

# Medical Management of Depression

**Medications** - the following medications work well and have limited Interactions with other Parkinson's specific medications. Please always consult with your Parkinson's specialist before starting a new medication.

- Prozac (Fluoxetine)
- Zoloft (Sertraline)
- Paxil (Paroxetine)
- Celexa (Citalopram)
- Lexapro (Escitalopram)
- Effexor (Venlafaxine)
- Remeron (Mirtazapine)
- Wellbutrin (Bupropion)
- Amoxapine (Tricuclic antidepressants)

**Therapy** - finding a trained professional to talk to who is an expert in treating depression will be vital to managing and treating your depression symptoms. Always remember that it is okay if you go through a few therapists before settling on one that you feel is a good fit for you and your needs.