

Assistive Devices for the Bathroom

Grab Bars

- Putting grab bars in your bathroom dramatically increases the safety within the space. Work with an occupational therapist to determine the best placement of the grab bars around your bathroom



Raised Toilet Seat

- For individuals who have difficulty getting onto or off of a traditional toilet, adding a raised toilet seat may help them independently use the toilet
- This may also increase their safety while using the toilet



Shower Seats/Benches

- This device will also dramatically increase the safety within the bathroom. This is a great tool for someone who has difficulties with balance, standing for long periods of time, or who is at a risk of falling.



Shower Scrubber

- Can help with an individuals independence while showering by giving them the ability to reach and clean their entire body while bathing or showering
- The EOT Wellness scrubber on amazon is a great option



Self-Wipe Aid

- A great option for someone who has difficulty reaching to wipe themselves



Bidet

- May be a good option for someone who has difficulty wiping themselves while on the toilet as it cleans for you
- You can buy these as a attachment for your existing toilet or opt to buy a new toilet with a bidet built in



Automatic Soap Dispensers

- Decreases need for small controlled movements and/or gripping/squeezing of soap bottles



Electric Toothbrushes

- The widened handle is gentler on hands while gripping and the electric component decreases the amount of repetitive movements a person needs to make



Squatty Potty

- This tool is a small stool that sits underneath the toilet bowl. This device puts an individual in the ideal position for toileting.



Visit northcoastmedical.com to explore these assistive devices and more. Amazon will also have most of these devices on their website for you to order.