FALLING INTO A SPIRITUAL FREEDOM

OCTOBER 2022

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Hope & Truth Magazine

Cover Design, from our Backdrop & Décor Segment

Painting by Angel L. Ferguson



Pastor Angel Ferguson is the founder of Angel Ferguson Ministries and its affiliates The Balance of Life, W.T.I. Productions, Hope & Truth Magazine. All the material written within Hope & Truth Magazine has been written/published by Angel Ferguson. All photos and graphics were produced by Angel Ferguson Ministries.

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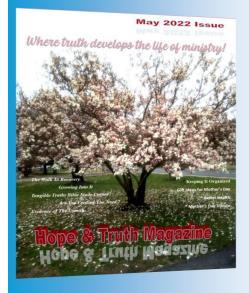
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FROM THE EDITOR

Ever had the experience of the grace and mercy of a shift in your life? Well, that's where I am. A few months ago, as I began to seek the guidance of the Holy Spirit about some important decisions for my life, He began to shed some light on me where I had dropped the ball! After accepting this correction, my spirit became submissive in those areas, and let's just say the move of God is real! This new shift has me asking "God, who am I, because I never knew this portion of me existed......but He did!

What I want to express to you, is to let God introduce you to whom you were created to be! There is a indescribable freedom in discovering some hidden talent that you might of thought of but never dared to try until that moment that God whispers.......do it NOW! Then there are those things that He just releases within you and it is manifested/birthed to release a birth in others!

That's the whole ministry of Hope & Truth Magazine! Each month, we seek God's directions and what He leads us too has become more and more amazing. I long for you to have this experience in your own lives, my spirit man leaps each time we receive feed back from one of our readers and how they have started doing projects and using them as ministry tools!

We are meeting our purpose! And that is Spiritual FREEDOM.............

~Pastor Angel L. Ferguson, founder



Each of these paintings come in size 8x10
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GOT TA FATH!

What kind of faith are we really working/walking in? surely we cannot walk in a faith that harbors fear or doubt, neither can we walk in faith that is slow-full or has components of inconsistency because that is not faith; faith is a action word that does something. Faith is having a strong trust and belief in something without having any tangible proof....you just know that it is GOING TO HAPPEN, because of who said it. In our case, we rely fully on the word of God.....we have that GOT TA FAITH mindset going on over here at Angel Ferguson Ministries and let me tell you, it is transferable!

I believe that something has happened with my faith, that it is being elevated for what God is getting ready to do. How many of us realize that there is truth in Matthew 9:29 "Then touched he their eyes, saying, According to your faith be it unto you". After Jesus asked the men a question, he moved.....but His movement was according to their level of faith. The movement is of great importance, yet the level of faith is greater! God is able but where is our level of belief. Can you imagine, coming to Jesus blind, knowing that you would walk away with your sight? Now that is some GOT TA FAITH! Talking about what you are going to do and where you can go because you are no longer blind!

Healthy Corner

The season has changed. We entered into Fall during the end of September. And the colds and flu along with other seasonal illnesses are present as well and because many of us are aging gracefully, our immune systems needs a boost.

Resting is always at the top of my list but staying hydrated is important as well. Taking vitamins that work well with our immune system is vital, what may work for you may not do me any good or the form in which we can take it. Also, fruits and vegetables along with things like beets are good a good source that promotes heart health, magnesium for bone development, a source of iron and could assist with maintain a balanced blood pressure! And when it comes to spinach, Dark, leafy greens, such as spinach, are beneficial for skin, hair, and bone health. They also provide protein, iron, vitamins, and minerals! It's never to late to work on our insides for a radiant glow to show on the outside!





a dish for anytime of the day

CHEESE......





Can you imagine preparing to come to Him, knowing that you are broken yet have a predetermination that you know that you know when you leave his presence, you will be whole. It is like being hungry and before you reach the table, you already know that you shall eat to satisfy that hunger. In other words, you are already anticipating the outcome. You are already talking about the outcome before it has happened..... this draws us back to the definition of faith; believing in something that you have no tangible proof that it will happen or even be there, yet you trust that it shall be, and you it expect it to be.

I am in a GOT TA FAITH season, so if you see us going and doing things, just know that it is because of this shift in my level of faith. Ask yourself....where is my faith. Let's jump over to a question that God asked Elijah.....in 1 Kings 19:9 and again in the 13th verse; "What doest thou here, Elijah"? This is a question to his faith. This is a question to his spiritual position. Elijah was running from a physical threat when God had already said he would deal with Jezebel, there was no reason for him to run, and so when he was instructed to rest, it was to renew his faith as well as to have it elevated. We too will experience things such as this, our faith is often tried so that it can be elevated. Going back to the blind men, they had a measure of faith to stand in the way to hear what Jesus was saying, their faith was elevated when asked if they believed that He could heal them.....and it was elevated again as they anticipated being able to see; yes yes yes, it is time for an elevation in our faith.

So, I just felt this shift......and it comes with a question....how long have you been operating in that level of faith? 2 Peter 1:5~11 tells us that we are grow in our faith by adding some components...this is the FAITH BUILDING PRINCIPLE.....it is that GOT TA FAITH level.....And I am looking at the list to see where I am BUT the truth is this, with each circumstance, we are to go through this process. Faith always begins with a measure, then as we add to it, it grows...for an entrance of abundance into the Kingdom of Heaven!

Oh, this is getting really good. Let's take a look at Mark 8:22~26, here is another example of how one's faith must grow, and as it grows we can begin to see things clearly! As Jesus touched this man's eyes, he asked him something different; he asked if he could see out of his eyes...his faith was weak.....he was operating on a small measure of faith but because he was able to get a glimpse he was pressed to see more clearly....he then added to his faith....wait a minute,

Concluded on page 9

Conclusion of GOT TA FAITH!

you mean to tell me that Jesus had to touch him again in order for the miracle to work; NO, the miracle had already taken place, it was the faith of the blind man that had to be adjusted/elevated. If we are unable to see clearly because of operating at a lower level of faith, it is OK to go back and ask to be renewed/elevated....after all it is ALL ACCORDING TO YOUR LEVEL OF FAITH!

Be blessed and highly favored as you grow according to your level of FAITH.....

Sharing some encouragement for our leaders

When facing challenges within the ministry remember these few things......

- * Know your position! As the Overseer, you are the one that plants. God will send others that will water that seed and God will do the increasing. 1 Cor. 7:6~9
- * Keep your faith in tact. Stay focused on your assignment, remain faithful & diligent. Heb. 11:6
- * You are not the first one that God has sent to speak to the people. No you did not fail. Stay the course. Jer. 7:25~28
- * And when judgement of how you are operating rises up against you, remember Isaiah 54:17 & 2 Cor. 10:3~6

A Special gift for our Partners In Prayer!

On behalf of our Covenant Partners In Prayer, we would like to extend a special invitation for you to advertise your business and ministry within our monthly issue of Hope & Truth Magazine at a discounted rate of \$ 15.00 per month. Our normal price is \$ 30.00 but we are offering our covenant partners in prayer this special rate which will allow you to have a ¼ page space. For more information, please feel free to contact us @ afergusonministries@gmail.com









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Amber Through the Storm by her Thoughts BY THE SPEAKER

Amber was sitting in the middle of a loud storm. The wind was blowing but the rain had not started to erupt from the skies. Her only focus was to get home before things could get any worse. There was no need to make any stops, because once the warning came across the television screen last night, she decided to get an early start on going to the store for some supplies. But now, she was sitting in traffic, and the movement was slow. What would she or could she do anything to hurry the other vehicles along? And then she began to think about last week's study teaching; the topic was 'Learning To Wait On God'. As the teacher so profoundly expressed, our time is not God's timing, and no matter how we try and rush a process, when God has something planned for our lives, it will only happen when He does the releasing and not a moment too soon or too late.

Amber's mind began to go back to some other things that were shared that night, one thing that caught her attention was the point of trusting God to know the right timing for each person no matter what the situation was. God already has a foreknowledge of three things: the beginning, the middle, and the end.

And before she could catch the sound of her own voice, Amber said; "God knew about this storm before it was released. He also knew in which areas the storm would be and just how intense it would be. He also knew that I would be here in this slow traffic......and He also knows the outcome".

Now, her attention turned to her faith! Not just for this storm but for the other things that had come up and needed a plan. What was she going to do and most important how would she do it? What was that scripture given about what we should do when facing tough times: Amber grabbed her phone, after all, she had only moved forward by a few inches, she could ask Google to find the text for her. A few seconds later, the scripture came up, so she listened to the audio version; " here it is Psalms 55:22, "Cast thy burden upon the LORD, and he shall sustain thee: he shall never suffer the righteous to be moved", as well as in 1 Peter 5:7 "Casting all your care upon him; for he careth for you".

Cont'd on page 12

Don't let October become the only month that we pay attention our bodies, this is a daily task!



Be sure to check us out for words of encouragement through the Word of God!

The Balance of Life!

RADIO BROADCAST TUES 12 PM ~ 12:45 PM. WED. & THURS. 12:30 PM ~ 1 PM



Cont'd from page 11 (Amber)

As Amber began to listen to these scriptures being spoken through the audio ap, the tears began to flow as words of thanks filled her heart. She started telling God thank you for caring for her and all that was troubling her, even this storm. The more she said thank you, the better she started to feel, the tightness she had often felt when thinking about her situation was not present this time. Amber began to ask God what she should do instead of trying to figure things out on her own......and as she waited for His response...the traffic began to move forward at its regular pace. When we allow God to lead the way in our lives, things will start to move forward in the right direction, and it is according to His Plans! And Amber made it home and inside before the skies began to release a heavy down pour of rain.

Although this story is fictional, it has more than likely happened in someone's life. Can you think of a time that you were placed in a situation where it was meant for you to be alone with God so He could remind you of His Promised WORD? Well, this is what happened to Amber, yes there was a storm going on but because of the cares and busyness of her life, she was not relying on God, but a situation was created for Him to get her attention. When we give God our attention, He can give us peace and assurance that there is an answer for whatever we are facing, no matter the storm, God will see us through, we just have to know what He has spoken and trust that what He said will happen, in His timing.

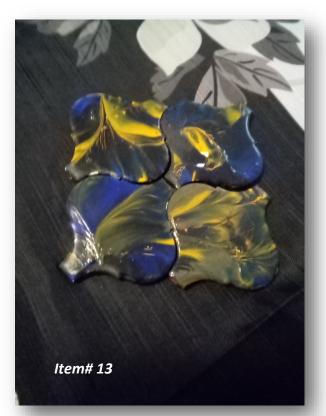
........... What are your thoughts during your storms??

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COVENANT PARTNERS I PRAYER

Greetings in the name of our Lord & Savor,

I pray that this month's newsletter finds each of you in a position of hearing

and acting upon the voice of the Lord!

Today, I would like to share something with you that the Holy Spirit has shared with me. many of you that have a chance to get to know me, have experienced my love for being creative and how God deals with me in Parables. I pray that these words will bless you as I can tell you that each time I think about what has transpired, my inner being gets excited with humility all over again!



We are going to give this the title of: GARDENA ROSE. BROKEN TO BE CREATED

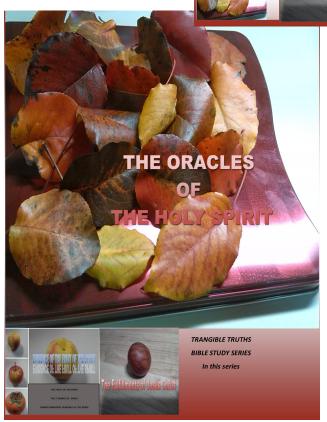
One evening while settling in for bed, the words Gardena Rose came to my mind, of course this is a known type of rose as well as a scent but I looked it up any way, here's the spiritual meaning: Gardenia flowers hold a symbolic spiritual significance, making this blossom an extraordinary one. These flowers convey the message of dreams, self-reflection, and protection.

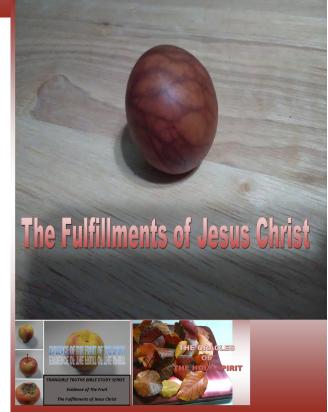
Then a few weeks later the thought to create your own paper hit my thoughts. A weird thought but nonetheless interesting. My first response was "WHAT" "WHO DOES THAT"! Yet, on a search I went, exploring several techniques, looking for the easiest process possible was my focus, because in my own way, I was going to try this, simply because these were not my thoughts and I knew God was up to SOMETHING! Now in the midst of looking at different perspectives, something caught my spiritual eyes, and it is the process of taking paper that has already been processed and produced, and breaking it down in order to make something NEW!

UPCOMING BOOK RELEASES! THIS IS WHERE THE NAME TANGIBLE TRUTHS CAME FROM!

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There is this song that my spiritual grandmother used to sing years ago, the words are: "Give it all. Give it all. Give it all to Jesus, Just give it all, Just give it all, Just give it all to Jesus, and let him make something beautiful of your life".

Just wait because there is more.... I am reminded of the instructions given to Jeremiah, to go to the Potter's House.......so that he could see a work being done. Let's take a look at Jeremiah 18, it was in the obedience of Jeremiah that he could hear what God wanted to say to him concerning the people! The instructions were "to go down to the Potter's house and I will cause you to hear my words." it was when he arrived that he could see a work being done. He could see a vessel already created being broken in the hands of the craftsmen yet recreated into something more beautiful than at the first.

The word never tells us that the first piece was not suitable nor does it say that it was unusable, only that it was created, broken then recreated. Nether does the word say that the contents of the first item were discarded......they were reshaped!

Can you imagine, hearing the Holy Spirit telling you to create something new out of something that has already been made? Well, that's what God does in our lives, He reshapes our lives, through a changed heart, renewal of the mind and giving more purpose to our lives! can you see the components added to what started out as just paper!



There is water, fragrance, rose petals, dried leaves, etc......now the things that have been added into your life is your faith, obedience, confidence in God, the Anointing to carry and deliver His Word, the love, peace, joy, patience, the ability to endure through. He took you and just recreated you just as you were destined to be! There is more

purpose to your life that you could ever hope or even began to imagine............. Let Him break you to be recreated!

This is a ministry with a vision given by God Almighty. We are a teaching ministry

that seeks the truth in the knowledge in Christ.

We live by what we have learned. ~ Pastor Angel Ferguson

Angel Ferguson Ministries

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I could go on but do you see what beauty this has brought, I encourage you to look over your lives and to see the beauty of where you had to be broken. It was not to kill you or to damage you but that God could bring out the beauty from within, to let you know that the is yet more purpose in you and for you, you are needed in so many different areasbut until the thought of stagnation or that your life has met its end has been broken than you and I will never be recreated. And even though this once plain paper has been recreated into a specialty crafted paper It still has many uses other than being beautifully scented, it can be written!

During this process, I kept asking and wondering about how God wanted me to use this as a ministry tool, because that's exactly what it is. This is ministry. This is how He reshapes and forms us. My beloved, there is more than one purpose for your life......and the beauty is reflected as we allow God's hands to do the work.

We would love to hear from YOU! How does God speak to you when going through a process of being renewed! If you are led, please share via <u>afergusonministries@gmail.com</u>





one of these decorative chargers

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Financial Recovery by LA

Your dream/vision does not have to go unfulfilled, sometimes changing the method of getting there as long as you do not loose focus of your destination.

To begin with, there must be a desired goal that you would like to reach, and keeping God as a part of that goal is important so that he can give directions and instructions that will lead you to that goal/dream/vision. Often times our methods of growing towards the goal/dream/vision will not line up with God's timing nor his plans and we can find ourselves at a standstill but there is hope, not all is lost. If you have hit a snag within your journey, take the time to reevaluate your course of action, and find that pivotal point where the mistake was made, then regroup by taking the necessary steps to get back on course. Many have given up because of one thing and that is pride. That's right, that kind of pride that will not allow us to admit we made an error or to go back and fix it, this type of pride will cause you to walk away in defeat.

Then there are those times that we need to make the necessary changes in order to get the results we are expecting. If there has been no change, first seek God's counsel and become truthful with yourself; have you followed God's directions?

Did you hear him clearly? Was there a time that you were instructed to shift, change course but not the destination? These are important questions that we all must come to terms with. Sometimes we are not meeting those goals/dreams/visions because when we needed to readjust or make some changes we did not, we continued with the same method and therefore received the same results, which was no movement at all.

And you are probably wondering, what does this have to do with my finances, and the answer is EVERYTHING! If our goal is to get out of debt and save more, then we must curve our spending, set up a payment plan (if possible) to pay off some existing debt. Another idea is to save your splurge money towards that goal/dream/vision, simply reroute your spending. The key is to find out where your dollars are going and determine if they are leading you towards the goal or away from it. We are not saying, don't enjoy life but to develop some disciplines that will allow you to enjoy your life stress free, and yes this is possible!

MINISTRY SUPPORTIVE

We are a ministry that believes in the truth a sowing seeds and are looking to be more intentional each month as led by the Holy Spirit. During the month of September, we were able to bless over 3 dozen women from our Broken To Be Created custom paper. Each piece of paper is accompanied with a scripture. We also blessed individuals with books on the Fruit of the Spirit as well as from other areas of our ministry as a whole.



'Is There A Word From The Lord'

Namon Wilson Jr., Apostle & Valerie L. Wilson, Pastor Founders of The Charity Lighthouse of Faith, Inc. Covering Tampa, FL, New Jersey, Ghana Africa

Each Friday @ 10 AM via Spreaker.com

https://www.spreaker.com/show/is-there-a-word-from-the-lord as well as Spotify & iHeart Radio, Google Podcast,

Deezer, Podcast Addict & Pod Chaser!



Conclusion of Financial Recovery

I believe that there is a plan and a purpose just for you and all that you are connected to, ask God what he has to say and allow his counsel to become a part of those plans, learn to turn when instructed or to stand still when advised, and above all stay focused on that destination, see the life in it and allow it to live outside of the mind, let it become what it was destined to be!

~LA

Your Situation Is About Change!

Have you ever found yourself going along, minding your own business, doing your household chores and out of nowhere, "God is about to change your circumstance, your prayers are being answered". And as you continue to listen, you find that the answer came through something that God instructed you to do. The answer could be released through an invitation from God to join Him in an assignment.

Isn't it strange how God responds to our prayers? It is never the way that we think it will come but it is the answer that we need whether we decide to admit it or not.

I had been telling God about my desires and what I wanted, not just once but several times. And the Holy Spirit began to direct me to specific scripture text about seeds, gifts, and talents. He began to direct me in other areas and then there were other instructions.....this was how God was beginning to answer me!

Now, as the instructions are coming, it is up to the individual to get to where that desire is. The blessings of God are there for us, it is our responsibility to get to them, God releases the instructions through the Holy Spirit, we then have a choice to accept and follow them or to disregard it.

And if we decide to ignore the plans of God, then we cannot say that our prayers are not being heard or answered.

God gave Abram a promise that he would become a father of many nations, but it was contingent upon his going the way of the instructions from God. The promise of the land of Canaan was there, but the children of Israel had to follow a certain route in order to obtain it as well as learn how to remain in it. Once again, the promise is there but there is a route to it. Not every will have the same route, neither is the length of the route the same each time.

Whenever God desires to bring us into something it will be done in such a way that only He will get the glory, not even the one that is coming into the blessing can take any credit or say that it was because of their money or social connections, it was because God had a hand in it and because we have finally learned how to follow His directions and to take the route constructed for us.

Conclusion of Your Situation Is About To Change

One of my favorite passages of scripture is found in Exodus 23:20~33, this is my reminder that the route chosen for me has been constructed just for me. The Angel of the Lord has already been dispatched to go before me, to get things ready and to greet me upon my arrival. I can only get there if I follow the instructions.

We shared more of this prophetic word during our weekly radio broadcast program The Balance of Life, and you can listen via our YouTube Channel's link https://youtu.be/dlbXj2MSJ6E

May you receive this word by the magnitude of your faith. Amen.



Had a chance to go out and fellowship with a few other Women of God and the waiter recommended the Navy bean soup & the Crab stuffed mushrooms!

I shall return for a repeat......

For the first time, there was more crabmeat than mushroom....

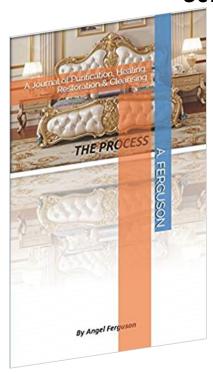


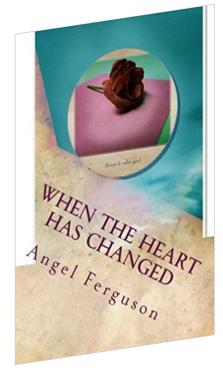
HOW TO RESPOND!

K nowing how to respond in spiritual warfare is vital to your survival.

During a study of the book of Exodus along with The Rational Bible, the author points to a great revelation that we want to share with you; knowing how to respond during spiritual warfare is vital. For a few years now the Holy Spirit begin to direct me to specific scriptures to use during those times, whether it was for my own personal battles or if interceding on behalf of others, but there is more to it than that and here it is sometimes we must change our patterns, our movements, etc., because the enemy has become familiar with our prayer times, our times of fasting and even our go to scriptures because it has become more of a familiar weapon rather than being led by the Holy Spirit on which course to take. Sometimes, we simply need to hold our peace, because the Lord said; "hold your peace and I will fight your battles". In this instance this is when things are spoken against you, and they hold no truth. Then there are the times that the enemy has sent a spirit of sabotage against your ministry, business, family to hinder or attempt to destroy it; in this instance the sabotaging spirit must first be identified and then it must be cast down and destroyed. Another response during spiritual warfare is to continue to speak the truth of Gospel of Christ Jesus. Speak as directed by the Holy Spirit.

OCTOBER BOOK PROMOTIONS





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&

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The breakfast bowl.

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Went to a family gathering for breakfast and I just couldn't resist! Well the truth is that I didn't want my grits to touch the pancakes............and a breakfast bowl came to life. What's in your bowl?





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All décor items featured throughout the magazine are products of Motivations That Inspire store and were created in house.



Had to run this dish back again! Chicken breast, yellow rice & broccoli.

And the bonus is that everything was cooked in one large skillet!

Simply boil your cut up chicken until done yet tender, drain the liquid, add fresh water/chicken broth, olive oil and desired seasonings.

Bring the liquid to a light boil and add I the rice.

Remember do not stir the rice as it will cause it to become sticky.

Turn the heat down to med/low and allow the rice to cook.

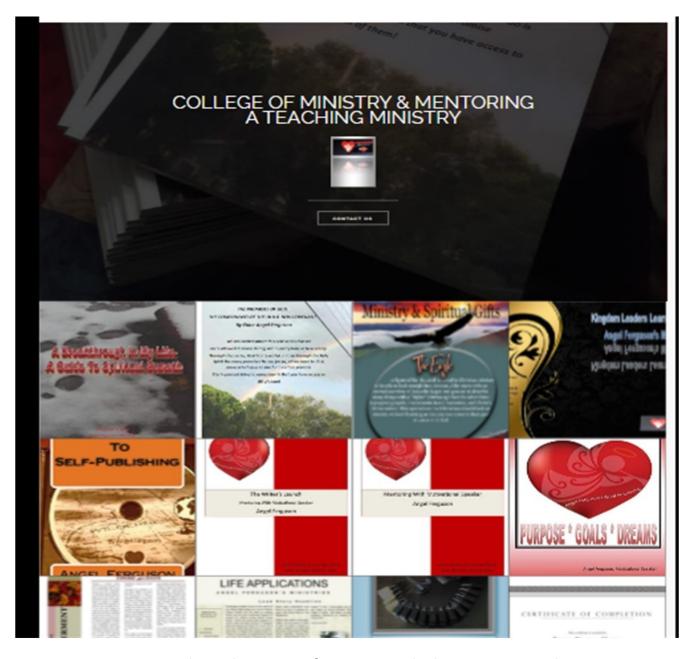
As the rice begins to rice to the top, check it for tenderness,

then add in the fresh/frozen broccoli.

Allow the dish to continue to simmer on med/low heat until rice and broccoli are cooked all the way through.

Your broccoli should remain whole.

The olive oil becomes the flavored sauce! Enjoy.



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5x7 canvas paintings \$ 10.00 each

Answers through dreams

Did you know that our dreams can and will often tell us about the assignments that God has invited us too? Whenever we are invited to an assignment, it does not come with all of the details, they are given in portions as we continue to walk in faith and obedience. There have been countless times that I have asked God; "where am I again? And what is going ON HERE!" Then there are those times that we can lose focus concerning the assignment and He will send us a reminder either by another servant, a dream, a vision and through the word but we just want to focus on the avenue of the revelation coming through a dream.

Let's have a transparent moment; a few weeks ago, I had a dream that I was sitting at a picnic table with a few other people, there was this couple that was sitting across from me, as we were talking the Holy Spirit spoke to me and instructed me to grab my phone and to begin to take some photos of the sky. As I looked in the sky, there were all of these images. The man in front of me asked what I was doing and so it was explained to him; he began to laugh and said, "that's just crazy, you can't see images in the sky, no one can". As he said those words, a prayer came to my mind for me to ask the Holy Spirit to open their eyes so that they could see in the spiritual realm around them, as I prayed, the atmosphere shifted and then the wind began to blow and to stir; as I said thank you for opening their eyes; both the man and the lady began to describe what they could now see; images that they had not seen before.

When I woke up from this dream, I knew that God was saying several things to me; that this is what I had been called/invited to do:

through teaching the True Gospel of Jesus Christ, the spiritually blind would now have the ability to see in the spiritual realm. Not only that, but He was leading me in what and how to pray for those that I come into contact with. He was also letting me know that many did not believe in how God utilizes me, and it because they were spiritually blind. WOW: now that last revelation is something, walking and talking with individuals that does not believe that you are called to do what you are doing because they are spiritually blind!, they think you are just saying and doing things and that there is no purpose behind it.

This type of dream was sent to confirm my assignment, and to let me know just what I was dealing with. Just as it was done for me, I now that He will do the same for you, if you are struggling with the why or the how long, there is an answer, and he will even instruct you on the how. Be on the lookout on how God will speak to you and once He does, make sure that you write out the details of that dream, receive it in your spirit and then follow what you saw yourself doing in the dream! And the manifestation of miracles, signs, and wonders shall follow those that BELIEVE!







Centerpiece in a paint marbling technique of Yellow, White & Berry \$ 30.00



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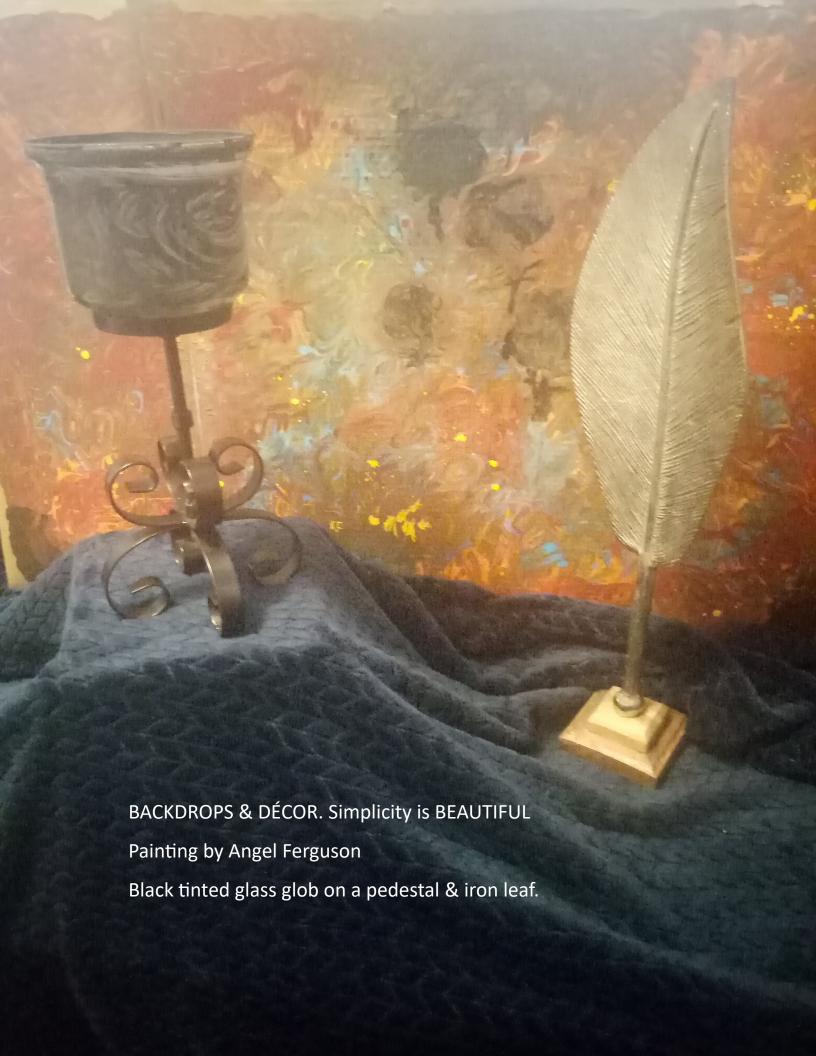
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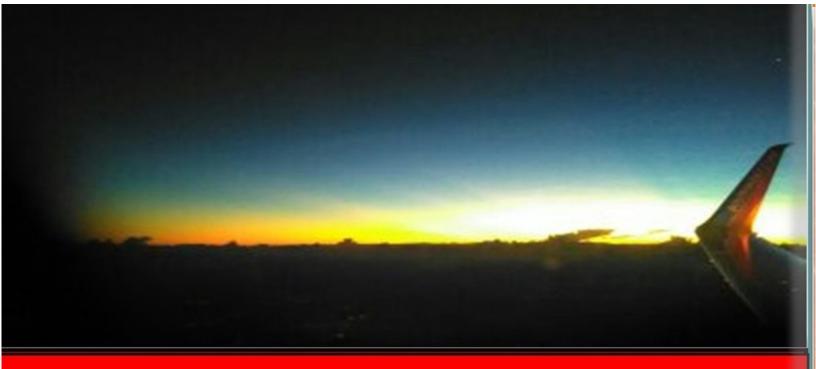
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