

March 2023

Holy Innocents' Episcopal Church
Pearl & Marine Streets
Beach Haven, NJ 08008

Church Email
hichurch08008@gmail.com
Website: www.hiecbh.com
Office: 609 492 7571
Parish Office Hours
Monday thru Thursday
9:00am - 2:00pm

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THE PARISH POST



A community of faith, sharing the love of the Holy Spirit,
seeking and serving Christ in his creation.

The Parson's Place

You may remember that last year, I hosted a zoom Evening Prayer with several international colleagues. One was The Rev. Canon Jean Mweningoma of Buye, Burundi and posted the video onto our Facebook page and in an E-pistle. Soon, I will heading to Bujumbura, Burundi, Africa (March 5 after the service through Ethiopia for a couple of days and then to Burundi. While there, I will be meeting with their Divinity School, working with young-ish adults 20's to 40's in school, meeting with women's groups, presenting a workshop for the clergy of the Anglican Province of Burundi, preaching at the cathedral in Buye, and visiting some rural parishes. I will ALSO be learning about and visiting sites where the Clean Water Supply project is being developed by the local diocese. We at Holy Innocents' will be taking up an offering and I will be selling a few framed photographs of the church that I've taken over the past couple of years to raise funds for their efforts there. *Caroline+*

Description of the Project of Clean Water for Rural Communities in the Diocese of Buye,

Burundi is endowed with water springs that are located on the bottom of various hills. This water is coming out from the phreatic zone, and it is normally recognized as safe drinking

water by the water department. However, the water gets contaminated while out from underground by the surface water and erosion. Most of the existing springs where people fetch water from are in very critical conditions. The springs are shared with both people and animals (cows and goats) and worstly, they are welcoming more liquid and solid wastes from hills and households through erosion, for they are not protected. Moreover, water contamination occurs when people are fetching because they fetch while stepping in it.

Consequently, many people remain unhealthy because of drinking unclean water. This poor health is characterised by waterborne diseases such as diarrhoea, worms, dysentery, cholera. There are many water springs that need protection. In the sole county of Mwumba the water department have reported 38 in need. The estimate population that draws water from each spring is 500 people. The diocese of Buye, which covers the districts of Ngozi, Kirundo, Kayanza, and a part of Muyinga in the North of Burundi, is committed to protect some of the existing natural water springs so as the population in rural areas may access clean water to drink and for household use. Through Clean Water project, the Diocese of Buye expects to see improvement of people's health and all the benefits

The Parson's Place continued...

that good health entails. To implement the project, we use skilled people in water spring construction who are available in each county while the local population participate by doing the non-technical activities and collecting some local materials such as clay and wood needed for the work. The external support that we are looking for will be used for the procurement of construction materials, paying technical labour, and project monitoring. To protect one water spring, we need about USD 1,500. The Diocese of Buye is ready to protect as many springs as possible if we are able to raise funds to do the work. Bless you for any help you may give. Every bit counts!

Be blessed,

The Rev. Canon Jean Mweningoma, MDiv.

Canon of The Anglican Cathedral in Buye, Burundi



HOLY WEEK & EASTER SERVICES

Maundy Thursday - 6:00 PM, April 6

Good Friday - 12:00 PM, April 7

Great Vigil of Easter, 7:29 PM (the minute after sunset), April 8. This is a candlelit service beginning with the new holy fire in our Memorial Garden and processing in with the Paschal candle, weather permitting.

Easter Sunday, 9:30 AM April 9, followed by **EGG HUNT** and reception outside, weather permitting!



FLOWERS FOR EASTER

If you would like to memorialize loved ones with a donation toward Easter Flowers, kindly mail your donation to the church office, place it in the Sunday collection plate or the put in the drop box outside the office. Forms will be available in the Sunday bulletins beginning **Sunday, March 12th**. Make sure the donor and recipient names are **clearly written** and please note **“Flower Guild-Easter”** in the check memo. **All donations must be in the office by Tuesday, April 4th.**

From Our Minister of Music

We are looking for new choir members, especially basses!

Maybe you're interested, but can't commit to every Wednesday rehearsal, and every Sunday service – that's okay! Maybe you'd just like to sing for Holy Week & Easter- that's Okay, too! We are very flexible, and mostly just love to raise our best singing voices in praise.

We have recently moved our rehearsal time to Wednesdays 10:30am-12noon.

Please contact me if you're interested!

Ellen Dondero, Minister of Music
ejdondero@comcast.net

Save the Date for Spring Concerts

March 11, 4pm Nocturnes Big Band

April 1, 4pm Capital Singers of Trenton Chorale

***Toward the Unknown Region*, with guest soloist Daniel Rich, Baritone**

June 4, 4pm Capital Singers of Trenton Women's Ensemble

In Meeting We are Blessed



Environmental Education and Advocacy Committee



The Environmental Education and Advocacy Committee will lead a birding trip to Barnegat Light State Park and the Barnegat Bay just south of the inlet on Friday, March 3, 10:30-12:30, with an optional lunch at Kubels at 12:30.

We expect to see many sea ducks and other waterfowl which are unique to this area during the colder winter months. Many of these ducks and some shorebirds have brilliant color patterns, and dive to find small fish and other small ocean creatures to eat. We hope to see Harlequin ducks which migrate to our inlet jetty

from their summer breeding grounds along the northern most Canadian coasts, as well as several species of Scoters, and Red-throated loons, Red-breasted mergansers, Long-tailed ducks, Purple sandpipers, Rudy turnstones, Buffleheads, Cormorants, various gull species, and many others. An introduction to this trip will be presented at coffee hour, on Sunday, February 26. Bundle-up, wear winter outdoor shoes or boots; expect to walk along the concrete jetty walkway, and optionally, along the beach. Expect to be outside for over an hour. We will then drive from the State Park to the bay area near Kubel's and to a third bay viewing area to observe the winter bay ducks. Bring your binoculars for this fun fill morning. Rest rooms are open at the State Park. Registration suggested by calling the Parish Office, 609.492.7571, or with Mary Jane Mannherz, Barbara Bishop or Rob Meyer by March 1, 2023.

Submitted by: Mary Jane Mannherz



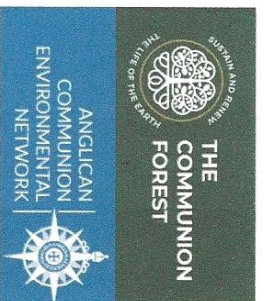
Green Anglican
Anglican Church of Southern Africa Environmental Network

202



THE YEAR OF THE TREE

On each side of the river stood the tree of life, bearing twelve crops of fruit, yielding its fruit every month. And the leaves of the tree are for the healing of the nations. **Revelation 22:2**



M T W T F S S

Use Ecosia search engine (www.ecosia.org)
 to find what you looking for, Plant trees while you search the web. We use the profit we make from your searches to plant trees where they are needed most.

22 FEBRUARY
ASH WEDNESDAY
 Ashes are made from burnt palm leaves. Today we confess to our use and abuse of living trees.

FOREST COVER
 Learn about loss of forest cover
bit.ly/forestcover2023

23 WHAT HAPPENED TO THE FOREST?
 Learn about the causes of deforestation
bit.ly/Deforestation_Lent2023

24 WHERE HAS THE AIR GONE?
 Learn about the impacts of deforestation
bit.ly/Deforestation2_Lent2023

25 BIBLE SCRIPTURE
 Deuteronomy 20:19.

26

27 PRINT WISELY – Print double sided or two to a page.

28 SAVE FOR ANOTHER DAY – Save used paper e.g. for Sunday school/ children's colouring or for notetaking

1 MARCH
NO MORE PLASTIC BAGS – Line your bins with old newspaper or a paper bag

SAY NO TO PAPER
 Aim for paperless meetings/events

2 RECYCLE!! – Make sure your office/school/ church etc has a recycling bin.

3 DISTRIBUTE ONLINE
 Church: Send bulletins, minutes, service sheets electronically?

4 BIBLE SCRIPTURE
 Psalms 74:5

5

6 SEE THE VISION – Find out about the Anglican Communion Forest & join the social media www.comunionforest.org/

7 GROW FRUIT TREES
 Save fruit pips/seeds for planting

8 WHAT CAN I GROW?
 Learn about the indigenous trees in your area

9 BECOME A TREE PLANTER – Plan the year ahead to plant indigenous trees for birthdays, anniversaries

10 TREE PLANTING 101
 Learn about the best way to plant a tree
<https://www.wikihow.com/Plant-a-Tree>

11 CELEBRATORY TREES
 Does your church have trees for confirmation, baptism, funerals etc?

12 BIBLE SCRIPTURE
 Ezekiel 17:5

13

13 ECO-SYSTEM RESTORATION – Learn about eco-systems and why they need to be restored
bit.ly/eco-restore-lent2023

14 START YOUR OWN COMPOST – mix torn up paper, food waste and garden waste.

15 INVASIVE PLANTS
 Learn about invasive plants in your area and commit to pulling some out!

16 BEES, BEES, BEES
 Learn about bees and pollinators and their importance
bit.ly/Pollinators_Lent2023

17 TASTY FOOD – Find out about one indigenous food that you have never tried, buy it and eat it!

18 THE CHURCH GARDEN
 Do you have indigenous plants in your church garden?

19 BIBLE SCRIPTURE
 Job 14:7-9

20

20 LOVING CREATION
 Hug your favourite tree and upload on social media #2023tree

21 'TEACH ONE TEACH ONE DAY' – Share with someone what you have learned about trees

22 HEALING THE NATION
 Plan to grow a medicinal plant
bit.ly/Med-Plants-lent2023

23 THE OUTDOORS
 Organise a walk/hike in your closest forest or garden/park.

24 EMBRACE THE SHADE
 Do your prayers or have lunch under a tree.

25 TREE ADVOCACY
 Start talking to people about planting trees at your church.

26 BIBLE SCRIPTURE
 Isaiah 60:13

27

27 TREES ARE FUN
 Share a fun fact/ picture about your favourite tree

28 OUR HISTORY
 Learn about extinct trees in your area

29 BIG, BIGGER, BIGGEST
 Share pictures of the world's biggest trees.

30 FEELING TROPICAL?
 Learn about Palm trees and consider growing one.

31 TESTIMONY TIME
 Share your Lent Journey

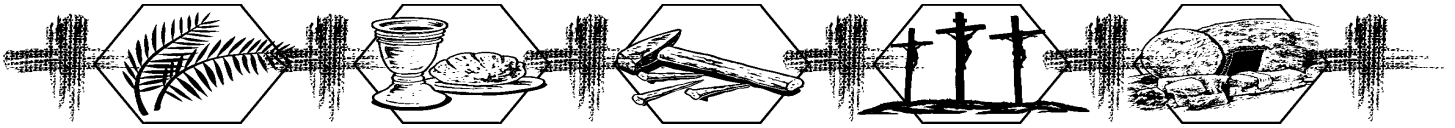
1 APRIL THANKSGIVING
 Give thanks for the trees that provide our palm crosses.

2 PALM SUNDAY
 John 12:13

3

March Birthdays

Mary Jane Mannherz	02	Howard Dumhart	17
Chris Harris	05	Patricia August	17
Lori Anderson	06	Margaret Aftanis	18
Gail Jacobsen	07	Christine Cathcart	19
Linda Hillman	08	Ethan Romanowski	19
Judy Contreras	09	Susan Johnson	21
Diane Carter	10	James F. Bishop	21
Charles Sullivan	10	Erin Davis Horleman	22
Kingston Sparks	11	Joyce Hillyer	26
Heidi Ferringo	15	Thomas Horleman	28
Francis Kleber, III	15	Nancy Davis	30
Sally Potts	16		



WE LOVE OUR VOLUNTEERS!

The following parishioners have graciously volunteered to assist with our worship and/or have donated either candles or flowers for the altar for the month of **March**.

MARCH ALTAR DONATIONS

5th -
12th -
19th -
26th -

MARCH FLOWER GUILD

5th - No flowers during Lent
12th - No flowers during Lent
19th - No flowers during Lent
26th - No flowers during Lent

MARCH ALTAR GUILD

5th - Carol Hammond, Chris Burlaga
12th - Melissa Wall, Diane Entrikin
19th - Jackie Sparks, Chris Burlaga
26th - Jeanne Cashel, Diane Entrikin

MARCH USHERS & GREETERS

5th - Kay DeCicco, Mike DeCicco
12th - Bob Weidman, Leila Sullivan
19th - Melissa Wall, Sue Hughes
26th - Bill Cowper, Mike Fahner

Dear God,
**THE NEXT 40 DAYS, DON'T LET ME FOCUS ON SOMETHING I'M GIVING UP.
 LET ME FOCUS ON SOMEONE WHO GAVE IT ALL UP FOR ME.
 RENEW MY MIND & DRAW ME BACK TO MY FIRST LOVE.
 PREPARE MY HEART FOR EASTER, FOR YOUR SACRIFICE,
 FOR YOUR RESURRECTION! AMEN**

**If you are able to volunteer as an usher at anytime during the upcoming months
 please contact Rob Meyer at 609 618-3914 or rmeyer1394@aol.com**

Parish Prayer List March

If you need to add or delete a name, please contact Lisa Halpin, our Parish Administrator

Charles Bishop
Judy Contreras
Joni
Lovas Family
Pat Pritchard
Rebecca
Charles Sullivan
Nancy & Gary Acker
Linda G.
Judy Boies
Barbara
Dave Elfreth
Louise Muth
Elliott
Jan
Bill Todd

Kevin B. Campbell
Mary Ann Crewdson
Gollihur Family
Ollie
Rhonda Pritchard
Chloe Snyder
Ann White
Wayne Kotter
Amie
Dennis
Jo-Anne
Karen Grossman
Rudy Schuhlen
Faye
Karen & DJ
Ron & Kenny

Joan Connolly
Faith
Kevin
Peggy
Debbie & Joe Reising
Lara Sparks Deitz
Jane Enos
Eileen Mitchell
Gina M.
Karen Maxwell
The Sundararaj Family
Rick Johnson
Kuchera Family
Adam Houser
Marie R.

Those serving in the military and other dangerous professions:

Paul Bailey, Justin A. Dumhart, Joseph Alexander, Danny Melega, Andrew Wall, Brandan White

HOLY INNOCENTS' LENTEN SERIES DATES

- 2 - At the Rectory, Led by Mtr. C
- 9 - At Barbara Bishop's house - Leader from attendees
- 16 - At Floss Boulden's house - Leader from attendees
- 23 - At Suzette Whiting's house - Led by Mtr. C
- 30 - At Melissa Wall's house - Led by Mtr. Caroline

HOST ADDRESSES

Rectory - 410 S. Atlantic Avenue, Beach Haven

Barbara Bishop – 1301 Ocean Ave., Ship Bottom

Floss Boulden - 33 West Ohio Ave., The Dunes, Long Beach Twp.

Suzette Whiting - 104 E. 21st Street, N. Beach Haven / Spray Beach

Melissa Wall - 17 East Cape Cod Lane, Peahala Park

HOSTS

Hosts will be providing soup, salad, bread, crackers or pita, and something to drink.

FORMAT

NOONDAY PRAYER from the Book of Common Prayer.

Soup & Salad lunch

Study Session and Discussion

MATERIAL

I will be using materials from Episcopal Relief & Development, and the new trial of Dio NJ Resettlement task force study.

IN-PERSON

For ease and to avoid complications when Mtr. C is not present, these sessions will likely not be broadcast.





In the Spotlight

Parishioner Spotlight is a regular feature in The Post. The purpose is to provide insights into the background and personalities of our fabulous parishioners! We hope you enjoy getting to know the people of Holy Innocents'!

March Parishioner Spotlight ~ Kingston Sparks

It was in Collingswood New Jersey, 1941, that my arrival would happen at a private home, assisted by a midwife. Growing up here meant walking to school probably like so many of you. How far? Well the more times I mention, it the longer the walk became. I'll stick with a half mile and not flinch. My first introduction to church happened during these early years, not necessarily because of my parents, who never set foot in one after their marriage. It was the Methodist Church on Friday nights that would welcome children for juice, movies, and storytelling. Singing was a big part and many the time we shook the rafters with *Onward Christian Soldiers*.

Collingswood as it happens was only one hour from LBI. A typical summer Saturday then would have the car packed and we would be on the Inlet beach by early afternoon, surf poles at the ready. Back then, no permits were needed for campfires, let alone sleeping overnight, which we did. Well, the "hook" had been set as far as LBI was concerned and when I was eight (around 1948), we moved to the inlet area or what is known as Holgate. Two years later dad had the chance to buy a luncheonette in Beach Haven Gardens from the carpenter he was working for--welcome to Howard's.

It was 1950 now, and yours truly was a second grader at the Beach Haven School. LBI was growing and two years later the Ship Bottom school opened for township residents. It was an exciting time to be a pre-teen. Probably the most memorable would be my dad's involvement with what was called pound boats. These were open boats about 30 ft long that would be moved off the beach into the surf via pulleys and a tractor. They then would motor out to a series of nets called, of course, pound nets. The location would have been at the site of the current G. Anderson Agency.

Some days, at dawn, I would ride my bike just to watch them and the other men launch from the beach and then head home. In the meantime, mom would be getting Howard's ready to open for breakfast and, after checking in, I would be heading to the school bus stop.

Southern Regional High School opened in 1957, and I would be part of the second class to graduate. From there it was off to college (encouraged by my parents as a first-generation college attendee, I went to both Roanoke College in VA and Bucknell University), with a break along the way to spend active duty in the Marine Corps Reserves, then finishing with a degree in math from Roanoke College. Jackie Crewdson and I had been dating now for some time and, in the spring of 1966, we married in the old Holy Innocents' Church. One of the pictures is of us at our wedding. The plan now was teaching math at Southern Regional during the school part of the year and working at Howard's in summers. However, my father had recently died, and we quickly realized it would not be possible to do both--thus the career choice was Howard's.

Jackie and I have three children. Kim, our first, is active here at Holy Innocents' and is a special education teacher in the Pleasantville, NJ, school system. Our son Kevin now owns Howard's and keeps me on as his office manager. He has two children, Zoe and Ben. Our youngest daughter, Kelly, is also a teacher. She and her husband Rob Fusco live in Robbinsville, NJ, with their two children, Francesca and Melina. One of the pictures in the collage is of me with my daughter, Kim, at the 2023 Annual meeting.

Continued on next page....

Parishioner Spotlight Continued...

In reflecting on Holy Innocents', I love the size of the congregation. Yes, I know we need more, but there's something about knowing virtually every member. In particular, during my time here, there have been five priests. The first, Father Reed, who married Jackie and me in the old church, was followed closely by Father Martin. These two men were responsible for me not just attending church but being part of it. Some of you might remember Father Muller, whose son was in the same age bracket as my kids. Back then, Father Don, myself, and children of Holy Innocents' were able to make some fun ski trips together. These were all tough acts to follow, but Father Frank was up to the challenge. With a gifted intellect, his Bible study classes and his sermons were the best. Mother Caroline brings a new era and a new type of priest to the church. Her enthusiasm abounds and, credit to her, new faces in the congregation. I have had the privilege to serve on the Vestry, Finance Committee, and as Treasurer—plus flipping a few pancakes during the pancake suppers.

Most of my travel has related to skiing. Jackie's best friend through high school and beyond opened a ski shop in Florida and started a ski club in Sarasota some years ago. Jackie and I joined the ski club and started going on ski trips with the "Sarasota Ski Club." Off we went to Utah and Colorado, then later to Norway, France, Italy, Japan, north Africa, and Spain, always to ski and sightsee. Our last trip was to Quebec about six years ago, as age was telling me it might be time to hang up the skis. Things heal much slower now. You can see a picture of Jackie and me on a ski trip in about 1997.

However, one of the few non-skiing trips we did was the pilgrimage to Israel in 2012 with Father Frank and our group from Holy Innocents'. If any of you have a bucket list, put this one on it. Of all Jackie's and my trips, this was without a doubt the best.

I play tennis singles for the exercise. I have played with the same man for 40 years. I beat him sometimes.

Some people wonder how I got the nickname "King." It's pretty obvious it is from my name, Kingston, but there is some history to it. My grandmother's maiden name was Kingston (Hazel Kingston). Her son (my mother's brother, who was to die at a very young age) was then named Kingston. Consequently, when I was born, I was named Kingston in his memory. I was called Kingy all through grade school. Eventually, I was called King, the name that has been with me since then.

Pictures in the first set are from my past, both with Jackie. The second set shows pictures from church functions and around Holy Innocents'.



Kitchen Renovation!!

Rich and I are relaxing in the sunny, warm (I hope) Caribbean so I'm writing this a few days early but will tell you what has happened thus far and what I suspect will happen shortly while we're away.

Work continues on packing up the kitchen and my hope is that we will be finished very shortly after our Pancake Supper...so finished by the time you're reading this?? Demolition is scheduled to begin on March 6th under the watchful eyes of Larry & Pat Peacock. I'm hopeful that all the old cabinetry will be gone by the time I return on March 10th!

Other areas off Martin Hall continue to be packed up. Rich C. and Larry P. removed the library shelving so the new flooring can be put down...shelves will be going back up. Chalk & cork boards have been removed (library/nursery). The round table and children's chairs have been donated to a school & church.

We are not forgetting the most used room off the hall...the Choir Room. The area of that room that houses the choir robes will get a do-over and file cabinets moved around to allow more changing area plus a coat of paint for our cherished choir & Ellen!

We have chosen our counter tops, appliances (stoves, refrigerator,) and a new back kitchen door. Our dishwashers and microwave are already here and sitting in the Peacock's garage. We are still looking at back-splashes, faucets...all while doing a pretty good job of staying close to budget! We're hoping to keep to the following schedule:

Now – March 2nd ~ Kitchen emptied

March 6th – March 25th ~ Kitchen demo, electrical, plumbing, walls, replaced, etc.

Now – March 25th ~ Martin Hall/rooms emptied ~ *Strong backs and trucks needed*

March 27th – April 19th ~ All tile flooring removed, replaced, waxed

April 29th – May 6th ~ Set up Martin Hall/rooms

Our heartfelt gratitude to those whom have contributed to our renovation!!

We are still in need of financial donations if you can do so, please help!

Our total pledges/donations stand at \$111,324.00!

PLEASE...any questions or concerns ask me or Larry Peacock.

Jeanne Cashel, Committee Head

jcashel@comcast.net ~ 609-276-7710



As our garden's new season arrives a new gardener comes with it.

Eastbound LLC of West Creek has been approved to replace Brown & Quattrocchi Landscape Group. Please visit their website Eastboundllc.com.

I am looking forward to our garden being maintained at an increasing level of beauty as is always our mission.

Your input is welcome, Rich Cashel richcashel@comcast.net



MARCH 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:30-12:00pm Choir Rehearsal	2 12:30pm <i>Lenten Series @ Rectory led by Mtr. Caroline</i> 9pm Compline (FB)	3 <i>Parish Office Closed</i> 10:30-12:30 PM Birding Trip (Lunch @ Kubels) 6pm Stations of the Cross (FB)	4 239th Diocesan Convention (Trenton & YouTube)
5 <i>The Second Sunday in Lent</i> 9:30am Holy Eucharist Chapel Coffee	6 9am MP (FB) <i>Mtr. Caroline away</i>	7	8 10:30-12:00pm Choir Rehearsal	9 12:30 pm <i>Lenten Series @ Barbara Bishop's house</i> 9pm Compline (FB)	10 <i>Parish Office Closed</i> 6pm Stations of the Cross (FB)	11
12 <i>The Third Sunday in Lent</i> 9:30am Holy Eucharist Chapel Coffee DAYLIGHT SAVING TIME  BEGINS	13 9am MP (FB)	14	15 10:30-12:00pm Choir Rehearsal	16 12:30 pm <i>Lenten Series @ Floss Boulden's house</i> 9pm Compline (FB)	17 <i>Parish Office Closed</i>  6pm Stations of the Cross (FB)	18 <i>Mtr. Caroline returns</i>
19 <i>The Fourth Sunday in Lent</i> 9:30am Holy Eucharist Chapel Coffee 6:30pm Vestry Meeting (Zoom only)	20 9am MP (FB) 	21 6:00pm EP (FB)	22 10:30-12:00pm Choir Rehearsal	23 12:30 pm <i>Lenten Series @ Suzette Whiting's house led by Mtr. Caroline</i> 9pm Compline (FB)	24 <i>Parish Office Closed</i> 6pm Stations of the Cross (FB)	25
26 <i>The Fifth Sunday in Lent</i> 9:30am Holy Eucharist Chapel Coffee	27 9am MP (FB)	28 6:00m EP (FB)	29 10:30-12:00pm Choir Rehearsal	30 12:30 pm <i>Lenten Series @ Melissa Wall's house led by Mtr. Caroline</i> 9pm Compline (FB)	31 <i>Parish Office Closed</i> 6pm Stations of the Cross (FB)	

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 CFSheppard@aol.com

THANK YOU ALL!!!

Please be sure to patronize & thank the businesses that
 so very generously purchased ads for this Parish Post year!
 The Hughes Family ~ The Hillman Family ~ Jay Cranmer

Larry & Pat Peacock ~ Murphy's Family of Stores

Carroll & Carl Sheppard

These ads greatly help defray our publishing costs and support
 our ministries and church operations!




The Season
 of
Lent



Holy Innocents' Episcopal Church
Pearl and Marine Streets
Beach Haven, New Jersey 08008
609-492-7571

Sunday Morning ~9:30 a.m.
Rite II Worship Service with music



 <p>Time to Spring Ahead</p>	<p>SUNDAY MARCH 12TH</p> <p>Turn those clocks AHEAD</p>
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