



DINE IN / CARRY OUT / DELIVERY

WE CATER!

www.SALSMURFREESBORO.com

SALADS

House Salad	<i>Lettuce, Mushroom. Green Olives, Black Olives, Tomato & Mozzarella Cheese</i>	7.99
Caesar Salad	<i>Romaine Lettuce with shredded Parmesan Cheese, Tomato, Croutons and Caesar Dressing</i>	8.99
Antipasto Salad	<i>Larger House Salad with rolled Salami, Ham & Provolone cheese</i>	10.99
Mediterranean Salad	<i>Romaine Lettuce, Black Olives, Fresh Tomato, & Feta Cheese</i>	9.99

*** Add Grilled Chicken for 2.99 ***

*Choice of Dressings includes:

House Italian, Ranch, Blue Cheese, French, Caesar, Thousand Island, Honey Mustard

APPETIZERS

Side of Meatballs (5)	8.99	Mozzarella Sticks (6)	8.49
Side of Sausage (1 link)	7.49	Eggplant Parmesan	9.50
Fried Calamari	10.50	Garlic Knots (4) w/ sauce	6.00
Cheesy Bread	10.50	Fried Ravioli	9.99
Fried Mushrooms	8.99	Appetizer Combo	12.99
Buffalo or Barbecue Chicken Wings (10) 10.99 * (15) 16.99 * (20) 20.99		-Garlic Knots (4), Mozzarella Sticks (4), & Chicken Wings (4)	

PIZZA

NEW YORK STYLE HAND-TOSSED

SICILIAN

	MEDIUM 12"	LARGE 14"	X-LARGE 16"	MEDIUM 12" X 12"	X-LARGE 16" X 16"
Cheese Pizza: <small>Pizza Sauce & Special Blend Of Mozzarella & Romano Cheeses</small>	11.50	13.50	15.50	15.50	18.50
Pepperoni Pizza: <small>Pepperoni & Special Blend Of Mozzarella & Romano Cheeses</small>	13.50	15.25	17.50	17.25	20.50
Hawaiian Pizza: <small>Ham, Pineapple, Pizza Sauce & Special Blend Of Mozzarella & Romano Cheeses</small>	15.50	16.99	19.25	18.99	21.99
Vegetarian Pizza: <small>Spinach, Mushrooms, Onions, Green Peppers, Black & Green Olives, Fresh Tomatoes</small>	17.99	19.50	20.99	20.50	23.50
Pesto Vegetarian: <small>Spinach, Sun-Dried Tomatoes, Roasted Garlic, Feta Cheese, & Pesto Sauce</small>	17.99	19.50	20.99	20.50	23.50
Pesto Chicken: <small>Chicken, Roasted Garlic, Mushrooms, Fresh Tomatoes, Pesto Sauce</small>	17.99	19.50	20.99	20.50	23.50
Sal's Special: <small>Pepperoni, Sausage, Mushrooms, Onions, Green Peppers, Black Olives</small>	17.99	19.50	20.99	20.50	23.50
Sal's Meat Lovers: <small>Pepperoni, Sausage, Ham, Salami, Beef</small>	17.99	19.50	20.99	20.50	23.50
Double Crust: <small>Pepperoni, Sausage, Ham, Beef, Salami, Pizza Sauce, & 2 layers of Blended Cheeses</small>	20.99	22.50	23.99	---Not Available---	
Bianca: <small>Ricotta, Blend of Mozzarella & Romano Cheeses, Roasted Garlic & Olive Oil</small>	19.00	20.50	21.99	20.50	23.50
Philly Steak: <small>Grilled Philly Steak, Peppers & Onions, Topped with Blend of Cheeses with Pizza Sauce</small>	19.00	20.50	21.99	20.50	23.50
Mediterranean: <small>Fresh Spinach, Tomatoes, Black Olives, Garlic, Feta Cheese & Mozzarella Cheese on an Olive Oil base</small>	18.99	20.50	21.99	20.50	23.50
Sal's Chicken Barbecue: <small>Grilled Chicken, Roasted Garlic, Onions & Mozzarella cheese with Authentic Barbecue Sauce</small>	18.99	20.50	21.99	20.50	23.50
Chicken Alfredo: <small>Grilled All-White Chicken Breast & Creamy Homemade Alfredo Sauce</small>	18.99	20.50	21.99	20.50	23.50

Topping: (M) 1.50 (L) 1.75 (XL) 2.00 (M) 2.00 (XL) 3.00

Anchovies * Bacon * Banana Peppers * Beef * Black Olives * Chicken * Eggplant * Feta Cheese
Green Olives * Green Peppers * Ham * Jalapenos Peppers * Meatball * Mushrooms * Onions * Pepperoni
Pineapple * Ricotta cheese * Roasted Garlic * Sausage * Salami * Fresh Spinach
Sun Dried or Fresh Tomatoes * Sliced Sausage Link

PIZZA BY THE SLICE:

Hand-Tossed: Cheese Pepperoni Vegetarian Sal's Special

PASTA & ENTREES

*ALL PASTAS SERVED WITH GARLIC ROLLS & HOUSE SALAD *

Spaghetti or Penne			
with homemade Marinara Sauce	11.99	Manicotti	13.95
with homemade Meat Sauce	13.95	<i>Two large tubes of pasta stuffed with creamy ricotta cheese, topped with our tomato sauce and baked to perfection</i>	
with homemade Pesto Sauce	12.99	Baked Ziti	14.95
add homemade Meatballs	3.00	<i>Ziti noodles tossed with Beef, Ricotta, Parmesan, & Mozzarella cheeses and topped with our tomato sauce</i>	
add Link Sausage	3.00	Ziti Florentine	14.95
Spaghetti Carbonara	15.95	<i>Spinach, Mushrooms & bacon tossed in our homemade alfredo sauce</i>	
<i>Spaghetti in a Creamy Bacon Cheese Sauce</i>		Eggplant Parmesan	14.95
Spaghetti Di Mama Cathy	14.95	<i>Delicious fresh breaded eggplant, topped with our tomato sauce, mozzarella & Parmesan cheese and served with spaghetti</i>	
<i>tossed w/ Sun Dried Tomato in our Pesto Sauce</i>		Chicken Parmesan	15.95
Beef Lasagna	14.95	<i>Tender breaded chicken breast, topped with our tomato sauce, mozzarella & Parmesan cheese and served with spaghetti</i>	
<i>Layers of pasta, beef, mozzarella & ricotta cheeses topped with our tomato sauce</i>		Chicken Marsala	15.95
Vegetarian Lasagna	14.95	<i>Breaded Chicken, sautéed w/ Mushrooms in a Marsala Wine Sauce</i>	
<i>Layers of Pasta, spinach, mozzarella & ricotta cheeses topped with our tomato sauce</i>		Shrimp Scampi	16.95
Cheese Ravioli	13.95	<i>Sautéed Shrimp served over Spaghetti in our made from scratch Garlic Lemon- Butter Sauce</i>	
<i>6 Jumbo Ravioli stuffed with ricotta cheese, and topped with our homemade tomato sauce</i>		Stuffed Shells	13.95
Fettuccini Alfredo	13.95	<i>Baked Pasta stuffed with Ricotta & topped with Tomato Sauce</i>	
add Chicken	2.00		
add Shrimp	3.00		

CALZONES & STROMBOLI

	SMALL	MEDIUM Serves 2	LARGE Serves 4
Cheese Stromboli:	9.99	11.99	16.99
<i>Mozzarella Cheese Baked in Our Homemade Crust w/ a side of Marinara</i>			
Cheese Calzone:	10.99	12.99	17.99
<i>Mozzarella & Ricotta Cheese Baked in our Homemade Crust w/ a Side of Marinara</i>			
Sal's Stromboli:	12.99	16.99	21.99
<i>Pepperoni, Ham, Salami, Green Peppers, Onions, Mushrooms & Mozzarella</i>			
Spinach Roll:	12.99	15.99	20.99
<i>Fresh Spinach, Pepperoni, & Mozzarella</i>			
Sausage Roll:	12.99	15.99	20.99
<i>Italian Sausage, Green Peppers, Onions, & Mozzarella</i>			
Philly Cheese Steak Stromboli:	12.99	16.99	21.99
<i>Philly Steak, Green Peppers, Mushrooms, Onions, & Mozzarella</i>			
Each Additional Topping	1.50	1.75	2.00

SUBS

ALL SUBS ARE SERVED WITH CHIPS

Italian Sub: (Hot or Cold)	10.99	Eggplant Parmesan Sub:	10.99
<i>Ham, Genoa Salami, Provolone Cheese, Onion Lettuce, Tomato & House Dressing.</i>		<i>Fresh Breaded Eggplant, Marinara Sauce & Mozzarella</i>	
Ham & Cheese Sub: (Hot or Cold)	10.99	Sausage Sub:	10.99
<i>Ham, Provolone Cheese, Lettuce, Onion Tomato & House Dressing</i>		<i>Imported Italian Link Sausage with Sautéed Onions Green peppers, Marinara Sauce, Mozzarella Cheese.</i>	
Chicken Parmesan Sub:	10.99	Meatball Sub:	10.99
<i>Fresh Chicken Breast, Mozzarella Cheese & Marinara Sauce</i>		<i>Homemade Meatballs, Marinara Sauce & Mozzarella Cheese.</i>	
Chicken Pesto Sub:	10.99	Philly Steak & Cheese Sub:	10.99
<i>Grilled Chicken, Tomatoes, Pesto, Topped w/ provolone</i>		<i>Philly Steak, Sautéed Onions, Green peppers Mushroom & Mozzarella Cheese</i>	
Pepperoni Sub:	10.99		
<i>Pepperoni, Onions, Marinara Sauce & Mozzarella</i>			

DESSERTS

Cannoli	5.95	Tiramisu	6.95
Cheese Cake	5.95	Chocolate Mousse	7.95
<i>With choice of Strawberry, Chocolate, or Caramel Syrup</i>		Dessert Sampler	13.95
		<i>Cannoli, Cheesecake and Tiramisu</i>	

BEVERAGES

Fountain Drinks	2.00
Bottle Drinks	2.00
2-Liter Soda	3.00
Tum-E Yummies	1.50

BEER

Beer Domestic	3.00
Beer Import	3.75

KIDS MENU

ALL PASTAS SERVED WITH GARLIC ROLLS

Spaghetti with Homemade Marinara Sauce	7.99
Spaghetti with Homemade Meatballs	8.99
Spaghetti with Meat Sauce	8.99
Manicotti	7.99
Ravioli with Marinara Sauce	7.99
Fettuccini Alfredo	8.99
Chicken Tenders w/ Fries	8.99

**You had a choice and you chose us. Thank you for supporting your locally owned pizzeria.
We appreciate your business!**

Buon Appetito!