# Assistive Devices for the Bedroom

### **Comfort Linen Sheets**

- A specially designed sheet set for individuals who have difficulty moving around in bed. There is a large silk piece in the center of the sheet that allows for increased mobility at night. The edges of the sheets are made of cotton for safety while sitting at the edge of the bed.
- This sheet was developed by a physical therapist who worked with people with Parkinson's.
- https://comfortlinen.com/

## **Bed Positioners**

- Positioners can assist in maintaining comfort throughout the night. They are also useful for relieving pressure and preventing pressure sores for individuals with limited ability to move in bed.
- They come In different shapes/sizes for different parts of the body











### **Bed Rails**

- Bed rails can provide needed support to get in and out of bed as well as roll over in bed
- They are also good for individuals who have difficult recognizing where the edge of the bed is and prevents accidental rolling out of bed





# **Leg Lifter**

- Aids in lifting legs into bed with minimal effort
- Decreases frustration regarding limited lower body strength

Visit northcoastmedical.com to explore these assistive devices and more.

Amazon will also have most of these devices on their website for you to order.

