

**December 2022**

# **AN ANOINTING THAT BREAKS THROUGH**

**Articles**

- The Breakthrough Anointing.....P. 8***
- Understanding The Fight.....P. 13***
- Reject IT!.....P. 22***
- Producing Seeds After Its Kind.....P. 26***
- Fasting God's Way .....P. 30***



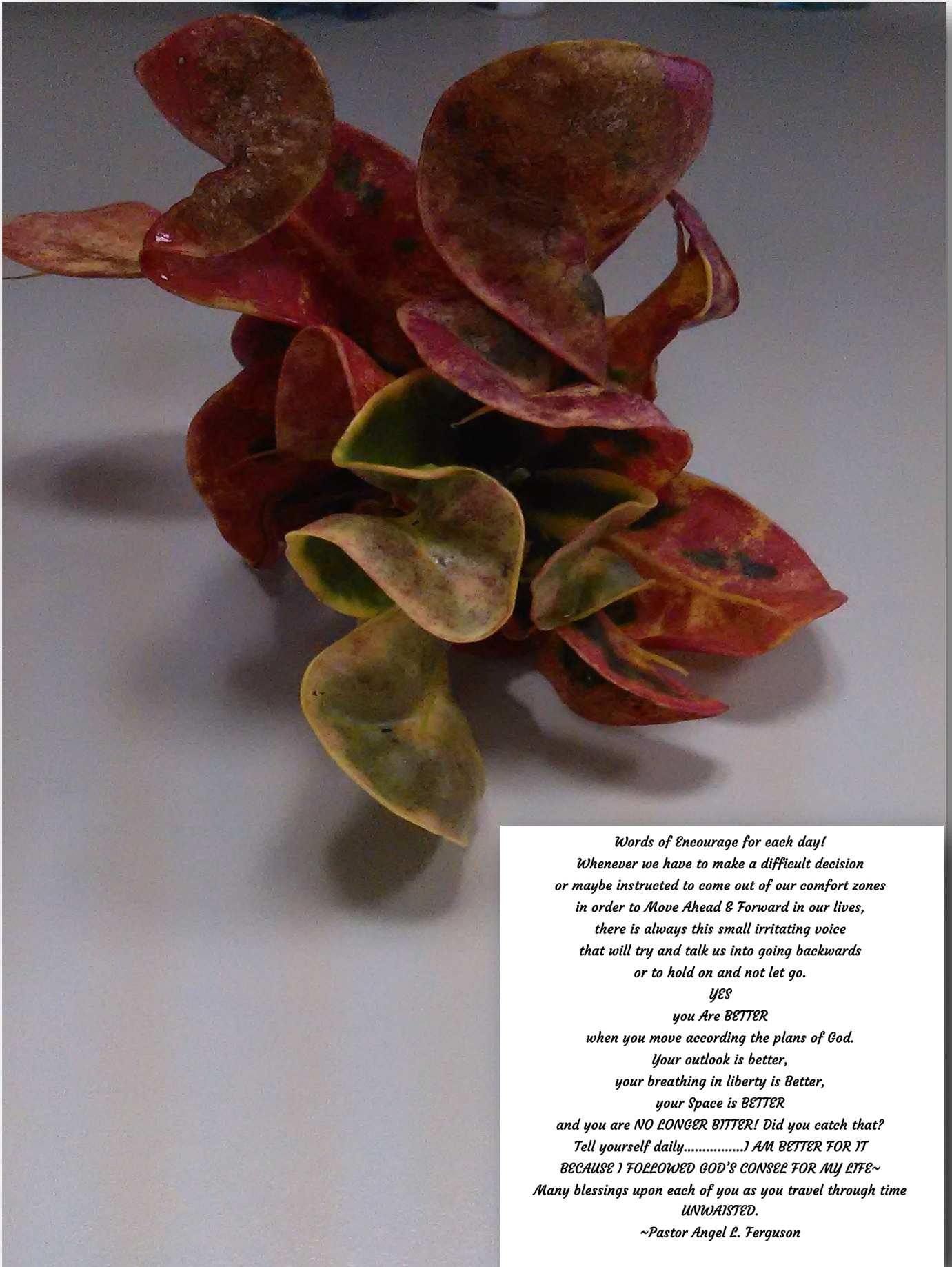
**FOR THE MINISTRY**

- Ministry Supportive.....P. 19***
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**BACKDROPS DÉCOR & MORE**

# **Hope & Truth Magazine**

**HOPE & TRUTH MAGAZINE**



*Words of Encourage for each day!  
Whenever we have to make a difficult decision  
or maybe instructed to come out of our comfort zones  
in order to Move Ahead & Forward in our lives,  
there is always this small irritating voice  
that will try and talk us into going backwards  
or to hold on and not let go.  
YES  
you Are BETTER  
when you move according the plans of God.  
Your outlook is better,  
your breathing in liberty is Better,  
your Space is BETTER  
and you are NO LONGER BITTER! Did you catch that?  
Tell yourself daily.....I AM BETTER FOR IT  
BECAUSE I FOLLOWED GOD'S CONSEL FOR MY LIFE~  
Many blessings upon each of you as you travel through time  
UNWAISTED.  
~Pastor Angel L. Ferguson*

Pastor Angel Ferguson is the founder of Angel Ferguson Ministries and its affiliates The Balance of Life, W.T.I. Productions, Hope & Truth Magazine. All the material written within Hope & Truth Magazine has been written/published by Angel Ferguson. All photos and graphics were produced by Angel Ferguson Ministries.

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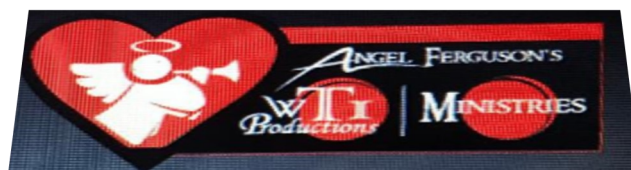
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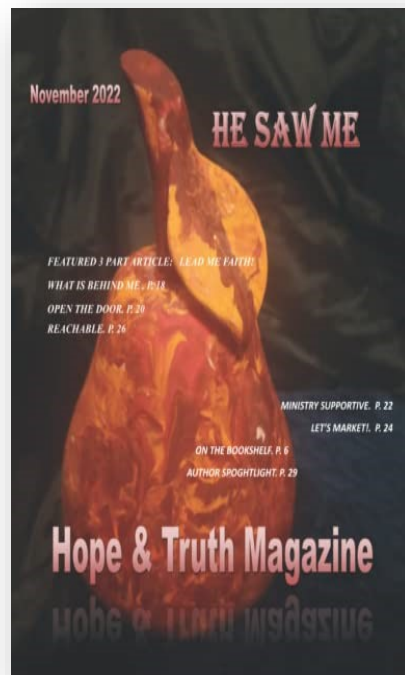
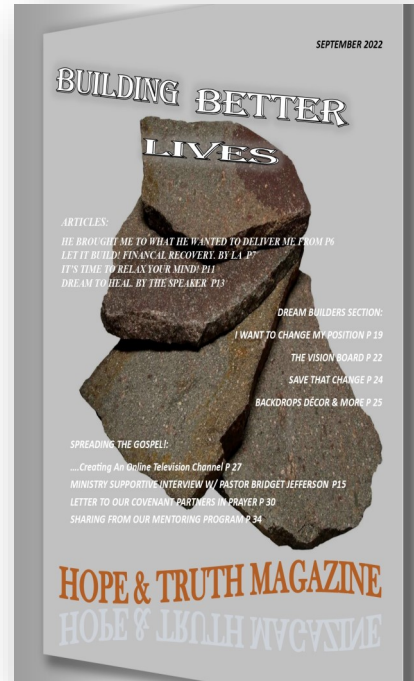
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**BACKDROPS DÉCOR & MORE**



## PRAYER & LEADERSHIP

- ◆ The spiritual leader should outpace the rest of the church, above all in prayer.
- ◆ Prayer will keep your moral vision sharp and clear.
- ◆ Prayer will give you courage to endure the perfect but painful will of the Father as it did with Christ Jesus.
- ◆ Prayer will pave the way for a renewed mindset.
- ◆ It is one thing to believe such power is available in prayer but another thing to practice it.
- ◆ People are difficult to move, it is much easier to pray for things or provisions than to deal with the stubbornness of the human heart.
- ◆ When God lays a burden on our hearts and thus keeps us praying, He will grant the answer in response to the prayer released from our hearts.



KINGDOM LEADERS LEARNING TO LEAD

Greetings to each of you,

What an honor to share the word of God with you each month.

Since our last publication, one thing that the Holy Spirit has brought to our focus is that Hope & Truth is all about



VISION! It is through the vision and words spoken to myself over 20 years ago that has us in continuation. Each month, seeking the guidance of God has taken us beyond writing the words but it has been extended in areas such as Backdrops & Décor. Often I sit smiling at what God is doing in His way & time, because He is taking me in a route that what seemed to be a far off dream, yet here we are!

Hope & Truth Magazine has been orchestrated to assist the Visionary! To encourage others that if you can capture the voice of God and what He is saying, then stay on the look out of what He will reveal by sight, then comes the hunger to obtain the instructions on how to get there, I am a witness that yes, it is possible.

We lead by example not by words alone! We are in the vision, moving according to God's plans~ and I have faith that it is for you as well~

Dare to step out of the way and let God lead you in the WAY!

Pastor Angel L. Ferguson  
Chief Editor, Founder

Are you preparing  
for what  
is coming your way?  
Are you preparing  
for what  
is coming your way?  
Are you preparing  
for what  
is coming your way?





## ***THE BREAKTHROUGH ANOINTING!***

Before any of us can move forward, we must understand where we came from, acknowledge the errors that we have made, repent, and then seek a plan of action of how to break/destroy that yoke of bondage that we were once in.

For years, I have reviewed my monthly/yearly progress. And to be very honest, what I have seen is that at the same time of year, the struggle is the same! No matter what I have done during the year, there is always this certain area of my life that is in the same position. And this does not feel good at all. I believe that God is bringing this to my attention AGAIN~ because He wants to destroy that yoke of bondage, this thing in the past, would cause my mood to become down. but not for long, somehow I either ignored it or buried it! This time, I am seeking God on how to break/destroy this, not just in my life but of my loved ones, as well as those that I am covering in prayer. I am in line for a breakthrough! And it is so for many others.

In this time of going through this process, I am going to share a few things as it may be that it will help someone else.

When it comes to my finances, I had to admit and repent that there were times when I mishandled them! There were times, that I was not a good steward over what God had given me, and in order for me to destroy the yoke of my part in having any kind of issues when it comes to my handling what God would like to release to me, I need to learn FINANCIAL MANAGEMENT! That's right! We can enjoy life without spending unnecessarily just because we know that the next day more is coming in. Learning to discipline ourselves is no easy task but it is doable.

I am starting to see things differently now. Here is where the breakthrough begins. When we can see and admit our part of any situation, that is the start of the breakthrough, the next step is to seek the Lord in making better choices and controlling our decision-making power! Some needs are really wants, and some things we want are needed, the key is to distinguish between the two along with knowing the timing. To be honest about another thing is many of those times, my timing was off!

### ***Breakthrough Anointing Cont'd***

There were some purchases made that were not for that particular season of my life~ it was a part of the plan but just not for that season. And so, knowing the season to spend on certain items is important. Many people make the mistake in this area for several reasons, one may be to simply keep up with what is trending, or to have something to add to a conversation, all of which is a indicator that we did not consult God first. There are many that have a bag full of this or a stack of that, that has been sitting because (1) it was just wanted but not needed and never used. (2) purchased at the wrong timing, putting a want above/ before a need. (3) or it just was not the right timing to do it!

One way to learn the discipline of our decision-making power is found in Proverbs 3<sup>rd</sup> chapter. This chapter teaches us how to become good stewards over the different areas of our lives. We are a blessed people, sometimes, God is waiting on us to learn the fruit of patience before releasing those wants/desires of the heart. But because we often times fail to seek His counsel, we move ahead of Him when it might very well be, He had someone set in line to bless us with what we wanted. Do you see how it is important not to move ahead of Him? Or maybe, just maybe we should consider that He already knows what's ahead and that thing we just had to have is going to sit over in the corner, in that bag or stacked in that pile of things that we have not intentions of touching beyond the point of the purchase.....

I am inviting to go on this journey with ME! It is time that we destroyed those yokes, through the Anointing of Godly Counsel, Wisdom & Understanding, it is time that we break those cycles of seasonal lack or sickness. Take a look over the last year of your life, and take notice of when you are in the same cycle, it could be in finances, being slack in working in the vision, areas in our personal lives, etc., it is time to break through and grow in maturity and on to higher heights in Christ Jesus! I will check in from time to time to see how you are doing during this journey~ It's time to get back to winning through these seasons!



**Backdrop  
&  
Décor Collection**

## **DON'T LOSE SIGHT OF THE VISION!**

In the early morning hours, I finally gave into the Holy Spirit to look for and read an area in the word that is needed for a current teaching series that I have been led to do while here in New Jersey. And just as the notebook was being closed, some pictures that were set aside for our vision was out of place. The first reaction was just to place them anywhere within the notebook and then go back and put them in the proper place... But I heard in my spirit 'Don't move your vision around, you must know at all time just where your vision is'. WOW! This is what the Holy Spirit woke me up for, it was more about the placement and focus of my vision as well as the word that was needed. The word, he directed me to was concerning entering into a covenant to obey the voice of the Lord and here He was giving me instructions from the Lord concerning the vision.

This is a valuable lesson for all of us. We can misplace the sight of our visions because of life as well as other ministry obligations. It is not just enough to know where your vision is but where you are in the vision? What has been established through the work of the Lord? Have we missed some of the instructions given and therefore a portion of the vision has not been fulfilled? Have we allowed others to step in and move our vision?

We felt it necessary to share this experience with you as we are settling down today to take a look at our vision, gain an understanding of where it is, as well as to pull things back into perspective that we have allowed to stray.....In all, our main goal is that you; (we) all have an understanding of just what God has placed within us, that he has equipped us for such a work and that he is faithful to perform it- in his time of course; we just have to have a handle on what he gave us. Yes, we must give an account of where the vision is that he gave us. So, we shall render this question to each of you; 'where is your vision? Can you put your hands on it? And in what stage of the vision are you in?

We encourage you to ponder these questions, seeking the Lord for guidance.

We love you without measure, simply because we believe in the Potential of YOU!



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## ***UNDERSTANDING THE FIGHT***

Did you know that one of the spiritual fights against you is actually against the knowledge and revelation that you have received? Once our eyes have been enlightened by the true knowledge that God brings us into, the enemy will launch an attack against the revelation of that knowledge, his main objective is to bring doubt to what God has said. Jezebel's fight against the prophet Elijah was not because he killed her prophets, it was because it was revealed that they were false prophets that worshipped Baal and not the Lord God. It was because those that had turned away from trusting in God, were reminded of the revelation (once received) that there is only One True & Living God.

There is a fight in the beginning which is called spiritual blindness and being deaf to the truth. That's right, the enemy does not want us to even hear the Word. Once an individual overcomes that obstacle and they are now exposed to the truth, the enemy then comes to try and to cause the person to forget what they have heard,

or to bring about a fear of what they have just experienced.

Causing one to question the validity of what is written in the Word verses what history has been taught. This is a stage of the fight where there is a struggle, or shall we say a fight to believe so that we can receive. No one can receive what they have yet to believe in, and the fight never stops, it is continuously going on until our earthly transition.

Another area of spiritual warfare is against the revelation knowledge that a willing vessel has been instructed to deliver to others. As we mentioned above concerning the prophet Elijah, there was a fight against what he revealed as well as what the people saw, believed, and received, in this instance, God already knew that the people would not become convinced by words alone, so He instructed the prophet to do a demonstration.

## *Understanding the Fight Cont'd*

In 1 Kings 18:36, the prophet clarifies why he was doing what he did; "I am thy servant, and that I have done all these things at thy word." When a vessel moves according to the Will of God's instructions, there should be an expectation of victory! The man of God made sure that he turned the attention of what was going on towards God's Purpose; verse 37: "that this people may know that thou art the Lord God, and that thou hast turned their hearts back again".

Let's keep going, we are moving towards the attack after the message has been delivered and the people have believed in their hearts and confessed that God is the Lord! When the people saw the spoken Word of God being manifested (shown) in their sight, they believed, they bowed themselves in repentance, which is a place of humility and confessed with their mouths the truth; that only the True Living God could do something like this.

Please allow me to venture over to the side for just a moment, can you think back to an occasion when you have heard over and over again about who God is and what He has promised but still were reluctant to believe, until that moment when that sign, miracle & wonder transpired before your eyes; and you knew without a shadow of any doubt that it had to be because of the hand of God! I'm not talking about anything that man might have orchestrated but it was released by the words of a vessel that is only speaking what they have been instructed to speak by the Holy Spirit! When is the last time that you heard the words; BE HEALED; I SENT MY WORDS TO HEAL YOUR DISEASE.....Which are the words of the Lord our God and the manifestation of that healing showed up because it was called for! Okay, back to our subject matter!

Not only was falsehood being exposed but a blessing of the overflow of rain was released, whenever we in humility turn to God, He sends a spiritual saturation of nourishment within our lives, and He knows the places that it is needed. But the fight is not over! Now comes to the spiritual attack after the assignment has been completed and it is time for you; the willing vessel to move on to the next Purpose for God.

***Conclusion of Understanding the Fight.***

And it comes in the form of the enemy using people to question that word that you just released and those demonstrations that were done.

Now comes the attacks against your character, now comes the attack against what you said you heard from God, now comes the attack against your mental health, and the enemy will send a wave of doubt through the atmosphere to those that were not even there and were on the brink of believing because of what was shared with them, because that is his job, yet we are saying to you, vessel of God, continue on in the way of the Lord. This battle does not belong to us, but it belongs to the Lord, yes we are soldiers in the fight and have been given the right tools to stand and not be defeated. Don't allow the attack of the enemy to cause you to stop or run from the fight, victory is already on your side. When you are weary, the Holy Spirit will comfort and refresh you, He will cause and show you how to get the proper rest needed so that you can continue on. Allow Him to continue to fill you as you empty out what you were carrying, yes, we are supposed to empty out those messages, those prayers, those tears in labor, all for the sake of the Kingdom of Heaven.....the more we pour out, the more He can fill us, the more we can hold.....this is what the enemy wants to attack, your ability to receive, hold & pour.

Did you know that every time you pour out, the spiritual grounds of the lives of others is being saturated/nourished? Yes, those seeds that were sown can not produce without being watered, so that God can give the increase. The enemy does not want that increase to happen, so he attacks it in any way possible. And so that abundance of rain was the blessing of overflow because of the strength to endure of the prophet.

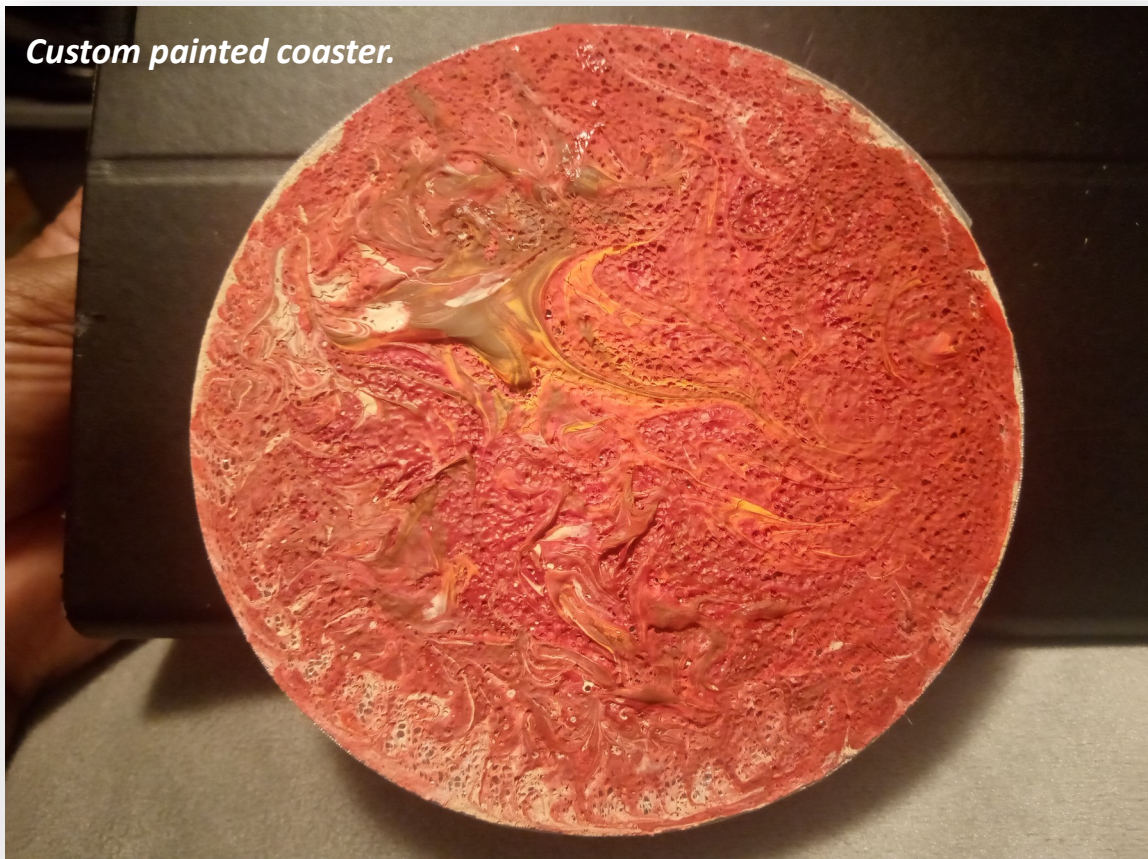
We would just like to encourage you to stand to endure, remain focused on the assignment, keep your spiritual eyes open and your ears attentive to the Holy Spirit that will alert us to the movements sent against us. Pray without ceasing in the SPIRIT, as He will lead us through those obstacles, pitfalls, and snares. Let us all become slow to react, slow to respond when those things are hurled our way, yet become quick in prayer, joyous in praise and in peace knowing that we did what was required by the hand of God Almighty!





**Backdrop  
&  
Décor Collection**





Namon Wilson Jr. & Valerie L. Wilson The Apostle & Pastor  
of CHARITY LIGHTHOUSE OF FAITH, INC.  
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# WELCOME TO THE BALANCE OF LIFE

## TODAY'S MESSAGE: CONSECRATION FOR A BREAKTHROUGH



**Scripture Text: Exodus 19:10~11; Joshua 5th & 6th chapters**

***Whenever there is something standing  
between you and the Promise of God,  
there must be a Breakthrough Anointing present,  
so that we can get to it! Victory is on your side. Breakthrough & conquer!  
This is called Strategic Alignment with God & Spiritual Warfare!  
Follow the instructions of God in this season,  
the only way to obtain this particular Promise  
is through Spiritual Alignment & Spiritual Warfare.***

**Where you can find The Balance  
of Life  
Christian Talk Radio**

**Pastor Angel Ferguson, host**

## ***MINISTRY SUPPORTIVE!***

As many are finding themselves going through a struggle when it comes to their ministry and business due to the size, please allow us to share these words of encouragement. When you are doing the work of the Lord, it does not matter if it is one person or a thousand on your team. What matters is that we seek the wisdom of God for how He wants His Will to be done through us.

It may appear that the smaller sized ministry's or businesses are really struggling and have such a hard time; but here's something that was revealed to me just recently. The fight against what you are doing is so strong because on a smaller scale, you are doing what the larger organizations are doing. You may be small in numbers but the impact for the Kingdom of Heaven is huge. If one can put a thousand to flight, two can do ten thousand! You are able to do what you do, because you are relying on the wisdom of God. It is through this level of wisdom that you are able to bring many to deliverance through the Word of Faith.

Check this out, it is helping me, and I believe that it will help others as well. In the book of Ecclesiastes 9:13~18, wisdom from God was what was needed! “

There was a little city, (the small ministry & business) and few men within it; and there came a great king against it, and besieged it, and built great bulwarks against it: (the strongholds against the work you are doing) Now there was found in it a poor wise man, and he by his wisdom delivered the city; yet no man remembered that same poor man. Then said I, Wisdom is better than strength.” It does not matter how many are working with you, it is the Wisdom of God that matters. So, don't compare yourself to the larger organizations and what they are doing because of numbers; in this walk, it is about having God's Wisdom. There are different levels to this work yet the same goal, which is to bring others into the knowledge of Christ, and making disciples

throughout all the earth, and this can only truly happen through God's Way. Began to ask through the Holy Spirit what God would have you to do for the Kingdom of Heaven, and you will become surprised at what He will lead you too. The world is impacted by many that have added their piece to the puzzle~

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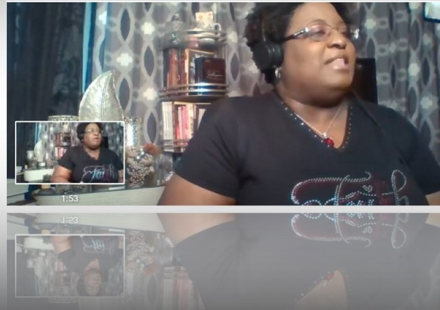
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# AUHTORITY TO REPRESENT PART 1

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## The Authority To Represent Series



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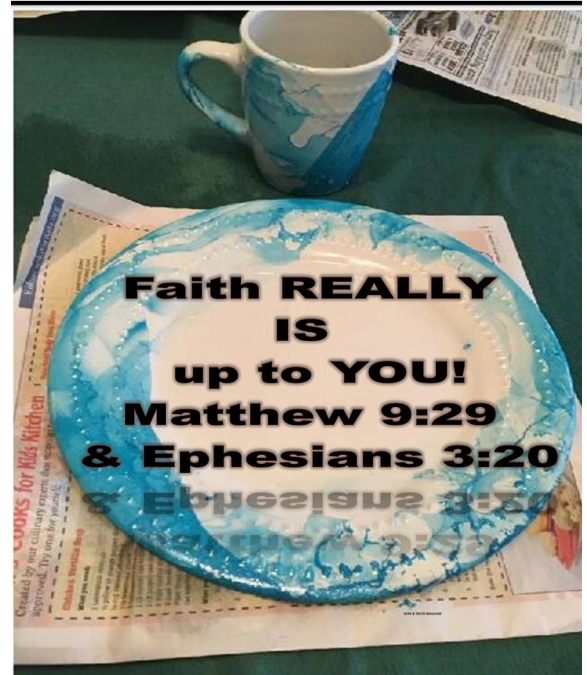
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Part 3 AUTHORITY TO REPRESENT

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The FREEDOM of being FREE!  
There is nothing like moving by  
& with God,  
it is a indescribable freedom  
of your mind in the spiritual realm.  
While operating in this level  
of freedom birth can take place,  
clarity of what God wants  
is received  
& revelations  
are being manifested.....  
And it's all because  
I got out of HIS WAY!

## *REJECT IT!*

It appeared as if my morning was going to be great. The night went well, my body was rested, thoughts of prayer was on my mind as I lay there. But something changed as my movements were made. What happened to that surge of energy, those plans and ideas of what we would accomplish for the day. And it was while the urge to go back to bed that these words came to me REJECT IT!

Yes, the instructions were for me to reject this sudden down pour of tiredness that came from nowhere and was weighing me down; my agenda was about to take a back seat, but the more I heard those words; REJECT IT, I allowed them to come from my mouth! Then the Psalm 23 was brought to my remembrance; the portion that says, “Yea though I walk through the valley of the shadow of death, I will fear no evil”. So, I began to call out, “I reject this tiredness that is trying to cancel my plans for today. I began to tell myself to get up because we had things to do towards ministry, business, and our personal life. I began to tell myself to fight through this invisible cloud that was making its presence known!

Then my spirit traveled in the Word of God towards the Prophet Deborah, when she said to Barak; “Hath not the Lord God of Israel commanded, saying, Go and draw toward mount Tabor..... She had to remind this soldier that the Lord had called/commanded him to go but, Barak was not sure of himself! Fear had set in, and it paralyzed him to the point that he said to Deborah; “if you go with me, then I will go. But if you will not go, then I will not go”. Solider, the Lord has called thee! And you are not going alone, in fact, you were invited to join God the Father, God the Son and God the Holy Spirit, and they are waiting on ME/YOU! we just have to fight through that stronghold that does not want us to come together. And so, I had to reject the connection the enemy was trying to make with my purpose and push through to my appointed time with the Trinity~

Take a closer look at what is fighting against what you know to be what God had called you too, and REJECT IT! Don't allow it to settle on or in you. fight to breakthrough it on to a great victory. That victory being what you and were supposed to do for the kingdom of Heaven for that day. Take no thought for tomorrow, let's just get through the present day.

In closing, do you know that just as God has plans for us to do something for His Glory every day, the enemy has a plan to come against it. You must fight through whatever the enemy is hurling your way in order to make the connection to God's plans.....and once you get through and to make that connection, the fight is not over! Then you must fight to stay focused and learn to endure until the end!







*Sautéed fish & shrimp over grits with a dap of cream cheese*

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**THE BALANCE OF LIFE**

**SCHOOL OF MINISTRY**

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**MOTIVATIONS THAT INSPIRE STORE**

## *PRODUCING SEEDS AFTER ITS KIND!*

The different processes of farming always seem to bring into a place of learning within the spiritual realm. For the past few weeks, passing by a field that has been harvested is now in the preparation for a NEW HARVEST! It was something about this last passing that spoke to me so loudly; this part of process what nourishes the ground for planting.

After the harvest has been done, the fruit that did not make it to go to the market is then gathered and spread evenly throughout the field. What I heard was “putting back into the earth for a harvest”. This took me back to the Word of God, if we don’t put anything in, we can not expect anything to come out. In the book of Genesis, God said; Behold, I have given you every herb bearing seed, which is upon the earth, and every tree, in the which is the fruit of a tree yielding seed; to you it shall be meat”.

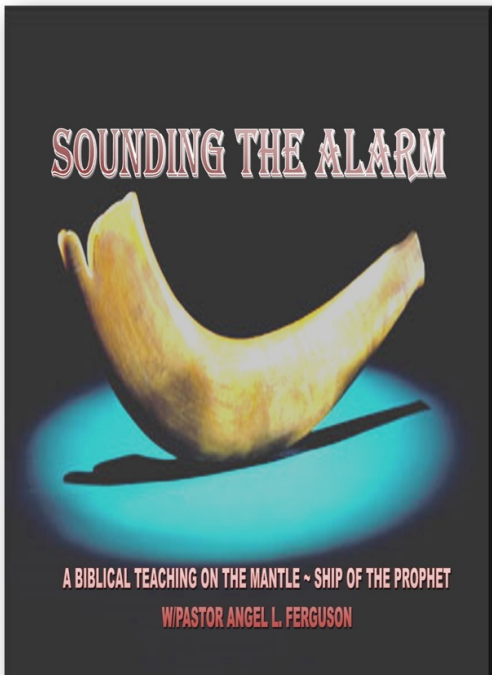
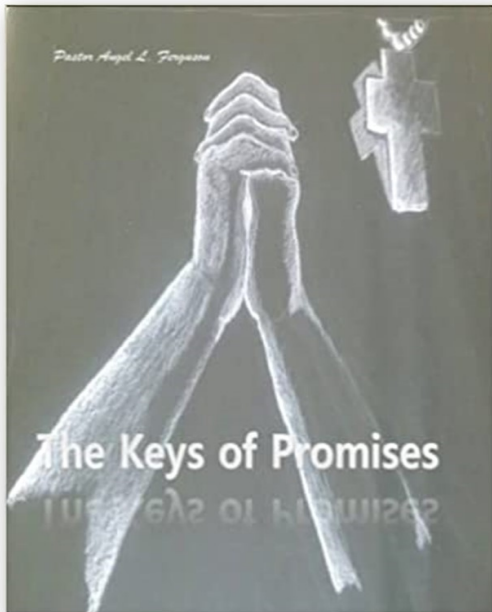
What I take in is meant to feed me! but I must become careful of what is taken in. the grounds of our lives must receive the proper nourishment in order to produce a good harvest. What I love about what the Holy Spirit is saying is that every portion of that previous has a need, has a place for the next harvest. Everything that God has produced/is going to produce in your life is good and it has a place and a purpose. Those nuggets of wisdom that we gain along the way, that seem to be small are the exact things that are needed for the next harvest of our lives, the fruit that was left on the ground symbolized the wisdom, knowledge and understanding to produce what the soul/ground recognizes, which is SEED! Yes, other components were used but it is the seed that continues to reproduce seed, after its kind. Another word for this method of returning the unused fruit to the ground is “infiltration”, which means to pass through, or to penetrate. What are we allowing to pass through, penetrate through our grounds/souls? Is it seed after its kind? Seeds of the fruit of the Spirit, seeds of Godly Wisdom that are meant to produce those FRUITS OF THE SPIRIT! That is what we are going after Seeds of their own kind.

Exactly what does Wisdom produce or Knowledge, and Understanding? They produce obedience in knowing how to handle assignments for the Kingdom of Heaven. These seeds produce the Life of The Holy Spirit in our lives.....seeds after its KIND!

The next time you walk or drive by a field, imagine that the field is your life, then ask yourself, what process do I have in place of preparing a harvest to produce from my life and remember, whatever you put in the ground will be the harvest. I don’t know about you, but I want my harvest to be a good seed that will continue to feed not just me but those that have been assigned to receive what He has placed in me.

***Be Blessed on Purpose. Because YOU CAN~***

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## HE KNOWS MY WALK!

A few days ago, I attended a service and the man of God spoke from the passage of the Prodigal Son. This is such a familiar passage yet when he got to this particular wording, Luke 15:<sup>20</sup> But when he was yet a great way off, his father saw him. I heard this in my spirit; *“He knows my walk”!* This became food unto my soul simply because it is a reminder that during those times that I was lost in a world of sin, He never forgot about me! He knew my every move even when I did not. He knew my moments of stumbling when I did come to Him; he knew when I was unstable even when I thought I was NOT! He knew when my mouth said I was moving but my feet nor my spirit were in the same place.

And here is something else that just hit my mind; I can recall the day that my father Apostle Wilson said to my mother; “ I think Angel has finally gotten it! She can stand on her own, she has found her legs’!

Here’s some encouragement for your heart mind and soul today, during those time that you have given your all and it seems that you have gone unappreciated for your efforts, trust me; HE KNOWS! He knows when you are struggling to keep up the pace and when you are energized to run at rapid speed.....

As long as you keep him first, all your steps will mean this to him; faithfulness, obedience, trust, truth, patience, joy, long suffering, hope, love submission, repentance, faith & spiritual growth.....

Trust me, He knows you as the individual and not as the crowd. Always remember this, that within a multitude of people and circumstances, He knows you distinctly. You are precious to Him and He cares about you.

STRATEGIZE NOW. YOU MUST BE LED  
IN ONE WEEK, I HAVE SEEN THE WORD BLOCK  
IN WRITING FORMATION.  
ONE WAS FOR A BOOK,  
AFTER PRAYER I THEN RECEIVED A MESSAGE THAT THE BLOCK WAS  
DONE IN ERROR AND THEN THERE WAS A RELEASE.  
THE SECOND WAS FOR RADIO,  
MY LINK HAS SOME OF ITS  
PERMISSIONS BLOCKED UNLESS I SELECTED  
THE ALLOW ACCESS BUTTON!  
WHEN I DID, ACCESS WAS GRANTED.  
LAST NIGHT I HAD A DREAM THAT I WAS DIRECTED TO GO TO THE  
WORD OF GOD, THE SCRIPTURES WERE PROVIDED.  
IN THIS SEASON, IN ORDER TO GET THE BLOCKS REVERSED YOU MUST  
OPERATE IN YOUR  
AUTHORITY THROUGH PRAYER AND THE WORD OF GOD ONLY.  
FATHER GOD RIGHT NOW IN THE NAME OF JESUS  
RELEASE THE ACTIVATION OF THE HOLY SPIRIT  
TO GUIDE US IN PRAYER  
AND TO THAT AREA  
OF THE WORD OF GOD  
THAT WE NEED IN THIS SEASON  
AS INDIVIDUALS AND AS A WHOLE.  
WE ASK THESE THINGS  
OF THE FATHER IN THE NAME OF JESUS.

AMEN

~Pastor Angel Ferguson

## **FASTING GOD'S WAY!**

Many have had questions about the importance of fasting, why it is required of by God, how does one start to fast, and what should we expect during as well as after our time of fasting. Then there is the fast done by the individual and for the corporate fast. During this teaching, we are going to share some insights in these questions and more as The Holy Spirit leads and guides us to share with you. It is our prayer that what is being shared with you will shed some light and bring some clarification to your inner inquiries.

We are going to take a look at the following areas:

- 1. What does God require? Is. 58; Mat. 9:15**
- 2. Fasting is a part of intercessory prayer. Is. 58; Dan. 9**
- 3. Fasting for instructions. Ex 34:28**
- 4. Fasting for one's spiritual strength. I Kings 19:8**
- 5. Fasting for guidance. Ezra 8:21;23; 2 Chr. 20:3**
- 6. Fasting for a real hunger and thirst for God and Righteousness. Mat. 4**
- 7. Fasting for spiritual discipline. Mat. 4:2**
- 8. Individual fasting. Dan 9**
- 9. Corporate fasting. Ezra 8:21;23**

Each section being covered will have a scripture reference. We encourage each of you to continue to seek the Holy Spirit for a revelation to go along with what we are covering as it will not cover all aspects of fasting, the individual should continue to study to show themselves approved. Let us be real, honest here, the last thing that we want to even think about is discipline. This is not a new feeling it has been with each of us from the time of entering into this world. Someone was there to teach us about being fed on a schedule as well as our time of sleeping. Then we had to learn the discipline of what to touch and what not to touch, we had to learn the real meaning of NO!

We are forever thankful for God for giving us the Holy Spirit as the Spirit of Truth and Revelation, he is our teacher and our guide to all things pertaining to our Father in heaven, what He expects of us, what pleases Him as well as what does not please Him. Fasting is one of those areas in our lives as believers that God requires of us.

### **WHAT DOES GOD REQUIRE?**

In the 58th chapter of Isaiah, the outline of what God acknowledges as Fasting is given in a way that sheds a great light on what God does not acknowledge as true fasting. Even when we engage in individual fasting is not about gaining anything that will satisfy the flesh but in drawing us closer to God so that we may become as vessels of honor for His use unto others. Fasting was never meant for retaliating against our enemies but for our spiritual strength to endure and to complete the assignments given unto us. The reason why we should not fast because of our enemies is because God said, in Romans 12:19; "Dearly beloved, avenge not yourselves, but rather give place unto wrath: for it is written; Vengeance is mine; I will repay, saith the Lord. And in Exodus 14:14; "The Lord shall fight for you and ye shall hold your peace".

## ***Teaching on Fasting Cont'd***

Fasting is becoming disciplined to seek the healing, deliverance, restoration, peace, and the needs of others unselfishly. Let us outline what the word of God has to say about fasting: Isaiah 58; indicates the following:

- ***To loose the bands of wickedness***
- ***To undo the heavy burdens***
- ***To let the oppressed go free***
- ***Fasting is to deal thy bread to the hungry***
- ***That we look after the poor***
- ***To clothes the naked***

### **WHEN WE DO THIS ACCORDING TO GOD**

- \*Then shall thy light break forth as the morning,**
- \* and thine health shall spring forth speedily**
- \* and thy righteousness shall go before thee**
- \* the glory of the Lord shall be thy reward.**
- \* You can call upon the Lord and He will answer you.**
- \* He will guide you continually**
- \* You shall be fed with the heritage of Jacob**

Now a huge part of Isaiah 58 does bring us to Mark 9 concerning the young man with the demonic spirit. When dealing with demonic spirits, it is important to know what spirit is at work before interceding or attempting to cast out that spirit. The reason why we say this is because, we can call out a spirit that is not in operation, also we want to identify the dominant spirit. Once the dominant spirit has been identified then the counterparts are identified as well and in order to identify them, we must and we cannot stress the word must enough seek the guidance of the Holy Spirit for Him to reveal what is in operation; this comes through fasting and by prayer as instructed and advised of by Jesus to His disciples. This takes discipline!

Because one must wait for the Holy Spirit to REVEAL! Also, you are bringing yourself under spiritual discipline, relinquishing your will to do the will of the Father, acknowledging that one cannot go in their own power or authority by can only cast out demons in Jesus' Name ONLY! Luke 10:17~20; reminds us through these words spoken of by Jesus to not only His disciples but unto us as well: The 18th verse: "I beheld Satan as lightening fall from heaven, Behold I give unto power to tread on serpents and scorpions, and over all the power of the enemy, and nothing shall by any means hurt you, Notwithstanding, in this rejoice not, that the spirits are subject unto you but rather rejoice because your names are written in heaven.

### **INDIVIDUAL FASTING**

Daniel fasted and prayed as an individual, but it was on behalf of the people. Dan 9 Elijah fasted for strength in order to continue in his work for the Lord. This type of fasting is for spiritual strength and guidance and receiving directions on which way the Lord would have for one to proceed. I Kings 19:8 Before the start of Jesus' ministry, he fasted for 40 days and forty nights for discipline, for spiritual guidance, spiritual strength to be drawn closer to the Father. Mat. 4:1~11.



### ***Conclusion of Fasting***

DISCIPLINE The discipline in fasting covers our time, thoughts, prayers & waiting for a response. There are times that the Holy Spirit will prompt one to enter into a fast. And notice the terms enter into because it is a time of entering into the presence of the Lord. One does not go on a fast, one enters into a fast. Unless it is a corporate fast, no one really needs to know that you have entered into this sacred time with the Lord. There is no need for an announcement or to appear to others that you are fasting. The length of time that one has entered into a fast can come from the Holy Spirit, along with the type of fast, what are you sacrificing during this time? Is it your favorite food? A liquid fast? Daniel was on a vegetable and fish diet during his fast, Jesus had neither bread nor water. There have been times when I was led to give up watching television or even from social media. I have fasted for 60 days at 1 hour of prayer per day. The important thing is to know why you have entered into this fast and to have an expectation of deliverance, healing, strength, guidance and an increased hunger and thirst after righteousness. The discipline is to adhere to the instructions and to make an effort to have clarity.

Please keep in mind that if you are on a special medical diet or on medication, please follow the guidelines of that medication. Whether you enter into this time of fasting for 1 hour or 6, it is your purpose and commitment that matters. Also make sure that you complete the appointed time of the fasting. This will allow us to do according to the instructions of Jesus when He said that we should be on one accord when coming in prayer. This applies whether it is for corporate or individual fasting. Another aspect of discipline is that it draws one closer to God for clarity, it blocks out the outside noise of others. This type of discipline will require that we seek the face of God rather than even our own opinions let alone that of others. It places us in a position of total submission of our will/desires for His will/desire.

In conclusion, when have discipline, God can trust us to carry out His Will on earth. Can God trust us to hear/receive and share the way that He desires to reach the lost and broken hearted, to care for the widow, to break the chains of bondage of the enemy? That is what fasting is all about, finding out how God would like things to happen on earth rather than based off of our own understandings.

We encourage you to continue to seek the face of God, allow the Holy Spirit to direct you in entering into a time of fasting, He will show you for how long, ask him what you can sacrifice during this time, and make your petition known before entering in. If you are seeking advice, deliverance on behalf of others, unity of your marriage, ministry, family, etc. expect it to happen! And when you enter in, believe and that which you ask for, you shall receive! In short, fasting is intercessory prayer. It is communication, it is discipline, it is for destroying yokes of sin, it is how we identify what is at work, it is our God given obligation if we ever intend to do anything for the kingdom of heaven!

We love you without measure simply because we believe in the Potential of YOU!

Stay encouraged, encouraging others along the way!

***I CHOOSE TO BELIEVE!***

ISAIAH 53:1

Who hath believed our report? And to whom is the arm of the Lord revealed?

As we are understanding who we are day by day, there are many opinions of what we should be! Yet I encourage you to seek the report of the Lord & by faith believe what He has declared Concerning YOU!

A report means to give a spoken or written account of something that has been observed, heard, done or investigated~

All these things God has done concerning YOU~

So who's report are you going to believe NOW!

YOU ARE REDEEMED

YOU ARE SET FREE

YOU HAVE THE GIFT OF SALVATION

YOU A NEW CREATURE IN CHRIST JESUS

YOU HAVE BEEN CHANGED FOR THE GOOD

YOU ARE BLESSED & NOT CURSED

YOU HAVE BEEN CHOSEN AND NOT REJECTED

YOU ARE HEALED

YOU ARE HIS ANOINTED VESSEL

&

IT IS ALL ACCORDING TO YOUR ACCEPTANCE BY FAITH.....I CHOOSE TO BELIEVE!

*~Pastor Angel Ferguson*

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Trust is the epitome of fellowship. It is not the trust in man that signifies our growth but that we may have trust in God. If our trust is in God, then we can become rest assured that HE will orchestrate our connections. No connection is by mistake, the meaning of our connections should become supreme.

All encounters are a learning experience of how to handle the different aspects of God's creations. Once, I allowed this principle to take root in my spirit, then I could get an understanding of why paths are crossed.

All connections are for a season and for a reason; it is time for you to understand your last encounter. Did you stay too long or not long enough? What did you learn or what did you impart? Here's another key for you to grab hold of, connections are assignments! Whenever we have an encounter and it is not in our norm...it is for us to insert prayer! You are in a position of many encounters! Don't take them lightly as you are on an ASSIGNMENT for Christ to impart...

Don't abandon the assignment as your time is not up!



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