

# Major Medications to Avoid

There are some medications that are not recommended for patients with Parkinson's Disease because of how they interact with Parkinson's specific medications. The below list is categorized by classification of medication. This may be important to carry with you or have saved on your phone so you can pull it out and reference it if your loved one is ever under the care of a doctor who is not familiar with Parkinson's Disease. As always, if you have any questions about medications, on this list or not, please discuss directly with your neurologist or movement disorder specialist.

## **Narcotics/Analgesics**

- Meperidine
- Tramadol
- Ultram
- Methadone
- Dolophine

## **Antidepressants**

- St. John's Wort
- Amoxapine

## **Muscle Relaxants**

- Cyclobenzaprine

## **Cough Suppressants**

- Dextromethorphan (Robitussin products and others)

## **Decongestants**

- Pseudoephedrine (Sudafed produces and others)
- Phenylephrine (Sudafed produces and others)
- Ephedrine (Sudafed produces and others)

## **Monoamine Oxidase Inhibitor (MAOI) Medications**

- Linezolid
- Phenzelzine
- Tranylcypramine
- Isocarboxazid

## **Typical Antipsychotics**

- Fluphenazine
- Haloperidol
- Loxapine
- Thioridazine
- Thiothixene
- Trifluoperazine
- Pimozide
- Perphenazine

## **Atypical Antipsychotics**

- Risperidone
- Olanzapine
- Ziprasidone
- Aripiprazole
- Lurasidone
- Paliperidone
- Iloperidone
- Brexpiprazole

## **Atypical Antipsychotics cont.**

- Cariprazine
- Asenapine

## **Antiemetics (used to treat nausea/vomiting)**

- Chlorpromazine
- Droperidol
- Metoclopramide
- Prochlorperazine
- Promethazine

## **Drugs to Treat Dyskinesias**

- Tetrabenazine
- Deutetrabenazine
- Valbenazine

## **Antihypertensives (used to treat high blood pressure)**

- Methyldopa