

BREAST PREP INSTRUCTIONS

1. Bring the completed forms to your appointment.
You do not need to complete the “Full Body Questionnaire” since we will only be imaging the breast area.
2. Once you shower either the night before or the morning of your appointment, do not put anything on your skin in the chest area or underneath your arms. This means NO LOTIONS, NO UNDER ARM DEODORANT.
3. NO EXERCISE for Three Hours before your appointment.
4. Eating is fine. There are no eating restrictions.
5. Please wait at least 4 weeks after having a biopsy lumpectomy
And after surgical procedures.
6. Please wait at least 4 weeks past breast-feeding.