



# COVID-19 Staff Screening Questionnaire

All staff must complete before beginning their work shift or entering the workplace.

Updated Oct. 12, 2021

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_

## 1. Do you have any of the following new or worsening symptoms?

Yes  No



Fever or chills

Yes  No



Cough

Yes  No



Trouble breathing

Yes  No



Decrease or loss of taste or smell

Yes  No



Nausea, vomiting or diarrhea (age <18 only)

Yes  No



Very tired, sore muscles or joints\* (age 18+ only)

If you have an existing health condition that gives you the symptoms, select "No". If the symptom is new, different or getting worse, select "Yes".

\*If mild tiredness, sore muscles or joints occur within 48 hours after getting a COVID-19 vaccine, select "No" and continue to follow all public health measures. If symptoms last longer than 48 hours or worsen, select "Yes".

If you are sick or have any symptoms of illness, including those not listed above, stay home and seek assessment from your health care provider if needed.

If "YES" to any symptoms:



Stay home & self-isolate



Get tested

Or



Contact a health care provider

## 2. Does anyone in your household have one or more of the above symptoms and/or are waiting for test results after experiencing symptoms? Yes No

- If you are [fully vaccinated](#)\*\* or have tested positive for COVID-19 in the last 90 days and since been cleared, select "No."
- If the household member's mild tiredness, sore muscles or joints occurred within 48 hours after getting a COVID-19 vaccine, select "No". If their symptoms last longer than 48 hours, select "Yes."

## 3. In the last 10 days have you been notified as a close contact of someone with COVID-19 or been told to stay home and self-isolate? Yes No

- If you are [fully vaccinated](#)\*\*, have tested positive for COVID-19 in the last 90 days and since been cleared, or if public health has told you that you do not need to self-isolate, select "No."

## 4. In the last 10 days, have you tested positive on a rapid antigen test or a home-based self-testing kit? Yes No

- If you have since tested negative on a lab-based PCR test, select "No."

## 5. In the last 14 days, have you travelled outside of Canada AND been advised to quarantine per the [federal quarantine requirements](#)? Yes No

If "YES" to questions 2, 3, 4 or 5:



Do not enter this location



Follow Toronto Public Health advice

Operators must keep a record of attendance + contact information for all workers for 30 days and then shred.

Developed in accordance with recommendations and instructions issued by the [Office of the Chief Medical Officer of Health](#)



\*\*Fully vaccinated means 14 days or more after a second dose of a COVID-19 vaccine series, or as defined by the Ontario Ministry of Health.



# I HAVE SYMPTOMS OF COVID-19, WHAT SHOULD I DO?



## STAY HOME & SELF-ISOLATE. GET TESTED

- If symptoms of a mild headache, tiredness, sore muscles or joints occur within 48 hours after getting a vaccine, you do not need to isolate. You must wear a medical mask when at work. If your symptoms last longer than 48 hours or worsen, stay home, self-isolate and get tested.

## WHAT WAS THE RESULT OF YOUR COVID-19 TEST?

### POSITIVE

- Notify your workplace.
- You must stay home & self-isolate for 10 days from the day your symptoms started.
- Toronto Public Health or your local health unit will contact you to do an investigation & will provide further instructions.

### NEGATIVE

#### Are you a close contact of someone who tested positive for COVID-19 in the last 10 days?

- No  You may return to work 24 hours\*\*\* after your symptoms have started improving.
- Yes  **If you are not fully vaccinated\*\*:** you need to self-isolate for 10 days from last exposure to the person who was positive.
- Yes  **If you are fully vaccinated\*\*:** you may return to work 24 hours\*\*\* after your symptoms have started improving.
- Yes  **If you only received an exposure notification through the COVID Alert app:** you can return to work 24 hours\*\*\* after your symptoms have started improving.

### NOT TESTED

- You must stay home & self-isolate for 10 days from the day your symptoms started. After 10 days, you can return to work if your symptoms have been improving for at least 24 hours\*\*\*.
- If a health care provider has diagnosed a condition that isn't related to COVID-19, you can return to work 24 hours\*\*\* after your symptoms improve.



## I HAVE TRAVELLED OUTSIDE OF CANADA IN THE LAST 14 DAYS, WHAT SHOULD I DO?

- Stay home and self-isolate for 14 days, even if you test negative.
- If you are exempted from federal quarantine as per [Group Exemptions, Quarantine Requirements](#) under the Quarantine Act, you do not need to isolate.
- If you have symptoms, even if you are exempted from federal quarantine, you should get tested



\*\*Fully vaccinated means 14 days or more after a second dose of a COVID-19 vaccine series, or as defined by the Ontario Ministry of Health.

\*\*\*48 hours for gastrointestinal symptoms