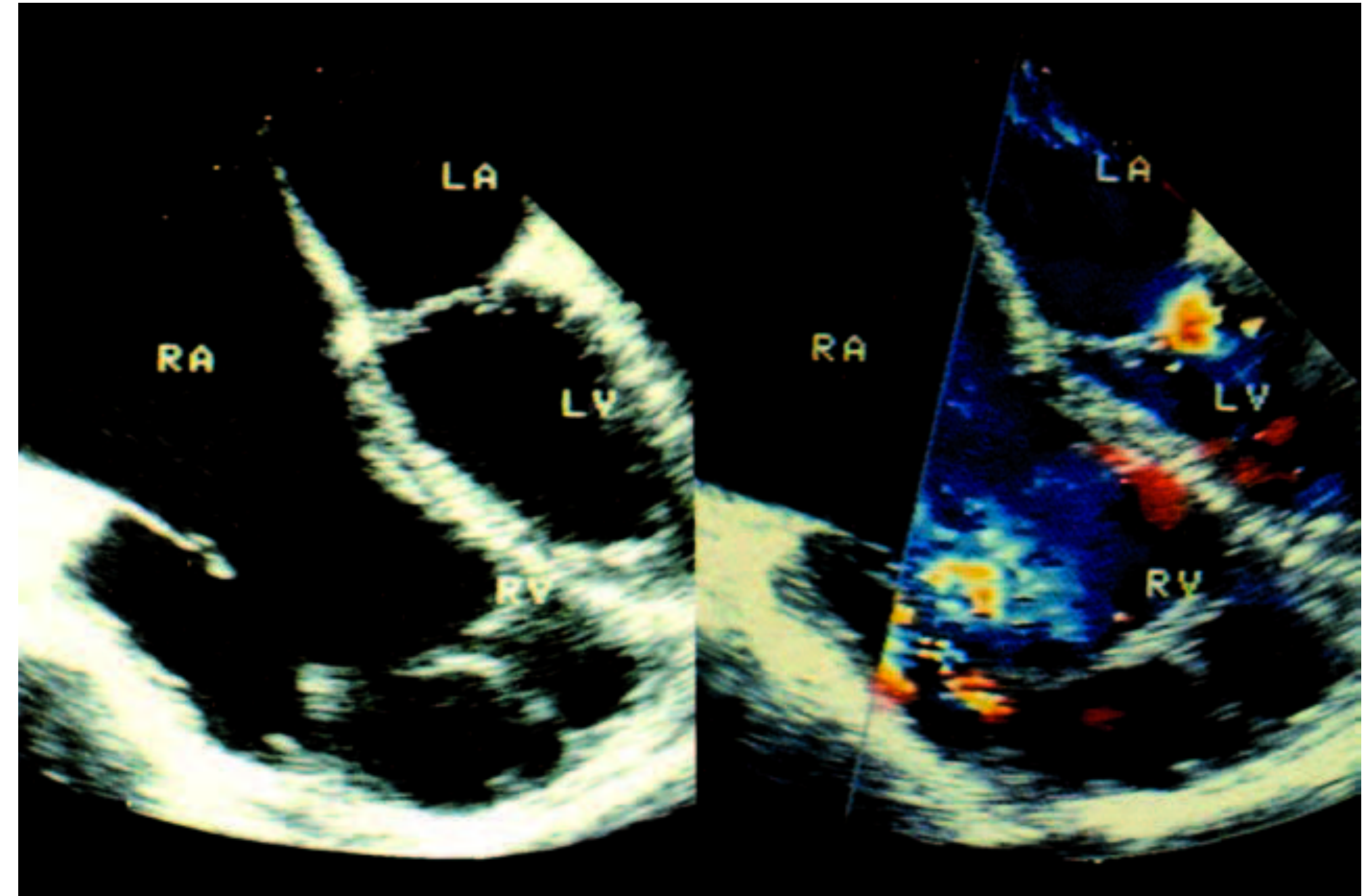
Primary TR

- **Trauma**
 - TR = most common valvular injury associated with motor vehicle collision
 - Papillary muscle rupture → TVL flail



Primary TR

- **Congenital**
 - Ebstein's anomaly
 - Tricuspid valve prolapse
 - TV dysplasia
 - More common in dogs
- Wide anatomical variation



Primary TR

Uncommon 8-10% of TR

Due to TV pathology



- **Acquired**

- Infections
- Tumours - Carcinoid, Myxoma
- Systemic disease
- Trauma

- **Iatrogenic**

- Device leads
- Central catheters
- Endomyocardial biopsy
- Drug-induced
- Radiotherapy

- **Congenital**

- Ebstein's anomaly
- TV dysplasia

Secondary TR - >90%

- **Normal TV complex anatomy**

- RV dilatation & dysfunction

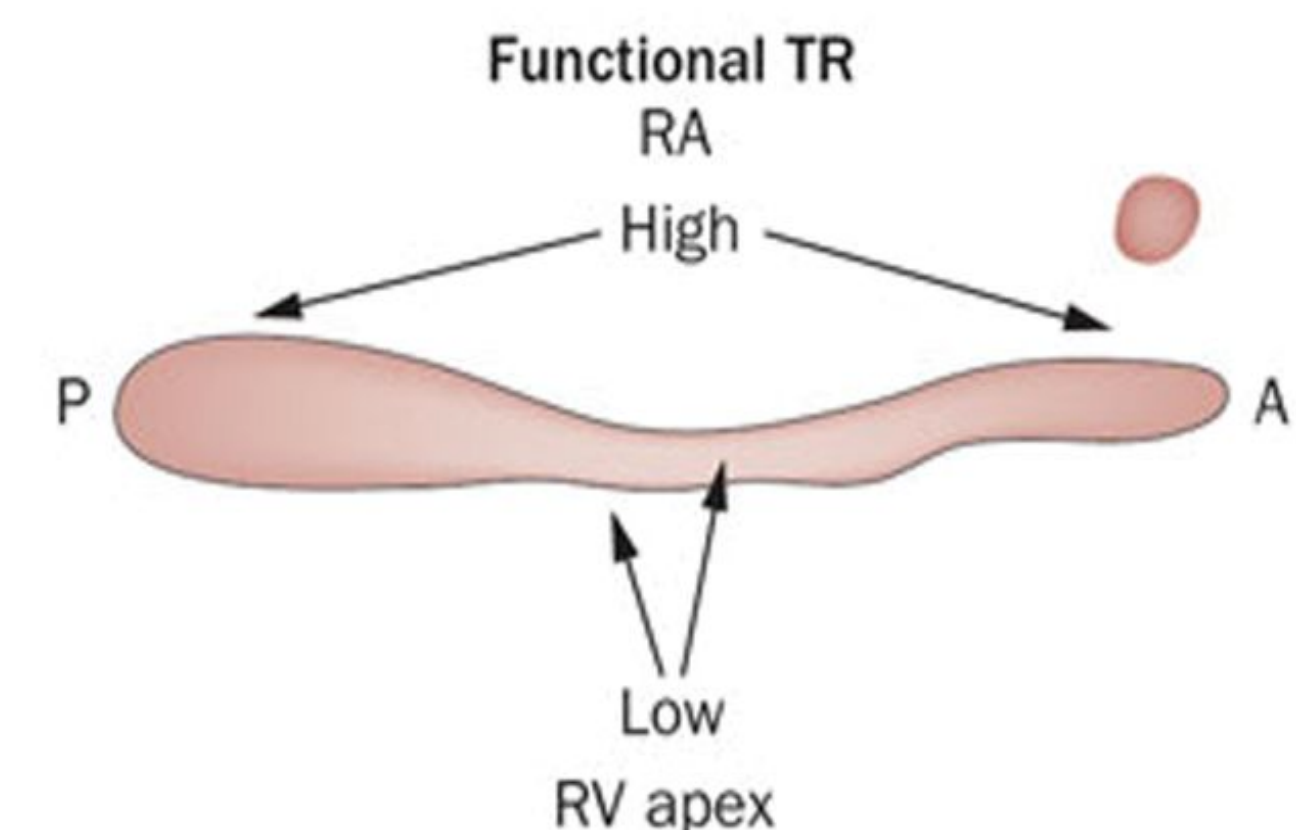
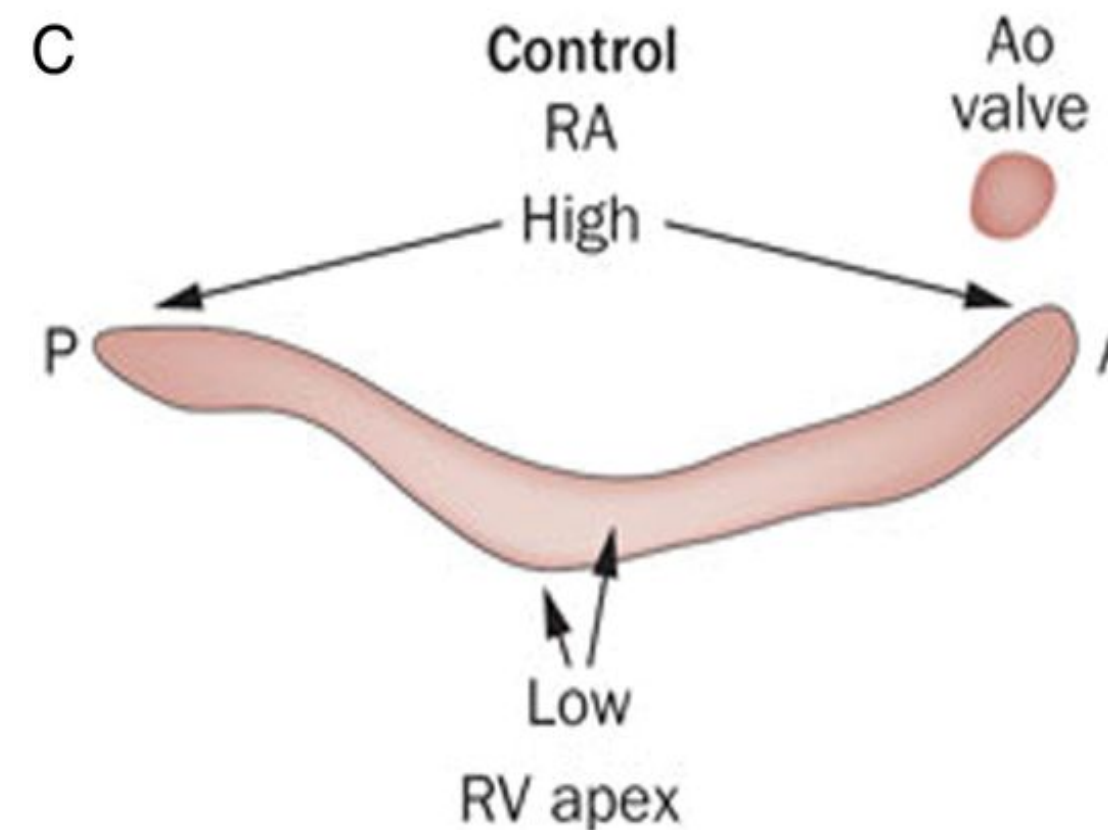
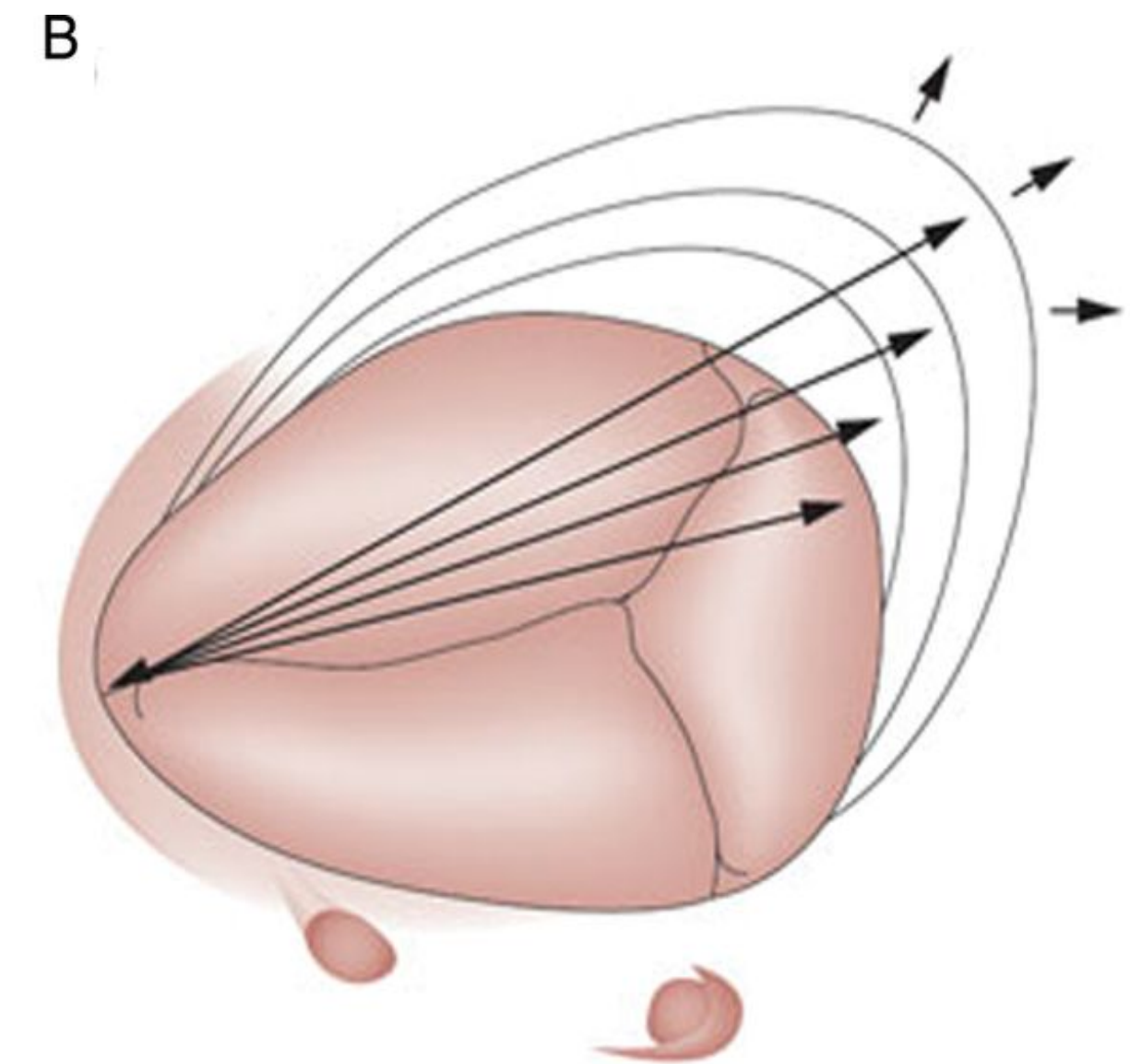
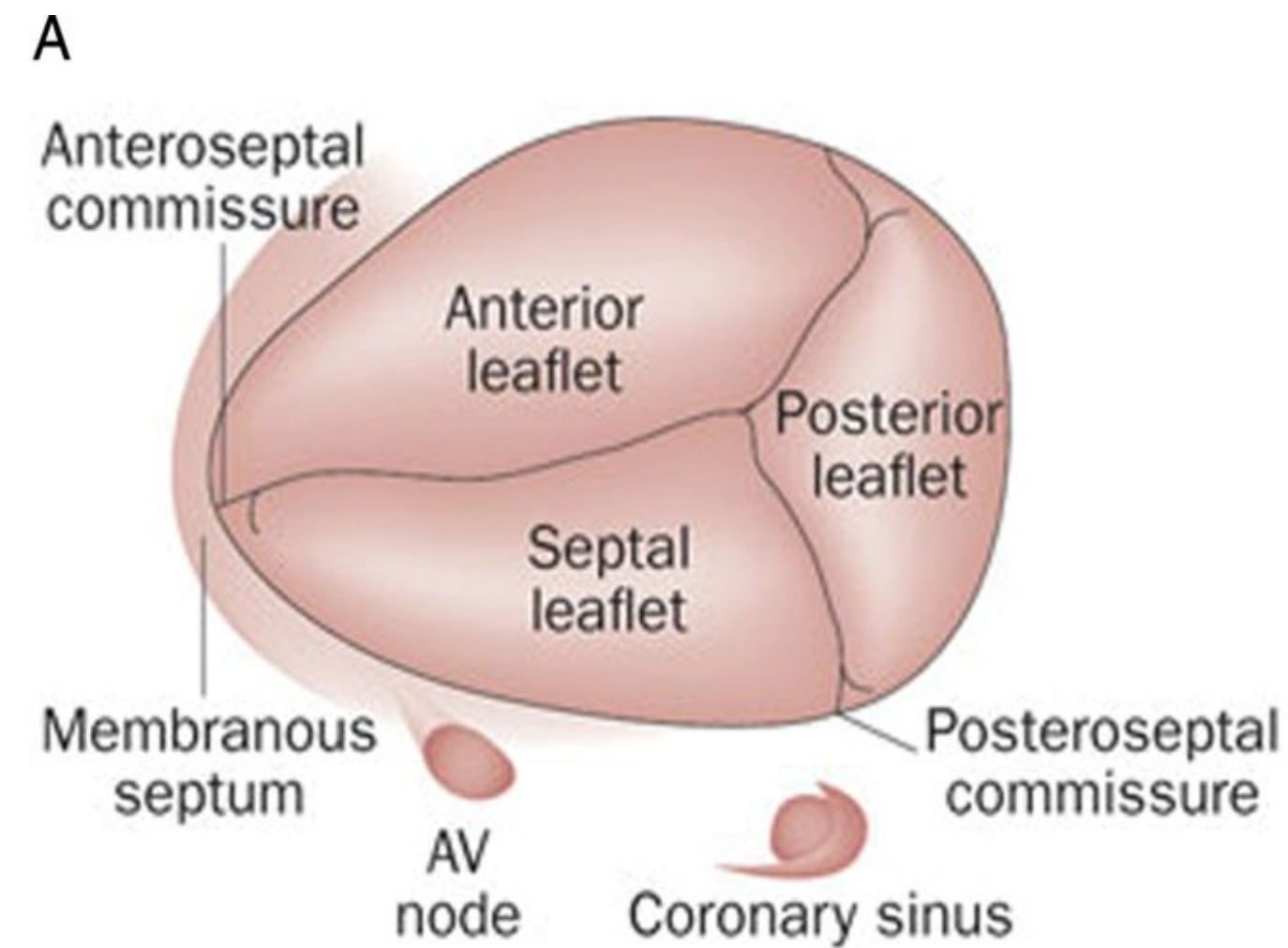
- leaflet tethering

- papillary muscle displacement

- annular dilatation

- septo-lateral direction

- coaptation defect



Secondary TR

Common >90% of TR
Normal TV morphology

- **Left-sided pathology with pulmonary hypertension**

- MV pathology
- AV pathology
- LV pathology

- **Right-sided pathology with pulmonary hypertension**

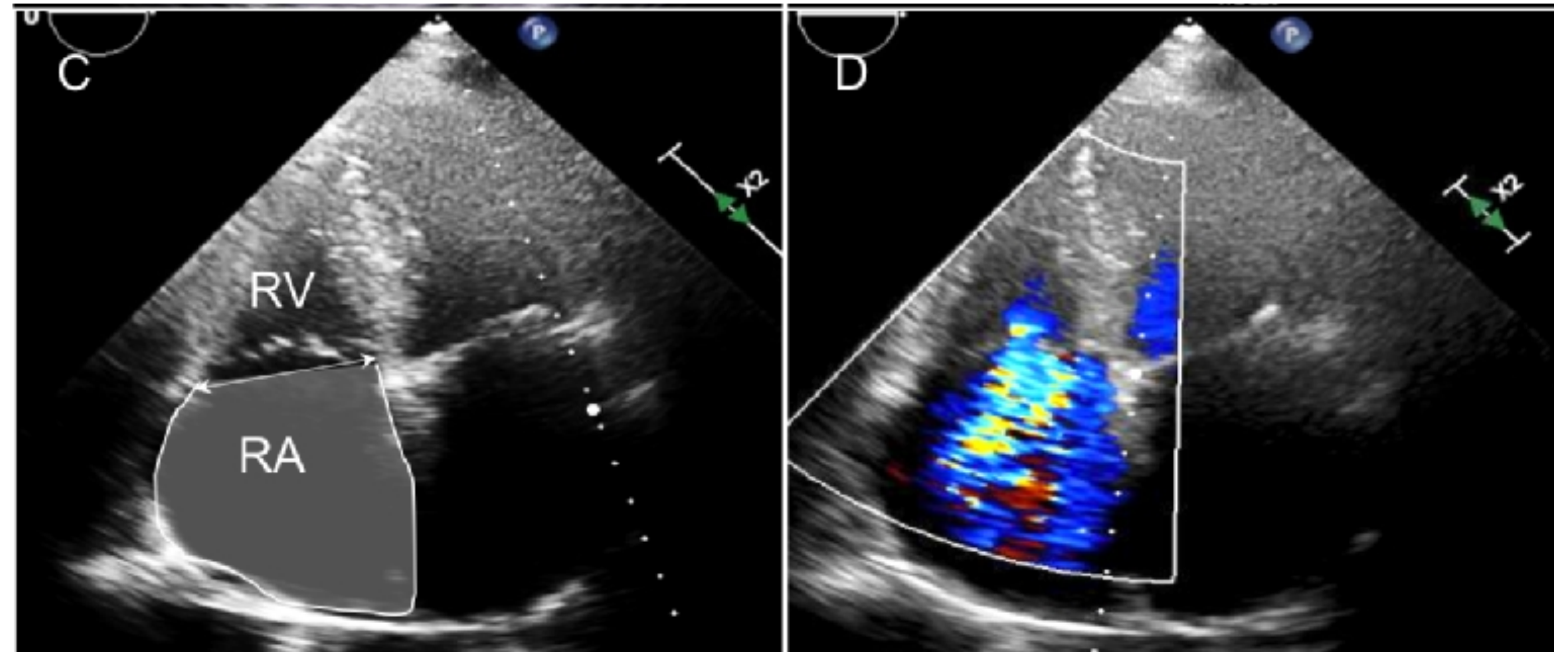
- Idiopathic PHT
- Acute or chronic lung disease
- Pulmonary embolism

- **Global or regional RV dysfunction**

- RV ischaemia
- ARVC
- Sarcoidosis (without TV infiltrates)

Isolated TR

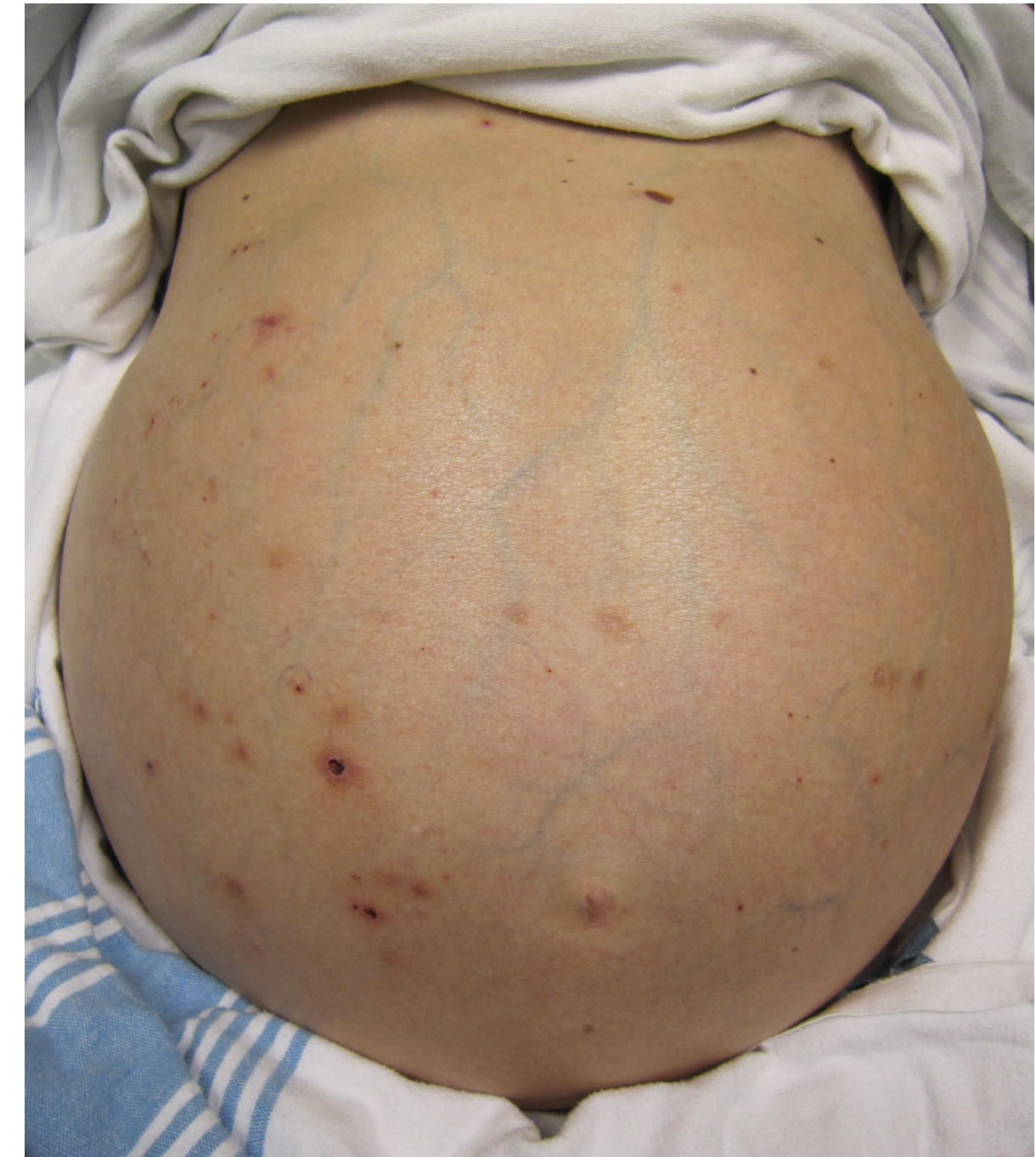
- **Normal TV complex anatomy**
 - Normal RV – no PHT or LH disease
 - Pronounced RA dilatation
 - → annular dilatation
 - → leaflet malcoaptation
 - No pronounced RV remodelling
 - Most often elderly patients with AF



TR - Consequences

- **Right heart failure**

- ascites
- Peripheral oedema
- hepatic dysfunction



- Persistent moderate to severe TR impacts functional capacity and long term survival



TV Quiz

1. What substance is deposited in cardiac tissue in Fabry disease?
 - a. Gangliosides
 - b. Glycosaminoglycans
 - c. Mucolipids
 - d. Sphingolipids
 - e. Oligosaccharides

TV Quiz

2. What % of RHD patients have clinically significant TS?

- a. 1%
- b. 5%
- c. 15%
- d. 40%
- e. 75%

TV Quiz

3. Which enzyme prevents carcinoid (gut primary) affecting left sided valves?

- a. Monamine oxidase
- b. L-amino acid decarboxylase
- c. Aminopeptidase
- d. Diamine oxidase
- e. Matrix metalloproteinase

TV Quiz

4. Which is not a recognised cause of mixed TV disease?
- a. Carcinoid
 - b. ICD lead
 - c. SLE
 - d. RA Myxoma
 - e. Ergotamine