

C2 STUDY GUIDE

HORSE MANAGEMENT EXPECTATIONS

The candidate should show a solid awareness of cause and effect in horse management skills. Assistance is allowed in the demonstrations of bandaging, longeing, and loading mount.

TURNOUT/TACK

- *Refer to Standards of Proficiency for detail on attire for certifications.*
 - Pony Club pin,
 - USPC or USEA medical armband or bracelet,
 - properly fitted equestrian helmet, securely fastened (see USPC Policy 0800.A),
 - Long hair neatly up or back,
 - No inappropriate jewelry.

- *Explain reasons for equipment used on own mount.*


Equipment used for Flat work & reason:

Equipment used for 'Over Fences' & reason (if applicable):

- *Demonstrate proper adjustment and reason for fit of tack used on mount.*

- Describe and explain the action of 2 types of snaffle bits and 2 types of curb bits.

Draw samples of snaffle and curb bits below:

	<p>Snaffle or Curb?</p> <p>Bit action:</p>
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CONDITIONING

- *Discuss the 1 week riding/conditioning schedule contained in your record book. Candidate should show and be able to discuss details of duration, activity, specific exercise involved, and changes in schedule (season or weather), feed, and fitness, and TPR/recovery rates.*

Show and explain the Conditioning portion of the Health and Maintenance Record Book to your Pony Club instructor.

Feeding Plan (what changes will you make over time?):

- *Measure and record pulse, temperature, and respiration of own mount at rest.*
Temperature:
Pulse:
Respiration:
- *Define the conditioning terms: progressive loading, peaking, rest, tapering, overloading, aerobic and anaerobic conditioning.*
 - **Progressive loading**
 - **Peaking**
 - **Rest**
 - **Tapering**

- **Overloading**
- **Aerobic conditioning**
- **Anaerobic conditioning**

NUTRITION

- *Describe own mount's ration when developing fitness, maintaining fitness, taking day off, sick, and roughed out.*

	Hay	Grain	Supplement
	AM: Noon: PM:	AM: Noon: PM:	AM: Noon: PM:
Developing Fitness	AM: Noon: PM:	AM: Noon: PM:	AM: Noon: PM:
Maintaining Fitness	AM: Noon: PM:	AM: Noon: PM:	AM: Noon: PM:
Day Off	AM: Noon: PM:	AM: Noon: PM:	AM: Noon: PM:

Sick	AM: Noon: PM:	AM: Noon: PM:	AM: Noon: PM:
Roughed Out	AM: Noon: PM:	AM: Noon: PM:	AM: Noon: PM:

- *Look at a feed label and identify the percentage of protein and fat. From the ingredients list, identify 1 source of carbohydrates, 1 vitamin, and 1 mineral. (Candidate should bring own label or copy).*

Feed of Choice:

Source of Carbohydrates:

Source of Vitamins:

Source of Minerals:

**STABLE
MANAGEMENT**

- *Discuss 3 concerns for pasture safety and fencing.*

How would you care for your mount in the pasture?

1. Safety check of pasture:

2. Fencing:

3. Water:

4. Mineral Supply:

5. Shelter:

6. Feed:

- *Discuss emergency information that should be posted in all barns.*

What should be included in the emergency information that is posted in the barns?

1.

2.

3.

4.

5.

6.

- *Name 3 toxic plants in your area and describe appearance.*

List 4 toxic plants in your area and describe what they look like:

1.

2.

3.

4.

- *Describe 4 ways to control internal and/or external parasites in pastures and stalls.*

1.

2.

3.

4.

CONFORMATION and UNSOUNDNESS

- Name 5 basic conformation qualities that you want in a mount for your own use and how they affect the basic movement and soundness.

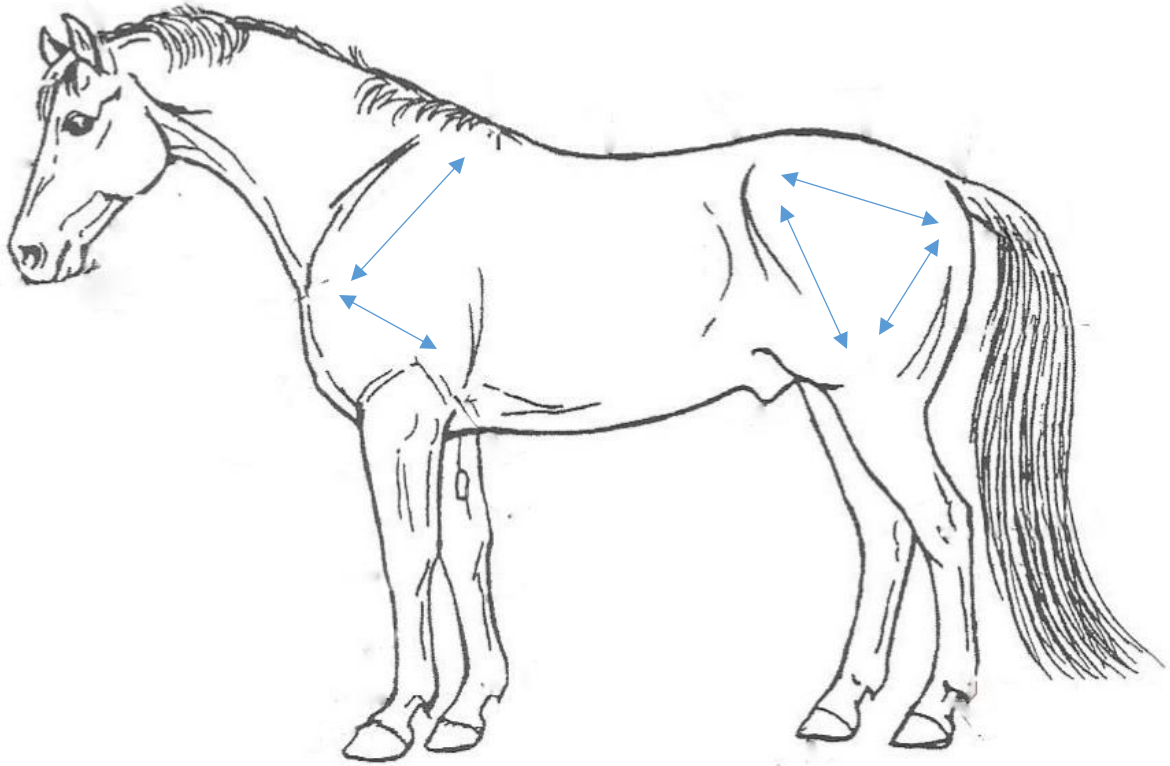
What discipline will your mount be used for:

List the conformation qualities you would like to see in this mount:

#	Quality	How does it affect basic movement and soundness

- Discuss how conformation of own mount is related to its breed.

- *Discuss angles of shoulder and hip of own mount.*



Shoulder Angle:

Hip Angle:

- Name, describe outward appearance, and locate the following unsoundnesses: splint, bowed tendon, ringbone, sidebone, navicular, thoroughpin, curb, and bone and bog spavin.

Draw a picture and fill out the chart below:

	<p>Name of Unsoundness: Ringbone Location: Effects on the horse:</p>
	<p>Name of Unsoundness: Curb Location: Effects on the horse:</p>
	<p>Name of Unsoundness: Bowed Tendon Location: Effects on the horse:</p>
	<p>Name of Unsoundness: Sidebone Location: Effects on the horse:</p>

	Name of Unsoundness: Bone Spavin Location: Effects on the horse:
	Name of Unsoundness: Navicular Location: Effects on the horse:
	Name of Unsoundness: Splint Location: Effects on the horse:
	Name of Unsoundness: Thoroughpin Location: Effects on the horse:
	Name of Unsoundness: Bone Spavin Location: Effects on the horse:

	Name of Unsoundness: Bog Spavin Location: Effects on the horse:
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- *Discuss how conformation of own mount is related to breed.*

Breed of mount:

Conformation characteristics of Breed:

How does your mount's conformation relate to its breed?

TRAVEL SAFETY

- *Demonstrate how to load and unload, with assistance, an experienced, cooperative mount.*
- *Name which equine health certificates and/or documents are required to travel in your state.*

RECORD BOOK

Provide a hard copy of mount's Health and Maintenance Record Book that contains records for at least 9 months prior to the test. In addition to the information from the previous levels, records must contain more detailed information regarding your mount's specific care to include:

- *1 page or less description of your mount's history (if known) and daily routine.*
- *Tack and equipment used.*
- *Any blanketing or special care requirements.*

Show your record book to your Pony Club instructor.

HEALTH CARE & VETERINARY KNOWLEDGE

- *Discuss immunizations and health requirements appropriate for your area (may refer to record book).*

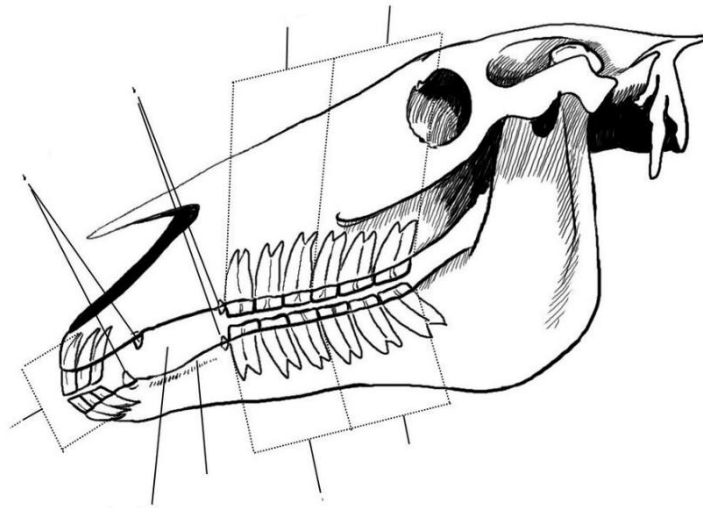
Area you live in:

Annual immunization needs for this area:

- 1.
- 2.
- 3.
- 4.
- 5.

- *Identify and/or describe parts of the horse's mouth to include bars, lips, incisors, molars, wolf teeth and canines.*

Fill in the chart below:



- Explain the need for the regular care of teeth.
- List 3 prevalent internal parasites in your area. Discuss routine parasite preventing for your mount.

What are the common internal parasites in your area:

- 1.
- 2.
- 3.

- Discuss causes, signs, and preventative measures for the following: tetanus, rabies, encephalomyelitis, West Nile virus, and scratches.

	Causes	Signs	Preventative measures
<i>Tetanus</i>			
<i>Rabies</i>			
<i>Encephalomyelitis</i>			
<i>West Nile virus</i>			
<i>Scratches</i>			

TEACHING

- Bring a letter from DC/CA stating, under supervision, the member is assisting in simple unmounted instructional activities for D-level members. A minimum of 4 hours teaching prior to the test is recommended.

Describe some of the unmounted activities you have assisted with.

1.

2.

3.

4.

- *Assist a D-1 or D-2 member to prepare for turnout in regard to safety.*
- *Describe the following unsafe equipment and how it might be fixed: loose throat latch, saddle pad not attached, bit too low/high, worn out stitching, and cracked leather.*

How might you explain why these items need to be fixed?

- Loose throat latch
- Saddle pad not attached
- Bit too low or high
- Worn out stitching
- Cracked leather

LAND CONSERVATION

- *Discuss what public land is available to ride on in your county.*
- *Describe 2 things you can do to be a good steward for public land used for recreation (equestrian activities, hiking, biking, etc.)*

1.

2.

LONGEING

- *Discuss equipment, and safety precautions for longeing.*

Methods for longeing:

1.

3.

- *Discuss the type and length of longe line used.*

Equipment:

1.

2.

3.

4.

5.

Safety Procedures:

1.

2.

3.

4.

5.

- *In an enclosed area, longe own mount at walk and trot in both directions on a 20 meter circle, with assistance if necessary. While longeing, demonstrate the correct use of equipment, body position, posture, and voice.*

FOOT & SHOEING

- *Discuss the 5 steps in shoeing.*

List steps below:

1.

2.

3.

4.

5.

- *Identify 5 types of shoes.*
- *If shod, discuss features of own mount's shoes.*

BANDAGING

- *Under supervision of Examiner, apply 1 shipping and 1 stable bandage (front and rear diagonal pair), and give reasons for each bandage's use.*

Materials needed for a stable bandage.

1.

2.

3.

Reasons for applying a stable bandage:

1.

2.

3.

Materials needed for a shipping bandage:

- 1.
- 2.
- 3.

Reasons for applying a shipping bandage:

- 1.
- 2.
- 3.

RIDER SAFETY

- *Explain 2 ways to cool off a rider during a hot day.*

Name some signs of heat exhaustion:

- 1.
- 2.
- 3.

- *List 5 signs of a concussion*

Name some signs or symptoms of a concussion:

- 1.
- 2.
- 3.

- *Explain the importance of the heat index. (Found in the HM Handbook or Safety Handbook)*